
PE Grade 2 curriculum

Curriculum Guide

Scranton School District

Scranton, PA



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PE Grade 2 Curriculum

Prerequisite :

Students will practice and perform 1st Grade Physical Education Drills and activities.

Course Description Here

Second Grade Physical Education will be taught by a certified Health & Physical Education Teacher. It will provide student opportunities to learn and practice skills and behaviors critical to being physically active. The Second Grade student will practice motor skills and movement patterns needed to perform a variety of Physical Activities. The student will participate in regular activities and achieve a health-enhancing level of physical fitness. Each child will exhibit personal and social behavior that respects self and others in physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

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Year-at-a-glance

Subject: Physical Education	Grade Level 2nd	Date Completed:
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1st Quarter, 2nd Quarter, 3rd Quarter, 4th Quarter

Topic	Resources	CCSS

1st Quarter, 2nd Quarter, 3rd Quarter, 4th Quarter:

Students will actively participate and engage in physical activities that promote lifelong fitness. Units and lessons will be dependent on facilities (indoor/outdoor), equipment, and seasons. Teachers will plan lessons based on multiple standards.

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General Topic	Academic Standard(s)	Essential Knowledge, Skills & Vocabulary	Resources & Activities	Assessments	Suggested Time
Adventure Game	10.4.3 Physical activity A: Identify and engage in physical activities that promote physical fitness and health.	Objective Recognize and demonstrate adventure activities that promote physical activity.	Cooperating Games Invasion Games Parachute	Teacher Observation Teacher Q&A Student discussion	Daily Lesson Plans at 40 mins per class
	10.4.3 B: Know the positive and negative effects of moderate physical activity.	Label the effects of moderate physical activity as positive or negative. Physical Activity Moderate Activities: Physical activities that are equal intensity to Brisk walking. When done with enough frequency and intensity and for a long enough time, moderate activity has many health benefits. Positive Effects of Moderate Physical Activity: Stronger Bones, Muscles Stronger Heart and lungs Less likely to become overweight less likely to develop type II diabetes	Cooperating Games Invasion Games Parachute	Teacher Observation Teacher Q&A Student discussion	Daily Lesson Plans at 40 mins per class

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		<p>improve your balance and coordination sleeps better helps you handle stress helps you look better</p> <p>Negative effects of moderate Physical Activity</p> <p>Blisters Muscle Soreness Muscle or Joint injury Boredom Stress Family Conflicts</p>			
	<p>10.4.3C: Know and recognize changes in body responses during moderate to vigorous activities</p>	<p>Identify Moderate Physical Activities Physical Activity Changes in body during Activity Heart Rate Breathing Rate Respiration Rate Moderate Activity</p>	<p>Cooperating Games Invasion Games Parachute</p>	<p>Teacher Observation</p> <p>Teacher Q&A</p> <p>Student discussion</p>	<p>Daily Lesson Plans at 40 mins per class</p>
	<p>10.4.3D Identify likes and dislikes related to participation in physical activities</p>	<p>Apply your likes and dislikes to select and engage in physical activities to participate. Physical activity participation adventure activity likes dislikes</p>	<p>Cooperating Games Invasion Games Parachute</p>	<p>Teacher Observation</p> <p>Teacher Q&A</p> <p>Student discussion</p>	<p>Daily Lesson Plans at 40 mins per class</p>

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	10.4.3F: Recognize the positive and negative interactions of small group activities	Identify The Different roles during a small group activity. Identify how well the small group cooperated. Physical Activity Participation Small Group Partner Positive Interactions Negative Interactions Social Skills On-task Cooperation Sharing Leader Follower	Cooperating Games Invasion Games Parachute	Teacher Observation Teacher Q&A Student discussion	Daily Lesson Plans at 40 mins per class
	Enrichment:	Student will model an activity selected by instructor Students come up with own positive/negative effects of physical activity Think of other adventure activities of their own Create a list of leadership characteristics Student Demonstrations Student suggested variations		Teacher Observation Teacher Q&A Student discussion	Daily Lesson Plans at 40 mins per class

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