



12510 N Market St
MEAD, WA 99021
509-465-6137
www.mead354.org

OUTDOOR FIELD USE APPLICATION

This application should be filled out 10 days prior to the event.

This is not confirmation of usage. Organization will be notified of approval.

Building Administrator: Please make a copy for your building and organization and send the original to Jennifer Brett at the Maintenance Office.

- Applicant must:
- 1) Complete one form for each school/site requested
 - 2) Complete Section I, and sign
 - 3) Read Section II, and sign (If applicable)
 - 4) Return completed forms to building administrator
 - 5) Provide copy of Certificate of Insurance (see Terms of Use #2)

- Categories: Please mark one:
See Policy 6113 for detailed information:
- I-School or Chartered Youth Groups (PTO, Scouts, etc)
 - II-Non Profit Youth Groups (AAU, YMCA, SYSA, etc)
 - III-Non-Profit Community Groups (Adult Athletics, Churches, etc)
 - IV-Commercial or For-Profit Organizations

SECTION I: Date of Application _____

Name of User, Organization, or Group _____

Contact Name: _____

Street Address _____

City/State/Zip _____

Daytime Phone _____ Other Phone _____

Email Address _____

Specific Purpose for Use _____

Date(s) of Use: (use additional paper if needed) _____

Day(s) of Week: Mon Tues Wed Thurs Fri Sat Sun

Frequency of Use: One Time Only Weekly Monthly

Time Requested: Set up _____ Activity time _____ Departure time _____

Number of Participants and Spectators _____

SCHOOLS:

- Accommodations requested:
- Brentwood
 - Evergreen
 - Prairie View
 - Highland
 - Mountainside
 - Colbert
 - Midway
 - Shiloh Hills
 - Northwood/Farwell
 - Creekside
 - Meadow Ridge
 - Skyline
 - Mead High**
 - Mt Spokane**

**** contact individual high schools for allocations**

Complete this page and return

TERMS OF USE (To be returned to District)

1. I agree to monitor and control the conduct of persons in and about the building associated with my use and pay for any damage beyond ordinary wear and tear which may occur to this school property as a result of my use. I will carefully inspect the building prior to my use and determine if it is configured and equipped so as to be safe for my use and the persons who will be in the facility because of my use.
2. Any promotional activities in conjunction with non-district sponsored events must clearly state that the event is not sponsored or endorsed by Mead School District.
3. No decorations or application of materials to walls, floors, fences, etc. will be allowed without the permission of the district facility coordinator in advance of the event.
4. **The user shall provide a certificate of insurance prior to use of the facility. The insurance shall be primary and written for a minimum of \$1,000,000 Combined Single Limit per occurrence. The insurance certificate shall list the Mead School District, its officers, directors, and employees as an additional named insured and shall provide for notification to the district in the event of cancellation or termination, or material change in the policy, with not less than ten (10) day notice.**
5. For security reasons you will be expected to follow your arrival and departure times.
6. An authorized adult must be present before the group may enter the facility.
7. Use of tobacco products, weapons, drugs, explosives, or firearms is not permitted in any of the District’s facilities or on District property.
8. **Where there is reasonable risk that participants in the activity might suffer a head injury or concussion or sudden cardiac arrest, the youth organization shall provide a signed statement of compliance acknowledging that the youth, organization, coaches, volunteers, athletes, and parents/guardians have all received training, as provided by WIAA, on head injuries and concussions and sudden cardiac arrest. If this applies, please fill out and sign Section II of the agreement.**
9. Community groups using facilities for athletic programs may not discriminate against any person on the basis of sex in operation, conduct, or administration of their program for youths or adults (see attached policy 3210).
10. Boisterous conduct, profane and improper language, use of intoxicating beverages, and any other objectionable practices will be ample reason for terminating a permit.
11. The Board reserves the right to cancel a permit given, and to refund any payment made for the use of school facilities when it deems such an action advisable and or in the best interest of the school district, or to modify or change its rules at any time, without cause, and that in the event of such revocation or cancellations, there shall be no claim or right to damages or reimbursement on account of loss, damage, or expenses whatsoever.
12. The District reserves the right to adjust facility use with little or no notice based on school program needs or weather conditions.
13. If a group does not show up twice for scheduled times and has not notified the school/building in advance, the slot will be allocated to another group.

I understand and agree to the terms and use described above.

Signature (Person requesting facility) Date
 Please keep a signed copy with you during activity.

