



PARKLAND HIGH SCHOOL

Parent Newsletter



All information in this newsletter is subject to change.

From the principal's desk


Dear Parents and Guardians:

I hope that everyone had a relaxing and enjoyable Thanksgiving holiday break. The month of December provides us with the opportunity to showcase our incredibly talented **chorus, band and orchestra** students. Our high school musicians are so excited to hit the stage again as they provide several wonderful evenings of music for fans of all ages. The Chorus Concerts are scheduled for Wednesday, December 7 (9th/10th Grade Chorus and Chorale) and Thursday, December 8 (11th/12th Grade Chorus, Vera Voce, and Chorale) and the Orchestra Concert will be on Wednesday, December 14. The school concert season concludes with the Band Concert on Tuesday, December 20. Our Chorale will be putting on a special concert at Neff's UCC at 7 PM on Sunday, December 11.

A special congratulations goes out to the talented cast and crew of **Shrek The Musical Jr.** for their memorable performances during the recent family show held November 18 - 20. Every aspect of the show was outstanding and I am looking forward to watching more great groups of performers in the years to come. Special thanks to Mrs. Natalie Gabrie and Ms. Andrea Roposh for their dedication in providing such a wonderful experience for cast, crew, and patrons alike.

Continued on page 2





From the principal's desk

Continued from page 1

As I have previously written in prior newsletters, our **athletic teams** had a widely successful fall season. Congratulations go out to our Girls Volleyball, Girls Soccer, Boys Soccer, Boys Cross Country, and Football team who all recently competed in the state playoffs. During these high-level competitions, the athletes on each Parkland team served as outstanding representatives of our school and community. I want to congratulate and thank all our varsity programs for their commitment to excellence, selfless attitudes, and the positive impact they have on our school and community. For a full recap of our Fall Sports seasons please see pages 16-19.

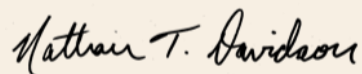
I also want to thank our **LCTI students** and their parents who had to deal with significant disruptions to their education due to the actions of a few selfish individuals. While the lockdowns that occurred at LCTI were very disruptive, Parkland's LCTI students handled themselves admirably throughout the ordeal. Beyond their collective ability to remain flexible and calm in the face of adverse circumstances, they also remained dedicated to their academic success. We remain incredibly proud of our LCTI students and their commitment to excellence.

As we have all experienced, driving on the Parkland High School campus at the beginning and the end of the school day can test our patience. In the hope of reducing some of the **traffic congestion**, we are asking parents and students alike to remember to drive safely while on campus and follow the established traffic patterns and signage. We ask that drivers utilize available parking slots in parking lots instead of stopping in driving lanes or on access roads to drop off or pick-up when possible. This is especially true if you have a student driver and you need to switch seats upon arrival or dismissal. Students should immediately get out of the vehicle so as not to hold up traffic. Otherwise, excess traffic accumulates and causes other drivers to become impatient. We ask that everyone utilize marked pedestrian walkways and sidewalks. Please pay attention to traffic around you while walking in through the parking lots. The bus loop should not be used as a pick-up or drop-off spot for students. The bus loop is designed to separate traffic from district transportation. Finally, please remember that we have many inexperienced drivers on campus. They need us to model appropriate patience and judgment in order to promote the most efficient arrival and dismissal from the school.

Please remember to make note on your calendar that January is the beginning of **course registration**. The 2023 - 2024 Course Selection Book will be available on the PHS website mid-December.

From our Parkland family to yours, I hope that everyone in our community has a safe, healthy and happy holiday season this year.

Sincerely,



Nathan T. Davidson
Principal - Parkland High School
davidsonn@parklandsd.net



December 2022



SUN	MON	TUE	WED	THU	FRI	
				1 Day 1	2 Day 2	3
4	5 Day 3	6 Day 4	7 Day 5	8 Day 6	9 Day 1	10
11	12 Day 2	13 Day 3	14 Day 4	15 Day 5	16 Day 6	17
18	19 Day 1	20 Day 2	21 Winter Begins Day 3	22 Day 4	23 SCHOOL CLOSED	24 Christmas Eve
25 Christmas Day	26 SCHOOL CLOSED	27 SCHOOL CLOSED	28 SCHOOL CLOSED	29 SCHOOL CLOSED	30 SCHOOL CLOSED	31 New Year's Eve

BELL SCHEDULES

PERIOD	A SCHEDULE (Regular Day)	B SCHEDULE (Homeroom)	C SCHEDULE (Early Dismissal)	D SCHEDULE (2-Hour Delay)
	7:35 Warning Bell	7:40-7:50	7:35 Warning Bell	9:35 Warning Bell
1	7:40-8:28	7:54-8:36	7:40-8:22	9:40-10:08
2	8:32-9:15	8:40-9:22	8:26-9:04	10:12-10:37
3	9:19-10:02	9:26-10:08	9:08-9:46	10:41-11:06
4	10:06-10:49	10:12-10:54	9:50-10:20	11:10-11:39
5	10:53-11:36	10:58-11:40	10:24-10:54	11:43-12:12
6	11:40-12:23	11:44-12:26	10:58-11:28	12:16-12:45
7	12:27-1:10	12:30-1:12	11:32-12:02	12:49-1:18
8	1:14-1:57	1:16-1:58	12:06-12:31	1:22-2:01
9	2:01-2:44	2:02-2:44	12:35-1:00	2:05-2:44
5 Minute Warning Bell for Bus Departure	2:47 Buses depart at 2:52	2:47 Buses depart at 2:52	1:03 Buses depart at 1:08	2:47 Buses depart at 2:52

- > Lunch periods are assigned during periods 4, 5, 6 or 7.
- > PM LCTI students will eat lunch period 4 or 5 and are dismissed at 11:25.
- > AM LCTI students will eat lunch at LCTI and return for class Period 6.

