

# A Place to Belong



**Winter/Spring  
2023**

Classes,  
Programs,  
and Events for  
All Ages



**CommunityEd**  
Edina Public Schools



# Welcome to a New School Year

Warmest greetings, Edina community members. Community Education continues to provide equitable access to and delivering dynamic programs and services for people of all ages. This year, our department's name has expanded to integrate Strategic Partnerships to intentionally enhance the district's overall vision to maximize opportunities for hands-on learning for each and every student to discover their possibilities and thrive.

On behalf of our department and school district, we thank each and every one of you for supporting your opportunity to discover your possibilities and thrive.

Dr. Anne Marie Leland  
Community Education and  
Strategic Partnerships Director

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Registration Opens  
December 6th!

Scan for more info.





# GO Explore

## ENDLESS POSSIBILITIES

**WITH UP TO \$1,000 PER STUDENT  
FROM EDINA GIVE AND GO**



### **Need help paying for winter activities?**

Edina Give and Go removes financial barriers by providing individual grants to qualifying K-12 Edina Public Schools students. Visit [edinagiveandgo.org/need-help](https://edinagiveandgo.org/need-help) to learn more.



### **¿Necesitas ayuda para pagar las actividades?**

Edina Give and Go elimina las barreras financieras al proporcionar becas individuales a los estudiantes de las Escuelas Públicas de Edina K-12 que califican. Visite [edinagiveandgo.org/need-help](https://edinagiveandgo.org/need-help) para más información.



### **Ma u baahan tahay in lagaa caawiyo bixinta kharashka hawlaha?**

Edina Give and Go waxay meesha ka saaraysaa caqabadaha dhaqaale iyadoo siinaysa deeqo Shakhsiyeed ardayda K-12 Edina ee u qalma Dugsiyada Dadweynaha. Booqo [edinagiveandgo.org/need-help](https://edinagiveandgo.org/need-help) si aad wax badan u barato.



952.848.4483



[info@edinagiveandgo.org](mailto:info@edinagiveandgo.org)



Edina  
**Give and Go**



# Youth Programs

A place to grow! Our camps, activities, after school care, enrichment classes, and other offerings foster growth and curiosity for all ages. We provide inclusive and safe spaces for students to engage, explore, and grow their academic, social, emotional, and physical skills.

## For Elementary Students

**After School Enrichment** - After school classes aimed to inspire, spark creativity, and make new friends.

**Non-School Days** - Classes and activities for learning and having fun on their days off.

**School Age Care** - Make sure your children are safe, busy, and happy with our Kids Club care.

## For Middle School Students

**Hornet Central** - Before school opportunities for study time, social time or some of each!

**After School Enrichment** - Extend learning in special interest areas.

## For High School Students

**Volunteer Opportunities** - Many chances to get involved in the Edina Public Schools.

**Community Service Letter** - Opportunity to go above and beyond in serving others

**Enrichment Programs** - Classes to expand and hone skills.

## For All Students

### Evening and Weekend Classes

Whether it's sports or STEM, there is something offered to ignite new passions and develop skills.



### No Class Days:

January 20  
February 21  
March 10  
March 20-24  
April 21  
May 29



Scan here  
to learn all about our  
Youth Programs

# After School: Concord Elementary

## Art, Theater, Music & Creativity

### Artist Extravaganza Gr. 1-5

Taught by Michele Lynn Green

This session will be focused on several art processes and many creative projects. Come learn about animal art, paper art, story-telling and creative thinking! We will have a blast with our friends sharing ideas and laughs.

**Wednesdays, 2:25-3:45pm** **Jan 11-Mar 1**  
8 sessions: \$185 111-613

### Drawing Techniques for You! Gr. K-5

Taught by Michele Lynn Green

Discover your creative side while learning how to draw in different styles! We will create hilarious drawings and enjoy wacky drawing exercises to challenge your mind and creativity.

**Wednesdays, 2:25-3:45pm** **Mar 29-May 17**  
8 sessions: \$185 329-614

### Musical Theater: Strange World: Concord: Gr. 1-5

Taught by Gina Mayer

Journey to a strange new world and meet fantastical creatures! Everyone will learn how to put together a professional show from start to finish. Friends and family enjoy a special performance at the final class.

**Thursdays, 2:25-3:50pm** **Jan 26-Mar 16**  
8 sessions: \$139 126-605

### Musical Theater: Pinocchio: Concord: Gr. 1-5

Taught by Gina Mayer

What do you wish upon a star? Everyone will learn how to put together a professional show from start to finish. Friends and family enjoy a special performance at the final class.

**Thursdays, 2:25-3:50pm** **Apr 6-May 25**  
8 sessions: \$139 406-610

### Mikkonen Music Lessons: Concord Elementary: Gr. 1-12

Taught by Mikkonen Music

Please see description next page. Before registering with CommunityEd, schedule lessons at [http://bookeyo.com/mikkonenmusic\\_scheduling](http://bookeyo.com/mikkonenmusic_scheduling)

**Mon/Thu/Fri, 2:30-6:15pm** **Jan 6-May 4**  
8 sessions: \$259 109-002

### Concord Choir: Gr. 3-5

Taught by Sarah Biderman

In Concord Choir you will learn a variety of songs and improve your musical skills! Rehearse exciting pieces of music with your friends and perform in a culminating concert attended by friends and family. A light snack will be provided during rehearsals.

**Mondays, 2:25-4:00pm** **Jan 23-Apr 3**  
9 sessions: \$165 123-062

### Concord Choir Plus: Gr. 3-5

Taught by Sarah Biderman

In Concord Choir Plus you will learn a variety of songs and improve your musical skills! In this ensemble, a greater emphasis will be placed on incorporating instruments into our performance. Rehearse exciting pieces of music with your friends and perform in a culminating concert attended by friends and family.

**Wednesdays, 2:25-4:00pm** **Jan 18-Mar 15**  
9 sessions: \$165 118-063

### Orff Ensemble: Concord Elementary: Gr. 4-5

Taught by Sarah Biderman

In Orff Ensemble you will learn a variety of instrumental songs and improve your musical skills! This group will focus on learning instrumental repertoire. Rehearse exciting pieces of music with your friends and perform in a culminating concert attended by friends and family. A light snack will be provided during rehearsals.

**Mondays/Wednesdays, 2:25-3:25pm** **Apr 24-May 22**  
9 sessions: \$165 424-064

## Expand Your World & Enrichment

### Chess Club: Concord Elementary: Gr. 1-5

Taught by Bill Nara

Whether you consider yourself a beginner or intermediate player, join this club to interact with other chess players in your school and play on a weekly basis.

**Tuesdays, 2:25-3:20pm** **Jan 10-May 9**  
16 sessions, \$223 110-483



Registration Opens December 6th

Elementary Spanish: Concord

Taught by Language Sprout - Rebecca Schwengber

Award-winning, language learning curriculum will take your child from the basics through being a confident language speaker - all while having fun. Your child will learn at their own pace with materials designed for their distinct learning style.

Elementary Spanish: 2 Day: Concord

Tuesdays/Thursdays, 2:25-3:25pm Jan 3-May 25  
37 sessions: \$808 110-002

Elementary Spanish: 5 Day: Concord

Mondays-Fridays, 2:25-3:25pm Jan 3-May 26  
89 sessions: \$1860 109-001

Unified Games and Team Building Concord: K-5

Taught by Tim Faklis, Jeremy Ostman, and Ann Tozer

In this unified class, we will explore a variety of games and activities that will help students strengthen their decision making, problem-solving, communication and other skills through play. Edina Community Ed “Unified” camps blend students with special needs and students who are more typically developing. Available to students enrolled at Concord Elementary School.

Fridays, 2:30-3:30pm Jan 27-Mar 17  
7 sessions: \$100 127-137

Fridays, 2:30-3:30pm Mar 31-May 19  
7 sessions: \$100 331-138

STEM

Robotics and STEM: Concord: Gr. 3-5

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

Fridays, 2:25-3:25pm Feb 3-Mar 17  
6 sessions: \$165 203-439

Fridays, 2:25-3:25pm Mar 31-May 12  
6 sessions: \$165 331-440

No Class Days:

January 20 March 20-24  
February 21 April 21  
March 10 May 29

STEM Club: Concord: Gr. K-2

Taught by Tech Tac Toe Staff

A super fun afterschool program for future scientists and engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kids’ love towards STEM. No projects repeated.

Mondays, 2:25-3:25pm Jan 30-Mar 13  
6 sessions: \$165 130-427

Mondays, 2:25-3:25pm Mar 27-May 1  
6 sessions: \$165 327-428

Sports, Health & Fitness

PE Games: Concord Elementary

Taught by Michelle Darr

We will play games such as Capture the Flag, Busy Bee, Steal the Pin, etc.

