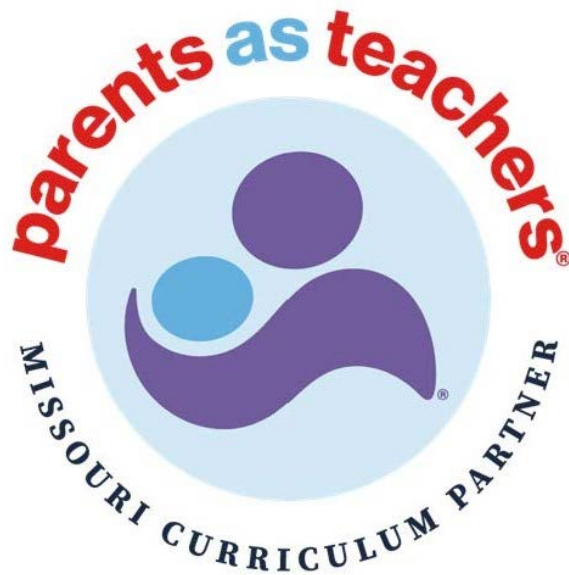


Francis Howell School District

Parents As Teachers

2024-25



Parents As Teachers Family Education Center

1400 Gettysburg Landing
St. Charles, MO 63303
Phone: 636-851-6060
Fax: 636-851-5890

Visit the **PAT Website:** https://bit.ly/FHSD_PAT
Find us on **PAT Facebook:** [@Parents as Teachers FHSD](#)
Find us on **PAT Instagram:** [@parents_as_teachers_fhds](#)

Welcome to Parents As Teachers (PAT)

Welcome to a new program year. It is always exciting to meet with you and hear about the growth and development of your child. Research shows that families that participate in Parents As Teachers improve their knowledge and parenting skills, are more involved in their child's schooling, and have children who enter Kindergarten ready to learn. We are fortunate as a school district to begin this partnership early in your child's life!

Parents As Teachers Includes Four Main Components:

Family Visits

The personalized visits will last approximately an hour and include Parent-Child Interaction, Development-Centered Parenting and Family Well-being. A certified Parent Educator, trained in child development, will help you know what to expect as your child grows. The Parent Educator will provide you with developmental information and activity ideas specific to your child. Research-based information on parenting topics (sleep, discipline, nutrition, attachment, transitions/routines, health, and safety) will be shared, and your Parent Educator will support you as you make decisions for your child and family.

Group Connections

We offer two types of meetings throughout the year. These are opportunities that allow families to network with each other while learning about their child's growth and development.

- Topical Meetings – Informational discussions on specific parenting topics.
- Parent-Child Activities - Meetings that provide an opportunity for you and your child to participate in developmental activities.

Developmental and Health Screenings

Screenings will give parents insight into your child's overall health and development. Screenings can help identify possible concerns early and activity suggestions and/or resource options will be provided. Screenings are completed in the home for children ages 3 months to 36 months, during personal family visits. For children ages 3-Kindergarten entry, screenings are completed at our FHSD preschools and at the Parents As Teachers Family Education Center.

Resource Networking

Resources in the community are provided to support families. As needed, referrals to agencies will be offered to further support your child's growth and development.

How to Be Involved with Parents As Teachers

One of the most important determinants of a child's success in school is whether the child's parents are involved in his or her education. The Parents As Teachers program believes that a partnership between home and school is a crucial aspect of a successful beginning to a child's education.

Francis Howell School District has many opportunities for families to become involved in Early Childhood Programs:

PAT Webpage

Stay connected with Parents As Teachers by visiting the [PAT webpage \(https://bit.ly/FHSD_PAT\)](https://bit.ly/FHSD_PAT).

Parents As Teachers Community Advisory Committee

This committee is to support and promote the Francis Howell Parents As Teachers Program through brainstorming group connection ideas, setting goals and program planning. This committee meets 2-3 times per program year. If you would be interested in participating on this committee, please email sandra.torbeck@fhdschools.org

Parents Actively Lending Support (PALS)

PALS is a parent-led volunteer group whose vision is to foster lasting connections for parents and young children in Francis Howell School District. Connect with PALS through the [PALS membership form](#) and on Facebook @ Francis Howell PALS. All families that reside in the Francis Howell School District with children birth - Kindergarten entry are able to take advantage of the fun and resources offered through PALS, at no cost. PALS hosts a variety of activities, programs, and opportunities for parents to connect and enjoy while making fun memories. PALS partners and supports Francis Howell Parents As Teachers (PAT) and preschool programs.