- ❖ Students who are approved for "early dismissal" must leave the school building and property immediately upon dismissal.
- ❖ Students who are approved for "late arrival" may not enter the school until 10 minutes before their first class.
- ❖ All students must leave the school building and property immediately upon dismissal unless they are involved in a PHS-sponsored and supervised, after-school activity.

Any changes to these schedules will be posted on the school website and communicated via Schoology and School Messenger.





Counseling corner

SENIORS COLLEGE APPLICATIONS

College applications with a January 1 deadline must be reported to the Counseling Office no later than **Friday, December 9.**

Ten working days are required to process all college applications.

SENIORS COLLEGE SCHOLARSHIPS

Seniors interested in college scholarship opportunities should check out the college [scholarship link](#) on the Parkland High School website or on Schoology. New listings are posted each week. Be sure to meet all the deadline dates.



PSAT RESULTS

Preliminary Scholastic Assessment Test (PSAT) results will be available online sometime in early- to mid- December. If they have not already done so, students will need to create a College Board account to access their online score.

After viewing their PSAT results, students are encouraged to connect their College Board and Khan Academy accounts to get free, personalized SAT study recommendations.



DECEMBER TESTING CALENDAR

December 3, 2022

SAT I Reasoning Test *

December 10, 2022

ACT administration*

**PHS is not a test center*

Who Should Sign up for Winter Keystone Exams?

- * Students who have taken the Keystone Exam and would like to retake it to reach proficiency.
- * New Students who had 10th grade English (Literature), Algebra I or Biology prior to this school year will be required to take the Keystone Exams if they have no record of taking a state test equivalent to each Keystone.

Visit [Keystone Test Information](#) on the district website for more information and to sign up for the Winter Keystone Exams.



Keystone Test Dates and Boot Camps

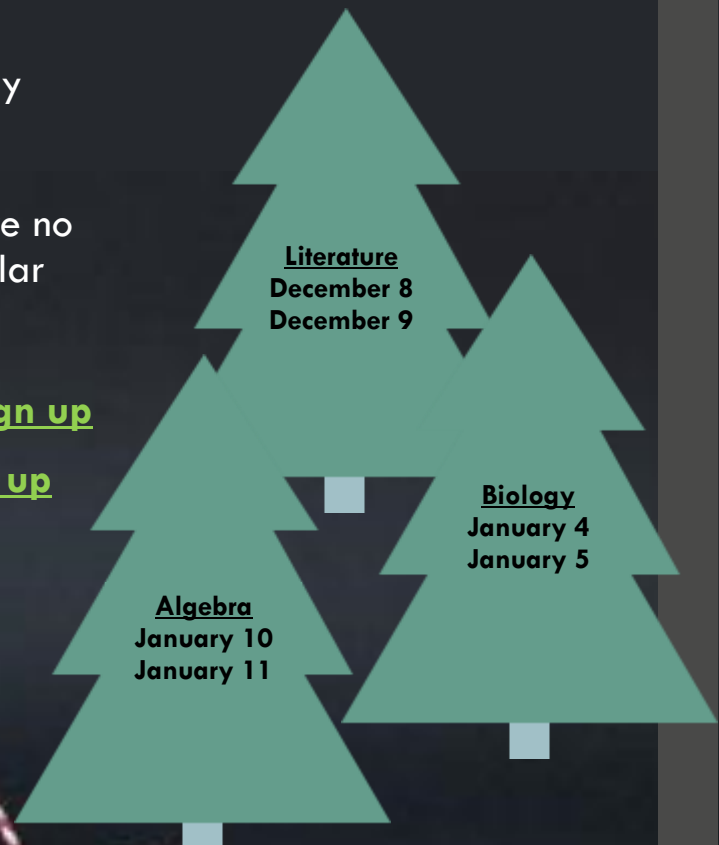
After-School Boot Camps for Winter Biology and Algebra keystones are underway.

Parkland High School students are eligible to participate in Boot Camps if they are:

- ♦ Students in grades 9 - 11 who have already taken the Keystone Exam and have not yet achieved proficiency.
- ♦ Students who are new to Parkland and have no record of taking the Keystone Exam or similar state test.

Algebra 1 Keystone Boot Camp [flyer](#) and [sign up](#)

Biology Keystone Boot Camp [flyer](#) and [sign up](#)



Literature
December 8
December 9

Biology
January 4
January 5

Algebra
January 10
January 11



Upcoming events

Tuesday
6

German Honor Society Induction Ceremony 7 PM (Room C200)

Wednesday
7

Winter Chorus Concert - 9th/10th Grade, Chorale 7 PM (Auditorium)

Thursday
8

Literature Keystone Exams

Senior Citizen Dinner 5:30 PM (Cafeteria)

CAC Meeting 6 PM

Winter Chorus Concert - 11th/12th Grade, Vera Voce, Chorale 7 PM (Auditorium)

Friday
9

Literature Keystone Exams

Sunday
11

Chorale at Neffs UCC 7 PM

Monday
12

Key Club's Minute to Win It 7 PM (Main Gym)

Tuesday
13

Mr. Parkland Auditions 3 - 4:30 PM (Room D133)

