



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District

Location: Scranton SD Scranton HS

Service Area: Cafe

Menu Name: Scranton High 22-23

Period: Breakfast **Week:** 1 **Avg.Method:** Weighted (USDA Default) **Age Group:** Brkfst Grades 9-12

| | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe | |
|--------------------------------|---------------|------|----------|---------|------|----------|-------|-------|-------|------|--------|---------|---------|-------|-------|--------|--------|--------|--------|---------|-------|--------|---------|------|
| | CAL | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | |
| Weekly Std. (Target 1) | 450.00-600.00 | | 10.00 | 640.00 | | | | | | | | | | | | | | | | | | | | |
| Day: Monday | 456.37 | 3.48 | 6.87 | 568.84 | 9.86 | 18.21* | 77.08 | 17.22 | 64.06 | 4.88 | 675.19 | 438.1* | 388.75* | .2* | 1.15* | 22.55* | .2* | .42* | 1.47* | .24* | .55* | 352.74 | 267.63* | 2.75 |
| Day: Tuesday | 453.1 | 3.47 | 6.89 | 561.58 | 9.74 | 18.1* | 76.9 | 17.08 | 62.82 | 4.93 | 680.84 | 435.32* | 390.29* | .24* | 1.43* | 22.37* | .21* | .43* | 1.46* | .27* | .58* | 357.52 | 263.15* | 2.73 |
| Day: Wednesday | 454.36 | 3.44 | 6.82 | 561.83 | 9.75 | 18.05* | 76.89 | 17.31 | 63.74 | 4.91 | 682.43 | 439.84* | 390.86* | .21* | 1.51* | 22.65* | .2* | .43* | 1.4* | .24* | .54* | 357.91 | 263.13* | 2.72 |
| Day: Thursday | 451.35 | 3.41 | 6.8 | 552.75 | 9.61 | 17.89* | 76.86 | 16.96 | 62.39 | 4.93 | 679.27 | 434.98* | 390.45* | .24* | 1.43* | 22.38* | .2* | .42* | 1.39* | .26* | .57* | 356.23 | 261.4* | 2.66 |
| Day: Friday | 456.1 | 3.47 | 6.85 | 569.15 | 9.84 | 18.15* | 77.08 | 17.2 | 64.06 | 4.87 | 674.25 | 438.45* | 388.59* | .2* | 1.15* | 22.54* | .2* | .43* | 1.47* | .24* | .55* | 352.59 | 269.66* | 2.81 |
| Weekly Avg. | 454.26 | 3.46 | 6.85 | 562.83 | 9.76 | 18.08* | 76.96 | 17.16 | 63.41 | 4.90 | 678.40 | 437.34* | 389.79* | 0.22* | 1.34* | 22.50* | 0.20* | 0.43* | 1.44* | 0.25* | 0.56* | 355.40 | 264.99* | 2.73 |
| Weekly Std. (Target 1) | 450.00-600.00 | | 10.00 | 640.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (77.17) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |
| Weekly Std. (Target 1A) | 450.00-600.00 | | 10.00 | 570.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (7.17) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |

* Some values for this nutrient are unavailable; the number listed is incomplete.

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WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District

Location: Scranton SD Scranton HS

Service Area: Cafe

Menu Name: Scranton High 22-23

Period: Lunch Week: 1 Avg.Method: Weighted (USDA Default) Age Group: Lunch Grades 9-12

| | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|--------------------------------|---------------|------|----------|---------|-------|----------|--------|-------|-------|-------|---------|----------|--------|-------|--------|--------|--------|--------|--------|--------|---------|--------|---------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) |
| Weekly Std. (Target 1) | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | |
| Day: Monday | 759.85 | 7.16 | 8.48 | 1352.57 | 22.64 | 24.86* | 106.32 | 35.06 | 75.46 | 9.28 | 1304.28 | 3182.64* | 70.55* | .78* | 45.49* | 37.78* | .32* | .48* | 4.65* | .44* | .84* | 536.56 | 412.75* | 4.21 |
| Day: Tuesday | 754.03 | 7.3 | 8.71 | 1435.02 | 23.53 | 25.54* | 105.31 | 32.91 | 70.22 | 8.87 | 1257.4 | 2836.17* | 61.31* | .7* | 35.52* | 39.03* | .31* | .43* | 4.71* | .41* | .77* | 485.57 | 382.94* | 4.07 |
| Day: Wednesday | 744.79 | 7.34 | 8.87 | 1422.57 | 23.58 | 25.92* | 103.03 | 32.75 | 70.28 | 8.57 | 1234.53 | 2835.37* | 61.26* | .7* | 35.5* | 37.03* | .31* | .43* | 4.66* | .41* | .77* | 484.64 | 383.62* | 3.99 |
| Day: Thursday | 758.7 | 7.41 | 8.79 | 1434.23 | 24.04 | 25.99* | 105.33 | 32.92 | 70.59 | 8.86 | 1256.73 | 2837.07* | 61.4* | .7* | 35.52* | 39.02* | .31* | .43* | 4.66* | .41* | .77* | 487.34 | 384.17* | 4.07 |
| Day: Friday | 756.51 | 7.35 | 8.75 | 1436.41 | 23.93 | 26.07* | 104.8 | 33.12 | 71.05 | 8.86 | 1256.12 | 2836.35* | 60.97* | .71* | 35.63* | 38.97* | .32* | .44* | 4.88* | .42* | .78* | 481.04 | 383.94* | 4.08 |
| Weekly Avg. | 754.78 | 7.31 | 8.72 | 1416.16 | 23.54 | 25.68* | 104.96 | 33.35 | 71.52 | 8.89 | 1261.81 | 2905.52* | 63.10* | 0.72* | 37.53* | 38.37* | 0.32* | 0.44* | 4.71* | 0.42* | 0.79* | 495.03 | 389.48* | 4.09 |
| Weekly Std. (Target 1) | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (3.84) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |
| Weekly Std. (Target 1A) | 750.00-850.00 | | 10.00 | 1080.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | 336.16 | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | X | | | | | | | | | | | | | | | | | | | | |

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WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District

Location: Scranton SD Scranton HS

Service Area: Cafe

Menu Name: Scranton High 22-23

Period: Breakfast Week: 2 Avg.Method: Weighted (USDA Default) Age Group: Brkfst Grades 9-12

| | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|--------------------------------|---------------|------|----------|---------|-------|----------|-------|-------|-------|-------|--------|---------|---------|-------|-------|--------|--------|--------|--------|--------|---------|--------|---------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) |
| Weekly Std. (Target 1) | 450.00-600.00 | | 10.00 | 640.00 | | | | | | | | | | | | | | | | | | | | |
| Day: Monday | 455.96 | 3.82 | 7.55 | 577.61 | 10.33 | 17.95* | 75.82 | 17.32 | 65.11 | 4.84 | 663.87 | 438.45* | 230.93* | .2* | 1.15* | 22.54* | .2* | .42* | 1.39* | .24* | .54* | 361.43 | 279.77* | 2.76 |
| Day: Tuesday | 455.49 | 3.47 | 6.86 | 563.34 | 9.81 | 18.13* | 77 | 17.4 | 63.96 | 4.9 | 687.59 | 443.56* | 390.45* | .25* | 1.22* | 22.49* | .21* | .43* | 1.41* | .27* | .57* | 358.08 | 264.34* | 2.69 |
| Day: Wednesday | 455.02 | 3.65 | 7.22 | 570.54 | 10.07 | 18.08* | 76.33 | 17.31 | 63.99 | 4.87 | 681.94 | 446.37* | 311.48* | .21* | 1.18* | 22.76* | .21* | .43* | 1.43* | .24* | .55* | 362.55 | 267.97* | 2.69 |
| Day: Thursday | 455.61 | 3.45 | 6.81 | 560.07 | 9.73 | 17.97* | 77.21 | 17.38 | 63.74 | 4.9 | 688.52 | 443.79* | 390.87* | .26* | 1.23* | 22.49* | .21* | .43* | 1.39* | .27* | .57* | 358.22 | 265.06* | 2.67 |
| Day: Friday | 456.1 | 3.47 | 6.85 | 569.15 | 9.84 | 18.15* | 77.08 | 17.2 | 64.06 | 4.87 | 674.25 | 438.45* | 388.59* | .2* | 1.15* | 22.54* | .2* | .43* | 1.47* | .24* | .55* | 352.59 | 269.66* | 2.81 |
| Weekly Avg. | 455.64 | 3.57 | 7.06 | 568.14 | 9.95 | 18.06* | 76.69 | 17.32 | 64.17 | 4.88 | 679.23 | 442.12* | 342.46* | 0.22* | 1.19* | 22.57* | 0.21* | 0.43* | 1.42* | 0.25* | 0.56* | 358.57 | 269.36* | 2.72 |
| Weekly Std. (Target 1) | 450.00-600.00 | | 10.00 | 640.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (71.86) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |
| Weekly Std. (Target 1A) | 450.00-600.00 | | 10.00 | 570.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (1.86) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |

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WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District

Location: Scranton SD Scranton HS

Service Area: Cafe

Menu Name: Scranton High 22-23

Period: Lunch Week: 2 Avg.Method: Weighted (USDA Default) Age Group: Lunch Grades 9-12

| | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|--------------------------------|---------------|------|----------|----------|-------|----------|--------|-------|-------|-------|---------|----------|--------|-------|--------|--------|--------|--------|--------|--------|---------|--------|---------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) |
| Weekly Std. (Target 1) | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | |
| Day: Monday | 761.37 | 7.08 | 8.37 | 1312.9 | 20.95 | 23.8* | 112.3 | 35.61 | 60.81 | 10.95 | 1462.22 | 4017.09* | 78.87* | .96* | 52.31* | 50.96* | .49* | .56* | 9.31* | .45* | .86* | 583.48 | 494.84* | 4.64 |
| Day: Tuesday | 763.64 | 6.89 | 8.12 | 1286.61 | 20.24 | 22.81* | 114.94 | 35.58 | 57.59 | 11.48 | 1509.25 | 3972.02* | 79.02* | .95* | 53.71* | 50.05* | .51* | .58* | 9.59* | .47* | .84* | 586.34 | 508.18* | 4.75 |
| Day: Wednesday | 774.17 | 7.15 | 8.32 | 1311.42 | 21.11 | 23.45* | 115.41 | 35.57 | 60.38 | 11.05 | 1497.82 | 3048.39* | 79.3* | 1.01* | 64.35* | 55.28* | .49* | .57* | 9.12* | .47* | .86* | 592.09 | 497.15* | 4.67 |
| Day: Thursday | 774.93 | 6.97 | 8.1 | 1300.85 | 20.47 | 22.69* | 117.25 | 35.77 | 59.09 | 11.7 | 1529.09 | 3569.85* | 78.47* | .98* | 53.24* | 57.29* | .52* | .58* | 9.51* | .46* | .85* | 590.96 | 508.78* | 4.76 |
| Day: Friday | 763.1 | 7.16 | 8.44 | 1314.51 | 20.85 | 23.62* | 113.12 | 35.56 | 60.38 | 11.1 | 1490.49 | 4053.8* | 78.35* | .96* | 54.43* | 52.7* | .49* | .56* | 9.16* | .46* | .86* | 591.21 | 498.91* | 4.66 |
| Weekly Avg. | 767.44 | 7.05 | 8.27 | 1305.26 | 20.72 | 23.27* | 114.60 | 35.62 | 59.65 | 11.26 | 1497.77 | 3732.23* | 78.80* | 0.97* | 55.61* | 53.26* | 0.50* | 0.57* | 9.34* | 0.46* | 0.85* | 588.82 | 501.57* | 4.70 |
| Weekly Std. (Target 1) | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (114.74) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |
| Weekly Std. (Target 1A) | 750.00-850.00 | | 10.00 | 1080.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | 225.26 | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | X | | | | | | | | | | | | | | | | | | | | |

