

This week I returned to NCAL with three hardworking and enthusiastic sixth graders. Wyatt Rzenik, Oliver Longe, and Damien Tompkins were tasked with helping to decorate the shelter lobby for the holidays. They took this job very seriously while also having a lot of fun spending time with the shelter residents. Great job boys!



Transportation Announcement:

Due to the current shortage of bus drivers, transportation changes for your child may be denied. We are asking that if you want to send your child on a different bus, that you notify the school by 8am to Beth Brown at BBrown@cesvt.net. This will allow us the time we need to check for available space on a bus. If your request is

a bus. If your request is denied, you will be notified as early as possible.



Students have been working on a giant mosaic drawing of a turtle in Mrs. Kelly's office all year. Look at the wonderful progress they're making!



PreK Instructional Assistant

Cambridge Elementary School is seeking one part time preschool Special Education instructional assistant to work one to one or in small groups with students. The preschool assistant hours are 7:15-1:15, M, W and F.. We are seeking applicants with experience in supporting preschool school aged students with their academic and social and emotional growth. These are school year positions with excellent benefits. You can apply at the link below or via the CES job application which is also linked below.

Preschool Instructional Assistant Opening

After School Program Behavior Specialist

CES is seeking a part time behavior specialistAfter School Behavior Specialist Opening to work one on one with an elementary school aged student in our after school program. This position requires training and experience with delivering instruction to students with emotional, behavioral, or neurologically based disabilities. M-F 2:30 to 5:00 p.m. You can apply at the link below or via the CES job application which is also linked below.

After School Behavior Specialist Opening

CES Bus Driver

We are in need of a bus driver for a 5.5 hour contracted day. These hours follow the school calendar and could potentially have additional hours, outside of the contract, for field trips, late runs, etc..... If you are interested in a position at CES as a bus driver or know someone that might be, please give us a call or complete the job application at the link below and return to Kelly Shortlseeve, CES Transportation Coordinator. We pay all fees that are associated with obtaining a license to drive a bus. Cambridge offers excellent benefits and a great community atmosphere.You can apply at the link below or via the CES job application which is also linked below.

Bus Driver Opening

CES Job Application

The Abbey is hiring for 4 hours a day with possible more hours.. Looking for someone from 10to 2p.m.. light kitchen duties dishes prepping serving ETC.. Please contact Michele Hathaway at 1-802-521-5600 ext. 5609 from 6a.m. until 2p.m. Monday through Friday ..



Covid-19 on site testing can no longer be provided Yesterday, the Vermont State School Nurse Association (VSSNA) verified that administering diagnostic tests (including Covid-19) without a medical provider's order is outside the scope of practice of school nurses.

So, I will no longer be able to administer testing at school. Rapid tests will still be available to take home

Since I only have a finite supply, the tests will be limited to those with symptoms.

KEEPING CES HEALTHY

- If your child is sick please keep them home.
- The CES "'sick kids stay home criteria" is:
- fever within the last 24 hours
- significant cold symptoms including a cough and runny nose
- Any kind of rash
- Antibiotics within the last 24 hours

- If your child has a mild residual cough, it is helpful to all if they wear a mask
- Masking is not required but we support anyone that chooses to wear one to protect themselves or others

If your child has Covid like symptoms, testing can prevent transmission to others

If they test positive, isolation for at least 5 days is required.

Notify the school. We are still required to report cases to the Department of Health

Day 0 is the first day of symptoms or positive test, whichever happens first

Isolation can end after day 5 if fever free for 24 hours without fever reducing medication and feeling better.

It is highly recommended to mask through day 10.

Please notify the school if your child has Covid-19.

Interested in a Covid vaccine for your child?

https://experience.arcgis.com/experience/cdf6b5c920a54a5f960ca73bda5943c2/

Questions about all things Covid-19:

https://www.healthvermont.gov/covid-19

SAVE THE DATES: CEO WINTER CONCERTS

SNOWFLAKES

FALL

- Wednesday, December 7, 2022
- 6 PM
- CES Gym

Students in grades k-3 with CES preschoolers, will present a concert all about snow based on the picture book: Snowflakes Fall."

PAINT THE TOWN

- Tuesday, December 13, 2022
- 6:15 PM
- CES Gym

Students in grades 4-5 along with, chorus and 2nd year band students will present a multicultural skit about December celebrations.