Tuesdays/Thursdays, 2:25-3:25pm Jan 3-Jan 26  
8 sessions: \$140 103-200

Tuesdays/Thursdays, 2:25-3:25pm Jan 31-Feb 28  
8 sessions: \$140 131-201

Tuesdays/Thursdays, 2:25-3:25pm Mar 7-Apr 6  
8 sessions: \$140 307-202

Tuesdays/Thursdays, 2:25-3:25pm Apr 11-May 4  
8 sessions: \$140 411-203

Wind Down Yoga: Concord Elementary

Taught by Brenda Rolando

After a busy day, come wind down with yoga! We’ll focus on creating a healthy body and mind through breathing, balancing, flexibility and strengthening while building positivity within ourselves and with others. Please bring your own yoga mat and dress in comfortable, easy to move clothing. A snack will be provided for each session.

Tuesdays/Thursdays, 2:25-3:25pm Jan 3-Jan 26  
8 sessions: \$145 103-204

Tuesdays/Thursdays, 2:25-3:25pm Jan 31-Feb 28  
8 sessions: \$145 131-205

Tuesdays/Thursdays, 2:25-3:25pm Mar 7-Apr 6  
8 sessions: \$145 307-206

Tuesdays/Thursdays, 2:25-3:25pm Apr 11-May 4  
8 sessions: \$145 411-207



# After School: Cornelia Elementary

## Art, Theater, Music & Creativity

### Musical Theater: Strange World: Cornelia: Gr. 1-5

*Taught by Gina Mayer*

Journey to a strange new world and meet fantastical creatures! Everyone will learn how to put together a professional show from start to finish. Friends and family enjoy a special performance at the final class.

**Fridays, 2:25-3:50pm** **Jan 13-Mar 17**  
8 sessions: \$139 113-606

### Musical Theater: Pinocchio: Cornelia: Gr. 1-5

*Taught by Gina Mayer*

What do you wish upon a star? Everyone will learn how to put together a professional show from start to finish. Friends and family enjoy a special performance at the final class.

**Fridays, 2:25-3:50pm** **Mar 31-May 26**  
8 sessions: \$139 331-612

### Simply Silly Stuff with Kidcreate Studio: Cornelia: Gr. K-5

*Taught by Kidcreate Studio*

Get ready to make some of the craziest art you could imagine. This combination of wacky projects will teach you all sorts of simply silly stuff you never thought artistically possible! Please pack a nut free snack and drink for your child each day.

**Wednesdays, 2:25-4:00pm** **Jan 25-May 17**  
16 sessions: \$265 125-618

### Mikkonen Music Lessons: Cornelia Elementary: Gr. 1-12

*Taught by Mikkonen Music*

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions. Before registering with CommunityEd, schedule lessons at [http://bookeo.com/mikkonenmusic\\_scheduling](http://bookeo.com/mikkonenmusic_scheduling)

**Thursdays, 2:30-6:15pm** **Jan 5-May 4**  
8 sessions: \$259 112-005

### No Class Days:

January 20	March 20-24
February 21	April 21
March 10	May 29

## Expand Your World & Enrichment

### Chess Club: Cornelia Elementary: Gr. 1-5

*Taught by Bill Nara*

Whether you consider yourself a beginner or intermediate player, join this club to interact with other chess players in your school and play on a weekly basis. Players will learn the basic rules and strategies of chess if they are new to the game. Tournament play is encouraged, not required.

**Thursdays, 2:25-3:20pm** **Jan 12-May 11**  
17 sessions, \$237 112-485

### Elementary Spanish: Cornelia

Taught by Language Sprout - Rebecca Schwengber

Award-winning, language learning curriculum will take your child from the basics through being a confident language speaker - all while having fun. Innovative, sequentially based curriculum that builds as your child learns. Your child will learn at their own pace with materials designed for their distinct learning style.

### Elementary Spanish: 2 Day

**Tuesdays/Thursdays, 2:25-3:25pm** **Jan 10-May 25**  
37 sessions: \$808 110-003

### Adventure Duels: Cornelia: Gr. 3-5

*Taught by Owen Johnathon Thompson*

Bring your creative thinking skills to this one, cause it's time to battle your friends head to head in this clash of cards. Collect, trade, and play with mythical creatures and legendary spells as you learn to harness new and exciting strategies each day. All cards earned are yours to keep, so build up your collection today!

### Winter Session I:

**Tue/Wed/Fri, 2:20-5:30pm** **Jan 10-Jan 31**  
9 sessions: \$360 110-100

### Winter Session II:

**Tue/Wed/Fri, 2:20-5:30pm** **Feb 1-Feb 28**  
12 sessions \$480 201-100

### Spring Session I:

**Tue/Wed/Fri, 2:20-5:30pm** **Mar 1-Mar 31**  
10 sessions \$400 301-100

### Spring Session II:

**Tue/Wed/Fri, 2:20-5:30pm** **Apr 4-Apr 28**  
11 sessions \$440 404-100

### Spring Session III:

**Tue/Wed/Fri, 2:20-5:30pm** **May 2-May 24**  
11 sessions \$440 502-100

# STEM

## Robotics and STEM: Cornelia: Gr. 3-5

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

### Session I:

**Mondays, 2:25-3:25pm**

6 sessions: \$165

**Jan 30-Mar 13**

130-441

### Session II:

**Mondays, 2:25-3:25pm**

6 sessions: \$165

**Mar 27-May 1**

327-442

## STEM Club: Cornelia: Gr. K-2

Taught by Tech Tac Toe Staff

A super fun afterschool program for future scientists and engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kids' love towards STEM. No projects repeated.

### Session I:

**Tuesdays, 2:25-3:25pm**

6 sessions: \$165

**Jan 31-Mar 14**

131-429

### Session II:

**Tuesdays, 2:25-3:25pm**

6 sessions: \$165

**Mar 28-May 2**

328-430



# Sports, Health & Fitness

## Afterschool Multi-Sports & Games: Cornelia

Taught by DASH Sports

DASH Sports Afterschool Multi-Sport & Games camp includes fun skills training and games. Key sports skills will be taught and players will come out of camp with improved athleticism, fitness, and gameplay knowledge. Campers should bring a water bottle and athletic shoes and clothing. All other equipment is provided.

**Mondays, 2:25-3:45pm**

7 sessions: \$185

**Jan 23-Mar 13**

123-205

## Afterschool Phys Ed Games: Cornelia

Taught by DASH Sports

DASH Sports Phys Ed Games camp provides participants with a fun experience learning and playing your favorite physical education games while increasing athleticism and learning teamwork and gameplay. Campers should bring a water bottle and athletic clothing/shoes. All other equipment is provided.

**Mondays, 2:25-3:45pm**

8 sessions: \$199

**Apr 3-May 22**

403-210

# CODING IS THE NEW LITERACY

## INVEST IN YOUR CHILD'S FUTURE

**CODENINJAS**

# BECOME A CODE NINJA

Code Ninjas Edina Kids Coding & STEM Learning Center



## NOW taking registrations for

### Winter & Spring Break Day Camps

- Half-day 8:30-12:00 and Full-day 8:30-4:30 Camps
- Lunch option
- Minecraft & Roblox Camps
- Extended Day Game Coding Available
- Text/Call 612-324-STEM or Visit <https://www.codeninjas.com/mn-edina>

# After School: Countryside Elementary

## Art, Theater, Music & Creativity

### Musical Theater: Strange World: Countryside: Gr. 1-5

*Taught by Gina Mayer*

Journey to a strange new world and meet fantastical creatures! Everyone will learn how to put together a professional show from start to finish. All that is needed are comfortable clothing and sneakers or dance shoes. Friends and family are invited to a special performance beginning at the final class.

**Mondays, 2:25-3:50pm** **Jan 9-Mar 13**  
8 sessions: \$139 109-601

### Musical Theater: Pinocchio: Countryside: Gr. 1-5

*Taught by Gina Mayer*

What do you wish upon a star? Everyone will learn how to put together a professional show from start to finish. All that is needed are comfortable clothing and sneakers or dance shoes. Friends and family are invited to a special performance beginning at the final class.

**Mondays, 2:25-3:50pm** **Apr 3-May 22**  
8 sessions: \$139 403-607

### Simply Silly Stuff with Kidcreate Studio: Countryside: K-5

*Taught by Kidcreate Studio*

Get ready to go bananas with all the silly stuff you'll create in this camp! You're going to make some of the craziest art you could imagine. This combination of wacky projects will teach you all sorts of simply silly stuff you never thought artistically possible! Please pack a nut free snack and drink for your child each day.