Wednesday
14

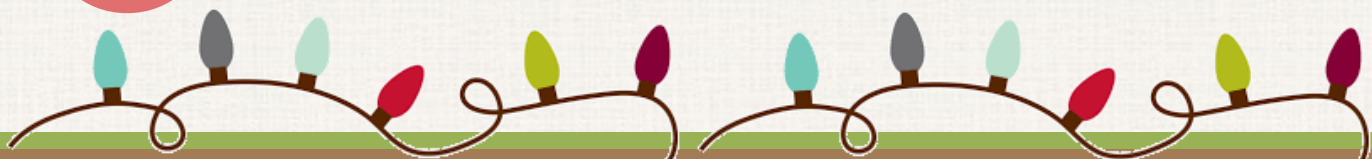
Mr. Parkland Auditions 3 - 4:30 PM (Room D133)

Senior Citizen Dinner 5:30 PM (Cafeteria)

Winter Orchestra Concert 7 PM (Auditorium)

Thursday
15

White Coat Ceremony 6 - 8 PM (Auditorium)





Tuesday
20

Winter Band Concert 7 PM (Auditorium)

Wednesday
21

First Day of Winter

Friday
23

Holiday - SCHOOL CLOSED

Monday
26

Holiday - SCHOOL CLOSED

Tuesday
27

Holiday - SCHOOL CLOSED

Wednesday
28

Holiday - SCHOOL CLOSED

Thursday
29

Holiday - SCHOOL CLOSED

Friday
30

Holiday - SCHOOL CLOSED





class of **2023**

Visit this link to the
Parkland High School
[CLASS OF 2023 WEBPAGE](#)
for important dates
and information



SENIORS

ORDER YOUR CAP AND GOWN UNIT (includes tassel)
BEFORE **JANUARY 31** for \$29 plus tax and shipping.

All Senior Orders should be placed online at [Jostens.com](https://www.jostens.com).

Please contact Mark Judy at Jostens if you have any questions.

Phone: 610-357-5271 or Email: judy.office@jostens.com



Z Parent
O Nights
O with
M Jostens



Please join if you have any questions about caps and gowns, jewelry or merchandise.

Zoom Parent Nights will be held every two weeks on **Thursdays at 6 PM.**

Join on Thursday, **December 1** and Thursday, **December 15** by clicking the following link:

<https://zoom.us/j/99599674282?pwd=akZiNTNG-dXQ5eGpOMHB5NjhPRW53UT09>

Jostens[®]



Inclement Weather and Early Closings

Please click on the snow globe to see an Important Message from Parkland School District's Superintendent of Schools





CAREER EXPLORATIONS



Sophomores, Juniors and Seniors who Have Not Completed the Career Explorations Course:

Sophomores and NEW Juniors and Seniors:

The course will be added during the fourth quarter of your sophomore year, however you should complete the course before May 2023.

Juniors and Seniors Who Attended Parkland Last Year:

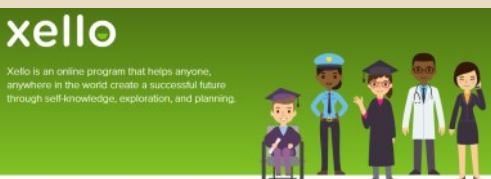
The course was added for you, however you received an unsatisfactory score if it was not completed.

You need to complete this course to graduate.

The Career Explorations program has replaced the Graduation Project requirement for students starting with the Class of 2017. The purpose of this course is to teach students how to match personal needs and expectations with satisfying career options. In Career Explorations, students will learn:

- * Self-assessment skills
- * To research major and career alternatives
- * To make decisions based upon sound factual information
- * To utilize a variety of resources

Students will need to complete an online course and digital portfolio using tools in **Xello**. They can access Xello through the Clever App. This work will mostly be done on the student's own time, however students will be introduced to Xello through their physical education classes. Students are free to complete the portfolio at any time on their own. Completion of this course will be determined when all online modules are complete. Upon completion, students will receive 0.5 credit. Course completion does not factor into GPA or class work.



SENIORS:

Career Explorations

is a Pennsylvania Department of Education requirement for graduation and must be completed by May 2023.

Students can access specifics about the expectations for Career Explorations on "Class of XXXX" course in Schoology. The Schoology page has a screencast to walk the student through the program and the requirements of the course.

If your child has any trouble completing this assignment or if he/she has any further questions, please have your child see their guidance counselor, or contact Mrs. McPeck in the Counseling Office at mcpeeka@parklandsd.net or Mr. Monahan in the PHS Library at monahani@parklandsd.net.





DINE AND DONATE TO POST PROM

Visit PJ Whelihan's at Walbert on **THURSDAY, DECEMBER 15** and mention Parkland's Post Prom to have a portion of the proceeds benefit the 2023 Post Prom Party.



After-School Tutoring Program Available for All Students

Tutoring will take place after school **Mondays – Thursdays** from **3 – 4 PM** to get extra help. The general schedule with locations is as follows:

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
ENGLISH * Room B117	MATH Room B125	ENGLISH * Room B117	MATH Room B125
SOCIAL STUDIES * Room B117	SPANISH Room B103	SOCIAL STUDIES * Room B117	SPANISH Room B103
BIOLOGY Library		BIOLOGY Library	

* Alternating Mondays/Wednesdays every other week

For more details about the 2022-2023 tutoring calendar and courses available, students should join the Schoology Course with this code:
MSB3-4MQP-RP4HQ.





