Nutrition Facts
Serving Size: 1 pouch (44g)
Servings Per Container: 1

Amount Per Serving

Calories 130 Calories from Fat 0	
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Sodium 20mg	**1%**
Total Carbohydrate 34g	**11%**
Dietary Fiber 3g	**12%**
Sugars 15g	
Protein 1g	

Vitamin A 25% • Vitamin C 100%
Vitamin E 25%

Not a significant source of cholesterol, calcium, and iron.

*Percent Daily Values are based on a 2,000 calorie diet.

PN16K01013

INGREDIENTS: FRUIT PUREE (GRAPE, PEACH, ORANGE, STRAWBERRY AND RASPBERRY), CORN SYRUP, SUGAR, INULIN (FROM CHICORY ROOT), MODIFIED CORN STARCH, GELATIN, CONCORD GRAPE JUICE FROM CONCENTRATE, CITRIC ACID, LACTIC ACID, ASCORBIC ACID (VITAMIN C), NATURAL AND ARTIFICIAL FLAVORS, ALPHA TOCOPHEROL ACETATE (VITAMIN E), VITAMIN A PALMITATE, SODIUM CITRATE, COCONUT OIL, CARNAUBA WAX, ANNATTO (COLOR), TURMERIC (COLOR), RED 40, AND BLUE 1.

Comments or Questions?
Call 1-800-340-6870
Weekdays 9am - 4pm EST
www.welchsfruitsnacks.com
Manufactured and Distributed By
PROMOTION IN MOTION INC.
Makers of
AMERICA'S FAVORITE FRUIT SNACKS®
THE PROMOTION IN MOTION COMPANIES, INC.
ALLENDALE, NEW JERSEY 07401 USA
We Make The Brands You Love™

0 34856 01598 7

Nutrition Facts
Serving Size: 1 pouch (44g)
Servings Per Container: 1

Amount Per Serving

Calories 130 Calories from Fat 0	
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Sodium 20mg	**1%**
Total Carbohydrate 34g	**11%**
Dietary Fiber 3g	**12%**
Sugars 15g	
Protein 1g	

Vitamin A 25% • Vitamin C 100%
Vitamin E 25%

Not a significant source of cholesterol, calcium, and iron.

*Percent Daily Values are based on a 2,000 calorie diet.

PN16X05053

INGREDIENTS: FRUIT PUREE (PEAR, PEACH, STRAWBERRY, RASPBERRY, BLACKBERRY, BLUEBERRY AND CHERRY), CORN SYRUP, SUGAR, INULIN (FROM CHICORY ROOT), MODIFIED CORN STARCH, GELATIN, CITRIC ACID, LACTIC ACID, ASCORBIC ACID (VITAMIN C), NATURAL AND ARTIFICIAL FLAVORS, ALPHA TOCOPHEROL ACETATE (VITAMIN E), VITAMIN A PALMITATE, SODIUM CITRATE, COCONUT OIL, CARNAUBA WAX, RED 40, AND BLUE 1.

Comments or Questions?
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0 34856 01592 5

SMART SNACKS
PRODUCT CALCULATOR

ALLIANCE FOR A HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Welch's

Product Name:
Fruit Snacks

Serving Size:
44.00 g

First Ingredient:
Fruit Puree

Your fruit product meets all nutrient standards for entrees or snack foods.

for snacks.

Nutrition Facts

Serving Size 44.00 g

Servings Per Container

Amount Per Serving	
Calories 130	**Calories from Fat** 0
Total Fat (g) 0	
Saturated Fat (g) 0	
Trans Fat (g) 0	
Sodium (mg) 20	
Carbohydrates	
Sugars (g) 15	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY: American Heart Association. CLINTON FOUNDATION