WWW.CESVT.NET

December 9: Early Release at 11:30	LUNCH MENU next week
December 23-Jan 1: NO SCHOOL	Monday: Baked potato bar
	Tuesday: Beef nachos supreme
	Wednesday: Pizza
	Thursday: Spaghetti
	Friday: Pancakes



DECEMBER 2022

Our Hours:

Sunday & Monday: Closed Tuesday: 9AM-6PM Wednesday: 9AM-6PM

Thursday: 9AM-6PM Friday: 9AM-3PM

Saturday: 9AM-3PM

Details of all events can be found at https://www.varnumlibrary.org/calendar

Reminder: All patrons under age 13 must be accompanied by an adult remaining within the building.

SUN	MON	TUE	WED	THU	FRI	SAT
				Coffee and Conversations 10 AM - 11 AM Guitar Adventures	2	Tai-Chi for Fall Prevention 9:30 AM - 10:30 AM
				with JJ 4:15 PM - 5:15 PM		All About Dog Sledding 1 PM - 2 PM
4 5	5	6 CrafterNoon Paper Mache pt. 1 3 PM - 5 PM	7 Toddler Time 10 AM - 10:30 AM	8 Coffee and Conversations 10 AM - 11 AM	9	10 Tai-Chi for Fall Prevention 9:30 AM - 10:30 AM
	3 FM - 5 FM	Crochet Circle 3:30 PM - 4:30 PM	Read With Me 3:30 PM - 4:30 PM		Song Writers Workshop 11 AM - 12 PM	
11 12	12	13 CrafterNoon	14 Toddler Time 10 AM - 10:30 AM	15 Coffee and Conversations 10 AM - 11 AM	16	17 Tai-Chi for
	Paper Mache pt. 2 3 PM - 5 PM	Dungeons and Dragons 4 PM - 6 PM	Guitar Adventures with JJ 4:15 PM - 5:15 PM		Fall Prevention 9:30 AM - 10:30 AM	
18 19	19	20 CrafterNoon Pine Cone Bird Feeders 3 PM - 5 PM Feathered Friends 5 PM - 6 PM	21 Toddler Time 10 AM - 10:30 AM Crochet Circle 3:30 PM - 4:30 PM 4-H LocalVores Club 5:30 PM - 7 PM	22 Coffee and Conversations 10 AM - 11 AM	23 Cookie-palooza! 11 AM - 3 PM	24 Closed
				Read With Me 3:30 PM - 4:30 PM		
550 F.S.	26 Closed	Closed CrafterNoon New Year's Hats	28 Toddler Time 10 AM - 10:30 AM	29 Coffee and Conversations 10 AM - 11 AM	30	31
			Dungeons and Dragons 4 PM - 6 PM			

- Need help during the Holidays?
- I will be available to help out during the Holiday season if you are in need of
- House Sitting
- Childcare
- Pet sitting
- A lifetime of experience. Please text or call 802 309 8158 for rates and info. Have a Blessed Thanksgiving!
- Annie Rheaume
- 802 309 8158

3rd Annual Christmas Coffeehouse Dec. 4th 4-6pm.

Come into the warm and cozy Jeffersonville 2nd Congregational Church in Jeff for a feel good jump into the Holiday season. All are invited!

A coffeehouse with hot beverages and goodies to enjoy while listening to the festive sounds of local talent of all ages. A donation is requested for The Spontaneous Needs Fund (for natural weather disasters) Hope to see you there. Any questions? Annie 802 309 8158



BANKING CONTINUES EVERY TUESDAY



Happenings at the Varnum Library

The Varnum continues to offer weekly **StoryTime** and a craft every Wednesday at 10. ***Dungeons and Dragons** group meets every other Wednesday from 4-6pm; the dates for D&D in November are: 11/2, 11/16 and 11/30.

*As a reminder, all children 12 and younger must be accompanied by a guardian or responsible adult. *

Coffee and Conversations is a new program on Thursdays from 10-11 aimed at providing socializing opportunities for retirees and those wanting to find more connection within their community. Coffee and facilitator provided.

Tai-Chi for Fall Prevention will be offered every saturday from 9:30-10:30. This course is led by a certified instructor and is designed for retirees and those wishing to improve their balance. Please call to register.

Please call the Varnum with any questions!

