

**ALL MEALS ARE
FREE
FOR ALL STUDENTS**
(Milk only is \$0.50)

**PORTLAND PUBLIC SCHOOLS
CASCO BAY HIGH
BREAKFAST MENU
DECEMBER 2022**

All meals served
with a choice of
skim or 1%
Maine Milk

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Vanilla Yogurt Scooby Graham Crackers Fresh Pear	2 Maple Waffle Maine Apple Strawberry Craisins
5 Blueberry Bread Diced Peach Cup Strawberry Craisins	6 Strawberry NutriGrain Bar String Cheese Strawberry Craisins Fresh Orange	7 Assorted Cereal Jumbo Banana 100% Fruit Juice	8 Vanilla Yogurt Scooby Graham Crackers Fresh Pear	9 Maple Waffle Maine Apple Strawberry Craisins
12 Blueberry Bread Diced Peach Cup Strawberry Craisins	13 Strawberry NutriGrain Bar String Cheese Fresh Orange	14 Assorted Cereal Jumbo Banana 100% Fruit Juice	15 Vanilla Yogurt Scooby Graham Crackers Fresh Pear	16 Maple Waffle Maine Apple Strawberry Craisins
19 Blueberry Bread Diced Peach Cup Strawberry Craisins	20 Strawberry NutriGrain Bar String Cheese Strawberry Craisins Fresh Orange	21 Assorted Cereal Jumbo Banana 100% Fruit Juice	22 Vanilla Yogurt Scooby Graham Crackers Fresh Pear	23 No School

No School Dec. 23 – Jan 2

Menus subject to change without notice.

This institution is an equal opportunity provider.