Hand on the Wall
(above)



The Flame (right)

Trojan Art Gallery



Edward Leskin is a photographer whose work focuses on issues of human significance, including the rise and fall of Bethlehem Steel, the Vietnam Veterans Memorial, the Israeli Palestinian conflict,

and political/social conditions in Russia. He is a graduate of Moravian College and the Pratt Institute where he received an MFA in Photography. Mr. Leskin is an active member of the Steelworkers Archives and the National Museum of Industrial History. He is currently collaborating with the Baltimore Museum of Industry on future exhibitions and simultaneously working on a book about Bethlehem Steel and the people who worked there.



NAfME National Choir



Congratulations to senior **Emily Bachl** for representing Parkland School District as an Alto 2 in the 2022 NAfME National Choir. Emily got to make music in Washington, D.C. with 240 high school vocalists from across the country.



CONGRATULATIONS!

2023 PMEA District 10 Chorus Qualifiers

Soprano 1

Katherine Gilchrist
Madelyn Grim
Kaida Heintzelman
Marlie Heym
Leah Kanter
Emma Milander
Lilianna Schantz

Soprano 2

Isabella Carnero
Cameron Laskosky
Evelyn Montone
Addison Treat
Madelynn Wascura

Alto 1

Maansi Birru
Swarna Suresh

Alto 2

Emily Bachl, 1st place
Katelyn Attieh
Savannah Leon
Kaitlin McCloud
Abigail Meyers
Meredith Schmoyer
Angelina Zaiter

Tenor 1

Joshua Doughan
Matthew Haupt
Vasilis Motsenigos
Isaiah Palmer
Agidio Poloni
Andrew Sachse
Gavin Sachse

Tenor 2

Isaiah Cofield
William Farrell
Samuel Lundberg
Vivek Shepherd

Bass 1

Garet Hill
Grant Pinsley
Ethan Silver

Bass 2

Jaxon Egge
Julian Ettinger-Finley
Eric Wood



Trojan Marching Band

The Trojan Marching Band performed in the Hamburg Jaycees 58th Annual King Frost Parade. Known for its creative floats and costumes, the parade draws crowds eager to see four divisions of parade entries in downtown Hamburg.





Spring Musical

Parkland High School is proud to present Rodgers & Hammerstein's *Oklahoma* **April 12 - 16, 2023**. In a Western territory just after the turn of the 20th century, a high-spirited rivalry between local farmers and cowboys provides a colorful background for Curly, a charming cowboy, and Laurey, a feisty farm girl, to play out their love story. Their romantic journey, as bumpy as a surrey ride down a country road, contrasts with the comic exploits of brazen Ado Annie and hapless Will Parker in a musical adventure embracing hope, determination, and the promise of a new land.

Oklahoma audition information will be available in early December. Please look for audition information on Schoology and the Parkland News Network. **Auditions will be held January 3 - 6, 2023.**

Tickets for *Oklahoma* will go on sale on Monday, January 23, 2023 at noon. Admission prices are \$12 for students and seniors (65+); \$15 for adults. They are only available through our ticketing partner, www.showtix4u.com.



Tri-M Music HONOR SOCIETY

Tri-M Music Honor Society Inductions

On Wednesday, November 2 the PHS chapter of the Tri-M Music Honor Society inducted its newest members. Mrs. Allison Figueroa is the PHS chapter advisor and Dr. Jenny Neff from the University of the Arts was the guest speaker.

2022-2023 Inductees:

Katelyn Attieh
Christian Blanco
Justin Bower
Chloe Brown
Brandon Cai
Isabella Carnero
Pengyu Chen
Qiyu Chen
Nolan Dean
Lucas Dee
Teresa Deery
Jaxon Egge
Julian Ettinger-Finley
Maya Fleming
Mauricio Gonzalez
Rachele Grigoli

Matthew Haupt
Kayla Heckman
Torin Heiland
Kaida Heintzelman
Marlie Heym
Garet Hill
Savannah Leon
Phoebe Lin
Jennifer Liu
Andrew Mello
Abigail Meyers
Evelyn Montone
Isaiah Palmer
Paul Parkinson
Sophia Petrocelli
Grant Pinsley

Giovanni Poloni
Rithik Raghuraman
William Ray
Andrew Sachse
Imaan Saeed
Emma Schilling
Tariq Shahid
Vivek Shepherd
Brynn Suhocki
Daud Tariq
Brooklyn Vasquez
Hannah Vrablik
Chase Whittaker
Rita Yip
Dylan Zheng



Visual and performing arts

The
Parkland Chorale
will be appearing in the
Allentown Symphony
Orchestra Holiday Pops
concerts on Saturday,
December 17 at 2 PM and
7:30 PM at Miller Symphony
Hall in downtown Allentown.
Tickets can be purchased
online at
millersymphonyhall.org.



Parkland Chorale

The Parkland Chorale attended the **Susquehanna University Choral Invitational** on Friday, November 4. They were chosen to be this year's featured high school ensemble at the event, and worked with guest composer, Stacey V. Gibbs. Mr. Gibbs is world-renowned for his arrangements of African American spirituals.

The Parkland Chorale also performed at the **Pennsylvania School Boards Association 2022 School Leadership Conference** at Kalahari Resort & Conference Center on October 31.



