

	BIS City Campus					
	After School Activities	- Trimester 2		09 Jan 2023 - 31 March 2023		
	Activity Name	ASA Description	Grades	Staff Member	Assistant Teacher	Location or Room
MON 15:30-16:30	Basketball	Developing team work and basketball skills within a positive and supportive environment. €30/trimester	Gr 3-5	Nance	Aisling	Sports Hall
MON 15:30-16:30	PE Activities and Games	Get your body active and moving whilst playing a variety of modified games/activities with Ms. Maggi! Games/activities will focus on team work, communication and various physical skills! €30/trimester	EC2 - Gr1	Maggi		EC PE Room
MON 15:30-16:30	Lets learn Science (External)	We will become true scientists investigating through trial and error, exploring materials and testing hypotheses, working in teams and individually. Scientific challenges with magnets, light and colour... and experiments such as artificial snow, dancing microbes, exploding volcanoes, magic milk, invisible ink etc. €10/class. Payment directly to coach.	EC2	Laura Orejana		Makerspace
MON 15:30-16:30	Sewing by hand	Learn to sew by hand and create beautiful projects. (€5 required for material - pay directly to Teacher). €30/trimester	Gr 2-5	Susan		2SO - Room 110
MON 15:30-16:30	Crochet	This ASA is for students who would like to learn how to crochet or to develop their crocheting skills. €30/trimester	Gr 2-5	Alex dos Santos		German Room 217
MON 15:30-16:30	German - Activities and Games on Mondays	Students have the opportunity to use the German language through activities of their choice: playing games, reading, doing craft, using Apps etc. German learners as well as German native speakers are welcome to join. €30/trimester	Gr 3-5	Birgit W		German Room 210
TUES 15:30-16:30	Movement Training and Games (External)	An external activity organised by Ms. Nance. We will focus on developing physical skills and then apply them to modified games. €15/class. Payment direct to coach.	Gr 1-5	Nance		Sports Hall

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TUES 15:30-16:30	Tennis and sports skills (External)	Mini tennis and sport skills! At Tennis Go! your child will meet a friendly and welcoming new coach, bursting with energy and enthusiasm for the love of sport and tennis. A combined lesson covering tennis and sports skills using a smaller racket and a sponge/red ball. Students will develop their fitness levels, co-ordination and ball skills in an accessible and welcoming class, improving technique, building confidence, and most importantly, having fun! Once students have learnt basic tennis skills, they will have a game for life! €20/class. Payment direct to coach. This ASA only starts 17 Jan 2023. For more info: www.tennisgo.de	Gr 1-5	Elli (Elpida)	Assistant Coach	EC Sports Hall
TUES 15:30-16:30	Art - Still life drawing (External)	A children's guide to still life art. Still life drawing is one of the most popular ways of introducing young children to creative art. Still life provides excellent training in observing, understanding and reproducing on paper and canvas the fundamental shapes of objects. Comprised of a step by step guide to creating still lifes, the children will use a variety of media including, charcoal, pencil, paint and felt pens. Introducing concepts of: line, shape, tone, colour, distortion and abstraction, through themes and variations of subjects. Over the course art will include: fruit and vegetables, buildings, household contents and materials, nature and sporting items. €15/class. Payment direct to art teacher	Gr 1- 3	Cynthia		Makerspace
TUES 15:30-16:30	Production "Annie" Tuesdays	Rehearsals to prepare students for the school production. Students who sign up for production will have rehearsals both on Tuesdays and Thursdays. €30/trimester	Gr 3-5	Birgit H.S, Alex dos Santos, Kathy Disney		Cafeteria

