

LMK MIDDLE SCHOOL LUNCH MENU

HARRISON CENTRAL SCHOOL DISTRICT

DECEMBER 2022

PLEASE NOTE...
If you are looking for part time work that follows the school calendar, Give us a call!
914-630-3114

NEW WINTER SPORTS



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Triple Decker Grilled Cheese OR French Toast w Sausage Patty Broccoli Sweet Potato Fries Fruit Cup Fresh Melon	2 General Tso's Chicken w Vegetable Fried Rice OR Meatball Wedge Sandwich Romaine Salad Glazed Carrots Pineapple Chilled Pears
5 Crispy Popcorn Chicken with Dipping Sauce OR Pasta with Meat Sauce Garlic Bread Romaine Salad Sauteed Green Beans Fresh Apple Mixed Fruit Cup	6 Chicken Tacos w Rice, Lettuce and Tomato OR Mac and Cheese Spinach Steamed Carrots Berry Cup Fresh Pear	7 Fluffy Pancakes with Fruit Topping Breakfast Sausage OR Triple Decker Grilled Cheese Carrot Sticks Cucumber Slices Banana Peach Cup	8 Burger Bar Beef, Turkey or Vegetable Burger w Choice of Toppings OR Spinach or Pepperoni Calzone Broccoli with Ranch Dip Baked Sweet Potato Fries Apple Sauce Fresh Pear	9 Spaghetti with Tomato Sauce, Meatballs W Garlic Bread OR Chicken Nuggets W Dinner Roll Three Bean Salad Romaine Salad Orange Wedges Crisp Apple
12 Baked Pasta with Mozzarella OR Chicken Patty on a Bun Steamed Carrots Green Leaf Salad Mixed Fruit Sliced Oranges	13 Beef, Turkey or Vegetable Burger w Choice of Toppings Or Bagel Pizza Cucumber Slices Roasted Broccoli Berry Cup Grapes	14 Belgian Waffles Breakfast Sausage OR Triple Decker Grilled Cheese Red Pepper Strips Green Salad Banana Fresh Apple	15 Mac and Cheese Garlic Bread OR Popcorn Chicken Dippers French Fries Romaine Salad Carrot Sticks Pears Orange Wedges	16 Turkey Nachos OR Bean or Beef Burrito Lettuce and Tomato Black Bean Salad Mexi Corn Peach Cup Mixed Fruit
19 Cheese Or Chicken Quesadilla OR Popcorn Chicken and Dinner Roll French Fries Red Peppers Strips Celery Sticks Apple Slices Orange Wedges	20 Triple Decker Grilled Cheese OR Orange Chicken Oriental Broccoli Romaine Salad Sauteed Green Beans Pineapple Cup Pear	21 French Toast with Sausage Patty OR Cheesy Bread Melt with Tomato Dipping Sauce Tater Tots Carrot Sticks w Dip Green Leaf Salad Apple Slices Fresh Pear	22 Pasta Primavera with Chicken and a Dinner Roll OR Meatball Wedge Sandwich Chickpea Salad Green Leaf Salad Mixed Fruit Peach Cup	23 Crispy Chicken Nuggets with Dipping Sauce OR Burger Bar Beef, Turkey or Vegetable Burger Steamed Carrots Baked French Fries Apple Slices Orange Wedges
26	27	28	29	30

Student Lunch
Students \$2.50

Adults \$5.02 + Tax
Adults \$6.02+Tax -Deli Bar
Deli Bar Available Daily

All Salads and Pasta served with Bread

All Lunches Include:
Entrée, Bread/Grain, Vegetable, Fruit/Juice (e.g. Fresh, Cup of Fruit or Juice) and Choice of 1% White or Fat-Free White or Chocolate Milk.
The Daily Soup* - Freshly Prepared Soup of the Day Served in a Cup or Bowl with Whole Grain Bread.

* Available A-La-Carte

Made to Order Deli Bar - Premium Cold Cuts, Grilled Chicken, Chicken or Egg Salad, Assorted Cheeses and Veggies Served on Fresh Bread.

Create Your Own Salad* - Choice of Greens with Assorted Meats, Cheeses and Fresh Vegetables to Create Your Own Masterpiece!
*Served with Bread/Grain.

Pizza Bar - Cheese, Pepperoni and Special Pie

If you have any questions or comments, please call the Food Service Department at 914-630-3114.

Christine Clementz
RD,CDN

Food Service Director



ENJOY YOUR WINTER BREAK!