Principal/Building Administrator Date

DISTRICT OFFICE USE		
<input type="checkbox"/> Complete/Signed Application	<input type="checkbox"/> Certificate of Insurance	<input type="checkbox"/>
<input type="checkbox"/> Signed HB 1824 & SB 5083 Policy/ When applicable	<input type="checkbox"/> Staff Supervisor	<input type="checkbox"/>
<input type="checkbox"/> 501(c)(3) Documentation for non-profit groups	<input type="checkbox"/> Covid Release	

Complete this page and return



2323 E FARWELL ROAD
Mead WA 99021

Facilities & Planning
509-465-6000
Fax: 509-465-7680
www.mead354.org

Field Use Guidelines

General:

- ❖ Please pick up all garbage when you leave the field. All garbage cans must be emptied. You will need to provide garbage bags. All sites have dumpsters that will be open for you to empty your garbage. Please do not leave your garbage piled on top of or around the trash can.
- ❖ Nuts/Alcohol/Tobacco is prohibited.
- ❖ Practice for outside groups cannot begin until 5:30 p.m.
- ❖ Cancel and postpone games in inclement weather and when fields are wet.
- ❖ Maintenance personnel will have the final say on field playability and safety during inclement weather conditions.
- ❖ If a field is closed, no practice is allowed.
- ❖ If a conflict occurs between organizations and field use, show your "Field Use Allocation" to resolve issues.
- ❖ *Pets are NOT allowed on fields.*
- ❖ Please remind coaches/parents/participants to walk around other active games on the fields. If needed, please use signs or cones to direct foot traffic.

Baseball/Softball:

- ❖ Do not hit into fences.
- ❖ Please do not rake or push water and/or mud onto any grass surface. Sometimes our fields are simply too wet to play on and doing this makes them worse in the long term.
- ❖ Please do not dig holes to try to hide the water that accumulates after a heavy rain. This creates problems with our clay bricks that have been placed at home plate and on the pitcher's mound. Again, sometimes the fields are too wet to play.
- ❖ Please do not dig ditches to drain away water. This ruins the grass where the ditches are dug and puts mud on the grass.
- ❖ Do not dig out any grass to do any edging on the field or haul in dirt. Our maintenance department does this for us once a year and they know the dimensions of the field and always keep those in mind when they work on them.
- ❖ Please rake all dirt surfaces after you have used the field. Rake in and away from grass surfaces. Too often we go out to use our fields and we have to spend time putting them back to a condition that makes play safe for the team because someone else used the field and walked away.

Soccer/Football

- ❖ The varsity soccer field is always off-limits at both high schools.
- ❖ The varsity football field is always off limits at both high schools.
- ❖ No outside junior football practices on cross country meet days at Mead High School.



2323 East Farwell Road
Mead, WA 99021
(509) 465-6000

Compliance Statement
HB 1824, Adult & Youth Sports-Head Injury Policies
&
SB 5083, Sudden Cardiac Arrest Awareness Form

_____, a youth organization, verifies all coaches, athletes and their parent/guardian have complied with mandated policies for the **Management of Concussions and Head Injuries** as prescribed by HB 1824, section 2 and **Sudden Cardiac Arrest Awareness** as prescribed by SB 5083, section 3.

Signed:

Representative of Private Non-Private Youth Sports Group

Date

Print Name

Youth Organization

*Note: Access to school facilities may not be granted until all requirements of this application are complete and approved by the school district &/or designee.

All participants must be insured for bodily injury and/or death with per person limits of at least \$50,000 and per occurrence limits of at least \$100,000. This insurance must be provided with an insurance company authorized to do business in Washington State. If this insurance lapses during the term of the agreement the youth organization facility use will be discontinued until written proof of valid insurance is provided to the district. (The bodily injury and/or death insurance is required in addition to the certificate of liability insurance.)

Complete this page and return

CONCUSSION FACT SHEET FOR PARENTS



WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury. Concussions are caused by a bump or blow to the head. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

You can’t see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If your child reports any symptoms of concussion, or if you notice the symptoms yourself, seek medical attention right away.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

If your child has experienced a bump or blow to the head during a game or practice, look for any of the following signs of a concussion:

SYMPTOMS REPORTED BY ATHLETE:

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not “feeling right” or is “feeling down”



SIGNS OBSERVED BY PARENTS/ GUARDIANS:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes



DANGER SIGNS

Be alert for symptoms that worsen over time. Your child or teen should be seen in an emergency department right away if s/he has:

- One pupil (the black part in the middle of the eye) larger than the other
- Drowsiness or cannot be awakened
- A headache that gets worse and does not go away
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Difficulty recognizing people or places
- Increasing confusion, restlessness, or agitation
- Unusual behavior
- Loss of consciousness (even a brief loss of consciousness should be taken seriously)

WHAT SHOULD YOU DO IF YOU THINK YOUR CHILD HAS A CONCUSSION?

1. **SEEK MEDICAL ATTENTION RIGHT AWAY**
A health care professional will be able to decide how serious the concussion is and when it is safe for your child to return to regular activities, including sports.
2. **KEEP YOUR CHILD OUT OF PLAY.**
Concussions take time to heal. Don't let your child return to play the day of the injury and until a health care professional says it's OK. Children who return to play too soon - while the brain is still healing - risk a greater chance of having a second concussion. Repeat or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.
3. **TELL YOUR CHILD'S COACH ABOUT ANY PREVIOUS CONCUSSION.**
Coaches should know if your child had a previous concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell the coach.

HOW CAN YOU HELP YOUR CHILD PREVENT A CONCUSSION OR OTHER SERIOUS BRAIN INJURY?

