

December



2022

Breakfast Menu

- **Eat a Red Apple Day**
- **National Pie Day**
- **National Maple Syrup Day**
- **National Hamburger Day**

Monday	Tuesday	Wednesday	Thursday	Friday
Milk and Condiments offered Daily			1 Pancakes and Syrup Apple Raisins	2 Blueberry Muffin Top Pear Applesauce
5 Honey Bunches of Oats Hard Boiled Egg Whole Orange Apple Cherry Juice	6 Turkey Bacon and Egg Croissant Sandwich Apple Craisins	7 Blueberry Oatmeal Bar Sunflower Seeds Orange Pineapple Cup	8 French Toast and Turkey Sausage Apple Raisins	9 Cinnamon Loaf Pear Applesauce
12 Cheerios Hard Boiled Egg Orange Apple Cherry Juice	13 Maple Snack'n Waffle Apple Craisins	14 Apple Oatmeal Bar Sunflower Seeds Orange Pineapple Cup	15 Biscuit and Turkey Sausage Apple Raisins	16 Blueberry Muffin Top Pear Applesauce
19 Cinnamon Chex Hard Boiled Egg Orange Apple Cherry Juice	20 Breakfast Wrap with Turkey sausage and Egg Apple Craisins	21 Blueberry Oatmeal Bar Sunflower Seeds Pear Pineapple	22 Turkey Sausage and Cheese Waffle Sandwich Pear Raisins	23 No School Start of Winter Break

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Lunch Menu

- **Eat a Red Apple Day**
- **National Pie Day**
- **National Maple Syrup Day**
- **National Hamburger Day**

Monday	Tuesday	Wednesday	Thursday	Friday
Milk and Condiments offered Daily			1 Vegetarian Chili Mac Broccoli Craisins	2 Chicken and Vegetable Dumpling Edamame Clementines
5 Meatloaf w/ Texas Toast Lemon Chickpea Salad Apple	6 Wild Mike's Pizza Broccoli Pineapple Cup	7 Cheese Burger Local Butternut Squash Applesauce	8 Teriyaki Chicken w Rice Sausage Snap Peas Banana	9 Beef Tacos Corn Clementines
12 Lasagna Roll Up Broccoli Apple	13 Chicken Nachos Corn Pineapple Cup	14 ½ Day Box Lunch	15 Turkey Roast w Pineapple Relish and Dinner Roll Mashed Sweet Potatoes Craisins	16 Fish Sticks BBQ Bean Salad Clementines
19 Chicken Alfredo Pasta Green Beans Apple	20 Breakfast for lunch – Waffles and Sausage Seasoned Potatoes Pineapple Cup	21 Bean and Cheese Tamale Red Pepper Strips Apple Sauce	22 Chicken Nuggets Black Bean and Corn Salad Pear	23 No School Start of Winter Break

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Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Milk and Condiments offered Daily			1 Vegetarian Chili Mac Winter Salad Broccoli Craisins	2 Chicken and Vegetable Dumpling Orange Chicken Edamame Clementines
5 Meatloaf w/ Texas Toast Macaroni and Cheese Lemon Chickpea Salad Apple	6 Pizza Broccoli Pineapple Cup	7 Cheese Burger Asian Salad Local Butternut Squash Applesauce	8 Teriyaki Chicken w Rice Breakfast for Lunch – Waffles and Turkey Sausage Snap Peas Banana	9 Beef Tacos Cheese and Green Chile Quesadilla Corn Clementines
12 Lasagna Roll Up Turkey and Cheese Sandwich Broccoli Apple	13 Chicken Nachos Bean Nachos Corn Pineapple Cup	14 ½ Day Box Lunch	15 Turkey Roast w Pineapple Relish and Dinner Roll Macaroni and Cheese Mashed Sweet Potatoes Craisins	16 Fish Sticks Nacho Boli BBQ Bean Salad Clementines
19 Chicken Alfredo Pasta Pizza Bagel Green Beans Apple	20 Breakfast for lunch – Waffles and Sausage Chicken Salad Sandwich Seasoned Potatoes Pineapple Cup	21 Bean and Cheese Tamale Cheese and Green Chili Quesadilla Red Pepper Strips Apple Sauce	22 Chicken Nuggets Cheese Burger Black Bean and Corn Salad Pear	23 No School Start of Winter Break