News

Keep up to date with FHSD events. Visit the [District News Page \(https://www.fhdschools.org/news\)](https://www.fhdschools.org/news). Additional District information can be found on the [Find It Fast tab](#)

Group Connections

Francis Howell Parents As Teachers hosts a variety of group connections. These meetings are designed to provide child development information to families in a group setting, to connect families with similarly aged children, and to discuss parenting issues.

Group connections are provided both in person and virtually. In order to assure the safety of our virtual format, parents will be provided the opportunity to register for the meeting up to 2 business days in advance. Once the registration is confirmed to be a family in our program, we will send a link to the meeting using the email that we have in our database. We ask that you do not share this link either publicly or privately, rather direct others to the original registration page. It is the information from the registration page that will be used to determine our attendance.

Group meetings are hosted by **P**arents **A**s **T**eachers (PAT), led by certified Parent Educators and community agencies. We are also proud to collaborate with the early childhood parent volunteer group **P**arents **A**ctively **L**ending **S**upport (PALS). Please visit the [PAT website \(https://bit.ly/FHSD_PAT\)](https://bit.ly/FHSD_PAT) for more information on upcoming group connections.

Sign Up for Group Connections



Parents As Teachers is excited to present many fun and engaging activities for our families! To sign up for a group connection, scan the QR code below or visit the [PAT website](https://bit.ly/FHSD_PAT). Check the link often for the most up-to-date information!



DIAL Developmental Screening Francis Howell School District

A free developmental screening is provided to children, ages 3 to kindergarten entry. Francis Howell School District recommends that children have a developmental screening each school year to assess progress in all areas of growth and development. The screening will last 1 – 1½ hours.

Developmental screenings will provide valuable information in the following areas of development:

- Problem Solving
- Communication
- Personal/Social-Emotional Development
- Motor (large and small muscles)
- Health
- Vision and Hearing Screening

Helpful Information about screening:

- Screeners are trained in working with children 3 years to kindergarten entry. Information will be shared with the parent at the time of the screening.
- If screening results indicate that some help is needed, activity suggestions and/or resource options for further evaluation will be shared.
- To minimize distractions, parents are asked to remain in the waiting area while their child is being screened.
- Help your child to feel comfortable by telling them to try their best and have fun.
- Have your child well rested.
- Have your child wear tennis shoes or rubber-soled shoes.

To schedule a DIAL screening in the Francis Howell School District, scan the QR code below or visit the [DIAL Screening Sign Up Genius](#).



Parents as Teachers Family Education Center
1400 Gettysburg Landing, St. Charles MO 63303
636-851-6060

Parents Actively Lending Support (PALS)

PALS is a parent-led volunteer group whose vision is to foster lasting connections for parents and young children. We host events designed for early childhood families throughout the school year. We partner with and support Francis Howell Parents as Teachers (PAT) and preschool programs.

All families that reside in the Francis Howell School District with children birth-kindergarten entry are able to take advantage of the fun resources offered through PALS, at no cost. Sign up for a PALS Membership by filling out the [FHSD PALS Membership Form](#).

Stay Connected:

PALS website: <https://fhpalsorg.weebly.com/>

PALS Facebook: [@FrancisHowellPALS](#)

PALS Email: fhpalspresident@gmail.com

Give Back:

PALS is a volunteer led group. Donations are made by people like you! Please consider making a donation today by visiting our website. You may also make a donation at one of our many events. Did you know that when you donate money to PALS, it helps in many different ways:

- Scholarships for FHSD early childhood center families, who have financial hardships.
- Helping fund events for FHSD families for children, birth to kindergarten entry!
- Supports early childhood staff and Parents As Teachers during teacher appreciation week, providing food and drinks.