Nutrition Facts Serving Size 1 Bar (1.2 oz), Servings Per Container 1, Amount Per Serving: Calories 140, Calories from Fat 40, Total Fat 4.5g (7% DV), Saturated Fat 1.5g (8% DV), Trans Fat 0g, Cholesterol 5mg (2% DV), Sodium 85mg (4% DV), Total Carbohydrate 23g (8% DV), Dietary Fiber 1g (4% DV), Sugars 10g, Protein 2g, Vitamin A (0% DV), Vitamin C (4% DV), Calcium (0% DV), Iron (6% DV). *Percent Daily Values (DV) are based on a 2,000 calorie diet.
NET WT 1.2 OZ (34g)
BB: 02/28/17 16243
Simply Wholesome Oatmeal Bar
8g of Whole Grains
All Natural Flavors
No Preservatives
Soft Baked
STRAWBERRY
Appleways
BAKED NUT-FREE GOODS
Join us on facebook
www.facebook.com/appleways
DARLINGTON Noblesville, IN 46062 800-754-2202
7 58825 70490 9

SMART SNACKS
PRODUCT CALCULATOR

ALLIANCE FOR A HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Appleway

Product Name:
Strawberry Oatmeal Bars

Serving Size:
34.02 g

First Ingredient:
Enriched Wheat Flour

Your whole grain product meets all nutrient standards for entrees or snack foods.

for snacks.

Nutrition Facts

Serving Size 1.2 oz (about 34.02 g)
Servings Per Container

Amount Per Serving

Calories 140	**Calories from Fat** 35
Total Fat (g) 4	
Saturated Fat (g) 1.5	
Trans Fat (g) 0	
Sodium (mg) 85	
Carbohydrates	
Sugars (g) 9	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY: American Heart Association. CLINTON FOUNDATION

CoProduct #70400

Appleways
1.2 oz. Strawberry Oatmeal Bars

Appleways baked goods are as nutritious as they are delicious. Whole grain richness, packed with wholesome oats, sweetened with apples. Now that's a new way of saying mmmmm.....

Product Description

Strawberry Oatmeal Bars are a great whole grain and all natural breakfast treat that are a source of fiber and a healthy alternative to other conventional breakfast options. Real Strawberry bits and real fruit sweeteners make them a delicious dessert or snack any time of day. They come pre-baked and individually wrapped with a 180 day shelf life in dry storage. **Strawberry Oatmeal Bars** meet or exceed the USDA nutritional requirements for a one (1) bread equivalent and are a whole grain rich product.

Ingredient Listing

Naturally Flavored
ENRICHED WHEAT FLOUR (BLEACHED FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, OATMEAL, HIGH FRUCTOSE CORN SYRUP, WHOLE WHEAT FLOUR, CORN SYRUP, PALM OIL, EGGS, STRAWBERRY BITS (SUGAR, VEGETABLE OIL [PALM, PALM KERNAL], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], MALIC ACID, NATURAL FLAVOR, CARAMEL COLOR, FRUITS AND VEGETABLES FOR COLOR, TRICALCIUM PHOSPHATE, SODIUM CITRATE, SOY LECITHING), APPLESAUCE (APPLES, ASCORBIC ACID), CANOLA OIL, NONFAT DRY MILK, NATURAL FLAVORS, SALT, MOLASSES, BAKING SODA, EGG WHITES, SODIUM ASCORBATE (VITAMIN C).

CONTAINS: WHEAT, SOY, EGGS, MILK

***Appleways 1.2 oz. Strawberry Oatmeal Bars meet the USDA nutritional requirements to be a one (1) bread equivalent whole grain rich product. The 51% whole grain sources are: whole grain flour and oatmeal.**

***Certified Kosher by Orthodox Union**

***Produced in a Nut-Free Bakery**

Nutritional Listing

Nutrition Facts

Serving Size 1 Bar (1.2 oz)
Servings Per Container

Amount Per Serving	
Calories 140	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 85mg	4%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 9g	
Protein 2g	

Vitamin A 0% • Vitamin C 10%
Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

WHOLE GRAIN
8g or more per serving
WholeGrainsCouncil.org
EAT 48g OR MORE OF WHOLE GRAINS DAILY

