

WPMS Flings Out Family Fun

By Scott Louis

hoola-hoop.

On February 24, 2010 our Middle School PTA hosted the February Family Fun Fling. This fun-filled event was held in the Highlands North gym and in the auditorium.

At the beginning, everyone entered into the north gym and was welcomed by all types of fun games. Students and parents could try a relay race against their friends, play tug of war, and

Also, kids and parents were able to sign up for the game show event for the evening. A little later the PTA President,

Donna Louis, gathered everybody to play a game of heads and tails. After that we all went down to the Highlands auditorium to kick off the main event, "Are You Smarter than a Middle Schooler" game show. For the game show, 5 kids went

against 4 parents in answering a series of questions. They did this for 5 rounds, switching the kids and parents answering the questions every round. In the end, the students' team won against the parents with a score of 54 to 32.

It was an evening of fun and joy for all. For those who didn't go to this event, I suggest you do next year so you don't miss out. This event will not be forgotten for a very long time.



Sixth Graders Celebrate the 70's in Style

By: Melina Africano and Daniella McCarthy

Peace, love, and campuses. For our second dancing-that is what the 6th dance in the 6th grade, it was grade dance was all about. pretty cool. Lots of people On Friday, March 19 the 6th showed up, and everyone was graders had their 70's themed really happy. It was really nice dance. The gym was decorated how we could see our friends by the S.O and Mrs Haberman. from Eastview easily and just hang out and dance. This was The music, the dancing and the snacks, made it feel like a great big party. The dance we were on a cloud of fun. was a great experience that Everyone had a good time, we are happy to be a part of. I including us. The DJ rocked sincerely think there could be it out with songs from "Baby", no better dance. I hope that by Justin Bieber to "Don't Stop you guys all had tons of fun. Believing", by Journey. 6th graders from Eastview and Highlands united and danced S.O. sponsored "70's" dance together as one big family. Mrs. Knight even appeared! We all had fun laughing with friends in the North Gym of Highlands Middle School. At Highlands, the kids who were going to the dance had to wait in the cafeteria. Then we all walked into the coolest place. All the teachers helped with the tickets and the snacks. It was nice and the snacks and drinks were tasty. The dance was a great experience that I am happy to be a part of. I hope that you guys all had tons of fun.

I think that it was really smart to put both schools together, unifying both



Sixth graders dance the afternoon away at the



Students Celebrate 100 Days of Learning



by Allison Jasne

100 of 185 days of school are over and done with! Eastview celebrated the 100th day of school by having one hundred hearts displayed in the first floor corridor. 100 students wrote what they were thankful for, and added zesty colors and designs. It was all organized by the Eastview S.O., so a huge "kudos" to Mrs. Dunning and Mrs. Potillo!

Eastview's **Got Talent!**

by Allison Jasne

Friday, March 26 was Eastview's Talent Show with everything from magic to music! There were a wide variety of performances - I can't even list them all, so I'll list a few.

There were a couple old-timers. of Nicole Carosella, performing for her third talent show, did an awesome performance of Lady Gaga's "Speechless." John Paul (A.K.A JP) and his band performed for another straight year with yet another original song by JP. Sarah Lambert also returned with an amazing performance of "Popular" from the Broadway show Wicked.

There were also a couple of new faces. Roman Lynch-Samant & Matt Inganni performed an original song by Rowan. Alexis Gardner read a unique poem entitled "Alone." Nice job to everyone who performed, and we hope to see them again next year!



Highlands Students Kick it in "A Chorus Line"

By Tori Cignarella

On Thursday, March 4th, and Friday, March 5th, the White Plains Performing Arts Theatre held the show "A Chorus Line". Two students at Highlands Middle School were a part of this performance, Jackie Alfenas and Will Socolof. Jackie was a dancer, and Will played Mark Anthony. The show was very well put together and the singers and dancers were excellent.

Each of the actors was into their part. They made it seem as if the audition were real and that they

were their character. The girl who had played Cassie was surely phenomenal. Will Socolof quotes, "It was a really exciting experience where I learned a lot about the arts and got to put on a fantastic show thanks to the amazing cast, directors, choreographers, and crew."

Overall, the show was truly spectacular and showed a high level of professional attitude and made it very enjoyable to view. The songs and dances were upbeat and great to listen to and to watch. For young performers, the show was performed extremely well and I give them high hopes for being on the stage in the future.



In addition to his role in "A Chorus Line", Will Socolof is also cast as the Genie in WPMS'S "Aladdin".