**Thursdays, 2:25-4:00pm** **Jan 26-May 18**  
16 sessions: \$265 126-619

### Mikkonen Music Lessons: Countryside Elementary: Gr. 1-12

*Taught by Mikkonen Music*

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions. Before registering with CommunityEd, schedule lessons at [http://bookeo.com/mikkonenmusic\\_scheduling](http://bookeo.com/mikkonenmusic_scheduling)

**Mondays/Tuesdays, 2:30-6:15pm** **Jan 9-May 2**  
8 sessions: \$259 109-003

## Expand Your World & Enrichment

### Chess Club: Countryside Elementary: Gr. 1-5

*Taught by Bill Nara*

Whether you consider yourself a beginner or intermediate player, join this club to interact with other chess players in your school and play on a weekly basis. Players will learn the basic rules and strategies of chess if they are new to the game. Tournament play is encouraged, not required.

**Fridays, 2:25-3:20pm** 14 **Jan 13-May 12**  
sessions, \$195 113-486

### Elementary Spanish: Countryside

*Taught by Language Sprout - Rebecca Schwengber*

Award-winning, language learning curriculum will take your child from the basics through being a confident language speaker - all while having fun. Innovative, sequentially based curriculum that builds as your child learns. Your child will learn at their own pace with materials designed for their distinct learning style.

### Elementary Spanish: 2 Day: Countryside

**Mondays/Wednesdays, 2:25-3:25pm** **Jan 9-May 24**  
36 sessions: \$766 109-006



### No Class Days:

January 20  
February 21  
March 10  
March 20-24  
April 21  
May 29

Registration Opens December 6th



# STEM

## Robotics and STEM: Countryside: Gr. 3-5

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

### Session I:

Tuesdays, 2:25-3:25pm Jan 31-Mar 14  
6 sessions: \$165 131-443

### Session II:

Tuesdays, 2:25-3:25pm Mar 28-May 2  
6 sessions: \$165 328-444

## STEM Club: Countryside Gr. K-2

Taught by Tech Tac Toe Staff

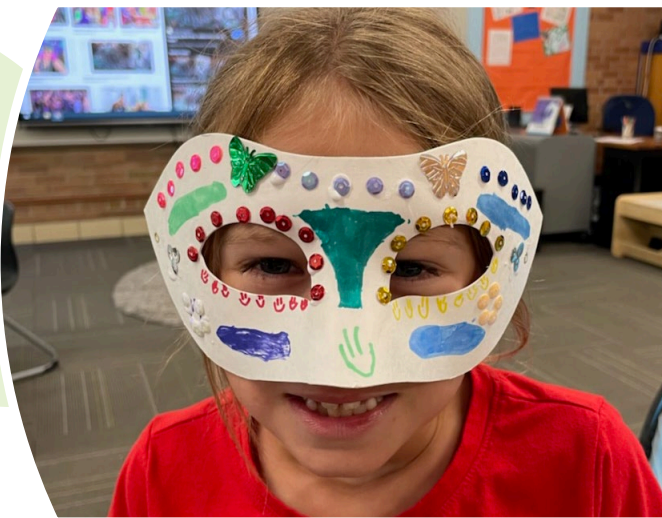
A super fun afterschool program for future scientists and engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kids' love towards STEM. No projects repeated.

### Session I:

Wednesdays, 2:25-3:25pm Feb 1-Mar 15  
6 sessions: \$165 201-431  
No class March 8

### Session II

Wednesdays, 2:25-3:25pm Mar 29-May 3  
6 sessions: \$165 329-432



# Sports, Health & Fitness

## Afterschool Multi-Sports & Games: Countryside

Taught by DASH Sports

DASH Sports Afterschool Multi-Sport & Games camp includes fun skills training and games. Key sports skills will be taught and players will come out of camp with improved athleticism, fitness, and gameplay knowledge. Campers should bring a water bottle and athletic shoes and clothing. All other equipment is provided.

Tuesdays, 2:25-3:45pm Jan 24-Mar 14  
7 sessions: \$185 124-206

## Afterschool Phys Ed Games: Countryside

Taught by DASH Sports

DASH Sports Phys Ed Games camp provides participants with a fun experience learning and playing your favorite physical education games while increasing athleticism and learning teamwork and gameplay. Campers should bring a water bottle and athletic clothing/shoes. All other equipment is provided.

Tuesdays, 2:25-3:45pm Apr 4-May 23  
8 sessions: \$199 404-211

## Your child is a natural . . .

Playing 🎵 Singing 🎵 Composing 🎵 Ages 3-Adult 🎵 Free Preview Classes



## CHILDREN'S YAMAHA MUSIC SCHOOL

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# After School: Creek Valley Elementary

## Art, Theater, Music & Creativity

### Musical Theater: Strange World: Creek Valley: Gr. 1-5

Taught by Gina Mayer

Journey to a strange new world and meet fantastical creatures! Everyone will learn how to put together a professional show from start to finish. All that is needed are comfortable clothing and sneakers or dance shoes. Friends and family are invited to a special performance beginning at the final class.

**Tuesdays, 2:25-3:50pm** **Jan 17-Mar 14**  
8 sessions: \$139 117-602

### Musical Theater: Pinocchio: Creek Valley: Gr. 1-5

Taught by Gina Mayer

What do you wish upon a star? Everyone will learn how to put together a professional show from start to finish. All that is needed are comfortable clothing and sneakers or dance shoes. Friends and family are invited to a special performance beginning at the final class.

**Tuesdays, 2:25-3:50pm** **Apr 4-May 23**  
8 sessions: \$139 404-608

### Simply Silly Stuff with Kidcreate Studio: Creek Valley: Gr. K-5

Taught by Kidcreate Studio

Get ready to go bananas with all the silly stuff you'll create in this camp! You're going to make some of the craziest art you could imagine. This combination of wacky projects will teach you all sorts of simply silly stuff you never thought artistically possible! Please pack a nut free snack and drink for your child each day.

**Fridays, 2:25-4:00pm** **Jan 27-May 19**  
14 sessions: \$233 127-620

### Mikkonen Music Lessons: Creek Valley Elementary: Gr. 1-12

Taught by Mikkonen Music

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions. Before registering with CommunityEd, schedule lessons at [http://bookey.com/mikkonenmusic\\_scheduling](http://bookey.com/mikkonenmusic_scheduling)

**Mon/Tue/Wed, 2:30-6:15pm** **Jan 10-May 2**  
8 sessions: \$259 110-004

## Expand Your World & Enrichment

### Chess Club: Creek Valley Elementary: Gr. 1-5

Taught by Bill Nara

Whether you consider yourself a beginner or intermediate player, join this club to interact with other chess players in your school and play on a weekly basis. Players will learn the basic rules and strategies of chess if they are new to the game. Tournament play is encouraged, not required.

**Mondays, 2:25-3:20pm** **Jan 9-May 8**  
15 sessions, \$209 109-481

### Elementary Spanish: Creek Valley

Taught by Language Sprout - Rebecca Schwengber

Award-winning, language learning curriculum will take your child from the basics through being a confident language speaker - all while having fun. Innovative, sequentially based curriculum that builds as your child learns. Your child will learn at their own pace with materials designed for their distinct learning style.

### Elementary Spanish: 2 Day: Creek Valley

**Tuesdays/Thursdays, 2:25-3:25pm** **Jan 10 - May 25**  
37 sessions: \$808 103-008

## STEM

### Robotics and STEM: Creek Valley: Gr. 3-5

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

#### Session I:

**Wednesdays, 2:25-3:25pm** **Feb 1- Mar 15**  
7 sessions: \$165 201-445  
Additional no class day March 8

#### Session II:

**Wednesdays, 2:25-3:25pm** **Mar 29-May 3**  
6 sessions: \$165 329-446

Registration Opens December 6th



### STEM Club: Creek Valley Gr. K-2:

*Taught by Tech Tac Toe Staff*

A super fun afterschool program for future scientists and engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kids' love towards STEM. No projects repeated.

#### Session I:

**Thursdays, 2:25-3:25pm**

6 sessions: \$165

*Additional no class day March 9*

**Feb 2-Mar 16**

202-433

#### Session II:

**Thursdays, 2:25-3:25pm**

6 sessions: \$165

*Additional no class day April 20*

**Mar 30-May 11**

330-434

## Sports, Health & Fitness

### Afterschool Multi-Sports & Games: Creek Valley

*Taught by DASH Sports*

DASH Sports Afterschool Multi-Sport & Games camp includes fun skills training and games. Key sports skills will be taught and players will come out of camp with improved athleticism, fitness, and gameplay knowledge. Campers should bring a water bottle and athletic shoes and clothing. All other equipment is provided.

