

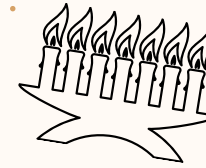
SAN MATEO-FOSTER CITY SCHOOL DISTRICT

DECEMBER

ELEMENTARY LUNCH MENU



HAPPY
Holidays



MON

Turkey or
Vegetarian Nachos
with Tortilla Chips
or
Veggie Burger with
Fries

5

TUE

Beef Pepperoni
Pizza Pocket
or
Bean and Cheese
Burrito

6

WED

Beef Hot Dog
or
Grilled Cheese
Sandwich

7

THU

French Toast,
Turkey Sausage,
and Tater Tots
or
Veggie Nuggets
with Fries

1

FRI

Cheese
Pizza
Round

2

Beef Hamburger
with Fries
or
Veggie Burger
with Fries

12

Beef Taco Stick
or
Bean and Cheese
Burrito

13

Chicken Corn Dog
or
Grilled Cheese
Sandwich

14

Cheese Ravioli in
Marinara Sauce
with Garlic Bread
or
Veggie Nuggets
with Fries

15

Cheese
Pizza
Round

16

OFFERED DAILY

-Choice of daily hot entrées, "WOW
butter" sandwich, or yogurt pack

-Fruits

-Vegetables

-Choice of fat free chocolate or 1%
white milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

SAN MATEO-FOSTER CITY SCHOOL DISTRICT

DECEMBER

ELEMENTARY BREAKFAST MENU



HAPPY Holidays



MON

TUE

WED

THU

FRI

Yogurt
and
Crackers

5

Bagel and
Cream
Cheese

6

Blueberry
Muffin

7

Banana
Bread

8

Mini
Pancakes

9

Banana
Bread

1

Turkey and
Cheese
Breakfast
Sandwich

2

Yogurt
and
Crackers

12

Bagel and
Cream
Cheese

13

Breakfast
Bun

14

Banana
Bread

15

Egg and
Cheese
Breakfast
Wrap

16

OFFERED DAILY

- Choice of daily entrée, cereal, or benefit bar
- Fruits and 100% Fruit Juice
- Choice of fat free chocolate or 1% white milk