Nicole Carosella

NYSSMA Musicians Perform in Albany by Allison Jasne

Eastview's 6th grade band and Advanced Chorus were off - to Albany, that is! On March 3rd, the group traveled to the capital to perform for *Music In Our Schools* Month, a NYSSMA event. They performed and received a plaque for their performance. "Kudos" for everyone's great performance, and we expect the same at their next (NYSSMA) performance at Irvington High School in Irvington, where the chorus will be judged and given a plaque for their rating!

THE COURIER 8th Graders Head To Philly

By Scott Louis and Tori Cignarella

On Friday, March 19th, the Highlands 8th grade class traveled to Philadelphia for a day of fun. It was a two and a half hour drive, but it was definitely worth it. First off, we went to the Liberty Bell and then we hopped back onto the bus and traveled down to the Franklin Institute. There we saw the Bodies exhibit, where we got to see real bones and muscles, from bodies of real people that were donated to the exhibit.

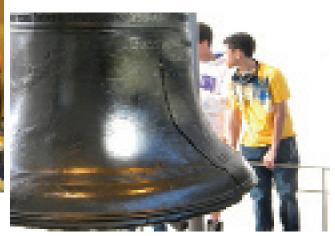
After the Bodies exhibit, students were allowed to roam freely throughout the museum. This museum consisted of very fun and educational activities like the giant heart exhibit, where you got to learn about the functions of the heart and its importance. Also, there was the sports area, where people were able to test their strength and do fun activities, such as seeing how fast they could throw, how high they could jump, and if they could handle twirling like an ice skater.

In general, the trip was a fun experience and everyone learned a lot more and had fun at the same time. The trip was so very enjoyable and a great success that it should be continued for years to come.











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S.O. Update

By Lauren LaPlaca

As you know, our S.O. members have been working very hard to come up with brand new ideas that may become part of both schools, Highlands and Eastview.

Highland's Melina Africano is a sixth grade class representative. I asked her, "What is the S.O. planning to do around the schools?" She said the S.O. is working on improving dances. Of course, we all know that the middle school dances are really fun and awesome!

Nicole Carosella

Leo Fisher

Another thing that is being discussed is the recycling. The S.O. is working on ways they can make the two schools greener by doing very simple things, like putting more recycling bins around the school. I give a thumbs up to all of the members of the S.O. Keep up the good work!!!



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WPMSCourier@gmail.com

THE COURIER PAGE 3 **TEACHER SPOTLIGHT** Mrs. Conrad

by Jenie Jasne

if

Mrs. Conrad teaches health at both Eastview and Highlands. She is funloving and can make even the most embarrassing topics discussable. Mrs. Conrad loves to teach and was inspired by her elementary teachers at Mamaroneck Avenue School, her 5th and 6th grade teachers at Highlands, her 7th and 8th grade teachers at Eastview and her teachers at WPHS. She has been teaching since 1997. She loves to travel and the popular candy, Laffy Taffy, though she adds that it is bad for your teeth. Mrs. Conrad has a son and husband that she spends her free time with. She's not the only teacher in her family; her mom and sister-in-law teach in Rye. We told her that many people like



Mrs. Conrad teaches real life issues

her as a teacher, but are not comfortable about the subject she teaches. She responded, she says "I feel that some of the topics that are taught in health can be uncomfortable for kids (adults, too). That may be the reason. But, topics are important the and are real life issues."

Mr. Burch

by Mike Myllek

Mr. Burch is this issue's teacher spotlight. Mr. Burch was born in Kansas and naturally, likes the Kansas Jay Hawks. Mr. Burch teaches at Highlands as a 7th grade science teacher and has been for about 28 years! Talk about dedication!

I asked Mr. Burch what he likes about the school and he told me that he really loves the energy of the students and staff and loves how organized everything is, from how the field trips are organized to the staff and children. Besides raising triplets, which as many know were born this year, Mr.



Mr. Burch has been teaching at WPMS for 28 years!

Burch enjoys watching sports, fishing and golfing in his spare time aside from grading his students' work. Mr. Burch is a great teacher and hopefully will teach at Highlands for many more years to come.

> Who Are Friends?

By Jared Roseman

Are meant to be

Sooner or later

You never know

Friends

Lost

Is really

At all.

Gaining

Friends are

Be lost Forever

And be

Abducted by another

Is to Lose.

