



CRUSADER

College Connection

November 21, 2022 - December 2, 2022 • WWW.STDOMINICHS.ORG/COLLEGE

ACT Focus



Tip of the Week: ACT Science Tips and Techniques 1-5

1. **Knowledge:** Remember it is not about all you remember from science class, it's how you analyze and look at tables, graphs, passages, and illustrations.
2. **Personal order of difficulty:** is a big part of this section. Do the passages of the topics you like and are the best at first. Remember, you do not have to do the passages in the order that ACT presents them to you.
3. **Immediate:** After deciding which passages to tackle first and your personal order, do the Immediate questions. These look like small tables/graphs, easy to see trends, numbers, and short answers.
4. **Passages:** Just like with reading, choose 1 passage as never and fill in the Letter of the Day. This gives you more time on passages you can understand better and get more questions correct.
5. **Use POE:** To help you narrow down your answers.

SCHOLARSHIP UPDATE

We are well into college application season and many deadlines are drawing near. December 1 is a date we see quite often. This is the deadline for many applications to schools as well as the deadline for many merit scholarships! Continue submitting applications and reporting your scholarships earned.

SCHOLARSHIP DEADLINES

November 30 NHS Scholarship | Dr. Juan Anrade Jr Scholarship | Safe Cycling Scholarship Driver Education Initiative Award | Andrew Flusche Scholarship

December 1 MASFAP Who's Making A difference Scholarship | Barbara Lotze Scholarship for Future Teachers | Dell Scholar Foundation | Aaron Wersing Employment Discrimination Scholarship Contest

December 13 Science Ambassador Scholarship

December 15 Rubincam Youth Writing Competition | Dirk Derrick Car & Truck Accident Injury Scholarship | Legal Focus Scholarship | Burger King Foundation | Davis & Brusca Civil Discourse Scholarship

Keep looking out for those scholarships! www.stdominichs.org/academics/college/a-program

2022-23
Scholarship Information

Report Earned Scholarships **HERE.**

THIS WEEK'S COLLEGE REPS

College Reps are available at 11:10 during Empower Hour located in the Eisenbath Atrium.

Monday 11/21



University of Missouri
Kansas City
Kansas City, MO
<https://www.umkc.edu/>

- Application Deadline: June 15
- Competitive Scholarship
Deadline: January 15
<https://financialaid.umkc.edu/financial-aid/scholarships/first-time-college-student.html>

Thursday 12/1



United States
Marine Corps

- <https://www.marines.mil/>

Wednesday 12/7



Missouri S & T
Rolla, MO
<https://www.mst.edu/>

- Application Deadline: December 1
<https://sfa.mst.edu/financial-aid/scholarships/undergraduate/>

Thursday 12/8



Central Methodist
University
Fayette, MO
<https://www.centralmethodist.edu/>

- Application Deadline: Rolling
- Eagle Select: November 11
<https://www.centralmethodist.edu/admissions/financial-aid/scholarships.html>



LOOKING Ahead

Fall 2022

Dec. 10

December ACT Test

Dec. 21

National Signing Day

Dec. 16

Reading Day

Dec. 19-21

Semester 1 Exams

Dec. 19-21
Semester 1 Exams

HELPFUL Links

COLLEGE GUIDANCE

www.stdominichs.org/college

SCOIR

www.scoir.com

SCHOLARSHIPS

www.fastweb.com | myscholly.com

FAFSA

www.studentaid.ed.gov/fafsa

COMMON APP

www.commonapp.org

NCAA ELIGIBILITY

web3.ncaa.org/ecwr3

ACT

www.act.org

SAT

www.sat.org

Alumni Spotlight

Keith Beckmann '18

Louisiana State University | Bachelors of Science in Finance '21



Keith Beckmann is a 2018 graduate of St. Dominic High School where he excelled as an all-conference athlete in 3 different sports; Football, Basketball and Track. In addition to being a great athlete, Keith excelled as a leader and student in the St. Dominic community where he was in National Honor Society, Viri Dei, a Senior Advisor and an Ambassador. In the classroom, Keith found his interest growing in finance as he took several courses offered to students in the field.

"Accounting classes with Mrs. Felty and personal finance classes helped me with my undergraduate finance degree. Athletics and all St. Dominic courses give you the preparation you need to have a good work ethic in college."

Keith pursued his degree at Louisiana State University, earning a BS of Finance in 2021, and is currently enrolled at Tulane University where he plans to earn his Masters of Management in Energy in December 2023. While an undergrad at LSU, Keith continued to be very involved at his school where he was a member of Pi Kappa Alpha, Energy Club, Finance Club and National Society of Collegiate Scholars. Before enrolling at Tulane for his post-graduate degree program, Keith worked with 401(k) and Cash Balance Plan Administration Compliance at The Haslauer Group in New Orleans.

"I was always numbers-driven, due to having a math teacher as a mom. This led to me wanting to get into the business world of accounting and finance. I have decided on Energy Investment Banking in particular because I think I can make an impact on the world by using my finance capabilities to help the environment." Keith offers the following advice for current St. Dominic students that he found helpful on his path; "I would work on getting internships as soon as you get out of high school. It is of extreme importance to put yourself before smart executives whenever you are a freshman and sophomore. You will learn so much more and they will remember you taking initiative down the line."

Weekly Wellness

Amy Bauer | Wellness Counselor

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How to Be Happy: Habits to add to your routine

1. Exercise

Regular exercise can help reduce stress, feelings of anxiety, and symptoms of depression while boosting self esteem and happiness.

2. Get plenty of sleep

You need at least 7 hours of sleep every night. Getting enough sleep also reduces your risk of developing chronic illness such as heart disease and depression.

3. Practice gratitude

Simply being grateful can give your mood a big boost. Practicing gratitude can have a significant impact on feelings of hope and happiness. Start each day by acknowledging one thing you're grateful for.

4. Give a compliment

Research shows that performing acts of kindness may also promote your overall well-being.

5. Breath deeply

Research supports that slow, deep breathing exercises can reduce stress.

NATIONAL SUICIDE PREVENTION

LIFELINE: (800) 273-8255

CRISIS TEXT LINE: Text "HOME" to 741741

BEHAVIORAL HEALTH RESPONSE

24/7 CRISIS SUPPORT HOTLINE: (314) 469-6644

COLLEGE GUIDANCE OFFICE

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