

# Middle School

2022

<b>Week 1</b> <b>Meat/Meat Alt. &amp; Grain</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b> <b>December 1</b>	<b>Friday</b> <b>December 2</b>
<b>Entrée Choice 1</b>  <b>Option 1:</b> or <b>Option 2:</b>	 <p style="text-align: center;"><b>Christmas Dinner</b> <b>Wednesday, December 7, 2022</b></p>			Philly Cheese Steak On WG Sub Roll or Big Daddy Pizza	Big Daddy Pizza or -Spicy or Regular Chicken Patty on Bun
<b>Vegetable:</b> Choose 1 or 2				-Chef Salad w./ Baked Sun Chips & WG Muffin	Chef Salad w/Baked Sun Chips & WG Muffin
<b>Fruit:</b> Choose 1 or 2				Oven Baked Fries -Fresh Baby Carrots w./ LF Ranch Dip	- Seasoned Broccoli - Toss Garden Salad
<b>Milk</b> Choose 1				Applesauce -100% Fruit Juice	- Fresh Orange -100% Fruit Juice
				-LF White -FF Chocolate -FF Skim	-LF White -FF Chocolate -FF Skim

**“This institution is an equal opportunity provider.”**

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<b>Week 2</b>	<b>Monday December 5</b>	<b>Tuesday December 6</b>	<b>Wednesday December 7</b>	<b>Thursday December 8</b>	<b>Friday December 9</b>
<b>Meat/Meat Alt. &amp; Grain</b>  <b>Entrée Choice 1</b>  <b>Option 1:</b> <b>or</b> <b>Option 2:</b>	RPS Burger w./ or w/o Cheese on WG Bun  or Chicken Patty Sandwich	Mac & Cheese with Meatballs & WG Breadstick  or Big Daddy Pizza	Oven Baked Chicken w/ Stuffing/ Gravy/Cranberry Sauce/ Rolls  or Beef Nachos	<b><u>Breakfast for Lunch</u></b> Turkey Sausage French Toast Sticks  or Hot Dog/Corn Dog on Bun	Pizza Dippers w./ Marinara Dipping Sauce
	-Chef Salad w./ Baked Sun Chips & WG Muffin	Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin
<b>Vegetable:</b> <b>Choose</b> <b>1 or 2</b>	Baked Beans  Pickle Spears  Tom/Lettuce Cup	Seasoned Green Beans  -Fresh Baby Carrots w./ LF Ranch Dip  -Toss Garden Salad	Mashed Potatoes  Green Beans  Baby Carrots	-Hash Brown Potato Patty  -Fresh Baby Carrots w./ LF Ranch Dip	-Seasoned Corn  -Grape Tomato & Cucumber Cup w/ LF Ranch Dip
<b>Fruit:</b> <b>Choose 1 or 2</b>	-Fresh Apple  -Frozen Peach Cup	-Fresh Orange  -100% Fruit Juice	Chilled Fruit Cup  -Frozen Peach Cup	-Fresh Fruit in Season  -100% Fruit Juice	-Fresh Strawberries  -Frozen Peach Cup
<b>Milk</b> <b>Choose 1</b>	-LF White  -FF Chocolate  -FF Skim	-LF White  -FF Chocolate  -FF Skim	-LF White  -FF Chocolate  -FF Skim	-LF White  -FF Chocolate  -FF Skim	-LF White  -FF Chocolate  -FF Skim

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<b>Week 3</b> <b>Meat/Meat Alt. &amp; Grain</b>	<b>Monday</b> <b>December 12</b>	<b>Tuesday</b> <b>December 13</b>	<b>Wednesday</b> <b>December 14</b>	<b>Thursday</b> <b>December 15</b>	<b>Friday</b> <b>December 16</b>
<b>Entrée Choice 1</b>  <b>Option 1:</b> <u>Or</u> <b>Option 2:</b>	RPS Burger w./ or w/o Cheese on WG Bun or Big Daddy Pizza	Penne Pasta with Meat Sauce & WG Breadstick or Deli Sandwich Comb/ Chips	Chicken Tenders Wrap and Dip or Strawberry or Vanilla Parfait Cup	Philly Cheese Steak on WG Sub Roll or Spicy Chicken Sandwich	Big Daddy's Pizza
	-Chef Salad w./ Baked Sun Chips & WG Muffin	--Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin	-Chef Salad w./ Baked Sun Chips & WG Muffin
<b>Vegetable:</b> <b>Choose 1 or 2</b>	-Baked Beans  -Pickle Spears/Tom/Lettuce Cup	-Seasoned Broccoli  -Toss Garden Salad	-French Fries  -Pickle Spears  -Tom/Lettuce Cup	-Mashed Potatoes  -Green Beans  -Baby Carrots	Corn on Cob  Spring Mix Salad
<b>Fruit:</b> <b>Choose 1 or 2</b>	-Fresh Apple  -Frozen Peach Cup	-Fresh Orange  -100% Fruit Juice	-Fresh Watermelon  -Frozen Peach Cup	Chilled Fruit Cup  100% Fruit Juice	-Fresh Strawberries  -Frozen Peach Cup
<b>Milk</b> <b>Choose 1</b>	-LF White  -FF Chocolate  -FF Skim	-LF White  -FF Chocolate  -FF Skim	-LF White  -FF Chocolate  -FF Skim	-LF White  -FF Chocolate  -FF Skim	-LF White  -FF Chocolate  -FF Skim

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<b>Monday</b> December 21	<b>Tuesday</b> December 22	<b>Wednesday</b> December 23	<b>Thursday</b> December 24	<b>Friday</b> December 25
<b>Monday</b> December 28	<b>Tuesday</b> December 29	<b>Wednesday</b> December 30		
				

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accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. **fax:**  
(833) 256-1665 or (202) 690-7442; or
3. **email:**  
[program.intake@usda.gov](mailto:program.intake@usda.gov)

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