**Wednesdays, 2:25-3:45pm**

8 sessions: \$199

**Jan 25-Mar 15**

125-207



### Afterschool Phys Ed Games: Creek Valley

*Taught by DASH Sports*

DASH Sports Phys Ed Games camp provides participants with a fun experience learning and playing your favorite physical education games while increasing athleticism and learning teamwork and gameplay. Campers should bring a water bottle and athletic clothing/shoes. All other equipment is provided.

**Wednesdays, 2:25-3:45pm**

8 sessions: \$199

**Apr 5-May 24**

405-212

### No Class Days:

January 20

February 21

March 10

March 20-24

April 21

May 29



**INVEST IN YOUR CHILD'S FUTURE**



## BECOME A CODE NINJA

Code Ninjas Edina Kids Coding & STEM Learning Center



### AFTER SCHOOL CLUB Coding & STEM Club NOW AVAILABLE!

- Direct busing transportation from Edina Schools to Code Ninjas
- Kids Coding Instruction and other STEM activities
- Programs available 2:30-6:00
- Daily Meal Package Available
- Text/Call 612-324-STEM or Visit <https://www.codeninjas.com/mn-edina>

To register, visit [edina.ce.eleyo.com](http://edina.ce.eleyo.com)



# After School: Highlands Elementary

## Art, Theater, Music & Creativity

### Musical Theater: Strange World: Highlands: Gr. 1-5

*Taught by Gina Mayer*

Journey to a strange new world and meet fantastical creatures! Everyone will learn how to put together a professional show from start to finish. All that is needed are comfortable clothing and sneakers or dance shoes. Friends and family are invited to a special performance beginning at the final class.

**Wednesdays, 2:25-3:50pm** **Jan 25-Mar 15**  
8 sessions: \$139 125-603

### Musical Theater: Pinocchio: Highlands: Gr. 1-5

*Taught by Gina Mayer*

What do you wish upon a star? Everyone will learn how to put together a professional show from start to finish. All that is needed are comfortable clothing and sneakers or dance shoes. Friends and family are invited to a special performance beginning at the final class.

**Wednesdays, 2:25-3:50pm** **Apr 5-May 24**  
8 sessions: \$139 405-609

### Simply Silly Stuff with Kidcreate Studio: Highlands: Gr. K-5

*Taught by Kidcreate Studio*

Get ready to go bananas with all the silly stuff you'll create in this camp! You're going to make some of the craziest art you could imagine. This combination of wacky projects will teach you all sorts of simply silly stuff you never thought artistically possible! Please pack a nut free snack and drink for your child each day.

**Mondays, 2:25-4:00pm** **Jan 23-May 22**  
16 sessions: \$265 123-615

### Mikkonen Music Lessons: Highlands Elementary: Gr. 1-12

*Taught by Mikkonen Music*

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions. Before registering with CommunityEd, schedule lessons at [http://bookeo.com/mikkonenmusic\\_scheduling](http://bookeo.com/mikkonenmusic_scheduling)

**Wednesdays, 2:30-6:15pm** **Jan 11-May 3**  
8 sessions: \$259 111-006

### Highlands Choir: Gr. 2-5

*Taught by Katie Widen*

Join Highlands music teacher, Katie Widen, to sing and dance, learn about healthy in-tune vocal technique, and perform and memorize a wide-range of fun music from lots of different musical genres! We will end the session with a concert for the Highlands community and for our families and friends.

**Thursdays, 2:30-3:30pm** **Jan 26-Apr 20**  
12 sessions: \$225 126-067

## STEM

### Robotics and STEM: Highlands: Gr. 3-5

*Taught by Tech Tac Toe Staff*

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

#### Session 1:

**Thursdays, 2:25-3:25** **Feb 2-Mar16**  
6 sessions: \$165 202-447

#### Session 2:

**Thursdays, 2:25-3:25** **Mar 30-May11**  
6 sessions: \$165 330-448

### No Class Days:

January 20  
February 21  
March 10  
March 20-24  
April 21  
May 29



**STEM Club: Highlands Gr. K-2:**

*Taught by Tech Tac Toe Staff*

A super fun afterschool program for future scientists and engineers that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kids’ love towards STEM. No projects repeated.

**Session I:**

**Fridays, 2:25-3:25pm** **Feb 3-Mar 17**  
6 sessions: \$165 203-435

**Session II:**

**Fridays, 2:25-3:25pm** **Mar 31-May 12**  
6 sessions: \$165 331-436

**Expand Your World & Enrichment**

**Unified Games and Team Building Highlands: K-5**

*Taught by Scott Buss*

In this unified class, we will explore a variety of games and activities that will help students strengthen their decision making, problem-solving, communication and other skills through play. Edina Community Ed “Unified” camps blend students with special needs and students who are more typically developing. Available to students enrolled at Highlands Elementary School.

**Fridays, 2:30-3:30pm** **Jan 27-Mar 17**  
7 sessions: \$100 127-137

**Fridays, 2:30-3:30pm** **Mar 31-May 19**  
7 sessions: \$100 331-138

**Elementary Spanish: Highlands**

*Taught by Language Sprout - Rebecca Schwengber*

Award-winning, language learning curriculum will take your child from the basics through being a confident language speaker - all while having fun. Innovative, sequentially based curriculum that builds as your child learns. Your child will learn at their own pace with materials designed for their distinct learning style.

**Elementary Spanish: 2 Day: Highlands**

**Mondays/Wednesdays, 2:25-3:25pm** **Jan 11-May 24**  
35 sessions: \$766 111-010

**Chess Club: Highlands Elementary: Gr. 1-5**

*Taught by Bill Nara*

Beginner or intermediate players – join this club to interact with other chess players and play on a weekly basis. New players will learn the basic rules and strategies of chess. Tournament play is encouraged, not required.

**Wednesdays, 2:25-3:25** **Jan 11-May 3**  
16 Sessions: \$225 111-484

**Sports, Health & Fitness**

**Afterschool Multi-Sports & Games: Highlands**

*Taught by DASH Sports*

This camp includes fun skills training and games. Key sports skills will be taught and players will come out of camp with improved athleticism, fitness, and gameplay knowledge. Campers should bring a water bottle and athletic shoes and clothing. All other equipment is provided.

**Thursdays, 2:25-3:45pm** **Jan 26-Mar 16**  
8 sessions: \$199 126-208

**Afterschool Phys Ed Games: Highlands**

*Taught by DASH Sports*

This camp provides participants with a fun experience learning and playing your favorite physical education games while increasing athleticism and learning teamwork and gameplay. Bring a water bottle and athletic clothing/shoes. All other equipment is provided.

**Thursdays, 2:25-3:45pm** **Apr 6-May 25**  
8 sessions: \$199 406-213

**Highlands Running Club: Gr. 1-5**

*Taught by Nikia Lynn Noel Mussell*

WHY RUN? There are many reasons! Running is a great form of exercise for all ages that you can do anywhere. It’s a great family activity as well. And it’s social – running clubs, programs, and events can be found in nearly every city in the United States. Join the fun!

**Gr. K**

**Wednesdays, 2:25-3:25pm** **Apr 19-May 24**  
6 sessions: \$45 419-249

**Gr. 1-3**

**Mondays/Tuesdays, 2:25-3:25pm** **Apr 17-May 23**  
12 sessions: \$75 417-247

**Gr. 3-5**

**Thursdays/Fridays, 2:25-3:25pm** **Apr 20-May 25**  
10 sessions: \$75 420-248

# Before and After School: Normandale Elementary

## Art, Theater, Music & Creativity

### BEFORE SCHOOL:

#### The Lion King Experience KIDS Gr. 2-5

*Taught by Elizabeth Werness*

Students will create a 30 min theatrical production including dramatizing the story, songs from the musical, and dances. We welcome all Normandale students in grades 2-5 to participate and hope to make theater come alive for everyone involved.

**Tuesdays/Wednesdays, 7:45-8:20am**      **Jan 17-Apr 19**  
25 sessions: \$200      117-600

### AFTER SCHOOL:

#### Musical Theater: Strange World: Normandale: Gr. 1-5

*Taught by Gina Mayer*

Journey to a strange new world and meet fantastical creatures! Everyone will learn how to put together a professional show from start to finish. Friends and family are invited to a special performance beginning at the final class.

**Thursdays, 3:15-4:50pm**      **Jan 26-Mar 16**  
8 sessions: \$139      126-604

#### Musical Theater: Pinocchio: Normandale: Gr. 1-5

*Taught by Gina Mayer*

What do you wish upon a star? Everyone will learn how to put together a professional show from start to finish. Friends and family are invited to a special performance beginning at the final class.

