

## ATHLETIC TRAINER

Classification: Administrative – School Based

Location: Assigned High School

Reports to: Athletic Director

FLSA Status: Exempt

This is a standard position description to be used for positions with similar duties, responsibilities, classification, and compensation. Employees assigned to the position description may or may not perform all the essential functions indicated in this position description.

This job description does not constitute an employment agreement between the employer and employee and is subject to change by the employer as the needs of the employer and requirements of the job change.

### **Part I: Position Summary:**

Provides specialized athletic training services to student athletes as a member of the athletic health care team in consultation with a licensed physician in accordance with the state practice act. Athletic training services include wellness and injury/illness prevention, initial assessment, evaluation, immediate and emergency care, treatment, and rehabilitation which may include modalities as well as developing treatment programs for injured athletes.

### **Part II: Supervision and Controls over the Work:**

Works under the supervision of the High School Athletic Director. The incumbent works independently and interfaces daily with coaches, school staff, student/athletes, parents, and other health care professionals. Work is evaluated based on meeting district professional, clinical, technical, communication and documentation requirements and standards, and to make decisions based on established National Athletic Trainers' Association (NATA) guidelines.

### **Part III: Major Duties and Responsibilities:**

1. Researches, plans, implements, and ensures that appropriate action plans are in place to prevent athletic injury and illness and that these plans are in accordance with other established athletic policies, procedures, and state law.
2. Conducts initial assessment of an athlete's injury or illness to determine a professional diagnosis, activity limitation or restrictions, develop a treatment plan, and/or to determine whether the athlete should be referred to physician(s) for further diagnostic testing and treatment.
3. Serves as a resource for coaches on conditioning, nutrition, and the selection of appropriate team protective equipment and devices.

4. Attends multisport athletic contests and practices as scheduled by agreement with the Athletic Director. Observes participating athletes to evaluate movement patterns and body mechanics that could predispose athletes to injury. Responds to injuries/illnesses that occur due to participation in activities and/or events.
5. Provides emergency care and first aid, including availability of necessary equipment, communication procedures for emergency situations, and prompt, accurate triage.
6. Serves as a liaison to parents, coaches, school staff, and healthcare professionals regarding an individual athlete's injury or illness.
7. Provides education to coaches, students, and parents in the areas of sports injury prevention and care.
8. Develop, implement, and maintain emergency action plans for practice and game locations specific to the assigned high school.
9. Provides on-site rehabilitation services for athletic injuries using various therapeutic interventions and related equipment.
10. Assesses athletes to evaluate the efficacy of treatment, reports the progress to coaches and physicians when appropriate, and makes modifications to the athlete's treatment program, as necessary.
11. Maintains confidential, accurate and complete student documentation as required by law, district policy and administrative regulations, including training records, injury/accident reports, treatment records, home care instructions, referrals, rehabilitation progress notes, and insurance information.
12. Develops and maintains equipment, inventory, and supplies for the athletic training room adhering to budget provided.
13. Schedules and administers pre-season neuropsychological testing for concussion management and helps interpret post-injury results.
14. Responsible for concussion management, including notifying school personnel, documentation, record-keeping, and communicating with outside medical professionals and parents. Evaluates athletes' readiness to play and provides participation clearances when necessary and warranted.
15. Assesses wrestler body composition in conjunction with Oregon's Wrestling Weight Monitoring Program to determine minimum wrestling weight.
16. Provides athletic training room facilities, rehabilitation, and medical care access to student athletes with arrangements made by the Athletic Trainer.
17. Ensures water or other appropriate hydration is available as agreed with Athletic Director, following league protocol for visiting teams.
18. Perform other tasks and assumes other responsibilities as assigned.

#### **Part IV: Minimum Qualifications:**

Incumbents must have successful experience in working with culturally diverse families and communities, or have otherwise demonstrated a commitment to strengthening engagement of a diverse community and skill in communicating with a diverse population.

- Bachelors' degree in athletic training, or a related field, such as Kinesiology or Sports Medicine, and one (1) year of substantive and progressively responsible experience in

providing athletic trainer services within a high school or collegiate setting, or a Masters' Degree in athletic training, or a related field, such as Kinesiology or Sports Medicine.

- Athletic Trainer certification through the Board of Certification (BOC)
- Possess, or ability to obtain, a valid athletic trainer registration by the Oregon Health Authority/Health Licensing Office.
- Possess, or ability to obtain, an Emergency Cardiac Care Certification, including adult, pediatric, secondary rescuer, AED, airway obstruction and barrier devices.
- Possess, or ability to obtain, certification as a Certified Wrestling Body Composition Assessor from the Oregon School Activities Association (OSAA).
- Able to organize work and set priorities for accomplishing work in a timely and effective manner.
- Able to work collaboratively and effectively with other staff, parents, employees, and supervisors using tact, discretion, and professional judgement.
- Possess a valid driver license.

**Part V: Desired Qualifications:**

- Possess, or ability to obtain, American Heart Association (AHA) certified instructor in First Aid, CPR, and AED.
- Bilingual and bicultural skills.

**Part VI: Physical and Environmental Requirements of the Position:**

The physical demands and work environment described here are representative of those that must be met by an employee to successfully perform the essential functions of this job.

Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- While performing the duties of this job, the employee is frequently required to sit, stand, reach, climb stairs, squat, kneel, talk, move about, hear, and speak in a variety of environmental settings; Frequently focuses on computer screen.
- Work demand is medium. May be required to lift up to sixty (60) pounds. Regular physical activities and body movements when guiding athletic activities and leading stretching exercises; frequently observes activities to evaluate athletic movements.

Medium strength is required to position patients for examination. May assist patients as needed, helping them on and off exam table; may require lifting when administering first aid.

- Exposure to blood, body fluids and other potentially infectious material during the course of duties.
- Exposure to outdoor weather conditions over extended periods during attendance at school events.
- Requires attendance at meetings or activities outside of normal working hours, includes travel to event sites.