2022 Winter Concerts

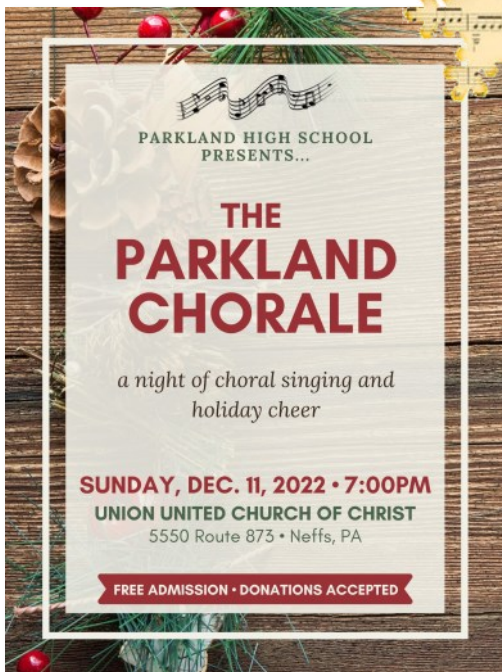
Please mark your calendars for these fabulous nights of music making provided by our high school musicians. All concerts are free and open to the public.

Wednesday, December 7

9th Grade Chorus, 10th Grade Chorus, and Parkland Chorale at 7 PM in the Parkland High School Auditorium

Thursday, December 8

11th and 12th Grade Chorus, Vera Voce, and Parkland Chorale at 7 PM in the Parkland High School Auditorium



Wednesday, December 14

Orchestra Concert at 7 PM in the Parkland High School Auditorium

Tuesday, December 20

Band Concert at 7 PM in the Parkland High School Auditorium

CONGRATULATIONS

National Art Honor Society Inductions

On Thursday, November 10 the Parkland High School chapter of the National Art Honor Society inducted their newest members. After the inductions, new members and their family and friends printed National Art Honor Society T-shirts.

New Member Inductees:

Zoe Averbach
Macy Bauer
Tatum Bloom
Leonard Brody
Madelyn Choma
Grace Clewell
Don'Michael Christopher
Hana Damra
Molly Duborg
Claire Fang
Tia Farah
Shannon Fratus
Emma Gane
Natasha Goldman
Rachele Grigoli
Gwen Heckman
Shirley Hooper
Emily Hoysan
Kali Hurst
Dayna Josephs Duran
Sarah Kelly
Amal Khdour
Serena Leskin
Rebecca Lorch

Emma Ludwig
Kalani Marsh
Gloria Isabelle Mattson
Riley McMenamy
Meyekhale Maldonado
Ariana Morillo
Cora Nemesh
Jovanny "Jay" Ortiz
Aspen Ott
Grace Phillip-Jackson
Alexia Pritchard
Angela Renion
Naarah Roy
Imaan Saeed
Kendall Samley
Remi Smith
Jenna Sorgi
Olivia Stark
Sadie Sullivan
Kaysle Taveras Pizarro
Sara Woodring
Shea Xander
Minori Yamashita
Angela Zhao



Athletic news



Congrats
to all of
Parkland's
District XI
Team
Champions





congratulations



FALL SEASON

The fall regular season is complete.
Congratulations to all of our teams.

Golf: 9 - 7

Girls Tennis: 20 - 0

Girls Soccer: 24 - 1

Boys Soccer: 24 - 2 - 1

Girls Cross Country: 14 - 2

Boys Cross Country: 16 - 0

Girls Volleyball: 24 - 1

Football: 9 - 5

Field Hockey: 13 - 6

DISTRICT XI TEAM CHAMPIONS

Girls Tennis

Girls Volleyball

Girls Soccer

Boys Soccer

Boys Cross Country

Football

PIAA STATE DOUBLE TOURNAMENT 3rd Place

Alexandria "Lexie" Warsing and Leah Zolotareva

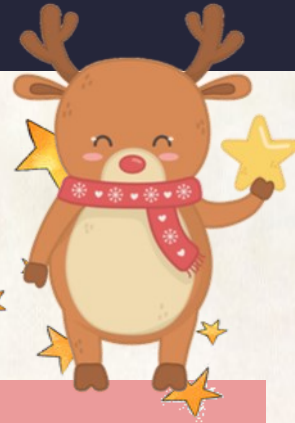


WINTER SPORTS

WINTER SPORTS BEGAN
PRACTICES ON NOVEMBER 18.
THEIR FIRST COMPETITIONS
WILL BE ON DECEMBER 2.
GOOD LUCK TO ALL OUR
TEAMS.