La Bella Italia

by Hailey Battipaglia

Ciao! Io mi chiamo Hailey e io studio I' italiano. La mia maestro e' signorina Gilot. Nella classe di signorina Gilot noi studiamo la lingua italiana e la storie del bel paese d' Italia. Perche italiano e' divertente? Una ragione e' che, in period. La seconda ragione e' che la maestro e' molto buffa e molto divertente. Lei racconta sempre una barzelletta e tutti ridono. Lei e' a una buonissima maestro. Io sons sicura che vi piacerebbe.



Signorina Gilot



The Beauty of Italy

Hello! My name is Hailey and I study Italian. My teacher is Miss Gilot. In Ms. Gilot's class, we study the Italian language and history of the beautiful country of Italy. Why is Italian fun? One reason is the period. The second reason is that the teacher is very funny and very entertaining. She always tells a joke and everyone laughs. She is a very good teacher. I am sure you would like her.

Spring is almost here

Spring is very near

Spring is all around us

Spring surrounds us

When we have fun in the sun



SMART SEA STAR By Kelly Temaj

When small fish smile And the smart sea star goes to sleep; Shiny shells are like a group of beautiful good girls. Smart sea star swims so slowly.

ANIMALS IN NEW YORK by Mateo Vaquero

Swampy spiders showing sadness Party parrots persuading purples pencils Lazy lobster looking for a lawn Bitter bee being mean Strange snakes singing sweet songs.

Never able to get up I saw you at night When the car Shined its light on you I was Shocked Amazed Speechless You are a monster An enormous creature I see you everyday

Bare brown branches

And get Lost Again Over and over Leaving others Feeling alone. Icy gazes Around the room With the tingling Sensation Of being Used Alone And

Friendless.

So Go outside Play And Cheer!

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THE COURIER Editorial

Making Healthy Choices at the Snack Bar

I have noticed that some people buy way too much junk food as their lunch meal instead of something healthy. It soon becomes a habit. This can lead to health problems such as, obesity, diabetes etc. The snack bar and vending machines are there for snacks, not for lunches.

I think that the school should get rid of the vending machines and snack bar so that it would not be an option, for the students to eat junk for lunch. For instance, a student has \$2.00 and is very hungry. He can either spend it on a bag of chips and an artificial juice, or a nutritious meal. If he chooses the chips and juice it would not be a satisfying meal, and they might get hungry again during a class. As a

result, he may have trouble focusing or understanding in class. However, if he does buy the nutritious meal, he might understand and learn more because the body needs the nutrients that were in that meal he had for lunch. This student is spending money on something that is not healthy for him, when he can use that money to buy a meal that is better for his body.

By eating a healthier meal at lunch, a student can learn and focus better compared to eating a sugary and salty snack. One time, I bought 2 sugar cookies from the snack bar. Then in periods 7 and 8, I couldn't concentrate well, like other days when I didn't have those 2 cookies, and I had a satisfying meal.

Getting rid of the snack bar and vending machines in the cafeteria, it will make a great impact in students' learning ability.

Ask Tigress

Dear Tigress,

I am so nervous about going to the high school next year. I signed up for 4 honors classes and now I'm afraid the work will be too hard for me. What can I do? I don't want to disappoint my parents.

-HS Honor Horrors

Dear HS,

WHY ARE YOU ALREADY FRETTING OVER HIGH SCHOOL??? For one thing, you haven't even had your orientation, you don't know your teacher, and you are probably causing yourself stress you don't need! Relax, and if next year you're overwhelmed, try talking to your parents. It's better to drop out of honors then to fail them.

Features

-Tigress

Dear Tigress,

Iam in classes with all my friends, and we get in trouble all the time for talking. I don't really want to get in trouble anymore but my friends got mad when I tried to switch my seat. They won't stop talking. What should I do?

-Not a Chatterbox

Dear Not A Chatterbox,

You have a few options:

1. Ask them politely

Talk to your teacher privately and ask him or her to switch it

3. (This may take time) Let their grades teach them not to talk

-Tigress

Book

Reviews

Dear Tigress,

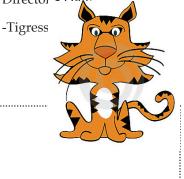
I'm a 6th grader and my friends invite me to go to the movies every single weekend. The problem is

that they are allowed to go to the City Center without an adult, but I'm not. I don't want to tell them my parents won't let me because it's embarrassing, but I want to spend time with my friends. What should I do?