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TUES 15:30-16:30	Bring Coding to Life	Your child will bring coding to life. The students can watch their virtual coding turn into tangible learning experiences in real time using Dash robots, with performance and multiple sensors interacting with and responding to the surroundings.€30/trimester. www.makewonder.com	Gr 2-3	Verena Zimmer		Library
TUES 15:30-16:30	German - Activities and Games on Tuesdays	This ASA offers students the opportunity to use the German language through activities of their choice: playing games, reading, crafts, using Apps etc. German learners as well as German native speakers are welcome to join. €30/trimester	Gr 1-2	Birgit W		German Room 210
WED 15:30-16:30	Soccer / Football (External)	Fun football/soccer skills & games with an experienced coach. €10/class. Payment direct to coach.	Gr 1-2	Burja Selmani		Sports Hall
WED 15:30-16:30	Kidding Around Yoga (External)	We will be practising yoga and mindfulness in a playful and fun way through games, crafts, dance, movement, breathing and relaxation. €15/class. Payment direct to coach.	EC2-Gr2	Eda Balssen		EC PE Room
WED 15:30-16:30	Spanish Beginner Language lessons (Ext)	Learn a new language - Spanish! A class aimed at absolute beginners, growing the knowledge of the Spanish language through play, movement & song. €10/class. Payment direct to teacher.	Gr 1-5	María Carrasco Orozco		Room 112
THUR 15:30-16:30	Volleyball	Students will learn the skills required to enjoy this challenging but fun sport. €30/trimester	Gr 3-5	Nance		Sports Hall
THUR 15:30-16:30	Karate (External)	Tang Soo Do is a classical martial art and its purpose is to develop every aspect of the 'self' in order to produce a mature person who can totally integrate his intellect, emotions, body and spirit. €6/class. Payment direct to Coach.	Gr 2-5	Attila		EC PE Room
THUR 15:30-16:30	Production "Annie" Thursdays	Rehearsals to prepare students for the school production. Students who sign up for production will have rehearsals both on Tuesdays and Thursdays. €30/trimester	Gr 3-5	Birgit H.S., Alex dos Santos, Millie Godfrey		Cafeteria

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THUR 15:30-16:30	Strategic Board Games & Chess	Grow your brain! Play a game! Strategic board games, including chess and fun! €30/trimester	Gr 2-5	John		2JB - Room 111
THUR 15:30-16:30	Arts and Crafts	A fun class whereby the children get the opportunity to explore different art and craft techniques, including watercolours, chalk, pastels and the use of everyday materials to create new objects. Through this the children also get a chance to explore their own art interests and curiosities! €5 for arts & craft supplies to pay to teacher. €30/trimester.	EC2 - Gr1	Libby	Paula	EC2PPS - Room 104
THUR 15:30-16:30	Portuguese Beginner Language Lessons	Learn a new language - Portuguese! A class aimed at absolute beginners, growing their knowledge of the Portuguese language through play, movement & song. €30/trimester	Gr 1-5	Graciani		ECC - Room 003/006
THUR 15:30-17:00	Swimming	Competitive swimming ASA. Since it is not a "learn to swim" ASA, the first two sessions will be a try out period. For Grades 2/3, students are expected to swim at least 25 metres, without stopping or pushing off from the bottom, in at least 2 recognised strokes. For Grades 4/5, students are expected to swim 50 metres without stopping again in at least 2 recognised strokes. Swimmers will be challenged and are expected to follow instructions and fully complete the lesson plan during the sessions. Good respectful behaviour is a requirement as water safety is very important around a pool environment. A public bus will take students to the pool shortly after 15:00 and we will aim to return to BIS shortly before 17:00. Appropriate swimming gear, a swimming hat and goggles are expected along with a water bottle, light snack and a mask for the bus. €30/trimester	Gr 2-5	Maggie	Mark	Swimming Pool

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FRI 13:50-14:50	Karate (External)	Tang Soo Do is a classical martial art and its purpose is to develop every aspect of the 'self' in order to produce a mature person who can totally integrate his intellect, emotions, body and spirit. €6/class. Payment direct to Coach.	Gr 2-5	Attila		Sports Hall
FRI 13:50-14:50	Fitness fun with Cricket skills (External)	Enjoy some personal fitness fun and develop cricket skills before the weekend! A perfect indoor sport for winter. Development of hand-eye coordination, ball-skills, teamwork and personal fitness. €15/class. Payment direct to Coach.	Gr 1-5	Akther		EC PE Room / Orange Area outside
FRI 13:50-14:50	Bollywood (External)	In Bollywood dance students will learn different steps and small choreography with lots of fun and catchy music. This dance style develops an understanding of beat and music, remembering steps. This is very useful for overall development with entertainment. €10/class. Payment direct to coach.	Gr 1-5	Vashvi		Cafeteria
FRI 13:50-14:50	Scuba Diving (External)	Have fun under the water (children and adults). Ranging from scuba in a pool to official PADI certification when old enough. For further information (inc. costs) please contact Mr. Thompson directly - m. thompson@bis-school.com .Payment direct to coach.	Gr 3-5	Mark Thompson		Scuba pool