Varnum Memorial Library 194 Main Street Jeffersonville, VT 05464 802.644.2117



STOWE WATERBURY MORRISVILLE CAMBRIDGE

www.MountMansfieldMartialArts.com

Cambridge Karate -New Session Starting

LEARN ABOUT ALL OUR CLASSES! (802) 760-7094 : SDGDRAGON@AOL.COM WWW.MOUNTMANSFIELDMARTIALARTS.COM

Karate Kids (ages 5-10)

The Karate Kids Program is designed specifically for children ages 5 through 10. The emphasis is on gross motor skills and activities that are developmentally and age appropriate. Students engage in physical activities that work on balance, coordination, fitness, flexibility, speed, timing, and power skills, along with traditional martial arts movements. Mount Mansfield Martial Arts students understand that the goal of self-defense is to prevent harm, not hurt others. We emphasize that our program usees martial arts techniques to teach social skills such as cooperation, taking turns, sharing, listening, and teamwork. Through training, students work on goal setting and achievement by progressing through our curriculum and obtaining colored belts and stripes. We also integrate a character development program into our classes that reinforces respect, self-control, self-discipline, focus, courtesy, integrity and confidence. Through positive feedback, overcoming challenges, mastering responsibilities and achieving goals, students at Mount Mansfield Martial Arts can become the leaders of tomorrow.

Jr. / Adult Class (All Ranks - ages 10+)

This class follows the Adult Solid Belt system. The class is faster paced and more technically and physically challenging than our Karate Kids program. While the emphasis is primarily traditional martial arts students also delve into Wude (Martial Ethics), modern Self-Defense and physical conditioning. Most importantly, it is still fun. This class is also a great opportunity for the whole family to train together.

Wednesdays - At Cambridge Community Center

- Karate Kids (stripe belts) 3:00 - 3:45 P.M. - Jr. / Adult (solid belts) 4:00 - 4:45 P.M.

Visit our website to see our full schedule



The weather is getting colder.... soccer season is coming to a close.... there is no better time than NOW to start training taekwondo!

Cambridge Martial Arts Academy (CMAA) is an independent school training in the traditional

Korean martial art of taekwondo. CMAA promotes selfesteem, self-confidence, character development and provides students a physical outlet in an educational and controlled environment.

CMAA is a family oriented school; welcoming all people of good character, regardless of age or ability.

We offer structure and discipline for both children and adults in order to promote a healthy lifestyle through the art of taekwondo.

CMAA promotes the tenets of taekwondo: courtesy, integrity, perseverance, self control and indomitable spirit! Our mission is to forge leaders, inspire our students to achieve their personal best, while fostering positive relationships with teammates.

Training is every Tuesday and Thursday 6-pm - 7pm at the Cambridge Elementary School gymnasium. For more information email: <u>cmaatkd@hotmail.com</u> or visit <u>https://</u> <u>www.facebook.com/cmaavt</u>

SNOWBOARD WITH GREEN MOUNTAIN ACADEMY

Green Mountain Academy, a non-profit snowboard and freeski Club, Has openings for snowboarders on our team (ages 10+) and in our Jr. Development (7-9) program. Build fundamental skills, Learn new tricks, compete, and have fun with our highly skilled coaches. scholarships available. Register at WWW.greenmountainacademy. com.



CRAFT FAIR SHOP LOCAL THIS HOLIDAY SEASON

FREE

DECEMBER 3RD, 2022 8 AM - 4 PM

JENNA'S HOUSE 117 ST. JOHNS STREET, JOHNSON VT 05656

PROCEEDS SUPPORT

EMMA'S PROMISE

https://forms.gle/r91GxoaiVTvekxxPA

The Vermont Master Naturalist Program will be offered in Cambridge for the first time in 2022-2023.

Program dates: September 24, 2022 November 5, 2022 February 18, 2023 April 8, 2023 May 13, 2023

Questions? Contact local program coordinator Sophie Mazowita: sophie.mazowita@gmail.com.



The following items are regularly needed to care for our animals:

*Please note: We are not accepting donations of towels/bedding or other used items at this time and only unopened bags or cans of pet food are accepted. Thank you for understanding.

Dog food (both dry and canned)

Cat food (both dry and canned)

Dog and cat treats

Plain canned pumpkin (for dog toys)

Dog poop bags

Dog pee pads

Gift cards to Pet Food Warehouse, Guy's Farm & Yard or Menard's Family True Value

Laundry detergent (HE only)

Bleach (HE only)

Paper towels

15 and 30 gallon trash bags

Liquid hand soap

Windex

Postage stamps (Forever)

 $8 1/2'' \times 11''$ white copy paper

To donate online: Please see our Amazon Wish List or Chewy Wish List by searching for North Country Animal League and deliver to: 16 Mountain View Meadow Road, Morrisville, VT.