

<p>Breakfast Meal Pattern Requirements</p> <p>Milk: 8 oz. Fruit or Veg: 1c/8oz. Grain: 2oz.</p>
<p>Lunch Meal Pattern Requirements</p> <p>Milk: 8 oz. Fruit: 1c/8oz Veg: 1c/8oz. Grain: 2oz. Protein: 2oz.</p>
<p>*All infant/toddler meals will contain only hot/soft vegetables.</p>
<p>Allergy meals will not contain whole eggs, dairy, and items listed below.</p>
<p>Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>DECEMBER 2022</h1>			December 1 Breakfast: Banana Bread, Apple Slices, Milk Lunch: Arroz con Verduras, Habichuela guisada y Pollo, Applesauce, Milk	December 2 Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
			December 5 Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Peaches, Milk	December 6 Breakfast: Muffin Tops, Orange, Milk Lunch: Baked Ziti w/Chicken and mozz cheese, Broccoli, Pears, Milk
December 12 Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Nuggets, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk	December 13 Breakfast: Banana Bread, Orange, Milk Lunch: American Chop Suey, Carrots, Pears, Milk	December 14 Breakfast: Cereal, 100% Fruit Juice or Milk Lunch: Hamburgers, WW Bun, Cheese, Crinkle Fries, Lettuce & Tomato, Mandarin Oranges, Milk	December 15 Breakfast: Breakfast Buns, Apple Slices, Milk Lunch: Pastelón de Papas, WW Dinner Roll, Applesauce, Milk	December 16 Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk
December 19 Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Sweet Potato Fries, Mix Veg, Peaches, Milk	December 20 Breakfast: Pancakes, Orange, Milk Lunch: Sliced Turkey & Cheese Sandwich on WW bread, Corn & BB Salad, Pears, Milk	December 21 Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: WW Spaghetti & Meatballs, Broccoli, Mandarin Oranges, Milk	December 22 Breakfast: Muffin Tops, Apple Slices, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk	December 23 Breakfast: Cereal, 100% Fruit Juice, Milk <h2 style="text-align: center;">Early Dismissal</h2>
December 26	December 27	December 28	December 29	December 30
<h1>School Vacation Week</h1>				