



CORNERSTONE AQUATICS CENTER

Winter Hours of Operation: Mon-Fri:6am-**7:30pm**, Sat:8am-6pm, Sun:8am-4pm

COMPETITION POOL SCHEDULE FOR Dec 1st - Dec 24th , 2022

Christmas Eve facility hours- 8am-2pm, Christmas Day- Closed

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Time	Group/ Lanes Used	Time	Group/ Lanes Used	Time	Group/ Lanes Used	Time	Group/ Lanes Used	Time	Group/ Lanes Used	Time	Group/ Lanes Used	Time	Group/ Lanes used
												8:00-9:00am	Swim Team (5 lanes)
		9:15-10:00am	Water Fitness (deep end)	9:00-9:45am	Water Fitness (shallow)	9:00-9:45am	Water Fitness (shallow)	9:00-9:45am	Water Fitness (deep end)			8:15-9:00am	Water Fitness (2 lanes)
		11:00am-12:15pm	KO Team (4 lanes)	11:00am-12:15pm	KO Team (4 lanes)			11:30am-12:45pm	KO Team (4 lanes)	11:00am-12:15pm	KO Team (4 lanes)	12:00pm-3:00pm	Diving Club (3 lanes)
		3:00-5:00pm	HS Swim Team (entire pool)	3:00-5:00pm	HS Swim Team (entire pool)	3:00-5:00pm	HS Swim Team (entire pool)	3:00-5:00pm	HS Swim Team (entire pool)	3:00-5:00pm	HS Swim Team (entire pool)		
		5:00-6:30pm	Waves team (6 lanes)	5:00-7:00pm	Waves team (6 lanes)	5:00-6:30pm	Waves team (6 lanes)	5:00-7:00pm	Waves team (6 lanes)	5:00-6:30pm	Waves team (6 lanes)		
		6:30pm-7:30pm	Diving Club (3 lanes)	7:00pm-7:30pm	Diving Club (3 lanes)	6:30pm-7:30pm	Diving Club (3 lanes)	7:00pm-7:30pm	Diving Club (3 lanes)	6:30pm-7:30pm	Diving Club (3 lanes)		

Competition pool will CLOSE at 7:30pm on weekdays for the Winter season