

Portland Public Schools

Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Thursday, December 1, 2022

Recipe #	Recipe Name	Allergen(s)
791	AMERICAN CHOP SUEY HS	Wheat
1078	Bean Salad, White	
842	Crackers Goldfish Whl Gr	Milk, Wheat
14	GRILLED CHEESE SANDWICH	Milk, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Friday, December 2, 2022

Recipe #	Recipe Name	Allergen(s)
1861	CELERY STICKS 1/2 cup raw	
1056	MOZZARELLA STICK 5 w/dip	Milk, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat
900129	sand turkey italian elem	Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Monday, December 5, 2022

Recipe #	Recipe Name	Allergen(s)
1072	Bean Salad, Mexican	
48	CHICKEN BURGER 2M 3G	Soy, Wheat
1832	Mac and cheese	Egg, Milk, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat

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Tuesday, December 6, 2022

Recipe #	Recipe Name	Allergen(s)
161	HAMBURGER ON A BUN	Soy, Wheat
1782	Mashed Potato Bowl HS MS	Egg, Milk, Soy, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat
1573	SALAD CAESAR ROMAINE 1Cup	Fish, Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Wednesday, December 7, 2022

Recipe #	Recipe Name	Allergen(s)
22	CARROT STICKS	
1054	CUCUMBER SLICES	
1816	EGG ROLL WG VEGETABLE CN	Egg, Wheat
1788	Nacho with Cheese MS	Milk
538	NEW Chicken Tender TY	Soy, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Thursday, December 8, 2022

Recipe #	Recipe Name	Allergen(s)
730	BROCCOLI FLORETS, RAW 1/2C	
1729	CHICKEN NUGGETS Boat w/roll 5	Soy, Wheat
1794	CORN: frozen, yellow 1/2 cup	
1077	Pasta Barilla&Meatballs - High	Milk, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Friday, December 9, 2022

Recipe #	Recipe Name	Allergen(s)
669	COLE SLAW RED local	Egg
298	FISHBURGER w/CHEESE 2.25M 2G	Fish, Milk, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat
770	sand chicken spicy Tyson	Soy, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Monday, December 12, 2022

Recipe #	Recipe Name	Allergen(s)
1078	Bean Salad, White	
1531	chicken drumsticks & Mashed HS	Milk, Wheat
161	HAMBURGER ON A BUN	Soy, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Tuesday, December 13, 2022

Recipe #	Recipe Name	Allergen(s)
1794	CORN: frozen, yellow 1/2 cup	
1151	HOT DOG BEEF boat ms	Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat
1399	sand buffalo chicken wrap	Egg, Milk, Soy, Wheat
1336	TOMATOES, COCKTAIL LOCAL 1/2C	

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Wednesday, December 14, 2022

Recipe #	Recipe Name	Allergen(s)
48	CHICKEN BURGER 2M 3G	Soy, Wheat
906	CHICKEN TERIYAKI rice bowl	Soy, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat
1324	SALAD TOSSED ROMAINE 1Cup	
147	SQUASH,SMMR,ALL VAR,RAW gr/yel	

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Thursday, December 15, 2022

Recipe #	Recipe Name	Allergen(s)
791	AMERICAN CHOP SUEY HS	Wheat
842	Crackers Goldfish Whl Gr	Milk, Wheat
1584	GREEN BEANS, FRESH 1/2 Cup	
14	GRILLED CHEESE SANDWICH	Milk, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Friday, December 16, 2022

Recipe #	Recipe Name	Allergen(s)
1642	CARROTS,BABY, 4/5# 1/2 CUP	
1861	CELERY STICKS 1/2 cup raw	
1056	MOZZARELLA STICK 5 w/dip	Milk, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat
900129	sand turkey italian elem	Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Monday, December 19, 2022

Recipe #	Recipe Name	Allergen(s)
1072	Bean Salad, Mexican	
1861	CELERY STICKS 1/2 cup raw	
48	CHICKEN BURGER 2M 3G	Soy, Wheat
1832	Mac and cheese	Egg, Milk, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Tuesday, December 20, 2022

Recipe #	Recipe Name	Allergen(s)
161	HAMBURGER ON A BUN	Soy, Wheat
1782	Mashed Potato Bowl HS MS	Egg, Milk, Soy, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat
1573	SALAD CAESAR ROMAINE 1Cup	Fish, Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Wednesday, December 21, 2022

Recipe #	Recipe Name	Allergen(s)
22	CARROT STICKS	
1054	CUCUMBER SLICES	
1816	EGG ROLL WG VEGETABLE CN	Egg, Wheat
1788	Nacho with Cheese MS	Milk
538	NEW Chicken Tender TY	Soy, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Thursday, December 22, 2022

Recipe #	Recipe Name	Allergen(s)
1623	boat chix tender & waffle HS	Soy, Wheat
22	CARROT STICKS	
1054	CUCUMBER SLICES	
1077	Pasta Barilla&Meatballs - High	Milk, Wheat
1286	pizza 16" amato CHEESE 8c 2M2B	Milk, Wheat

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Friday, December 23, 2022

Recipe #	Recipe Name	Allergen(s)
702	NO SCHOOL	

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Monday, December 26, 2022

Recipe #	Recipe Name	Allergen(s)
702	NO SCHOOL	

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Tuesday, December 27, 2022

Recipe #	Recipe Name	Allergen(s)
702	NO SCHOOL	

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Wednesday, December 28, 2022

Recipe #	Recipe Name	Allergen(s)
702	NO SCHOOL	

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Thursday, December 29, 2022

Recipe #	Recipe Name	Allergen(s)
702	NO SCHOOL	

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Allergen List - for menu 'MIDDLE SCHOOL LUNCH' From: 12/1/2022 To: 12/31/2022

Friday, December 30, 2022

Recipe #	Recipe Name	Allergen(s)
702	NO SCHOOL	

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