**Thursdays, 3:15-4:50pm**      **Apr 6-May 25**  
8 sessions: \$139      406-611

#### Simply Silly Stuff with Kidcreate Studio: Normandale: Gr. K-5

*Taught by Kidcreate Studio*

Get ready to go bananas with all the silly stuff you'll create in this camp! You're going to make some of the craziest art you could imagine. This combination of wacky projects will teach you all sorts of simply silly stuff you never thought artistically possible! Please pack a nut free snack and drink for your child each day.

**Tuesdays, 3:15-5:00pm**      **Jan 24-May 23**  
16 sessions: \$265      124-616

#### Mikkonen Music Lessons: Normandale Elementary: Gr. 1-12

*Taught by Mikkonen Music*

Thirty-minute music lessons in piano, guitar and ukulele are offered after school through Mikkonen Music. Lessons run continuously throughout the school year for students in grades 1-12 and meet once a week for 8-week sessions. Before registering with CommunityEd, schedule lessons at [http://bookeo.com/mikkonenmusic\\_scheduling](http://bookeo.com/mikkonenmusic_scheduling)

**Thursdays/Fridays, 2:30-6:15pm**      **Jan 12-May 5**  
8 sessions: \$259      109-051

#### Amazing Clay Animals: Normandale: Gr. 3-5

*Taught by Abrakadoodle Art Education*

Join us at this amazing class and get ready for hands on fun! Learn how to sculpt, coil, slab, and pinch clay to make super cute, and fun animals out of air clay.

**Wednesdays, 3:15-4:15pm**      **Jan 18-Feb 8**  
4 sessions: \$85      118-144

#### Art Lab: Normandale: Gr. 3-5

*Taught by Abrakadoodle Art Education*

Explore your artistic side as you have fun using different materials like watercolors, pastels, clay, canvas, and more! Join this award-winning program and learn tricks that make art magic.

**Wednesdays, 3:15-4:15pm**      **Apr 12-May 17**  
6 sessions: \$130      412-147

### No Class Days:

January 20	March 20-24
February 21	April 21
March 10	May 29





Meet the Masters: Normandale: Gr. 3-5

Taught by Abrakadoodle Art Education

Each week we'll focus on a famous artist as we learn about his/her style, we'll learn about art history, technique and vocabulary while painting, sculpting with clay, and drawing with pastels. Make room at home to display your masterpieces!

Wednesdays, 3:15-4:15pm                      Feb 22-Mar 15  
4 sessions: \$85    222-146

STEM

Computer Typing Skills: Normandale:

Taught by Roxanne May

Get set to WOW your teachers by learning proper typing skills. Learn proper finger placement and drills as you focus on accuracy and speed. With technology being used in every facet of the classroom and life, touch typing is an essential skill! This class is open to all schools and is held at Normandale Elementary.

Computer Typing Skills: Normandale: Gr. 2-5

Mondays, 3:15-4:15pm                      Mar 27-May 15  
8 sessions: \$165    327-478

Computer Typing Skills: Normandale: Gr. 2-5

Mondays, 3:15-4:15pm                      Jan 9-Mar 13  
8 sessions: \$165    109-477

Robotics and STEM: Normandale: Gr. 3-5:

Taught by Tech Tac Toe Staff

Mix it up with amazing STEM and Robotics projects this Fall! Kids get to work on fun engineering challenges and STEM adventures from various STEM disciplines + amazing Robotic projects that use programming blocks to code the robots. No projects are repeated across sessions.

Session I

Fridays, 3:15-4:15pm                      Feb 3-Mar 17  
6 sessions: \$165    203-449

Session II

Fridays, 3:15-4:15pm                      Mar 31-May 12  
6 sessions: \$165    331-450

STEM Club: Normandale Gr. K-2

Taught by Tech Tac Toe Staff

A super fun program that introduces kids to cool engineering adventures and amazing discoveries. The program is packed with exciting projects to challenge their creative problem-solving skills and spark kids' love towards STEM. No projects repeated.

Session I:

Thursdays, 3:15-4:15pm                      Feb 2-Mar 16  
6 sessions: \$165    203-437

Session II:

Thursdays, 3:15-4:15pm                      Mar 30-May 11  
6 sessions: \$165    331-438

Expand Your World & Enrichment

Chess Club: Normandale Elementary: Gr. 1-5

Taught by Bill Nara

Whether you are a beginner or intermediate player, join this club to interact with other chess players in your school and play on a weekly basis. Players will learn the basic rules and strategies of chess if they are new to the game. Tournament play is encouraged, not required.

Tuesdays, 3:15-4:00pm                      Jan 10-May 9  
16 sessions, \$223    110-482

Sports, Health & Fitness

Afterschool Multi-Sports & Games: Normandale

Taught by DASH Sports

This camp includes fun skills training and games. Key sports skills will be taught and players will come out of camp with improved athleticism, fitness, and gameplay knowledge. Campers should bring a water bottle and athletic shoes and clothing. All other equipment is provided.

Fridays, 3:15-4:30pm                      Jan 27-Mar 17  
7 sessions: \$185    127-209

Afterschool Phys Ed Games: Normandale

Taught by DASH Sports

Have a fun experience learning and playing your favorite physical education games while increasing athleticism and learning teamwork and gameplay. Campers should bring a water bottle and athletic clothing/shoes. All other equipment is provided.

Fridays, 3:15-4:30pm                      Apr 7-May 26  
7 sessions: \$185    407-214



# Non-School Days

All classes in-person at the Edina Community Center.

## Art

### Non-School Day: MIA Art Adventure: Gr. K-5

*Taught by Annie Schilling*

For 30 years the Edina School District and the Minneapolis Institute of Art (MIA) have teamed up to bring art to Edina students. Art Adventure is a program that engages students with artworks from the Minneapolis Institute of Art’s collection. We conclude “How We Live” series this winter with “Vajra Warrior”.

**Friday, 10:00-11:30am** **Jan 20**  
1 session: \$20 120-011

### Spring Break: Paint and Clay Camp: Gr. K-5

*Taught by Abrakadoodle Art Education*

From clay to canvas along with watercolors, you’ll surely have a blast in this fun and crafty camp! Join us as we sculpt a cute dog with clay, paint turtles with watercolors and create and fun project on canvas, among other amazing projects. Great class for siblings! Bring a beverage, nut free snack and recess attire.

**Mon/Tue, 9:00am-12:00pm** **Mar 20-Mar 21**  
2 sessions: \$130 320-142

### Spring Break: Art Blast! Camp: Gr. K-5

*Taught by Abrakadoodle Art Education*

In this fantastic art camp, we’ll spend an amazing week creating all sorts of art projects using different mediums and materials like watercolor, canvas, clay and much more. We’ll have fun drawing, working with clay as well as printing and painting awesome art projects to take home... all and more in this creative camp. Great class for siblings! Bring a beverage, nut free snack and recess attire.

**Wed/Thu, 9:00am-12:00pm** **Mar 22-Mar 23**  
2 sessions: \$130 322-142

## At A Glance

<b>January 20</b>	MIA Art Adventure Better Than Burnt Toast DASH Multi-Sport
<b>February 21</b>	Love at First Bite DASH Multi-Sport
<b>March 10</b>	Tasty Tacos DASH Multi-Sport
<b>March 20-21</b>	Paint and Clay Camp
<b>March 22-23</b>	Art Blast! Camp
<b>April 21</b>	Snack Attack DASH Multi-Sport

Registration Opens December 6th

# Cooking

## Non-School Days: Better Than Burnt Toast

Taught by Jackie Mart

Take breakfast up a notch! Join local Holistic Nutritionist, Jackie Mart, for an engaging children’s class all about breakfast foods! We will be whipping up a few soon-to-be favorites! On the Menu: Dinosaur Egg Breakfast Cups Almond Butter Banana Pancakes. All supplies are included.

Friday, 2:00-3:00pm Jan 20  
1 session: \$36 120-421

## Non-School Day: Love at First Bite

Taught by Jackie Mart

Join local holistic nutritionist, Jackie Mart, in celebrating Valentine’s Day by making healthy, holiday-themed, party foods! Eat, Drink, and be Mine. On the Menu: Strawberry Love Bugs, Eat My Heart Out Apple Chips, Kombucha Love Potion. All supplies are included.

Tuesday, 2:00-3:00pm Feb 21  
1 session: \$36 221-422

## Non-School Day: Tasty Tacos

Taught by Jackie Mart

You don’t have to wait until Tuesday to enjoy this Mexican meal! Join holistic nutritionist, Jackie Mart, in preparing this taco inspired line-up! On the Menu: Baked Taco Cups, Chicken Ranch Tacos, 7-Layer Taco Dip. All supplies are included.