CONGRATULATIONS

Athletic news



Parkland Fall Sports EPC All Stars 2022

Volleyball

Elena Pursell

Ava Adamson

Scarlett Jago

Maggie Smith

Field Hockey

Aurora Gery

Elaina Fragassi

Jordan Brunnabend

Lily Kyvelos

Girls Soccer

Catherine Crampton

Isabella "Bella" Brans

Aristea Gougoustamos

Olivia Kunz

Lauren Ervin

Elayna "Ellie" Kocher

Kayla McNevin

Boys Soccer

Douglas Martinez

Caleb Daniels

Sean Wood

Samuel Masenheimer

Matthew Link

EPC & District XI Champions

1st Team – Middle

1st Team – Outside

1st Team – Libero

1st Team – Setter

1st Team – Midfielder

2nd Team – Midfielder

3rd Team – Defense

3rd Team – Midfielder

EPC & District XI Champions

1st Team - Defendere

2nd Team – Defender

2nd Team – Midfielder

2nd Team – Forward

3rd Team – Midfielder

3rd Team – Forward

3rd Team – Goalkeeper

EPC & District XI Champions

1st Team - Forward

2nd Team – Defender

2nd Team – Defender

2nd team – Midfielder

3rd Team – Goalkeeper

Football

Trey Tremba

Gryffin Mitstifer

Nakhi Bullock

Gryffin Mitstifer

Nathan Kemmerer

Jack Harrison

Russell Clark

Nathan Kemmerer

Girls Cross Country

Elena Wenger

Lana Hurwitz

Boys Cross Country

Ethan Willard

Jacob "Jake" Barnes

Liam McGuigan

Paul Abeln

Tennis

Alexandria "Lexie" Warsing

Anshika Gupta

Sophia Petrocelli

Leah Zolotareva

Gabrielle "Gigi" Leonzi

Sophie Eljovich

Aarohi Vaze

District XI Champions

1st Team – Running Back

1st Team - Kicker

1st Team - Cornerback

1st Team - Punter

1st Team – Defensive Athlete

2nd Team –Wide Receiver

2nd Team - Guard

2nd Team – Defensive End

1st Team

1st Team

EPC & District XI Champions

1st Team

1st Team

1st Team

1st Team

EPC & District XI Champions

1st Team - Singles

1st Team - Doubles

1st Team - Doubles

2nd Team - Singles

2nd Team - Singles

2nd Team - Doubles

2nd Team - Doubles

CONGRATULATIONS



Parkland's Fall EPC Scholar Athletes

Catherine Crampton (Girls Soccer)

Anshika Gupta (Girls Tennis)

Jack Harrison (Football)

Owen Lambinus (Boys Soccer)

Liam McGuigan (Boys Cross Country)

Hope Paterick (Field Hockey)

Elena Pursell (Girls Volleyball) *

Sydni Sundstrom (Golf)

Elena Wenger (Girls Cross Country)

* Overall EPC Scholar Athlete





Information from the Health Room

*'Tis the season
for the flu...*

Protect yourself!



Holiday Season and the Flu

The upcoming holiday season offers the opportunity for more social interaction and the opportunity to spread more than holiday cheer. The flu season is in full swing through the month of April. It is recommended that your student receive their flu vaccine at this time. Please check with your doctor to schedule this as soon as possible.

Guidelines for Sending Your Child to School

To help stay healthy and decrease the spread of illness in the school, we are encouraging all families adhere to the following guidelines, which are the same criteria the Health Room uses when sending students home ill from school. Please keep your child home from school (even if they have a test or sporting event) if he/she is experiencing any of the following symptoms:

- * **Fever of 100 degrees or more**
- * **Vomiting**
- * **Diarrhea**
- * **Severe head cold**
- * **Persistent cough**
- * **Severe sore throat**

It is advised that students should be fever-free for 24 hours without the use of fever-reducing medications before returning to school.





Health forms available online

Forms may be downloaded from the PHS website under the Health Services link [HERE](#).

If you have questions for the Health Room, please do not hesitate to call.

TWO IMPORTANT ITEMS FOR JUNIORS

PHYSICAL FORMS ARE NOW DUE

All students in grade 11 should return their completed physical forms to the Health Room as soon as possible.

IMMUNIZATION REQUIREMENT

The Meningitis Vaccine Booster is required on or after the day your child turns 16 years old. Students in grade 11 will be required to have this immunization on the first day of their senior year of high school.



The grade 11 physical is a good time to be sure this immunization gets completed.



Generosity

Senior student athlete, **Austin Fasnacht**, made a very generous donation to the PHS Ski and Snowboard Club. He donated \$3,000 to the club to be used for students who may need financial assistance to participate in the club. Austin is a semi-professional snowboarder who loves the sport and feels so fortunate to have always been able to participate. He wanted to ensure his fellow students did not miss out on the opportunity.





Driver's Education

Talk to Your Teen about Increased Driving Hazards this Holiday Season

With upcoming holidays and winter weather, it is a good time to discuss and demonstrate defensive driving practices with your teen driver. Driving during the winter is already dangerous enough. Fewer hours of daylight, limited visibility, black ice, and snow are the common environmental factors that can significantly increase the likelihood of being involved in a crash. That likelihood increases when negligent driving behavior is thrown into the mix. In addition, the hustle and bustle of the holidays can increase driving hazards in the following ways:

- * There is an **increase in cell phone use** while behind the wheel to communicate holiday plans, schedules and wishes via talk and text. Many drivers surf the web for store hours and locations while on the road.
- * **Social drinking increases** during the holiday season. Throughout the month of December, drinking is an integral part of many holiday parties, family gatherings, dinners, and year-end celebrations. Even at low Blood Alcohol Content (BAC) levels perception and reaction times, combined with impaired judgement, lead to an increased number of accidents during this time of the year. Many of these accidents result in fatalities.
- * **Too much pressure and too little time** contribute to poor driving decisions. Drivers often react to pressure by driving too fast for conditions, making aggressive lane changes, failing to yield right-of-way, and generally disregarding the needs and safety of others using the road.

How to Defend Against these Hazards

- * **Maintain or increase your following distance.** Turn on signals well in advance, scan the road 4-5 seconds ahead, check your side and rearview mirrors frequently and predict that other drivers may cut you off and run red lights.
- * **Plan ahead** and allow extra time to get where you need to go. Increased traffic and delays may increase the number of drivers who take avoidable risks.
- * **Be on the lookout** for signs that others may be under the influence while on the roads.



Behind-the-Wheel Program

The CLIU-21 offers a Behind-the-Wheel program for all students who have their learner's permit and have completed the theory course. For complete information, go to www.cliu.org and scroll down to the Driver's Ed "key." Any questions, call 610-769-4111 x 1299 or email driversed@cliu.org.



LIFE DOES NOT
HAVE TO BE PERFECT
TO BE WONDERFUL



THE MATH LEAGUE

...building student interest and confidence
in mathematics through solving worthwhile problems.

