

What's on the Menu?

Rochester Community Schools: ATPS ACE Lunch Menu December 2022

A full student lunch includes a choice of entrée supplying protein and grain, 2(1/2) Cup vegetable sides, 2 (1/2) Cup fruit side dishes, and a choice of 1% white or chocolate milk.

School Foodservice Information: Price \$3.25 PAID, \$.40 REDUCED*, FREE if qualified*
A student must select a 1/2 cup fruit to make a complete meal or a la carte pricing will be applied.

	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
CHOICE A:				Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	Cheese Quesadilla (V) Fresh Green Salad Cupped Fruit
	5	6	7	8	9
CHOICE A:	No School	Corn Dog Vegetarian Baked Beans Cupped Fruit	Chicken Nuggets w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	French Bread Pizza (V) Fresh Green Salad Cupped Fruit
	12	13	14	15	16
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Hot Dog WG Bun Vegetarian Baked Beans Fresh Fruit	Chicken Patty Sandwich Fresh Vegetable Fresh Fruit	Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	Cheese Quesadilla (V) Fresh Green Salad Cupped Fruit
	19	20	21	22	23
CHOICE A:	Bosco Sticks (V) with Pizza Sauce Fresh Fruit	Corn Dog Vegetarian Baked Beans Cupped Fruit	Chicken Nuggets w/ WG Cheddar Goldfish Crackers Fresh Vegetable Fresh Fruit	Pancakes w/ Syrup Turkey Sausage Patty Tater Tots Juice Cup	French Bread Pizza (V) Fresh Green Salad Cupped Fruit
	26	27	28	29	30
CHOICE A:	No School Holiday Recess	No School Recess	Holiday	No School Holiday Recess	No School Holiday Recess
CHOICE B:	Deli Turkey and Cheese Sub Sandwich	Grilled Cheese Sandwich (V)	Grilled Cheese Sandwich (V)	Grilled Cheese Sandwich (V)	Deli Turkey and Cheese Sub Sandwich

Questions or comments? Food Service Director Marsha Dziewit 248-726-4650
Assistant Directors Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603
Go to MyPlate.gov for online personal wellness resources for you and your family.

This institution is an equal opportunity provider.