Friday, 2:00-3:00pm Mar 10  
1 session: \$36 310-424

## Non-School Day: Snack Attack

Taught by Jackie Mart

Join local holistic nutritionist, Jackie Mart, for this children’s hands-on cooking class! We will be making a few yummy, mouth-watering, after-school snacks! On the Menu: Paleo Monkey Cinnamon Bread, Peaches and Cream Smoothie. All supplies are included.

Friday, 2:00-3:00pm Apr 21  
1 session: \$36 421-425

# Sports

## Non-School Day: DASH Multi-Sport: Gr. K-5

Taught by DASH Sports

Looking for a non-school day filled with fun sports activities? This Multi-Sport camp includes skills training and games in three sports: Soccer, Basketball, and Flag Football. Athletes will spend roughly 1.5 hours on each sport, performing fun, instructor-led skill-based activities and games. Also included in the daily activities will be other games such as Kickball, Capture the Flag, Dodgeball, and more. Athletes should bring two snacks, a lunch, and a water bottle.

Friday, 9:00am-4:00pm Jan 20  
1 session: \$109 120-215

Tuesday, 9:00am-4:00pm Feb 21  
1 session: \$109 221-216

Friday, 9:00am-4:00pm Mar 10  
1 session: \$109 310-217

Friday, 9:00am-4:00pm Apr 21  
1 session: \$109 421-218



# A2D Academy

STEAM, Literacy, and Art for Pre-K to 6th Grade

TEACHING THE LOVE OF ART AND EDUCATION

Edina, MN

A2D Offers:

After School Programming with Enrichment & Academic Support Classes

Kids Night Out • Tutoring • Artist Workshops

(612) 208-2662 | [www.A2DAcademy.com](http://www.A2DAcademy.com)



# Evenings & Weekends

All classes in-person at Edina Community Center unless otherwise noted.

## Aquatics

### Parent Toddler Swim: Ages 1-4

*Taught by Kay Zuccaro at Valley View Middle School*

Parents work together with Instructor Kay Zuccaro to encourage their young children (ages 1-4) to become comfortable in the water and to develop a readiness to swim. Note: Swim diapers required if not toilet trained. A parent or guardian is required to participate in the water with their child.

<b>Wednesdays, 6:30-7:00pm</b>	<b>Apr 5-Apr 26</b>
4 sessions: \$80	405-209
<b>Wednesdays, 6:30-7:00pm</b>	<b>May 3-May 24</b>
4 sessions: \$80	503-210
<i>Valley View Middle School - VV Pool</i>	

### Learn to Dive

*Taught by John Dailey at South View Middle School*

Learn basic springboard diving skills, diving safety, and how to use the diving board with proper technique. Beginning divers with little or no previous instruction are welcome. Divers will advance to Intermediate during session if ready. Age is less important than proficiency in the noted skills. Please check online for full details.

<b>Mondays, 6:45-7:30pm</b>	<b>Jan 9-Mar 13</b>
8 sessions: \$140	109-273
<i>No class 1/16, 2/20</i>	
<b>Mondays, 6:45-7:30pm</b>	<b>Mar 27-May 22</b>
9 sessions: \$157	327-279
<b>Wednesdays, 6:45-7:30pm</b>	<b>Jan 11-Mar 15</b>
10 sessions: \$175	111-274
<b>Wednesdays, 6:45-7:30pm</b>	<b>Mar 29-May 24</b>
9 sessions: \$157	329-280

### Intermediate Diving

*Taught by John Dailey and Terri Von Felden at South View Middle School*

If you already have some springboard diving experience, you can continue to build on the skills you've learned in earlier classes. Intermediate divers will be encouraged to try reverse dives, somersaults in all directions, twisting dives, etc. Divers will advance to Competitive during session if ready. Age is less important than proficiency in the noted skills. Please check online for full details.

<b>Mondays, 7:30-8:15pm</b>	<b>Jan 9-Mar 13</b>
8 sessions: \$140	109-275
<i>No class 1/16, 2/20</i>	
<b>Mondays, 7:30-8:15pm</b>	<b>Mar 27-May 22</b>
9 sessions: \$157	327-281
<b>Wednesdays, 7:30-8:15pm</b>	<b>Jan 11-Mar 15</b>
10 sessions: \$175	111-276
<b>Wednesdays, 7:30-8:15pm</b>	<b>Mar 29-May 24</b>
9 sessions: \$157	329-282

### Competitive Diving

*Taught by John Dailey and Terri Von Felden at South View Middle School*

Divers with prior competitive springboard diving experience are welcome (high school varsity or junior varsity, or age group diving experience)! Instructors are all seasoned varsity and club diving coaches. Please check online for full details.

<b>Mondays, 8:15-9:15pm</b>	<b>Jan 9-Mar 13</b>
8 sessions: \$180	109-277
<i>No class 1/16, 2/20</i>	
<b>Mondays, 8:15-9:15pm</b>	<b>Mar 27-May 22</b>
9 sessions: \$202	327-283
<b>Wednesdays, 8:15-9:15pm</b>	<b>Jan 11-Mar 15</b>
10 sessions: \$225	111-278
<b>Wednesdays, 8:15-9:15pm</b>	<b>Mar 29-May 24</b>
9 sessions: \$202	329-284

## Archery

### Archery 101: Gr. 5-9

*Taught by Jared Little*

Nothing beats the thrill of hitting a bull's-eye! Learn all aspects of range safety, proper shooting techniques and the history of this ancient sport. Please note that attendance at the first two days of club is required to be properly trained on all safety skills and rules. Attendance at all sessions is recommended. No prorating is available.

<b>Tuesdays, 6:00-7:00pm</b>	<b>Apr 11-May 23</b>
7 sessions: \$150	411-149





American Red Cross Babysitter Training: Gr. 4-8

Taught by Jane Tierney

A must for all babysitters! Topics include infant care, child development, good babysitter business practices, emergency and first aid care. In order to receive a certificate, attendance is required for the entire class.

<b>Saturday, 8:30am-3:00pm</b>	<b>Feb 11</b>
1 session: \$100	211-060
<b>Mondays, 4:20-6:00pm</b>	<b>Apr 3-17</b>
3 sessions: \$100	403-061
<b>Mondays, 4:20-6:00pm</b>	<b>May 8-22</b>
3 sessions: \$100	508-062

Dungeons and Dragons for Beginners: Saturdays: Gr. 6 and up

Taught by Amelia Splinter

Learn how to play the world’s most popular Tabletop RPG with an experienced Dungeon Master! Players will create their own character and embark on a perilous quest to save their city from certain doom in a fun-filled, inclusive game.

Gr. 6-8

<b>Saturdays, 9:30-10:45am</b>	<b>Jan 7-Mar 11</b>
10 sessions: \$165	107-099

Ages 14-17

<b>Saturdays, 11:00am-1:00pm</b>	<b>Jan 7-Mar 11</b>
10 sessions: \$165	107-070

Bicycle Repair and Maintenance Beginner Class: Ages 14-18

Taught by Erik Bloom

Basic bike set up, identification, shifting adjustments, brake adjustments, how to safety check your bike, preparing a bike for selling, as well as many other helpful tips & tricks. If you take another class you can start where you left off and move to the next level of learning.

<b>Friday, 4:30-6:00pm</b>	<b>Jan 20</b>
1 session: \$59	120-037

Bicycle Repair and Maintenance Intermediate Class: Ages 14-18

Taught by Erik Bloom

Basic bike set up, identification, shifting adjustments, brake adjustments, how to safety check your bike, preparing a bike for selling, as well as many other helpful tips & tricks. If you take another class you can start where you left off and move to the next level of learning.

<b>Friday, 4:30-6:00pm</b>	<b>Apr 21</b>
1 session: \$59	421-040
<b>Friday, 4:30-6pm</b>	<b>May 19</b>
1 session: \$59	519-038

Bicycle Repair and Maintenance 3 Hour Class: Ages 14-18

Taught by Erik Bloom

Major focus will be on identification of bicycle parts, trailside repair, shifting adjustments, brake adjustments, chain maintenance, how to repair/replace a tube (flat tire), how to safety check your bike. We will also learn basic wheel truing, replacing a chain, how to replace brake and shifting cables

<b>Saturday, 9:00am-12:00pm</b>	<b>Jan 21</b>
1 session: \$100	107-045
<b>Saturday, 9:00am-12:00pm</b>	<b>Mar 4</b>
1 session: \$100	304-046
<b>Saturday, 9:00am-12:00pm</b>	<b>May 6</b>
1 session: \$100	506-047

Kung Fu - Wu Shu

Kung Fu – Wu Shu for Self-Defense and Fitness: Ages 5+

Taught by Sandra Lam

Learn effective kicking, punching & self-defense skills to strengthen the mind & body. Join a fun, progressive class & build muscle, power, flexibility, coordination, agility. Optional uniform, certification from white to Black Belt available. Great class for parents and child.

