

Wellness Mtg
Feb 18, 2022

1. Introduction-Mtg started at 10:15 AM
2. Wellness Policy Read Through
 - a. Wellness policy looks good as written. No changes needed.
3. Go through the Wellness Report Card
 - a. Everything looks accurate as written.
4. Look at Wellness goals
 - a. Wellness goals for this year are on track
 - b. Feedback- any other wellness ideas?
 - i. Flu shot- Go for a target rate of 10% participation in the district for flu shots for 22/23
 - ii. Discount on Insurance- Check with BCBS to see what discounts would be available for participation in Wellness Screenings and a Step count program for 22/23
 - iii. For next year (22/23) we would like to have students across the district create a Student Wellness Survey to understand the overall health of our district.
 - iv. Would like to see a full school assembly prevention training for next year 22/23 on at least one of these subjects- Tobacco, Vape, Alcohol and/or Suicide Awareness
 1. Would it be possible to get a Dangers of Vaping assembly for this year still?
5. Mtg Adjourned 11:00 AM

Misty G, Brian A, Andree M, Madison R, Heather L, Amber L, Lori R, Angela H