Congratulations Math League

Parkland High School's Math League recently competed at the 24th Annual Bloomsburg University Math Contest against 56 teams with over 240 students from Northeastern and Central Pennsylvania. The Mathletes who represented Parkland High School are: **Brandon Cai, Nikola Cao, Leon Chen, Anshika Gupta, Jayaditya Kothari, Ryan Wu, Kevin Yao and Eric Zhang.**



Mr.
PARKLAND

WHO WILL
BE THE NEXT...

26TH ANNUAL
SATURDAY,
FEBRUARY 4
7 PM
PHS AUDITORIUM

Seniors

Do you have what it takes to be the next Mr. Parkland? Seniors interested in auditioning can sign up in the Class of 2023 Schoology Course.

AUDITIONS

Tuesday, December 13
Wednesday, December 14
3 - 4:30 PM in Room D133

Watch for upcoming details in Schoology, the January Parent Newsletter, and PMN. Eligible contestants will be required to attend approximately 14 school rehearsals from January 4 - February 4.



Students, a gift from us to you.
Free ebooks & audiobooks
all year long!

Library Lines

SORA has easy access to eBooks, audio books and magazines through CLEVER 24/7.

Check out the **SORA holiday collection** featuring many holiday celebrations around the world. High school students also have access to middle and elementary school books.



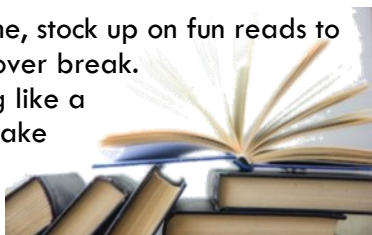
Read on Sora.



Holiday Collections at the Library

With the holidays approaching, come in and check out the Library's collection of recipe books.

At the same time, stock up on fun reads to have at home over break. There is nothing like a good book to take you to far off places.

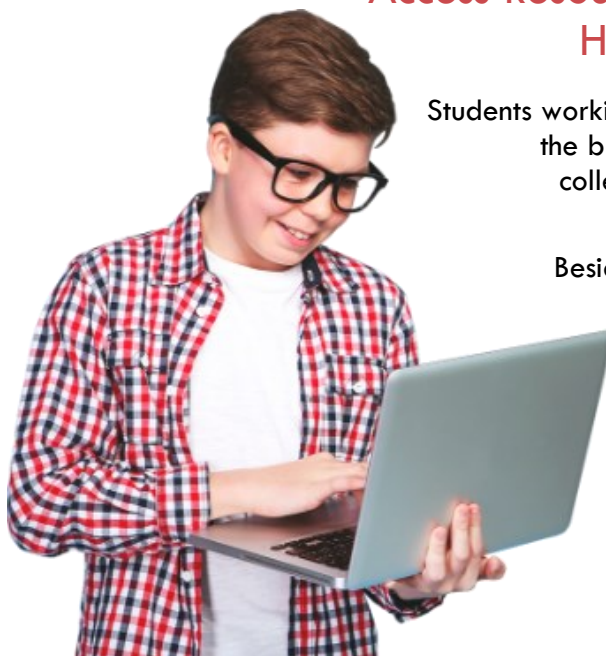


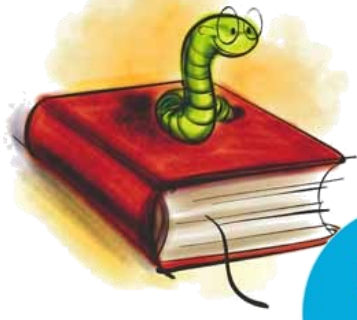
Please make an effort to get all overdue library books and class novels returned by the end of the year.

Access Resources over the Holiday Break

Students working on projects over the break can access our collection of databases through CLEVER.

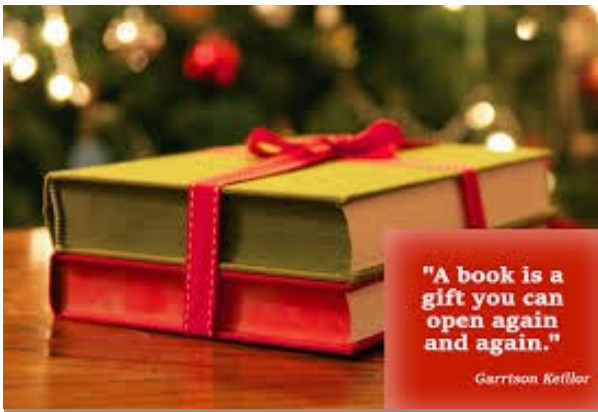
Besides Gale, ProQuest and JSTOR, students can access many more research collections through the Power Library app in CLEVER.





THE LIBRARY
WILL BE
CLOSED AFTER SCHOOL
ON THURSDAY,
DECEMBER 22

DECEMBER
22



WINTER FOOD DRIVE

American Studies 2 students are planning a Winter Food Drive Service Learning Project sponsored by Parkland REACH and the SMS Food Pantry.

Food collection boxes will be placed in classrooms throughout the school and students are encouraged to bring in donations from **December 5 - December 13.**

The pantry is requesting the following items:

- * Boxed/Bagged Rice
- * Boxed/Bagged Pasta
- * Pasta Sauce (plastic jars)
- * Peanut Butter (plastic jars)
- * Jelly (plastic jars)
- * Canned Tuna or Chicken
- * Canned Fruit



The Fleming Institute for Business Ethics Competition

On November 17 a team of Parkland High School seniors competed in the Fleming Institute for Business Ethics annual Ethics Bowl held at DeSales University.

