

September 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p>08/29/2022</p> <p>Graham Cracker Dippers WG Graham Crackers 1 oz, Wovobutter 1 oz Orange Apple Juice 1/2 c</p>	<p>8/30/2022</p> <p>WG Orange Dream Muffin 1 oz Craisins Nectarine</p>	<p>8/31/2022</p> <p>WG Cereal WG Vanilla Honey Bunches of Oats 2 oz Apple Blueberries 1/2 c</p>	<p>9/1/2022</p> <p>Yogurt Parfait Yogurt 1 oz WG Post Granola Crumble 1 oz Raisins Banana</p>	<p>9/2/2022</p> <p>Breakfast Bread WG Banana Bread 1 oz String Cheese 1 oz Pear Applesauce 1/2 c</p>
<p>9/5/2022</p> <p> LABOR DAY</p>	<p>9/6/2022</p> <p>WG Muffin WG Orange Dream Muffin 1 oz Craisins Nectarine</p>	<p>9/7/2022</p> <p>Cereal WG Scooters 1 oz String Cheese 1 oz Apple Blueberries 1/2 c</p>	<p>9/8/2022</p> <p>Yogurt Parfait WG Post Granola Crumble 1 oz, Yogurt 1 oz Raisins Banana</p>	<p>9/9/2022</p> <p>Breakfast Bread Blueberry Bread 1 oz Sunflower Seeds 1 oz Pear Applesauce 1/2 c</p>
<p>9/12/2022</p> <p>Graham Cracker Dippers WG Graham Crackers 1 oz, Wovobutter 1 oz Orange Apple Juice 1/2 c</p>	<p>9/13/2022</p> <p>WG Granola Bar WG Granola Bar 1 oz Sunflower Seeds 1 oz Craisins Nectarine</p>	<p>9/14/2022</p> <p>Yogurt Parfait WG Post Granola Crumble 1 oz, Yogurt 1 oz Raisins Banana</p>	<p>9/15/2022</p> <p>Breakfast Bread WG Apple Cinnamon Bread 1 oz Sunflower Seeds 1 oz Pear Applesauce 1/2 c</p>	<p>9/16/2022</p> <p>Breakfast Bread WG Banana Bread 1 oz</p>
<p>09/19/2022</p> <p>Graham Cracker Dippers WG Graham Crackers 1 oz, Wovobutter 1 oz Orange Apple Juice 1/2 c</p>	<p>09/20/2022</p> <p>WG Muffin WG Banana Muffin 2 oz Craisins Nectarine</p>	<p>09/21/2022</p> <p>WG Cereal WG San Franola Blueberry 1 oz Pear Blueberries 1/2 c</p>	<p>09/22/2022</p> <p>Yogurt Parfait WG Post Granola Crumble 1 oz, Yogurt 1 oz Raisins Banana Frozen Strawberries 1/2 c</p>	<p>09/23/2022</p> <p>Breakfast Bread WG Banana Bread 1 oz</p>
<p>09/26/2022</p> <p>Graham Cracker Dippers WG Graham Crackers 1 oz, Wovobutter 1 oz Orange Apple Juice 1/2 c</p>	<p>09/27/2022</p> <p>Oatmeal Bar WG Strawberry Oatmeal Bar 1 oz Sunflower Seeds 1 oz Craisins Nectarine</p>	<p>09/28/2022</p> <p>WG Cereal WG Rice Krispies 1 oz Hard Boiled Egg 1 oz Apple Blueberries 1/2 c</p>	<p>09/29/2022</p> <p>Yogurt Parfait WG Post Granola Crumble 1 oz, Yogurt 1 oz Raisins Banana</p>	<p>09/30/2022</p> <p>Breakfast Bread WG Apple Bread 1 oz String Cheese 1 oz Pear Applesauce 1/2 c</p>