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WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District

Location: Scranton SD Scranton HS

Service Area: Cafe

Menu Name: Scranton High 22-23

Period: Breakfast Week: 3 Avg.Method: Weighted (USDA Default) Age Group: Brkfst Grades 9-12

| | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|--------------------------------|---------------|------|----------|---------|-------|----------|-------|-------|-------|-------|--------|---------|---------|-------|-------|--------|--------|--------|--------|--------|---------|--------|---------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) |
| Weekly Std. (Target 1) | 450.00-600.00 | | 10.00 | 640.00 | | | | | | | | | | | | | | | | | | | | |
| Day: Monday | 455.01 | 3.45 | 6.82 | 563.3 | 9.75 | 18.03* | 77.1 | 17.16 | 63.84 | 4.89 | 673.32 | 434.95* | 388.18* | .24* | 1.15* | 22.27* | .2* | .42* | 1.42* | .27* | .57* | 352.4 | 269.34* | 2.77 |
| Day: Tuesday | 456.09 | 3.65 | 7.2 | 571.74 | 10.09 | 18.07* | 76.39 | 17.44 | 64.64 | 4.89 | 683.62 | 440.32* | 311.48* | .2* | 1.21* | 23.63* | .21* | .43* | 1.43* | .24* | .55* | 363.03 | 273.09* | 2.74 |
| Day: Wednesday | 455.51 | 3.47 | 6.86 | 563.26 | 9.81 | 18.13* | 77.01 | 17.4 | 63.96 | 4.93 | 688.74 | 436.82* | 390.45* | .24* | 1.21* | 23.36* | .21* | .42* | 1.41* | .28* | .57* | 358.04 | 264.33* | 2.7 |
| Day: Thursday | 456.34 | 3.44 | 6.79 | 564.54 | 9.77 | 18.03* | 77.27 | 17.37 | 63.79 | 4.89 | 691.77 | 437.54* | 391.31* | .2* | 1.21* | 23.68* | .21* | .43* | 1.45* | .25* | .55* | 359.06 | 263.99* | 2.73 |
| Day: Friday | 456.1 | 3.47 | 6.85 | 569.15 | 9.84 | 18.15* | 77.08 | 17.2 | 64.06 | 4.87 | 674.25 | 438.45* | 388.59* | .2* | 1.15* | 22.54* | .2* | .43* | 1.47* | .24* | .55* | 352.59 | 269.66* | 2.81 |
| Weekly Avg. | 455.81 | 3.50 | 6.90 | 566.40 | 9.85 | 18.08* | 76.97 | 17.32 | 64.06 | 4.90 | 682.34 | 437.62* | 374.00* | 0.22* | 1.19* | 23.10* | 0.21* | 0.43* | 1.44* | 0.25* | 0.56* | 357.02 | 268.08* | 2.75 |
| Weekly Std. (Target 1) | 450.00-600.00 | | 10.00 | 640.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (73.60) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |
| Weekly Std. (Target 1A) | 450.00-600.00 | | 10.00 | 570.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (3.60) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |

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WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District