Parkland students **Anshul Dadayyapally**, **Vishruth Hanumaihgar** and **Siddhant Khandelwal** had a very strong and detailed presentation. These students represented Parkland High School with the utmost integrity and maturity. They worked well under pressure and came in third place out of eight teams.





Student Assistance Program (SAP)

thank you

We want to thank you for all of your phone calls and requests for support. It is a pleasure to build a supportive community with you. We will continue to support your children on their high school journey. If you have any questions, please feel free to call 610-351-5600 and ask for the SAP team.

Seasonal Affective Disorder

Please click on [this link](#) to watch the video on Seasonal Affective Disorder. This short presentation is on your child's grade level Schoology page as well.



Help Prevent Sleep Deprivation in Your Teen

Many students claim that they cannot focus and/or have test anxiety. Poor sleep hygiene could be the reason. Here are some tips for preventing sleep deprivation:

zzzz...



- Ban Electronics from the Bedroom
- Charge Phones Elsewhere
- Maintain a Regular Sleep Schedule
- Discourage Afternoon Naps
- Do Not Procrastinate on Big Tasks
- Stick to Sleep-Friendly Bedtime Routines
- Reduce Lights and Loud Music
- Limit Caffeine
- Realize Sleep is not Instant
- De-stress and Wind Down Before Bed
- Read a Book to Wind Down



START SHOPPING!



SUBSTITUTE JOB FAIR!!

Subs are needed for teachers, clerical, custodial, food service, paraprofessionals and bus drivers.



MONDAY, DECEMBER 5, 2022

10 AM - 2 PM or

TUESDAY, DECEMBER 13, 2022

2 PM - 6 PM

at the Administration Center

1210 Springhouse Road

No Appointment Necessary



Parkland School District

Education Foundation

PreServing Excellence. Building a Dream

HOLIDAY GIFT CARD SALE!

**CROSS YOUR FAVORITE TEACHERS AND
STAFF MEMBERS OFF YOUR LIST!**

Visit: www.parklandsd.org/foundation



GET YOUR PARKLAND SWAG!

SCHOOL STORE HOLIDAY SHOPPING



VISIT THE
PHS SCHOOL STORE
TO DO YOUR
HOLIDAY SHOPPING
Saturday, December 3 and
Saturday, December 10
10 AM - 1 PM

The PHS School Store is
located just inside the
cafeteria entrance.

Find everything from water
bottles and t-shirts to ties
and hoodies. Parkland
gear always makes a
perfect gift for your
Parkland students and
family members.

**CASH AND CHECKS
ONLY!**

No credit or debit cards
will be accepted.

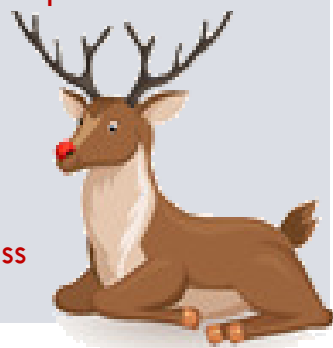


Class dues



Class dues are a one-time-only payment of \$20 during your student's high school career. Cash or checks are acceptable forms of payment. Checks should be made payable to Parkland High School and should reference your student's graduating class and student ID# in the memo line.

Class dues should be delivered to the attention of your student's class advisor. Please contact the class advisor with any questions.



Class of
2023

Senior class advisor
Mrs. Deborah Andreoli
Room D133

andreolid@parklandsd.net

Class of
2024

Junior class advisor
Mrs. Kim McHenry

mchenryk@parklandsd.net

Class of
2025

Sophomore class advisor
Mrs. Lori McClure

mcclurel@parklandsd.net

Class of
2026

Freshmen class advisor

Mrs. Sarah Yenser
Room C241

yensers@parklandsd.net

Happy Holidays

THE PERFECT GIFT FOR YOUR PARKLAND STUDENT IS TO TELL THEM
A YEARBOOK HAS BEEN PURCHASED FOR YOU!

THE GIFT THAT KEEPS ON GIVING YEAR AFTER YEAR.



Jostens



SENIOR DEDICATION DEADLINE IS FRIDAY, DECEMBER 9, 2022 AT 2:44 PM

The yearbook staff is once again offering dedication ads for parents and guardians to congratulate their graduating seniors. These personal messages will appear in color in the yearbook, creating another opportunity to make this yearbook memorable for the Class of 2023. These are paid dedications and prices start at \$55.



All dedications must be submitted digitally using the Google form link [here](#). If you did not purchase a photo package from Frank Mitman, there will be a \$10 fee to have a photo sent from his studio.

More details can be found on the *Par Key* website. Payment (cash or check made payable to Parkland High School) may be dropped off to Room D131 with a note including the senior's name and ID# or mailed to: Parkland High School, c/o Mrs. Destiny Beck, 2700 N. Cedar Crest Blvd., Allentown, PA 18104.



SENIOR YEARBOOK PHOTOS

To have a senior portrait featured in the yearbook, please schedule an appointment with Frank Mitman, the official yearbook photographer, by calling: 610-433-2110.

Yearbook-only photographs are free.

Portrait sessions must be scheduled by **December 23, 2022** and taken by **December 31, 2022** in order to be included in the yearbook.



Order Your
Yearbook



Price will
Increase
to
\$100 on
January 7.

Add Your
Student's
Name or
Other
Personal
Features by
January 31.

Find
More
Information
and Order
your
Yearbook
[Here](#)



SCAN ME



HAPPY HOLIDAYS

FROM EVERYONE AT
PARKLAND
HIGH SCHOOL