September 2022



Monday	Tuesday	Wednesday	Thursday	Friday
<p>08/29/2022</p> <p>No School</p>	<p>8/30/2022</p> <p>Walking Taco</p> <p>Ground Beef / Shredded Cheese 2 oz</p> <p>(Hot) Seasoned Black Beans 3/4 c</p> <p>Pineapple 1/2 c</p> <p>WG Tortilla Chips 2 oz</p> <p>Salsa</p>	<p>8/31/2022</p> <p>Hot Turkey Ham & Swiss</p> <p>Turkey Ham/Swiss Cheese 2 oz, WG Pullman 2 oz</p> <p>(Hot) Broccoli 3/4 c</p> <p>Diced Peach Cup 1/2 c</p>	<p>9/1/2022</p> <p>Chicken Sandwich</p> <p>Chicken Patty 2 oz, WG Burger Bun 2 oz</p> <p>Garden Salad 3/4 c</p> <p>Banana</p>	<p>9/2/2022</p> <p>Breakfast for Lunch</p> <p>French Toast 2 oz, Turkey Sausage 2 oz</p> <p>BBQ Bean Salad 3/4 c</p> <p>Grapes 1/2 c</p> <p>Syrup</p>
<p>9/5/2022</p> <p>Tortellini w/ Marinara</p> <p>Tortellini 2 oz</p> <p>Baby Carrots 3/4 c</p> <p>Raisins</p> <p>Breadstick 1 oz</p>	<p>9/6/2022</p> <p>Teriyaki Chicken Breast</p> <p>Teriyaki Chicken Breast 2 oz</p> <p>(Hot) Green Beans 3/4 c</p> <p>Plum</p> <p>Brown Rice 1 oz</p>	<p>9/7/2022</p> <p>Turkey Sausage Pizza</p> <p>Turkey Sausage/Cheese 2 oz, Crust 2 oz</p> <p>Lemon Chickpea Salad 3/4 c</p> <p>Nectarine</p>	<p>9/8/2022</p> <p>Veggie Burger</p> <p>Veggie Burger Patty 2 oz, WG Hamburger Bun 2 oz</p> <p>(Hot) Green Beans 3/4 c</p> <p>Honeydew 1/2 c</p> <p>Ketchup, Mustard</p>	<p>9/9/2022</p> <p>Turkey Hot Dog</p> <p>Turkey Hot Dog 2 oz, WG Hot Dog Bun 2 oz</p> <p>French Fries 3/4 c</p> <p>Plum</p> <p>Ketchup, Mustard</p>
<p>9/12/2022</p> <p>Drumstick</p> <p>Italian Chicken Drum 2 oz</p> <p>Cherry Tomatoes 3/4 c</p> <p>Applesauce 1/2 c</p> <p>Pasta Salad w/ Veggie 2 oz</p>	<p>9/13/2022</p> <p>Chicken Fajitas</p> <p>Chicken Fajitas Strips 2 oz</p> <p>(Hot) Green Peppers & Onions 3/4 c</p> <p>Pineapple 1/2 c</p> <p>Tortilla 2 oz</p> <p>Salsa</p>	<p>9/14/2022</p> <p>Swedish Meatballs</p> <p>Beef Meatballs 2 oz</p> <p>Mashed Potatoes 3/4 c</p> <p>Melon 1/2 c</p> <p>Egg Noddles 2 oz</p>	<p>9/15/2022</p> <p>Grilled Cheese</p> <p>American Cheese 2 oz, WG Pullman 2 oz</p> <p>Lemon Chickpea Salad 3/4 c</p> <p>Pear</p>	<p>9/16/2022</p> <p>Turkey Sloppy Joe</p> <p>Turkey Sloppy Joe 2 oz</p> <p>Mixed Greens Salad 1.5 c</p> <p>Pear</p> <p>WG Hamburger Bun 2 oz</p>
<p>09/19/2022</p> <p>French Toast/Sausage</p> <p>WG French Toast 2 oz, Sausage Patty 2 oz</p> <p>(Hot) Broccoli 3/4 c</p> <p>Applesauce 1/2 c</p> <p>Syrup</p>	<p>09/20/2022</p> <p>Tachos</p> <p>Diced Chicken 2 oz, Cheese Sauce 2 oz</p> <p>Tortilla Chips 2 oz</p> <p>Pineapple 1/2 c</p> <p>Tater Tots 3/4 c</p> <p>Salsa</p>	<p>09/21/2022</p> <p>Orange Chicken</p> <p>Popcorn Chicken 2 oz</p> <p>(Hot) Green Beans 3/4 c</p> <p>Nectarine</p> <p>Brown Rice 2 oz</p>	<p>09/22/2022</p> <p>Cheese Pizza</p> <p>Cheese 2 oz, WG Crust 2 oz</p> <p>Fresh Garden Salad 3/4 c</p> <p>Banana</p>	<p>09/23/2022</p> <p>Chicken Nuggets</p> <p>Chicken Nuggets 2 oz</p> <p>(Hot) BBQ Bean Salad 3/4 c</p> <p>Grapes 1/2 c</p>

OPEN KITCHENS
Serving dinner...