

AUTOBIOGRAPHICAL SKETCH

(Student Name)

1. The responsibility of your counselor in preparing the “Secondary School Report” for colleges and universities is to provide a summary of your academic and extracurricular achievement. The counselor also presents some sense of your promise for further personal and intellectual growth. Conveying your “unique” qualities is not an easy task. Therefore, we would appreciate your giving us an honest estimation of yourself: strengths, weaknesses, goals and aspirations by answering the questions below. Don’t just list activities you have been involved with. Explain what your involvement has been and give examples illustrating this. Please respond to the following questions if appropriate. Failure to comply with this request may hinder having a recommendation completed for you.
2. Give this some careful thought! Many colleges place much weight on the recommendation. Don’t limit your discussion to only what has happened to you in school. Include experiences drawn from any part of your life. Use both sides of this form for your responses.
3. Please ask a junior teacher to fill out the *STUDENT EVALUATION* and ask that teacher to turn it in to your guidance counselor.

- What extracurricular activity/ies has/have been most important to you? Describe impact.

- What do you consider your most important activity outside of school? List jobs, paid or voluntary; religious activities; hobbies; travel; music; art; and drama. Explain why each activity is significant to you.

- In or out of school, which awards and honors have you received? Which elected offices have you held?

- What book/s has/have had the greatest impact on you? Why?

- Describe the academic accomplishment (major paper, science experiment, artistic project) you are most proud of, and tell why you take pride in it.

- What kind of learner are you? Which academic setting or assignment makes you thrive? What interests you?

- What do you plan to major in? What do you hope to accomplish in college and after? Consider your broader goals.

- List your three most distinguishing or most admirable qualities. Explain each in a couple of sentences.

- Name three school staff members you feel know you well:

1. _____
2. _____
3. _____

- List your top three college or university choices:

1. _____
2. _____
3. _____

- Is there any other information you would like to share with your counselor in order that an accurate appraisal of you can be made in your recommendations?
