

Mental Health Resources

Psychology Today Website

<https://www.psychologytoday.com/us/therapists>



This is a great place to start and this site has a filter to help you find the support you are looking for. Site will provide contacts, bios, and more for local therapists in the area. To begin, you just need to go to the site and enter your zip code.

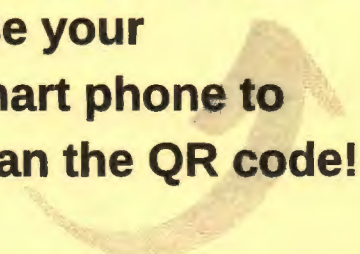
Resource

Resource	Contact
Lourdes Counseling Center	509.943.9104
Lutheran Community Services	509.735.6446
Catholic Family Services	509.946.4645
Nueva Esperanza Community Counseling Center	509.545.6506
Three Rivers Therapy	509.378.5553
Cork's Place at The Chaplaincy	509.783.7416
Support Advocacy & Resource Center	509.374.5391
Tri-Cities Chaplaincy	509.783.7416

NEED MORE RESOURCES?



Use your smart phone to scan the QR code!



Crisis Text Line

Text "HEAL" to
741741

Crisis Response

Benton/Franklin Crisis Response.....	509.783.0500
Suicide Lifeline.....	800.273.8255
Teen Link.....	866.833.6546
National Suicide Prevention Line.....	800.273.TALK
Mobile Outreach.....	509.628.0333