Location: Scranton SD Scranton HS

Service Area: Cafe

Menu Name: Scranton High 22-23

Period: Lunch **Week:** 3 **Avg.Method:** Weighted (USDA Default) **Age Group:** Lunch Grades 9-12

| | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|--------------------------------|---------------|------|----------|----------|-------|----------|--------|-------|-------|-------|---------|----------|--------|-------|--------|--------|--------|--------|--------|--------|---------|--------|---------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) |
| Weekly Std. (Target 1) | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | |
| Day: Monday | 764.59 | 6.75 | 7.95 | 1315.68 | 23.11 | 25.52* | 111.16 | 31.5 | 52 | 9.1 | 1321.07 | 3191.69* | 65.73* | 1.34* | 66.26* | 51.59* | .39* | .45* | 7.77* | .42* | .71* | 504.43 | 411.53* | 4.17 |
| Day: Tuesday | 755.48 | 6.66 | 7.93 | 1267.56 | 22.92 | 25.48* | 109.32 | 31.35 | 51.53 | 8.99 | 1310.44 | 3192.37* | 66.62* | 1.34* | 66.28* | 51.9* | .39* | .45* | 7.75* | .42* | .71* | 500.66 | 410.02* | 4.14 |
| Day: Wednesday | 763.26 | 6.78 | 7.99 | 1346.93 | 23.08 | 25.38* | 111.12 | 31.29 | 50.59 | 9.11 | 1313.39 | 3172.19* | 66.52* | 1.3* | 64.44* | 51.4* | .39* | .45* | 7.62* | .41* | .71* | 511.35 | 411.16* | 4.17 |
| Day: Thursday | 757.16 | 6.9 | 8.2 | 1309.03 | 23.02 | 25.51* | 109.75 | 31.23 | 51.11 | 8.97 | 1299.4 | 3145.39* | 66.52* | 1.25* | 61.69* | 50.33* | .38* | .45* | 7.49* | .41* | .71* | 517.51 | 412.05* | 4.11 |
| Day: Friday | 761.26 | 6.72 | 7.95 | 1310.01 | 22.83 | 25.3* | 111.06 | 31.39 | 50.68 | 9.03 | 1312.62 | 3188.02* | 65.59* | 1.34* | 66.24* | 51.51* | .39* | .45* | 7.78* | .42* | .71* | 504.6 | 411.76* | 4.14 |
| Weekly Avg. | 760.35 | 6.76 | 8.00 | 1309.84 | 22.99 | 25.44* | 110.48 | 31.35 | 51.18 | 9.04 | 1311.38 | 3177.93* | 66.20* | 1.31* | 64.98* | 51.35* | 0.39* | 0.45* | 7.68* | 0.42* | 0.71* | 507.71 | 411.30* | 4.14 |
| Weekly Std. (Target 1) | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (110.16) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |
| Weekly Std. (Target 1A) | 750.00-850.00 | | 10.00 | 1080.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | 229.84 | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | X | | | | | | | | | | | | | | | | | | | | |

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WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District

Location: Scranton SD Scranton HS

Service Area: Cafe

Menu Name: Scranton High 22-23

Period: Breakfast Week: 4 Avg.Method: Weighted (USDA Default) Age Group: Brkfst Grades 9-12

| | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|--------------------------------|---------------|------|----------|---------|------|----------|-------|-------|-------|-------|--------|---------|---------|-------|-------|--------|--------|--------|--------|--------|---------|--------|---------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) |
| Weekly Std. (Target 1) | 450.00-600.00 | | 10.00 | 640.00 | | | | | | | | | | | | | | | | | | | | |
| Day: Monday | 455.28 | 3.47 | 6.86 | 565.87 | 9.78 | 18.06* | 77.05 | 17.17 | 63.94 | 4.85 | 672.99 | 438.45* | 389.69* | .2* | 1.15* | 22.54* | .2* | .43* | 1.43* | .24* | .54* | 352.13 | 267.36* | 2.78 |
| Day: Tuesday | 453.83 | 3.62 | 7.19 | 565.32 | 9.98 | 17.96* | 76.29 | 17.25 | 63.85 | 4.87 | 677.19 | 434.67* | 311.07* | .24* | 1.12* | 22.49* | .2* | .42* | 1.39* | .27* | .57* | 362.59 | 269.88* | 2.67 |
| Day: Wednesday | 455.22 | 3.47 | 6.86 | 563.33 | 9.8 | 18.14* | 76.9 | 17.39 | 63.96 | 4.87 | 683.93 | 435.35* | 390.45* | .24* | 1.16* | 22.49* | .21* | .42* | 1.39* | .27* | .57* | 357.9 | 263.85* | 2.68 |
| Day: Thursday | 454.44 | 3.45 | 6.83 | 562.21 | 9.75 | 18.04* | 76.84 | 17.32 | 63.77 | 4.83 | 682.78 | 438.85* | 390.86* | .2* | 1.16* | 22.76* | .2* | .43* | 1.37* | .24* | .54* | 357.57 | 261.73* | 2.69 |
| Day: Friday | 456.1 | 3.47 | 6.85 | 569.15 | 9.84 | 18.15* | 77.08 | 17.2 | 64.06 | 4.87 | 674.25 | 438.45* | 388.59* | .2* | 1.15* | 22.54* | .2* | .43* | 1.47* | .24* | .55* | 352.59 | 269.66* | 2.81 |
| Weekly Avg. | 454.97 | 3.50 | 6.92 | 565.17 | 9.83 | 18.07* | 76.83 | 17.27 | 63.92 | 4.86 | 678.23 | 437.15* | 374.13* | 0.21* | 1.15* | 22.57* | 0.20* | 0.43* | 1.41* | 0.25* | 0.56* | 356.56 | 266.49* | 2.73 |
| Weekly Std. (Target 1) | 450.00-600.00 | | 10.00 | 640.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (74.83) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |
| Weekly Std. (Target 1A) | 450.00-600.00 | | 10.00 | 570.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (4.83) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |

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WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District

Location: Scranton SD Scranton HS

Service Area: Cafe

Menu Name: Scranton High 22-23

Period: Lunch Week: 4 Avg.Method: Weighted (USDA Default) Age Group: Lunch Grades 9-12

| | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|--------------------------------|---------------|------|----------|---------|-------|----------|--------|-------|-------|-------|---------|----------|--------|-------|--------|--------|--------|--------|--------|--------|---------|--------|---------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) |
| Weekly Std. (Target 1) | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | |
| Day: Monday | 795.88 | 8.76 | 9.91 | 1419.91 | 22.38 | 22.29* | 118.09 | 35.71 | 59.6 | 11.74 | 1441.76 | 3750.67* | 65.47* | .8* | 38.93* | 46.8* | .41* | .44* | 5.9* | .43* | .72* | 640.9 | 517.21* | 5.41 |
| Day: Tuesday | 784.97 | 8.66 | 9.93 | 1393.08 | 22.14 | 22.26* | 116.37 | 35.25 | 58.62 | 11.42 | 1410.58 | 3697.85* | 66.25* | .78* | 38.39* | 46.59* | .4* | .43* | 5.72* | .42* | .7* | 639.73 | 514.55* | 5.28 |
| Day: Wednesday | 793.91 | 8.7 | 9.86 | 1413.85 | 22.25 | 22.07* | 118.01 | 35.56 | 58.95 | 11.56 | 1432.13 | 3466.2* | 65.95* | .77* | 36.04* | 46.24* | .4* | .43* | 5.8* | .43* | .71* | 641.81 | 515.8* | 5.38 |
| Day: Thursday | 786.62 | 8.67 | 9.92 | 1401.31 | 22.18 | 22.26* | 116.47 | 35.48 | 58.64 | 11.54 | 1425.97 | 3723.73* | 66.33* | .79* | 38.71* | 46.6* | .4* | .43* | 5.72* | .42* | .7* | 641.76 | 514.71* | 5.35 |
| Day: Friday | 799.4 | 8.77 | 9.87 | 1426.67 | 22.41 | 22.23* | 118.88 | 35.77 | 59.63 | 11.83 | 1454.65 | 3761.31* | 65.47* | .81* | 38.93* | 51.38* | .42* | .44* | 5.91* | .44* | .72* | 644.13 | 517.91* | 5.43 |
| Weekly Avg. | 792.16 | 8.71 | 9.90 | 1410.96 | 22.27 | 22.22* | 117.56 | 35.55 | 59.09 | 11.62 | 1433.02 | 3679.95* | 65.89* | 0.79* | 38.20* | 47.52* | 0.41* | 0.44* | 5.81* | 0.43* | 0.71* | 641.67 | 516.04* | 5.37 |
| Weekly Std. (Target 1) | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (9.04) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |
| Weekly Std. (Target 1A) | 750.00-850.00 | | 10.00 | 1080.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | 330.96 | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | X | | | | | | | | | | | | | | | | | | | | |