Beginner:

<b>Saturdays, 9:15-9:45am</b>	<b>Jan 28-Mar 11</b>
7 sessions: \$90	128-237
<b>Saturdays, 9:15-9:45am</b>	<b>Apr 15-May 27</b>
7 sessions: \$90	415-238

White, Yellow, Orange Belt:

<b>Saturdays, 9:50-10:20am</b>	<b>Jan 28-Mar 11</b>
7 sessions: \$90	128-239





**Saturdays, 9:50-10:20am**  
7 sessions: \$90

**Green – 2nd Purple Belt:**

**Saturdays, 10:25-10:55am**  
7 sessions: \$90

**Saturdays, 10:25-10:55am**  
7 sessions: \$90

**3rd Purple - Black Belt:**

**Saturdays, 11:35am-12:05pm**  
7 sessions: \$90

**Saturdays, 11:35am-12:05pm**  
7 sessions: \$90

**Kung Fu – Wu Shu for Self-Defense and Fitness: Instruments & Sparring: Ages 8+**

*Taught by Sandra Lam at Edina Community Center*

Learn effective kicking, punching & self-defense skills to strengthen the mind & body. Join a fun, progressive class & build muscle, power, flexibility, coordination, agility. Great class for parents and child. Concurrent enrollment in Belt class is required. Instructor: National Treasure Kung Fu, Inc., Director: SiFu Al Lam

**Saturdays, 11:00-11:30am**  
7 sessions: \$90

**Saturdays, 11:00-11:30am**  
7 sessions: \$90

**Online**

**Online: Code Championship Tournament Series | Virtual Computer Coding Competition: Gr. 3-9**

*Taught by Luke Schlangen*

Build a computer bot to play head-to-head against other coders! This is the perfect way to explore the competitive coding world. No previous coding experience necessary. The Code Championship Series is four tournaments in four weeks (it's ok to miss one or two). Hosted online using Google Meet and the Code Championship website.

**Saturdays, 9:00-11:00am**  
4 sessions: \$95

**Apr 15-May 27**  
415-240

**Jan 28-Mar 11**  
128-241

**Apr 15-May 27**  
415-242

**Jan 28-Mar 11**  
128-245

**Apr 15-May 27**  
415-246



**Sports**

**BASEBALL**

**T-Ball Tykes: Ages 2-5**

*Taught by DASH at McCarthy Field*

Looking for a fun introduction to baseball? DASH Sports baseball tykes camp introduces players to key elements of the game. The final day of classes is 'Game Day' and athletes will showcase their skills in a game environment. Athletes should bring a water bottle and a baseball glove. Parent participation is recommended as needed.

**Ages 2-3**

**Saturdays, 9:00-9:30am**  
5 sessions: \$99

**Apr 22-May 20**  
422-806

**Ages 4-5**

**Saturdays, 9:40-10:25am**  
5 sessions: \$119

**Apr 22-May 20**  
422-807

**DASH Baseball Camp: Grades K-5**

*Taught by DASH Sports at Edina Community Center*

Join us for a well-rounded experience in a fun environment learning the values of 'Respect, Hustle, and Pride'. Key elements of baseball will be taught and practiced with players grouped by level. Camp ends with a scrimmage the final day. Bring a water bottle and your glove (spikes and personal bats optional).

**Grades K-2**

**Saturdays, 10:35-11:35am**  
5 sessions: \$129

**Apr 22-May 20**  
422-224

**Grades 3-5**

**Saturdays, 11:45am-12:45pm**  
5 sessions: \$129

**Apr 22-May 20**  
422-225

BASKETBALL

Basketball Tykes: Ages 2-5

Taught by DASH at Edina Community Center

DASH Sports Basketball Tykes camps provide players an introductory experience to the great game of basketball through fun skill-based drills and mini-games in a fun and positive environment. Athletes should bring a water bottle. Balls are provided. Parent participation is encouraged when necessary.

Ages 2-3

Saturdays, 9:00-9:30am  
5 sessions: \$109  
Feb 11-Mar 11  
211-800

Ages 4-5

Saturdays, 9:40-10:10am  
5 sessions: \$119  
Feb 11-Mar 11  
211-801

DASH Basketball Camp: Gr. K-5

Taught by DASH Sports at Edina Community Center

DASH Sports basketball camps provide a well-rounded basketball experience covering a broad range of training and skill-based games. Learn basketball skills in a fun and positive environment. Camps end with scrimmages/games on the final day. Athletes should bring a water bottle. Balls are provided.

Gr. K-2

Saturdays, 10:20-11:20am  
5 sessions: \$129  
Feb 11-Mar 11  
121-263

Gr. 3-5

Saturdays, 11:30am-12:30pm  
5 sessions: \$129  
Feb 11-Mar 11  
121-220  
No class 1/28, 2/4

FOOTBALL

Flag Football Tykes: Ages 2-5

Taught by DASH at Concord Elementary

An introduction to the great game of football in a little to no contact safe environment. Key elements of the game will be taught and fun, games will be played to practice newly learned skills. Athletes should bring a water bottle (spikes/cleats are optional). Footballs and flag belts are provided. Parent participation is encouraged when needed.

Ages 2-3

Thursdays, 4:15-4:45pm  
6 sessions: \$109  
Apr 27-Jun 1  
427-802

Ages 4-5

Thursdays, 5:00-5:45pm  
6 sessions: \$129  
Apr 27-Jun 1  
427-803

DASH Flag Football Camp: Grades K-5

Taught by DASH Sports at Concord Elementary

Enjoy a well-rounded football experience in a little to no contact safe environment while learning the values of 'Respect, Hustle, and Pride'. Key elements of football will be taught with players grouped by age level. Bring a water bottle (spikes/cleats and mouthguards are optional). Footballs and flag belts are provided.

Thursdays, 6:00-7:00pm  
6 sessions: \$139  
Apr 27-Jun 1  
427-222

DASH Sports NFL Flag Football Girls Only League: Gr. K-5

Taught by DASH Sports at Countryside Elementary

This flag football league includes 30 minutes of practice followed by a 1-hour game each Saturday. Format is 5 vs 5, recreational, non-contact where players will receive equal playing time. Trophies will be awarded to the teams with the best record in each age group. All games will have hired referees and volunteer coaches. See the website for full information and registration details.

Gr. K-2

Saturdays, 2:30-4:00pm  
6 sessions: \$175  
Apr 22-Jun 3  
422-229

Gr. 3-5

Saturdays, 3:30-5:00pm  
6 sessions: \$175  
Apr 22-Jun 3  
422-230



**DASH Sports NFL Flag Football Youth League: Gr. K-5**

*Taught by DASH Sports at Countryside Elementary*

This flag football league includes 30 minutes of practice followed by a 1-hour game each Saturday. Format is 5 vs 5, recreational, non-contact where players will receive equal playing time. Trophies will be awarded to the teams with the best record in each age group. All games will have hired referees and volunteer coaches. See the website for full information and registration details.

**Gr. K-1**

**Saturdays, 11:30am-1:00pm** **Apr 22-Jun 3**  
6 sessions: \$175 422-226

**Gr. 2-3**

**Saturdays, 12:30-2:00pm** **Apr 22-Jun 3**  
6 sessions: \$175 422-227

**Gr. 4-5**

**Saturdays, 1:30-3:00pm** **Apr 22-Jun 3**  
6 sessions: \$175 422-228

**GYMNASTICS**

**Edina Gymnastics: Ages 8-16**

*Taught by Megan Kooman at Edina High School*

A recreational and competitive gymnastics class where participants will work on perfecting basic gymnastics skills (cartwheels, handstands, walkovers) and learning new skills (handsprings, tucks, etc). Returning gymnasts will continue with their progression, and will begin to focus on routines and putting skills together.

**Mondays/Wednesdays, 6:00-7:30pm** **Jan 4-Feb 27**  
14 sessions: \$311 104-208  
*No class 1/16, 2/20*

**SOCCER**

**Soccer Tykes: Ages 2-5**

*Taught by DASH at Concord Elementary*

Dash Sports flag football Tykes camps provide players with an introductory experience to the great game of football in a little to no contact safe environment. Key elements of passing, catching, rushing, and defense will be taught and practiced. Fun, skill-based games will be played to practice newly learned skills. Athletes should bring a water bottle (spikes/cleats are optional).

