

# District Nurse News

November 2022- New Information and/or Reminders

## What's Happening

Viral illness season results in many absent students!



## A Note From Nurse Tanya

The very best way for everyone to stay healthy during this time of year, is to eat healthy, stay hydrated, wash your hands, and stay home when sick.

## When to Keep Sick Children Home When to Send Sick Children Home

Fever

If a student has/develops a fever  $> 100.4^{\circ}$  F., the student should stay home and/or will be sent home to rest and recover. Please return when fever free for 24 hours, without medication.

Vomiting/  
Diarrhea

If a student vomits or has diarrhea, the student should stay home and/or will be sent home to rest and recover. Please return when vomit and/or diarrhea free for 24 hours, without medication.



Weather is Changing  
Stay warm and happy!