-No Movies for Me

Dear No Movies,

You should talk to your parents and find out why you can't go out on your own. Point out your reasons: you'll be with a group of friends; the exact timing (of the movie, drop-off, and pick-up) you'll have your cell phone, etc. Also ask what their reasons are, and try to compromise. Prove you are responsible and mature, and pretty soon you'll be sitting in the Director's H



Musicians Rock the Grammy's

By Nicole Carosella

A myriad of stars came out to enjoy the Grammy's, music's highest honor. Fans got to see lots of celebrities strut the red carpet such as nominees like Beyonce to presenters like Miley Cyrus. The winners of the night included Taylor Swift for Best Album, Beyonce for Song of the Year, and Kings of Leon for Best Record. The Grammy panel awarded The Zac Brown Band Best New Artist. Don't think Lady Gaga went empty handed - she won two awards before the show.

The performances of the night started off with Lady Gaga performing "Poker Face" and then a medley of her song "Speechless" and Sir Elton John's "Your Song" with the Man himself. The other amazing performances came from Beyonce, who had soldiers walking with her, and Pink who did some acrobatics and got a little bit wet.

"What is the difference between a raven and a writing desk?"

Alice In Wonderland Hits Theaters – With A

Twist

By Jenie Jasne

"What is the difference between a raven and a writing -Mad Hatter, Alice desk?" in Wonderland. Alice is in wonderland - again, 13 years. She's there later to be the White Queen's champion and slay the Jembiwaki with the vocal sword. With the Hatter (who is mad) and her other Percy Jackson and the Olympians: The Lightning Thief

By Lina El-Saieh

Xanie

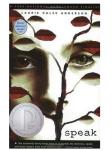
Percy Jackson and the Olympians: The Lightning Thief was based on the popular book series by Rick Riordan. The director, Chris Columbus, did a horrible job interpreting the book into this movie. For example in the book, Percy Jackson (played by Logan Lerman) was twelve, Annabeth Chase (played by Alexandra Daddario) had blond curly hair and Grover Underwood (played by Brandon T. Jackson)



The Last *Olympian* by **Rick Riordan**

by Jared Rogovin

The Last Olympian is book five, the final book in the



Speak by Laurie Halse Anderson

by Cynthia Miranda

It all started that fateful night when she called the cops from the party. Since then, Melinda Sordino hasn't said a word. She walks around only speaking what she really wants to say in her mind. But that's not even safe anymore because every day she thinks about what happened at that high school party. The pain all inside her hurts and sooner or later Melinda will have to speak.

friends help, can she steal the vocal sword from the Red Oueen and return it to the White Queen? In wonderland anything can happen.



Johnny Depp stars as "The Mad Hatter" in Alice in Wonderland

was a drip.

Although the movie gave the book no justice, it was still epic! The special effects were amazing. When Percy went see Hades (played by Steve Coogan) Cerberus wasn't there but Hades' hellhounds were. Hades also looked like Mick Jagger that made him look tough but not scary. Poseidon (played by Kevin McKidd) didn't look anything like how Riordan described him, in the book the sea god had swimming trunks and a Hawaiian shirt instead he wore full Greek battle armor. Also, in the movie Mr. D and Calarise weren't there, yet they were major characters in the book. Overall, the movie was okay.

Percy Jackson and the Olympians series. This is a thrilling finale for everyone who read the full series.

War is raging. Olympians are fighting. Nymphs are dying, and half bloods are scarce. Percy is nearly sixteen years old. Olympus will be saved or razed. Kronos' army is waaaaayy too close to Olympus. Rachel's images are getting stranger. The last Olympian is introduced. Percy discovers the secret to immortality, but I can't tell you what it is. The final battle is between Kronos and Percy, and Riptide can't help him this time! Can the Gods of Olympus and the Half-bloods defeat Typhon and the Titans?

