
Pe Grade 5 Adventure Activities curriculum

Curriculum Guide

Scranton School District

Scranton, PA



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PE/Health Grade 5th curriculum

Prerequisite :

Students will practice and perform Fourth Grade Physical Education drills and activities.

Course Description Here

Fifth Grade Physical Education will be taught by a certified Health & Physical Education Teacher. It will provide student opportunities to learn and practice skills and behaviors critical to being physically active. The Fifth Grade student will practice motor skills and movement patterns needed to perform a variety of Physical Activities. The student will participate in regular activities and achieve a health-enhancing level of physical fitness. Each child will exhibit personal and social behavior that respects self and others in physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

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Year-at-a-glance

Subject:	Grade Level	Date Completed:
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1st Quarter

Topic	Resources	CCSS

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2nd Quarter

Topic	Resources	CCSS

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3rd Quarter

Topic	Resources	CCSS

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4th Quarter

Topic	Resources	CCSS

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<p>Fitness</p>	<p>10.5.6 D Describe and apply the principles of exercise to the components of health-related and skill related fitness</p>	<p>Agility Balance Coordination Power Reaction Time Speed</p>	<ul style="list-style-type: none"> ● Cooperative Games ● Climbing Wall Etc 	<p>Teacher Observation Teacher Q&A Student discussion</p>	<p>Daily Lesson Plans at 40 mins per class</p>
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