

Type School Name Here



December 2022

MCFI

K-12 Cold Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE			1 WG Blueberry Muffin Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk	2 WG Raisin Bran WG Cinnamon Goldfish Grahams 100% Fruit Juice Seasonal Fruit Choice of Milk
5 WG Vanilla Bear Graham Cherry Vanilla Yogurt 100% Fruit Juice Seasonal Fruit Choice of Milk	6 WG Triple Berry Dunker Bar 100% Fruit Juice Seasonal Fruit Choice of Milk	7 WG Honey Cheerios Hard-Boiled Egg or Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk	8 WG Goldfish Pretzels Cinnamon Apple Spread 100% Fruit Juice Seasonal Fruit Choice of Milk	9 WG Blueberry Breakfast Bread 100% Fruit Juice Seasonal Fruit Choice of Milk
12 WG Cherry Apple Dunker Bar 100% Fruit Juice Seasonal Fruit Choice of Milk	13 Animal Crackers Creamy Chickpea Spread 100% Fruit Juice Seasonal Fruit Choice of Milk	14 WG Golden Grahams Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk	15 WG Corn Chex WG Graham Cracker 100% Fruit Juice Seasonal Fruit Choice of Milk	16 WG Vanilla Bear Graham Strawberry Banana Yogurt 100% Fruit Juice Seasonal Fruit Choice of Milk
19 WG Cinnamon Toast Crunch Filled Bread 100% Fruit Juice Seasonal Fruit Choice of Milk	20 WG Muffin Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk	21 WG Honey Bunches of Oats WG Maple Waffle Graham 100% Fruit Juice Seasonal Fruit Choice of Milk	22 WG Cereal WG Cracker 100% Fruit Juice Seasonal Fruit Choice of Milk	23 NO SCHOOL / MCFI CLOSED
26 NO SCHOOL / MCFI CLOSED	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL

This institution is an equal opportunity provider.