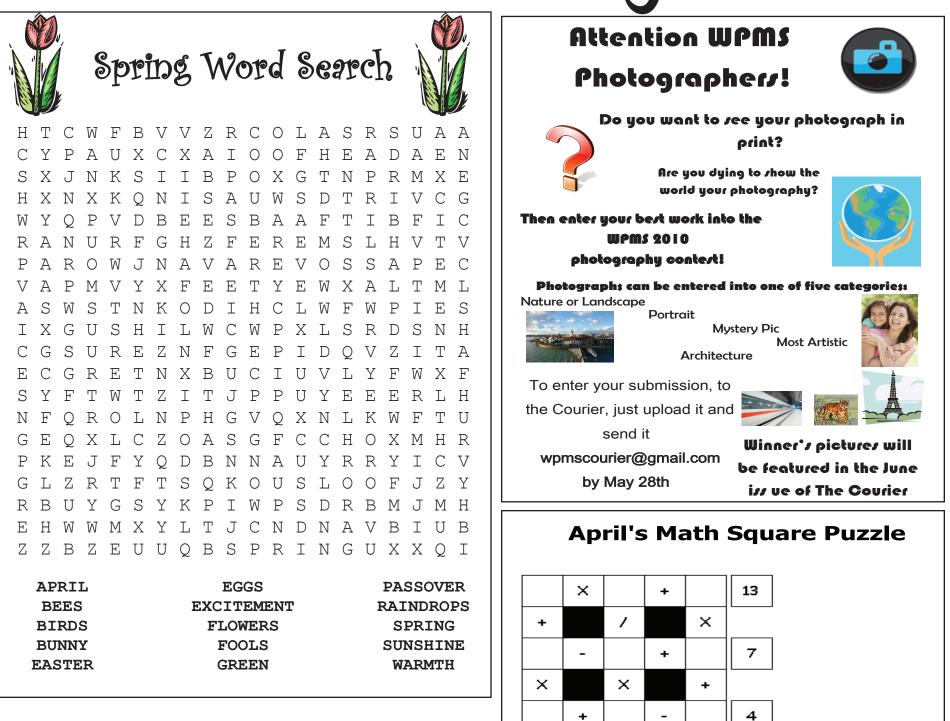
Laurie

Halse Anderson does a great job by really showing how Melinda feels about everything she does. I recommend this book to people that enjoy a story about realistic tragedy and how tough being a teen can be.

All the stars looked beautiful at the Grammy's. Taylor Swift won the honor of Best Dressed Female on E's Fashion Police and #4 on Adam's Lambert's Best Dressed list. However, it was Pink who topped Adam's list. My pick for Best Female was Lady Gaga because she was glam, but crazy at the same time. Best Male goes to Adam Lambert because he sparkled--literally.

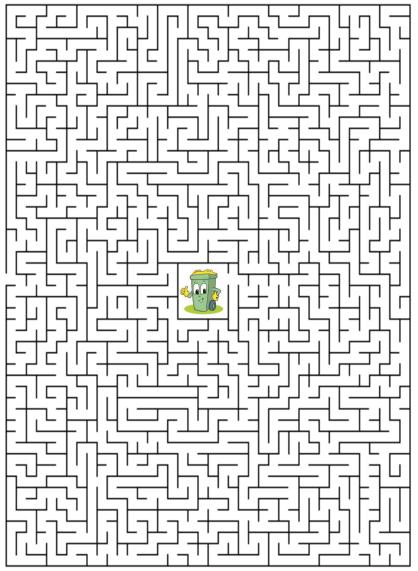






Help Mr. Brown Get the Paper

Into the Recycling Bin



Try to fill in the missing numbers.

6

15

Use the numbers 1 through 9 to complete the equations.

Each number is only used once. Each row is a math equation. Each column is a math equation. Remember that multiplication and division are performed before addition and subtraction.

51

Join The Courier staff in Celebrating the 40th Anniversary of



1 DF

April 22, 2010



Reduce, reuse and recycle, and Plant a tree (or two).

Your children and your grandchildren

will surely thank you!

SPORTS Athlete of the Month-Amanda Soyk

By Drew Smiley

The beginning wasn't perfect, the middle was exciting and the end was phenomenal. No, I did not just review the last book I read or the school play. I was referring to the recently held sports event in Vancouver, British Columbia, Canada... the 21st Olympic Winter Games. These Olympics were highly anticipated by all but none more than the Canadians hosting the event. For you see, Canada had never won a gold medals in a home Olympics, despite having hosted 2 other games, one Winter and one Summer. We Americans sent more than 200 athletes to the land of ice.

2010 Olympic Wrap-up

A Look Back on Moose-Land Wonders

At the opening ceremony hundreds of athletes from around the world walked behind their country's flag with pride and the presentation overall was spectacular, despite a slight malfunction with the symbolic Olympic Torch! After the ceremony, the events commenced with countries competing in 15 sports with multiple competitions for each sport.