This specification has been reviewed by Registered Dietitian, Joyce Annette Hinton MS, RD, LD

Joyce A. Hinton, MS, RD, LD

Packaging Information

Product Description	**1.2 oz. Strawberry Oatmeal Bars**
Case Code	**70400**
UPC Code	**675825704008**
GTIN	**00-675825-704008**
Case Pack	**216**
Case Dimensions	**18 3/4" x 15 1/2" x 6 3/4"**
Ship Weight	**18.0 lbs.**
Case Cube	**1.3**
Pallet Layer	**6**
Full Pallets	**48 cases**
Pallet Weight	**904 lbs.**

To Place Orders, Contact the Darlington Customer Service Department at (800) 754-2202.


APPLE
Simply Wholesome Oatmeal Bar
8g of Whole Grains
All Natural Flavors
No Preservatives
Soft Baked
NET WT 1.2 OZ (34g)
BB:
0/20/17
16237
Nutrition Facts Serving Size 1 Bar (1.2 oz), Servings Per Container 1,
Amount Per Serving: Calories 140, Calories from Fat 40, Total Fat 4.5g (7% DV),
Saturated Fat 1.5g (8% DV), Trans Fat 0g, Cholesterol 0mg (0% DV), Sodium 80mg
(3% DV), Total Carbohydrate 23g (8% DV), Dietary Fiber 1g (4% DV), Sugars 10g,
Protein 2g, Vitamin A (0% DV), Vitamin C (10% DV), Calcium (0% DV), Iron (6% DV),
*Percent Daily Values (DV) are based on a 2,000 calorie diet.
6 75825 70190 8
DARLINGTON
Noblesville, IN 46062
800-754-2202
UD
WHOLE GRAIN
join us on facebook
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SMART SNACKS
PRODUCT CALCULATOR

ALLIANCE FOR A HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Appleways

Product Name:
Apple Oatmeal Bars

Serving Size:
1.2 oz

First Ingredient:
Enriched Wheat Flour

Your whole grain product meets all nutrient standards for entrees or snack foods.

for snacks.

Nutrition Facts

Serving Size 1.2 oz (about 34.02 g)
Servings Per Container

Amount Per Serving

Calories 140	**Calories from Fat** NA
Total Fat (g) 4	
Saturated Fat (g) 1.5	
Trans Fat (g) 0	
Sodium (mg) 85	
Carbohydrates	
Sugars (g) 9	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY: American Heart Association. CLINTON FOUNDATION

Product # 70100

Appleways
1.2 oz. Apple Oatmeal Bars

Appleways baked goods are as nutritious as they are delicious. Whole grain richness, packed with wholesome oats, sweetened with apples. Now that's a new way of saying mmmmm.....

Product Description

Apple Oatmeal Bars are a great whole grain and all natural breakfast treat that are a source of fiber and a healthy alternative to other conventional breakfast options. Applesauce and other real fruit sweeteners make them a delicious dessert or snack any time of day. They come pre-baked and individually wrapped with a 180 day shelf life in dry storage. **Apple Oatmeal Bars** meet or exceed the USDA nutritional requirements for a one (1) bread equivalent and are a whole grain rich product.

Ingredient Listing

ENRICHED WHEAT FLOUR (BLEACHED FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, OATMEAL, HIGH FRUCTOSE CORN SYRUP, WHOLE WHEAT FLOUR, CORN SYRUP, PALM OIL, RAISIN PASTE, CANOLA OIL, APPLESAUCE (APPLES, ASCORBIC ACID), EGGS, SOY LECITHIN, MOLASSES, CINNAMON, NATURAL FLAVORS CONTAINS MILK), SALT, BAKING SODA, EGG WHITES, SODIUM ASCORBATE (VITAMIN C).