- Ensure that they follow their coach's rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.
- Make sure they wear the right protective equipment for their activity. Protective equipment should fit properly and be well maintained.
- Wearing a helmet is a must to reduce the risk of a serious brain injury or skull fracture.
 - However, helmets are not designed to prevent concussions. There is no "concussion-proof" helmet. So, even with a helmet, it is important for kids and teens to avoid hits to the head.

HOW CAN I HELP MY CHILD RETURN TO SCHOOL SAFELY AFTER A CONCUSSION?

Children and teens who return to school after a concussion may need to:

- Take rest breaks as needed
- Spend fewer hours at school
- Be given more time to take tests or complete assignments
- Receive help with schoolwork
- Reduce time spent reading, writing, or on the computer

Talk with your child's teachers, school nurse, coach, speech-language pathologist, or counselor about your child's concussion and symptoms. As your child's symptoms decrease, the extra help or support can be removed gradually.



JOIN THE CONVERSATION  www.facebook.com/CDCHeadsUp

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION

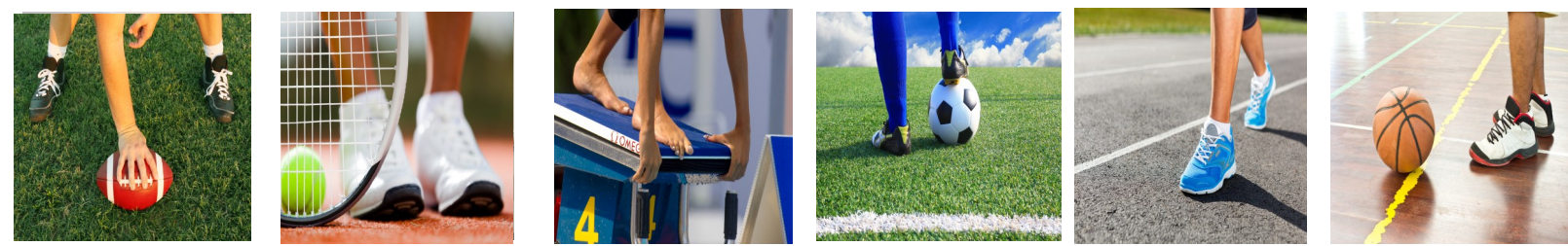
Content Source: CDC's Heads Up Program. Created through a grant to the CDC Foundation from the National Operating Committee on Standards for Athletic Equipment (NOCSAE).



Sudden Cardiac Arrest

Information Sheet for Student-Athletes, Coaches and Parents/Guardians

SSB 5083 ~ SCA Awareness Act



What is sudden cardiac arrest? Sudden Cardiac Arrest (SCA) is the sudden onset of an abnormal and lethal heart rhythm, causing the heart to stop beating and the individual to collapse. SCA is the leading cause of death in the U.S. afflicting over 300,000 individuals per year.

SCA is also the leading cause of sudden death in young athletes during sports

What causes sudden cardiac arrest? SCA in young athletes is usually caused by a structural or electrical disorder of the heart. Many of these conditions are inherited (genetic) and can develop as an adolescent or young adult. SCA is more likely during exercise or physical activity, placing student-athletes with undiagnosed heart conditions at greater risk. SCA also can occur from a direct blow to the chest by a firm projectile (baseball, softball, lacrosse ball, or hockey puck) or by chest contact from another player (called "commotio cordis").

While a heart condition may have no warning signs, some young athletes may have symptoms but neglect to tell an adult. If any of the following symptoms are present, a cardiac evaluation by a physician is recommended:

- Passing out during exercise
- Chest pain with exercise
- Excessive shortness of breath with exercise
- Palpitations (heart racing for no reason)
- Unexplained seizures
- A family member with early onset heart disease or sudden death from a heart condition before the age of 40

How to prevent and treat sudden cardiac arrest? Some heart conditions at risk for SCA can be detected by a thorough heart screening evaluation. However, all schools and teams should be prepared to respond to a cardiac emergency. Young athletes who suffer SCA are collapsed and unresponsive and may appear to have brief seizure-like activity or abnormal breathing (gaspings). SCA can be effectively treated by immediate recognition, prompt CPR, and quick access to a defibrillator (AED). AEDs are safe, portable devices that read and analyze the heart rhythm and provide an electric shock (if necessary) to restore a normal heart rhythm.

Remember, to save a life: recognize SCA, call 9-1-1, begin CPR, and use an AED as soon as possible!



Cardiac 3-Minute Drill

1. RECOGNIZE

Sudden Cardiac Arrest

- Collapsed and unresponsive
- Abnormal breathing
- Seizure-like activity

2. CALL 9-1-1

- Call for help and for an AED

3. CPR

- Begin chest compressions
- Push hard/ push fast (100 per minute)

4. AED

- Use AED as soon as possible

5. CONTINUE CARE

- Continue CPR and AED until EMS arrives



**Be Prepared!
Every Second Counts!**