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WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District

Location: Scranton SD Scranton HS

Service Area: Cafe

Menu Name: Scranton High 22-23

Period: Breakfast Week: 5 Avg.Method: Weighted (USDA Default) Age Group: Brkfst Grades 9-12

| | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|--------------------------------|---------------|------|----------|---------|-------|----------|-------|-------|-------|-------|--------|---------|---------|-------|-------|--------|--------|--------|--------|--------|---------|--------|---------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) |
| Weekly Std. (Target 1) | 450.00-600.00 | | 10.00 | 640.00 | | | | | | | | | | | | | | | | | | | | |
| Day: Monday | 457.42 | 3.86 | 7.59 | 581.22 | 10.43 | 18.11* | 75.92 | 17.41 | 65.49 | 4.89 | 665.41 | 434.95* | 230.53* | .24* | 1.15* | 22.27* | .2* | .42* | 1.45* | .27* | .57* | 362.21 | 285.02* | 2.78 |
| Day: Tuesday | 454.64 | 3.47 | 6.87 | 563.38 | 9.8 | 18.16* | 76.8 | 17.4 | 63.96 | 4.87 | 684.84 | 435.97* | 390.45* | .24* | 1.16* | 23.2* | .21* | .42* | 1.4* | .27* | .57* | 357.89 | 263.9* | 2.68 |
| Day: Wednesday | 454.64 | 3.47 | 6.87 | 563.38 | 9.8 | 18.16* | 76.8 | 17.4 | 63.96 | 4.87 | 684.84 | 435.97* | 390.45* | .24* | 1.16* | 23.2* | .21* | .42* | 1.4* | .27* | .57* | 357.89 | 263.9* | 2.68 |
| Day: Thursday | 451.53 | 3.42 | 6.82 | 555.7 | 9.63 | 17.93* | 76.77 | 17.06 | 62.78 | 4.87 | 681.28 | 434.94* | 390.45* | .24* | 1.1* | 23.2* | .21* | .42* | 1.4* | .27* | .57* | 357.59 | 261.28* | 2.66 |
| Day: Friday | 456.02 | 3.48 | 6.86 | 566.98 | 9.83 | 18.15* | 77.11 | 17.23 | 64.06 | 4.89 | 674.43 | 434.95* | 388.18* | .24* | 1.15* | 22.27* | .2* | .42* | 1.45* | .27* | .57* | 352.49 | 270.16* | 2.77 |
| Weekly Avg. | 454.85 | 3.54 | 7.01 | 566.13 | 9.90 | 18.10* | 76.68 | 17.30 | 64.05 | 4.88 | 678.16 | 435.36* | 358.01* | 0.24* | 1.14* | 22.83* | 0.21* | 0.42* | 1.42* | 0.27* | 0.57* | 357.61 | 268.85* | 2.72 |
| Weekly Std. (Target 1) | 450.00-600.00 | | 10.00 | 640.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (73.87) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |
| Weekly Std. (Target 1A) | 450.00-600.00 | | 10.00 | 570.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (3.87) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |

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WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District

Location: Scranton SD Scranton HS

Service Area: Cafe

Menu Name: Scranton High 22-23

Period: Lunch Week: 5 Avg.Method: Weighted (USDA Default) Age Group: Lunch Grades 9-12

| | CAL | SFA | | Na | Fat | | CHO | Pro | Chol | Fiber | K | Vit A | Vit D | Vit E | Vit K | Vit C | Vit B1 | Vit B2 | Vit B3 | Vit B6 | Vit B12 | Ca | P | Fe |
|--------------------------------|---------------|------|----------|----------|-------|----------|--------|-------|-------|-------|---------|----------|--------|-------|--------|--------|--------|--------|--------|--------|---------|--------|---------|------|
| | | (g) | % of CAL | (mg) | (g) | % of CAL | (g) | (g) | (mg) | (g) | (mg) | (IU) | (IU) | (mg) | (mcg) | (mg) | (mg) | (mg) | (mg) | (mg) | (mcg) | (mg) | (mg) | (mg) |
| Weekly Std. (Target 1) | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | |
| Day: Monday | 769.52 | 6.71 | 7.84 | 1274.6 | 23.44 | 25.65* | 111.58 | 32.53 | 50.48 | 10.57 | 1445.61 | 3423.2* | 72.02* | 1.69* | 80.68* | 75.88* | .44* | .51* | 7.92* | .53* | .77* | 523.34 | 443.4* | 4.37 |
| Day: Tuesday | 763.93 | 6.77 | 7.97 | 1276.08 | 23.25 | 25.52* | 110.84 | 32.17 | 50.63 | 10.31 | 1418.95 | 3363.84* | 72.89* | 1.56* | 74.45* | 72.23* | .42* | .5* | 7.63* | .51* | .76* | 532.39 | 439.63* | 4.27 |
| Day: Wednesday | 770.85 | 6.92 | 8.08 | 1290.44 | 23.55 | 25.58* | 111.75 | 32.38 | 51.1 | 10.41 | 1429.66 | 3378.45* | 72.7* | 1.56* | 74.47* | 72.55* | .42* | .5* | 7.59* | .51* | .77* | 539.62 | 444* | 4.32 |
| Day: Thursday | 772.84 | 6.72 | 7.82 | 1278.82 | 23.51 | 25.52* | 112.29 | 32.48 | 50.3 | 10.57 | 1446.37 | 3420.87* | 72.24* | 1.68* | 80.56* | 76.07* | .43* | .5* | 7.86* | .53* | .76* | 529.19 | 442.68* | 4.35 |
| Day: Friday | 753.51 | 6.75 | 8.06 | 1247.27 | 22.41 | 25.19* | 109.9 | 32.45 | 50.96 | 10.37 | 1420.69 | 3370.72* | 71.88* | 1.57* | 74.59* | 71.83* | .42* | .5* | 7.74* | .51* | .77* | 534.95 | 444.18* | 4.3 |
| Weekly Avg. | 766.13 | 6.77 | 7.96 | 1273.44 | 23.23 | 25.49* | 111.27 | 32.40 | 50.69 | 10.45 | 1432.26 | 3391.41* | 72.35* | 1.61* | 76.95* | 73.71* | 0.42* | 0.50* | 7.75* | 0.52* | 0.77* | 531.90 | 442.78* | 4.32 |
| Weekly Std. (Target 1) | 750.00-850.00 | | 10.00 | 1420.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | (146.56) | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | | | | | | | | | | | | | | | | | | | | | |
| Weekly Std. (Target 1A) | 750.00-850.00 | | 10.00 | 1080.00 | | | | | | | | | | | | | | | | | | | | |
| Var. | | | | 193.44 | | | | | | | | | | | | | | | | | | | | |
| Standard Not Met | | | | X | | | | | | | | | | | | | | | | | | | | |

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