CONTAINS: WHEAT, SOY, EGGS, MILK

***Appleways 1.2 oz. Apple Oatmeal Bars meet the USDA nutritional requirements to be a one (1) bread equivalent whole grain rich product. The 51% whole grain sources are: whole grain flour and oatmeal.**

***Produced in a nut-free bakery.**

***Certified Kosher by Orthodox Union**

Nutritional Listing

Nutrition Facts

Serving Size 1 Bar (1.2 oz)
Servings Per Container

Amount Per Serving	
Calories 140	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 9g	
Protein 2g	
Vitamin A 0% •	Vitamin C 10%
Calcium 0% •	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

WHOLE GRAIN
8g or more per serving
WholeGrainsCouncil.org
EAT 48g OR MORE OF WHOLE GRAINS DAILY

This specification has been reviewed by Registered Dietitian, Joyce Annette Hinton MS, RD, LD

Joyce A. Hinton, MS, RD, LD

Packaging Information

Product Description	**1.2 oz. Apple Oatmeal Bars**
Case Code	**70100**
UPC Code	**675825701007**
GTIN	**00-675825-701007**
Case Pack	**216**
Case Dimensions	**18 3/4" x 15 1/2" x 6 3/4"**
Ship Weight	**18.0 lbs.**
Case Cube	**1.3**
Pallet Layer	**6**
Full Pallets	**48 cases**
Pallet Weight	**904 lbs.**

To Place Orders, Contact the Darlington Customer Service Department at (800) 754-2202.

SMART SNACKS PRODUCT CALCULATOR

ALLIANCE FOR A HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Frito Lays

Product Name:
SS Smartfood Delight White Cheddar Popcorn

Serving Size:
14.18 g

First Ingredient:
Popcorn

- Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 0.5 oz (about 14.18 g)

Amount Per Serving

Calories 70 **Calories from Fat** 20

Total Fat (g) 2.5

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 110

Carbohydrates

Sugars (g) 0

Vitamin D (%) NA Potassium (%) NA

Calcium (%) NA Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY: American Heart Association. CLINTON FOUNDATION

BRAND

AIR POPPED
POPCORN

Smartfood® BRAND Delight™

WHITE CHEDDAR

GUARANTEED FRESH
• UNTIL PRINTED DATE •
NOV 18
1151 23749
41 10:49

• NO ARTIFICIAL •
COLORS, FLAVORS OR PRESERVATIVES

100% WHOLE GRAIN | GLUTEN FREE | 50% REDUCED FAT*

*50% less fat than regular Smartfood® White Cheddar Popcorn.

NET WT.
0.5 OZ. (14.1 g)

Questions or Comments? 1-888-924-5654
Weekdays 9:00am to 4:30pm Central Time

*Regular Smartfood® White Cheddar Popcorn has 10g of total fat per 1 oz. serving. Smartfood® Delight™ White Cheddar Popcorn has 5g of total fat per 1 oz. serving. This package contains 0.5 oz.

Nutrition Facts

Serving Size 1 package
Servings Per Container 1

Amount Per Serving	
Calories	70
Calories from Fat	20
	% Daily Value*
Total Fat 2.5g	**4%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 110mg	**5%**
Total Carbohydrate 9g	**3%**
Dietary Fiber 2g	**6%**
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Popcorn, Vegetable Oil (Corn, Canola and/or Sunflower Oil), Maltodextrin (Made From Corn), Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Reduced Lactose Whey, Salt, Whey, Whey Protein Concentrate, Buttermilk, Canola Oil, Potassium Chloride, Natural Flavors Yeast Extract, Lactic Acid, and Citric Acid.
CONTAINS MILK INGREDIENTS

MANUFACTURED FOR:
SMARTFOODS, INC.
PLANO, TX 75024-4099

Smartfood® Delight™

We've come up with a delightfully smart idea. We started with our mouthwatering Smartfood® Popcorn, t created an ingeniously delicious variet

Smartfood® Delight™ Popcor

It has *all* of the flavor you love, with so much more:

- AIR POPPED POPCORN
- NO ARTIFICIAL COLORS, FLAVORS OR PRESERVATIVES
- GLUTEN FREE
- 100% WHOLE GRAIN
- DELIGHTFUL FLAVOR

Visit us at
smartfood.com and
facebook.com/smartfood

0 28400 24096 3

SMSS-3460A/7F LAP 300428

114 b2714

SMART SNACKS
PRODUCT CALCULATOR

ALLIANCE FOR A HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Ruffles

Product Name:
Baked Cheddar & Sour Cream

Serving Size:
22.68 g

First Ingredient:
Dried Potatoes

Your vegetable product meets all nutrient standards for entrees or snack foods.

for snacks.

Nutrition Facts

Serving Size 0.8 oz (about 22.68 g)
Servings Per Container

Amount Per Serving	
Calories 100	**Calories from Fat** 20
Total Fat (g) 3	
Saturated Fat (g) 0	
Trans Fat (g) 0	
Sodium (mg) 200	
Carbohydrates	
Sugars (g) 2	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

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SMART SNACKS
PRODUCT CALCULATOR

Smart Snacks Product Calculator Results

Brand:
Cheetos

Product Name:
Baked Flamin' Hot

Serving Size:
24.80 g

First Ingredient:
Whole Corn Meal

Your whole grain product meets all nutrient standards for entrees or snack foods.

for snacks.

Nutrition Facts

Serving Size 24.80 g

Servings Per Container

Amount Per Serving	
Calories 120	**Calories from Fat** 40
Total Fat (g) 4.5	
Saturated Fat (g) 0.5	
Trans Fat (g) 0	
Sodium (mg) 200	
Carbohydrates	
Sugars (g) 1	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

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LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY: American Heart Association. CLINTON FOUNDATION

SMART SNACKS
PRODUCT CALCULATOR

ALLIANCE FOR A HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Cheetos

Product Name:
Crunchy Cheese

Serving Size:
24.81 g

First Ingredient:
Enriched Corn Meal

Your vegetable product meets all nutrient standards for entrees or snack foods.

for snacks.

Nutrition Facts

Serving Size 0.875 oz (about 24.81 g)

Servings Per Container

Amount Per Serving

Calories 120	**Calories from Fat** 40
Total Fat (g) 4.5	
Saturated Fat (g) 0.5	
Trans Fat (g) 0	
Sodium (mg) 200	
Carbohydrates	
Sugars (g) 2	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

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LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY: American Heart Association. CLINTON FOUNDATION

SMART SNACKS
PRODUCT CALCULATOR

ALLIANCE FOR A HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Cheetos

Product Name:
Flamin Hot

Serving Size:
24.81 g

First Ingredient:
Enriched Corn Meal

Your vegetable product meets all nutrient standards for entrees or snack foods.

for snacks.

Nutrition Facts

Serving Size 0.875 oz (about 24.81 g)

Servings Per Container

Amount Per Serving

Calories 120	**Calories from Fat** 40
Total Fat (g) 4.5	
Saturated Fat (g) 0.5	
Trans Fat (g) 0	
Sodium (mg) 190	
Carbohydrates	
Sugars (g) 0	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY: American Heart Association. CLINTON FOUNDATION

SMART SNACKS
PRODUCT CALCULATOR

ALLIANCE FOR A HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Kellog's

Product Name:
Rice Krispies Treats- Chocolatey Chip

Serving Size:
45.00 g

First Ingredient:
Whole Grain Brown Rice

Your whole grain product meets all nutrient standards for entrees or snack foods.

for snacks.

Nutrition Facts

Serving Size 45.00 g

Servings Per Container

Amount Per Serving

Calories 190	**Calories from Fat** 50
Total Fat (g) 5	
Saturated Fat (g) 2	
Trans Fat (g) 0	
Sodium (mg) 150	
Carbohydrates	
Sugars (g) 14	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY: American Heart Association. CLINTON FOUNDATION