Donations can also be mailed: Attn PALS, 1400 Gettysburg Landing, St. Charles, MO 63303

PayPal: [paypal.me/FHSDPALS](https://www.paypal.me/FHSDPALS)

Notification of Rights Under the Protection of Pupil Rights Amendment (PPRA)

PPRA affords parents/guardians and students who are 18 or emancipated minors ("eligible students") certain rights regarding our conduct of surveys, collection and use of information for marketing purposes, and certain physical exams. These include the right to:

- **Consent before students are required to submit to a survey that concerns one or more of the following protected areas ("protected information survey") if the survey is funded in whole or in part by a program of the U.S. Department of Education (ED) -**
 1. Political affiliations or beliefs of the student or student's parent(s)/guardian(s);
 2. Mental or psychological problems of the student or student's family;
 3. Sex behavior or attitudes;
 4. Illegal, anti-social, self-incriminating, or demeaning behavior;
 5. Critical appraisals of others with whom respondents have close family relationships;
 6. Legally recognized privileged relationships, such as with lawyers, doctors or ministers;
 7. Religious practices, affiliations, or beliefs of the student or parent(s)/guardian(s); or
 8. Income, other than as required by law to determine program eligibility.
- **Receive notice and an opportunity to opt a student out of -**
 1. Any other protected information survey, regardless of funding;
 2. Any non-emergency, invasive physical exam or screening required as a condition of attendance, administered by the school or its agent, and not necessary to protect the immediate health and safety of a student, except for hearing, vision, or scoliosis screenings, or any physical exam or screening permitted or required under State law; and
 3. Activities involving collection, disclosure, or use of personal information obtained from students for marketing or to sell or otherwise distribute the information to others.
- **Inspect, upon request and before administration or use -**
 1. Protected information surveys of students;
 2. Instruments used to collect personal information from students for any of the above marketing, sales, or other distribution purposes; and
 3. Instructional material used as part of the educational curriculum.

Francis Howell School District has adopted policies regarding these rights, as well as arrangements to protect student privacy in the administration of protected surveys and the collection, disclosure, or use of personal information for marketing, sales, or other distribution purposes. Francis Howell School District will directly notify parents/guardians and eligible students of these policies at least annually at the start of each school year and after any substantive changes. Francis Howell School District will also directly notify parents/guardians and eligible students at least annually at the start of each school year of the specific or approximate dates of the following activities and provide an opportunity to opt a student out of participating in:

- Collection, disclosure, or use of personal information for marketing, sales or other distribution.
- Administration of any protected information survey not funded in whole or in part by ED.
- Any non-emergency, invasive physical examination or screening as described above.

Parents/guardians or eligible students who believe their rights have been violated may file a complaint with:

Family Policy Compliance Office
U. S. Department of Education
400 Maryland Avenue, SW
Washington, D.C. 20202-4605

Notification of Rights under FERPA for Elementary and Secondary Schools

The Family Educational Rights and Privacy Act (FERPA) affords parents and students who are 18 years of age or older ("eligible students") certain rights with respect to the student's education records. These rights are:

1. The right to inspect and review the student's education records within 45 days after the day the school receives a request for access.

Parents or eligible students who wish to inspect their child's or their education records should submit to the school principal or appropriate school official a written request that identifies the records they wish to inspect. The school official will make arrangements for access and notify the parent or eligible student of the time and place where the records may be inspected.

2. The right to request the amendment of the student's education records that the parent or eligible student believes are inaccurate, misleading, or otherwise in violation of the student's privacy rights under FERPA.

Parents or eligible students who wish to ask the school to amend their child's or their education record should write the school principal or appropriate school official, clearly identify the part of the record they want changed, and specify why it should be changed. If the school decides not to amend the record as requested by the parent or eligible student, the school will notify the parent or eligible student of the decision and of their right to a hearing regarding the request for amendment. Additional information regarding the hearing procedures will be provided to the parent or eligible student when notified of the right to a hearing.

