

# The Blake School

## Middle School Lunch Menu

December  
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p><b>1</b></p> <p>Chicken Chop Suey Lo Mein Noodles Egg Roll Roasted Broccoli Sausage Pizza Snappy Pea &amp; Pineapple Salad</p> <p>Fortune Cookie</p>	<p><b>2</b></p> <p>Oven Roasted Chicken Roasted Spaghetti Squash Buttered Brussel Sprouts Fruited Spinach Salad w/ Maple Balsamic Dressing Chocolate Milk</p>
<p><b>5</b></p> <p>Grandma's Goulash Sautéed Green Beans Garlic Breadstick Marinated Vegetable Salad Chocolate Chip Cookie</p>	<p><b>6</b></p> <p>Turkey Tetrazzini Roasted Parmesan Tomatoes Pepperoni Pizza Apple Pear Salad Ice Cream Treat</p>	<p><b>7</b></p> <p>Lemon Thyme Chicken Breast Lemon and Herb Tofu Steak Herbed Quinoa Steamed Cauliflower Greek Salad Rice Krispy Bar</p>	<p><b>8</b></p> <p>Beef Bulgogi Steamed Rice Roasted Zucchini Greek Pizza Bangkok Noodle Salad Ice Cream Treat</p>	<p><b>9</b></p> <p>Sloppy Joe French Fries Steamed Carrots Roasted Beet Salad Chocolate Milk</p>
<p><b>12</b></p> <p>Parmesan Crusted Fish Fillet Creamy Polenta Sautéed Swiss Chard Confetti Ham Pasta Salad Ice Cream Treat</p>	<p><b>13</b></p> <p>Beef Stroganoff Egg Noodles Steamed Peas Cowboy Pizza Caprese Salad Oatmeal Cookie</p>	<p><b>14</b></p> <p>Cranberry Glazed Turkey Roast Mashed Sweet Potatoes Sautéed Green Beans Cuban Cabbage Salad Pumpkin Bar</p>	<p><b>15</b></p> <p>Kielbasa &amp; Penne Pasta Bell Pepper &amp; Mushroom Medley Chicken Alfredo Pizza Kale Caesar Salad Snickerdoodle Cookie</p>	<p><b>16</b></p> <p>Baked Potato Bar Roasted Broccoli Homemade Beef Chili Citrus Jicama Salad Chocolate Milk</p>
<p><b>19</b></p> <p>Winter Break</p>	<p><b>20</b></p> <p>Winter Break</p>	<p><b>21</b></p> <p>Winter Break</p>	<p><b>22</b></p> <p>Winter Break</p>	<p><b>23</b></p> <p>Winter Break</p>
<p><b>26</b></p> <p>Winter Break</p>	<p><b>27</b></p> <p>Winter Break</p>	<p><b>28</b></p> <p>Winter Break</p>	<p><b>29</b></p> <p>Winter Break</p>	<p><b>30</b></p> <p>Winter Break</p>

PRICES

EXTRA INFO

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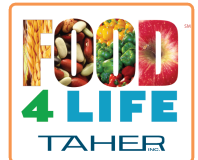
Renee Dufour  
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HARVEST OF



THE MONTH

Menus and nutrition  
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