



February 2023



DAILY CHOICES:

A = BLT ON WHOLE WHEAT
W/ MIXED FRUIT

B = GRILLED CHEESE ON WHOLE
WHEAT W/ MIXED FRUIT








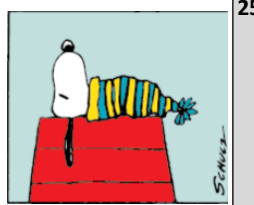
C = GARDEN CHICKEN SALAD
GRILLED CHICKEN, CARROTS
TOMATOES, CUCUMBERS,
& AVOCADO OVER ROMAINE

EACH LUNCH IS
\$7.75 A DRINK IS
NOT INCLUDED

CHECK OFF
1, 2, A, B or C FOR
EACH DAY

Catered by:



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
29	30 [A] [B] [C] 1 SPAGHETTI & MEATBALLS 2 CHICKEN & BROCCOLI OVER PASTA	31 [A] [B] [C] 1 BEEF TACOS W/ CARROT STICKS 2 BLACK BEAN, SPINACH QUESADILLAS W/ CARROT STICKS	1 [A] [B] [C] 1 HAM, EGG & CHEESE ON A ROLL W/ ORANGE 2 COCOA PANCAKES W/ ORANGE	2 [A] [B] [C] 1 PULLED PORK ON A ROLL W/ APPLE SMILES 2 CHILI W/ CHEESE & TORTILLA CHIPS	3 GF PIZZA 1 REGULAR 2 SICILIAN 	4
5	6 [A] [B] [C] 1 CHICKEN FINGERS W/ TATER TOTS 2 HOT DOGS W/ BAKED FRIES	7 [A] [B] [C] 1 BEAN BURRITO W/ GUACAMOLE 2 CHICKEN QUESADILLAS W/ GUACAMOLE	8 [A] [B] [C] 1 FRENCH TOAST STICKS W/ MIXED BERRIES 2 BAGEL W/ CREAM CHEESE & MIXED BERRIES	9 [A] [B] [C] 1 CHEESEBURGER W/ APPLE SMILES 2 GRILLED CHICKEN W MOZZARELLA L&T ON A ROLL W/ APPLE	10 GF PIZZA 1 REGULAR 2 SICILIAN 	11
12	13 [A] [B] [C] 1 RAVIOLI W/ CAESAR SALAD 2 CHICKEN PARM OVER PASTA	14 [A] [B] [C] 1 CHICKEN TACOS W/ CORN 2 STEAK QUESADILLAS W/ CORN	15 [A] [B] [C] 1 PANCAKES W/ BANANA 2 BACON, EGG & CHEESE ON A ROLL W/ BANANA	16 [A] [B] [C] 1 ITALIAN HERO W/ MIXED FRUIT 2 AMERICAN HERO MIXED FRUIT	17 GF PIZZA 1 REGULAR 2 SICILIAN 	18
19	20 	21 PEANUTS 	22 	23 	24 	25

To ensure your child receives lunch for the first week of February, menus are due no later than January 25th.

NAME _____ GRADE _____ NUMBER of LUNCHES _____ CHECK # _____ AMOUNT _____