



# Spaulding Lunch Menu

December 2022

28

### Toasted Cheese Melt

Ham & Cheese  
Grinder  
Caesar Salad w/ a roll  
Baked Beans

29

### Pizza Sticks w/ Marinara Sauce

Ham & Cheese Grinder  
Caesar Salad w/ a roll  
Corn

30

### French Toast Sticks & Sausage

Ham & Cheese Grinder  
Caesar Salad w/ a roll  
Hash Browns

1

### Chicken Nuggets

Ham & Cheese Grinder  
Caesar Salad w/ a roll  
Tater Tots

2

### Pepperoni or Cheese Pizza

Ham & Cheese Grinder  
Caesar Salad w/ a roll  
Broccoli

5

### Chicken Nachos

Turkey & Cheese  
Sandwich  
Popcorn Chicken Salad  
w/ a Roll  
Corn



6

### Mac and Cheese

Turkey & Cheese  
Sandwich  
Popcorn Chicken Salad  
w/ a Roll  
Broccoli

7

### Waffles & Sausage

Turkey & Cheese  
Sandwich  
Popcorn Chicken Salad  
w/ a Roll  
Apple Sauce

8

### Hamburger

Turkey & Cheese  
Sandwich  
Popcorn Chicken Salad  
w/ a Roll  
Baked Beans

9

### Pepperoni or Cheese Pizza

Turkey & Cheese  
Sandwich  
Popcorn Chicken Salad  
w/ a Roll  
Green Beans

12

### Chicken Patty on a Bun

Ham and Cheese  
sandwich  
Chef Salad & a Roll  
Mixed Vegetables

13

### Pasta with Meat Sauce

Ham and Cheese  
sandwich  
Chef Salad & a Roll  
Broccoli

14

### French Toast & Sausage

Ham and Cheese  
sandwich  
Chef Salad & a Roll  
Hash Browns

15

### Hot Dog

Turkey & Cheese  
Sandwich  
Chef Salad & a Roll  
Broccoli

16

### Pepperoni or Cheese Pizza

Turkey & Cheese  
Sandwich  
Chef Salad & a Roll  
Green Beans

19

### Sloppy Joe

Turkey & Cheese  
Sandwich  
Sandwich Italian Salad  
w/ Ham & a Roll  
Tater Tots

20

### Chicken Quesadilla

Turkey & Cheese  
Sandwich  
Italian Salad w/ Ham &  
a Roll  
Carrots

21

### Waffles & Sausage

Turkey & Cheese  
Sandwich  
Italian Salad w/ Ham &  
a Roll  
Apple Sauce

22

### Pepperoni or Cheese Pizza

Turkey & Cheese  
Sandwich  
Italian Salad w/ Ham &  
a Roll  
Green Beans

23

**Early Release**

26

**No School  
Winter  
Break**

27

**No School  
Winter  
Break**

28

**No School  
Winter  
Break**

29

**No School  
Winter  
Break**

30

**No School  
Winter  
Break**

### Available Daily:

Sunbutter & Jelly Sandwiches, Bagel Fun Lunches, Asst Fruits & Veggies, 1% Milk, Chocolate, Skim or Soy Milk, Asst Snacks

Cookies and Ice Cream Fridays only

Lunch includes entrée, milk, veggies, and/or fruit.

**If your child receives free or reduce lunch,  
then they also qualify for free or reduce  
breakfast.**