



# DECEMBER | 2022

## Montpelier Schools

**\*\*menu is subject to change\*\***

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1 Spaghetti w/meat sauce Breadstick Cooked carrots Sliced apples Milk	2 Taco Stick Fiesta beans Fresh pear Milk
5 Macaroni & Cheese California medley Blueberry bread Tropical fruit Milk	6 Pepperoni Pizza Steamed broccoli Fruit crisp Milk	7 Grilled Chicken Sandwich Lettuce/tomato Sweet potato fries Diced peaches Milk	8 Salisbury Steak Dinner roll Mashed potatoes Strawberry cup Milk	9 Hot Dog Baked beans Diced pears Milk
12 Grilled Cheese Sandwich Tomato soup Pineapple Milk	13 Stuffed Crust Cheese Pizza Spinach salad Warm apples Milk	14 Nachos w/meat cheese Fiesta beans Grapes Milk	15 Egg & Cheese Omelet Hash browns UBR Fresh fruit HS-Juice Milk	16 Meatloaf Green bean casserole Dinner roll Rosy applesauce Milk
19 Corn Dog Baked beans Mandarin oranges Milk	20 Mini Pepperoni Calzones Corn Applesauce cup Milk	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL
26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL

### BREAKFAST

#### Monday

Cereal  
Fruit/Juice  
Milk

#### Tuesday

Mini waffles  
Fruit/Juice  
Milk

#### Wednesday

Cinnamon roll  
Fruit/Juice  
Milk

#### Thursday

Muffin  
String cheese  
Fruit/Juice  
Milk

#### Friday

Breakfast bagel  
Fruit/Juice  
Milk

\*\*This institution is an equal opportunity employer\*\*