3. The right to provide written consent before the school discloses personally identifiable information (PII) from the student's education records, except to the extent that FERPA authorizes disclosure without consent. One exception, which permits disclosure without consent, is disclosure to school officials with legitimate educational interests. The criteria for determining who constitutes a school official and what constitutes a legitimate educational interest must be set forth in the school's or school district's annual notification for FERPA rights. A school official typically includes a person employed by the school or school district as an administrator, supervisor, instructor, or support staff member (including health or medical staff and law enforcement unit personnel) or a person serving on the school board. A school official also may include a volunteer, contractor, or consultant who, while not employed by the school, performs an institutional service or function for which the school would otherwise use its own employees and who is under the direct control of the school with respect to the use and maintenance of PII from education records, such as an attorney, auditor, medical consultant, or therapist; a parent or student volunteering to serve on an official committee, such as a disciplinary or grievance committee; or a parent, student, or other volunteer assisting another school official in performing his or her tasks. A school official typically has a legitimate educational interest if the official needs to review an education record in order to fulfill his or her professional responsibility.

Upon request, the school discloses education records without consent to officials of another school or school district in which a student seeks or intends to enroll, or is already enrolled if the disclosure is for purposes of the student's enrollment or transfer. [NOTE: FERPA requires a school or school district to make a reasonable attempt to notify the parent or student of the records request unless it states in its annual notification that it intends to forward records on request or the disclosure is initiated by the parent or eligible student.]

4. The right to file a complaint with the U.S. Department of Education concerning alleged failures by the school to comply with the requirements of FERPA. The name and address of the Office that administers FERPA are:

Family Policy Compliance Office U.S. Department of Education
400 Maryland Avenue
SW Washington, DC 20202

Directory Information

The Francis Howell School District has designated the following information contained in the educational records of its students as directory information for purposes of FERPA: student's name, student's address, student's phone number(s), parent(s)/guardian(s) e-mail, grade level, grade point average, dates of attendance, grade level, participation in officially recognized activities and sports, weight and height of members of athletic teams, degrees and awards received, grade point average, most recent previous school attended, and photographs.

How to Opt Out

A parent or student refusing to have any or all of the designated directory information disclosed is required to complete [FERPA Student Directory Information & Media Opt-Out Form](#) and designate

that you are refusing to disclose directory information. Return the form to the principal of the school which the student attends.

PUBLIC NOTICE

All responsible public agencies are required to locate, evaluate, and identify children with disabilities who are under the jurisdiction of the agency, regardless of the severity of the disability, including children attending private schools, children who live outside the district but are attending a private school within the district, highly mobile children, such as migrant and homeless children, children who are wards of the state, and children who are suspected of having a disability and in need of special education even though they are advancing from grade to grade. The Francis Howell School District assures that it will provide a free, appropriate public education (FAPE) to all eligible children with disabilities between the ages of 3 and 21 under its jurisdiction. Disabilities include autism, deaf/blindness, emotional disorders, hearing impairment and deafness, intellectual disability, multiple disabilities, orthopedic impairment, other health impairments, specific learning disabilities, speech or language impairment, traumatic brain injury, visual impairment/blindness and young child with a developmental delay.

The District assures that it will provide information and referral services necessary to assist the State in the implementation of early intervention services for infants and toddlers eligible for the Missouri First Steps program.

The Francis Howell School District assures that personally identifiable information collected, used, or maintained by the agency for the purposes of identification, evaluation, placement or provision of FAPE of children with disabilities may be inspected and/or reviewed by their parents/guardians. Parents/guardians may request amendment to the educational record if the parent/guardian believes the record is inaccurate, misleading, or violates the privacy or other rights of their child. Parents have the right to file complaints with the U.S. Department of Education or the Missouri Department of Elementary and Secondary Education concerning alleged failures by the district to meet the requirements of the Family Educational Rights and Privacy Act (FERPA).

The Francis Howell School District has developed a Local Compliance Plan for the implementation of State Regulations for the Individuals with Disabilities Education Act (IDEA). This plan contains the agency's policies and procedures regarding storage, disclosure to third parties, retention and destruction of personally identifiable information and the agency's assurances that services are provided in compliance with the General Education Provision Act (GEPA). This plan may be reviewed at the Francis Howell School District Alternative Education Department from 8:00 – 4:30 p.m. each school day.

This notice will be provided in native languages as appropriate.

Director of Alternative Learning
Francis Howell School District
801 Corporate Centre Drive O'Fallon, MO 63368
Phone: 636-851-4060 Fax: 636-851-4094