The US won 37 medals this year including 9 golds. Some of our key events were speed skating with Apolo Ohno, alpine skiing with Lindsey Vonn and Julia Mancuso, snowboarding with Shaun White, and figure skating with Evan Lysacek. The US ended with more medals than anyone, but Canada had the most golds (14). This was all great but the main event for most Canadians, and all hockey fans, was the men's hockey final, USA versus Canada. Ryan Miller, the US goalie, had been amazing throughout the tournament and was excellent in the finals, but one late move, a great shot and all the luck in the world, allowed Sidney Crosby to score one of the biggest goals in hockey history. Final score: 3-2 Canada wins in overtime. With the hockey game as the last competition, the Olympics drew to a close with a stunning closing ceremony...this time with a functional torch.

The next Olympics will be in London in 2012, but that will be in the summer. So what is it that Canadians and Americans, Crosby and Miller, and the whole world are really looking ahead to? Sochi, Russia 2014.

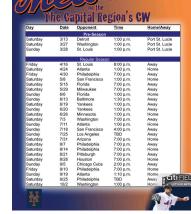




By Jack Ryan

Every year right before the Major League Baseball season starts, they have something called spring training, which helps the players get ready for the beginning of the season. Spring training is separated into two leagues; the Grapefruit League, which is in Tampa Bay, Florida and the Cactus League, which is in Mesa, Arizona. Spring training is the time to try new things, like putting in players that have sat on the bench.

The hottest stories that are out there right now are: the Washington Nationals, Kansas City Royals, and the New York Yankees have posted their 2010 minor league schedules; the Chicago Cubs decided to stay in Arizona instead of going to Tampa Bay; the Baltimore Orioles may need



to wait on the renovations for Ed Smith Stadium; the Colorado Rockies and the Seattle Mariners have decided to play an exhibition game in Albuquerque, New Mexico; the Arizona Diamondbacks will return to Mexico to play against some Mexican teams; a Japanese team will possibly join the Cactus League, and now, you can even watch spring training of your favorite team live on Facebook.com. Opening day is right around the corner!

Get on **Track with** Track and **Field**

by Teddy Chomiak

The 2010 spring track and field season started on Monday, March 22. The coaches are Mr. Iasiello and Mr. Santa-Donato. Runners needed to get medical forms in order to join the team, and all 7^{th} and $8^{\acute{th}}$ grade student were welcomed to participate!

There are many events to choose from, like 100, 200, 400, 800, or 1600 (mile) yard runs, or hurdles, long jump or shot put. But you don't have to stick with just a few. You can pick different events at each meet. The coaches expect you to be consistent and come to





Boy's Lacrosse

By Luis Valenzuela

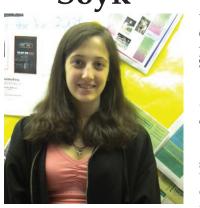
The exciting new season of boys' lacrosse began on March 22, 2010. I interviewed Coach Adamiak, the coach of the boys' lacrosse team and asked him a couple of questions about the sport and upcoming season.

Q. How many players do you have?

A. I am not sure of the exact amount of players I will have playing this year; I think about thirty-five.

Q. When are the practices?





This month the female athlete of the month is Amanda Soyk. Amanda is in 8th grade and runs for track and cross country. It is a big commitment to do both, but she keeps her grades up despite the endless piles of homework 8th graders sometimes get, and keeps running! She loves running and would enjoy having a side job when she grows up as a coach for a track or cross country team. She has been running since 7th grade and has loved it so much she has decided to participate in it in her last year of middle school as well.

> New York Yankees 2010 REGULAR SEASON SCHEDULE yankees.com

Project Adventure Assists Educators

Victoria Szabo

Project Adventure is a 32-year-old organization that helps teachers create responsible people and communities. The leaders of Project Adventure have set many goals for the participants of this program. One is to empower youths in schools around the country and even the world. They use you practice your events.

Track is a great way to get in shape and have fun until the end of the school year. Go **Tigers!**

Coach Iasiello is excited

about the new additions to

the Track and Field team

practice every day and try

your best. At practice, the coaches usually tell you to run

a couple laps around the track

to warm up, followed by lots of

stretching and exercises. Then,

research and have laboratories to assist in their ultimate goal. They have tons of different programs for teachers to use that are both fun and educational, and if you go onto their site, they have tons of testimonials too. Ultimately, it's a program to help the youth of the world become reliable and dependable adults in the future.



A. All of the practices are on Fridays from 2:30 to 4:30.

Q. How many games will you play this season?

A. We will have 10 games scheduled for this season. Our first game is against Mamaroneck on April 19th.

Q. How many returning players are there?

A. We only have five players that are returning this year.

Q. How many stars are there?

A. There are no star players as of yet.

I'd like to thank Coach Adamiak for letting us interview him.