

# December

Monongalia County Schools



2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>Nov. 27</b>						 <b>3</b>
	<b>28</b> General Tso's Chicken Rice; Stir Fry Vegetables Mand. Oranges; Cookie Milk – 8 oz Serving	<b>29</b> Breakfast 4 Lunch Biscuits & Gravy; Peppers Hash Brown; Peach Cup Milk – 8 oz Serving	<b>30</b> Chick Bacon Ranch Sub Steamed Brocc.; Juice Box Steamed Carrots Milk – 8 oz Serving	<b>Dec. 1</b> School Baked Pizza Kale Salad w/ Dressing Apple Slices w/ Dip Milk – 8 oz Serving	<b>2</b> Mini Corn Dogs Tater Tots; Fresh Apple Celery w/ Ranch Cup Milk – 8 oz Serving	
<b>4</b>	<b>5</b> Cheese Quesadilla Tortilla Chips/Salsa; AppleSauce; Black Beans Milk – 8 oz Serving	<b>6</b> Hamburger Cheese; Lettuce; Tomato Crinkle Fries; Fruit Slushie Milk – 8 oz Serving	<b>7</b> Popcorn Chicken Cali Blend; Pear Cookie Milk – 8 oz Serving	<b>8</b> Salisbury Steak Mashed Pot. ; Fruit Cup Green Beans; Baked Roll Milk – 8 oz Serving	<b>9</b> Rotini Pasta & Sauce Garden Salad w/ Dressing Pineapple Chucnks; Garlic Bread Stick Milk – 8 oz Serving	<b>10</b>
<b>11</b>	<b>12</b> Mac & Cheese Spin. Salad; Fruit Cocktail Fruit Bar Milk – 8 oz Serving	<b>13</b> French Bread Pizza Steamed Broccoli & Cali Apple Crisp Milk – 8 oz Serving	<b>14</b> Grilled Cheese Tomato Soup; Plum Br. Sprouts w/ Bacon Milk – 8 oz Serving	<b>15</b> Chicken & Waffles Pot. Smiles Cole Slaw; Apple Slices Milk – 8 oz Serving	<b>16</b> Walking Taco Salsa Black Beans; Grapes Milk – 8 oz Serving	<b>17</b>
<b>18</b>	<b>19</b> BBQ Chicken Corn Bread; Fresh Pear AuGratin Potatoe; Carrots Milk – 8 oz Serving	<b>20</b> Julia's WG Pep. Roll Broccoli; Ranch Cup Veg. Juice Box; Applesauce Milk – 8 oz Serving	<b>21</b> Garlic Cheesy Bread Garden Salad w/ dressing Cantaloupe; Christmas Slushie Milk – 8 oz Serving	<b>22</b> School Choice Entrée Whole Grain Choice; Fruit and Vegetables Milk – 8 oz Serving	<b>23</b> No School	<b>24</b>
<b>Christmas Day 25</b> 	<b>26</b> No School	<b>27</b> No School	<b>28</b> No School	<b>29</b> No School	<b>30</b> No School	 <b>FREE SCHOOL MEALS</b>

Submit Free/Reduced Applications and PAST DUE meal payments by credit card/debit card at: <https://www.schoolcafe.com> \* All Menu Items are subject to change due to availability.