**Ages 2-3**

**Tuesdays, 4:15-4:45pm** **Apr 25-May 30**  
6 sessions: \$109 425-804

**Ages 4-5**

**Tuesdays,, 5:00-5:45pm** **Apr 25-May 30**  
6 sessions: \$129 425-805



**DASH Soccer Camp: Gr. K-5**

*Taught by DASH Sports at Concord Elementary*

Learn soccer in a well-rounded experience while gaining the values of ‘Respect, Hustle, and Pride’. Players will be grouped by level while receiving instruction in a fun, positive environment. Camp ends with a scrimmage the final day. Bring a water bottle and a snack (spikes and shin guards are optional). Balls are provided.

**Tuesdays, 6:00-7:00pm** **Apr 25-May 30**  
6 sessions: \$139 425-223

**VOLLEYBALL**

**DASH Volleyball Camp: Gr. K-2**

*Taught by DASH Sports at Edina Community Center*

Players enjoy a well-rounded experience in a fun environment, learning key skills such as passing, serving, and hitting. The final day of camp ends with scrimmages and games for players to showcase their skills. Athletes should bring a water bottle and snack (knee pads optional). Balls are provided.

**Saturdays, 1:00-2:00pm** **Feb 11-Mar 11**  
5 sessions: \$129 211-221





# Kids Club/ WISE Guys

## High-Quality School Age Care for Kindergarten – Grade 5

Edina Community Ed’s School Age Care program, Kids Club/WISE Guys, offers a fun, stimulating learning environment for your child that will complement and enrich your child’s experience in Edina Public Schools.

### Opportunities for All

We are a safe space for children to develop friendships and grow in confidence, independence, and respect for themselves and others. Kids Club/WISE Guys is an inclusive program that brings together children from all abilities and backgrounds. Activity options include, but are not limited to, art and cooking, projects, games, science experiments and outdoor adventures.

### Registration Options

Before and after school care for the 2022-23 school year is currently closed. We are no longer accepting contract requests.

### Non-School Days Opportunities

Whether you have a current Kids Club contract or not, you can still register to join us on non-school days for full day care, 7am - 6pm (\$52/day). Stay on site for themed activities or take a field trip to new places. Registration for non-school days closes two weeks prior to the date of care or until filled. Days are filling up quickly so register now.

### No Class Days:

January 20  
February 21  
March 10  
March 20-24  
April 21  
May 29

Register online:  
[edina.ce.eleyo.com](https://edina.ce.eleyo.com)

For more information visit  
[edinacommunityed.com/kidsclub](https://edinacommunityed.com/kidsclub)  
or call  
**952-848-3947**

Summer 2022 registration opens  
February 14, 2023.

School Year 2023-24 registration  
information will be communicated  
at a later date. Watch our website  
for details as we work to update our  
registration process.



Scan here for  
Kids Club/ WISE guys  
information

# Hornet Central: An Early Arrival Option for Middle Schoolers

At South View and Valley View Middle Schools for Grades 6-8

*A partnership between Edina Community Ed, Middle School building administration, and the Edina Public Schools Student Support Services department.*

Offered from 8:00am-9:00am, Hornet Central provides an early arrival option for students and busy families. The program offers a quiet space provides an opportunity for students to ease into the day listening to headphones, reading a book, or finishing homework. Community Volunteers will be available on a consistent schedule to help with homework.

Students who want a more active start to their day may head to the gym for a friendly game of basketball or other games. Monthly opportunities for service projects, career exploration and more will also be available.

## Details

- All students must be pre-registered in order to participate in Hornet Central.
- Doors open at 8:00am. Transportation is not provided for this program.
- Students will be dismissed from Hornet Central at 9:00 am, allowing ample time for the 9:20am start time.
- For one monthly fee, students may attend any day that the program is in session. No drop-in option is available.
- Hornet Central is open every day school is in session. The program is not offered on non-school days.

## Monthly Program Costs:

\$125 per month. For one monthly fee, students may attend as many days as needed throughout the month

No registration fee.

Scholarships are available for students who need tuition assistance.

<https://communityed.edinaschools.org/register/financial-assistance>



Scan here  
to register for  
Hornet Central



For more information visit  
[communityed.edinaschools.org/youth](https://communityed.edinaschools.org/youth)

# Middle School Enrichment

## In-Person

### Dungeons and Dragons: Gr. 6-8

*Taught by Sam Tierney at Edina Community Center*

Spend time with your friends while you enter an alternative reality together playing Dungeons and Dragons. You will all encounter mythical creatures and exercise magical power. Adventure awaits... join today!

#### Session I:

**Wednesdays, 4:10-5:40pm** **Jan 11-Feb 8**  
5 sessions: \$70 111-007

#### Session II:

**Wednesdays, 4:10-5:40pm** **Feb 15-Mar 15**  
5 sessions: \$70 215-008

#### Session III:

**Wednesdays, 4:10-5:40pm** **Mar 29-Apr 26**  
5 sessions: \$79 329-009

### Strategy Game Club: South View: Gr. 6-8

*Taught by Bill Nara at Sounth View Middle School*

Strategy gaming at the next level! Play challenging and popular games like Catan, 7 Wonders, Splendor, Evolution, Godsforge, & More. RPGs and Collectable Card Games are run by students. Playing games develops analysis, problem solving, communication, and negotiation skills and...it's also great fun.

**Wednesdays, 4:05-5:05pm** **Jan 11-Mar 15**  
10 sessions: \$145 111-444

### Maker Mondays: Small Group Sewing Lessons: Gr. 6-12

*Taught by Jan Hagerman at Edina Community Center*

Sewing is a dying art... Learning to sew is like learning a magic trick. You will have skills that not very many people have anymore- especially young people! Start at the beginning and then level up as you gain skills and confidence using the sewing machine. Level 1: Absolute Beginner: Learn sewing machine basics and gain confidence with your stitches Level 2: Beginning Project: Tackle a finished project putting to use your newly-learned sewing basics Level 3: Intermediate Project: Take your skills to the next level by taking on a more in depth project

#### Level 1:

**Mondays, 4:30-5:30pm** **Jan 23**  
1 session: \$40 123-010

**Mondays, 4:30-5:30pm** **Feb 27**  
1 session: \$40 227-013

**Mondays, 4:30-5:30pm** **May 1**  
1 session: \$40 501-016

#### Level 2:

**Mondays, 4:30-5:30pm** **Jan 30**  
1 session: \$40 130-011

**Mondays, 4:30-5:30pm** **Mar 6**  
1 session: \$40 306-014

**Mondays, 4:30-5:30pm** **May 8**  
1 session: \$40 508-017

**Mondays, 4:30-5:30pm** **May 15**  
1 session: \$40 515-018

#### Level 3

**Mondays, 4:30-5:30pm** **Feb 6**  
1 session: \$40 206-012

**Mondays, 4:30-5:30pm** **Mar 13**  
1 session: \$40 313-015





# High School Enrichment

## Online Test Prep:

### Need-to-Know Changes to the College Planning Process

*Taught by Cozy Wittman*

This past year has resulted in some of the most significant changes to the college planning process in decades, in admission trends and the financial aid landscape. Learn how these changes may impact your family, and new strategies to consider to give your student the best opportunity to be admitted and maximize scholarships

**Tuesday, 7:00-8:00pm**

1 session: \$0

**Feb 7**

207-622

### Comprehensive ACT Prep Course: Gr. 10-12

*Taught by ACT Advantage / Math Advantage*

ACT scores play a vital role in college admissions and scholarship opportunities. This course reviews all subjects of the ACT: English, Math, Reading & Science, using previously administered ACT tests, and focus on content and testing strategies. Please see website for complete details and schedule.

#### February 11, 2023 Exam Prep:

**Sundays, 2:00-6:30pm**

4 sessions: \$535

*No class January 15*

**Jan 8-Feb 5**

108-250

#### April 15, 2023 Exam Prep:

**Sundays, 2:00-6:30pm**

4 sessions: \$535

*No class March 19*

**Mar 5-Apr 2**

305-251

#### June 10, 2023 Exam Prep:

**Sundays, 2:00-6:30pm**

4 sessions: \$535

*No class May 28*

**May 7-Jun 4**

507-252

### No Class Days:

January 20  
February 21  
March 10  
March 20-24  
April 21  
May 29



### Online: Private ACT Tutoring: Gr. 10-12

*Taught by ACT Advantage / Math Advantage*

Private ACT Tutoring provides review and instruction tailored to an individual student's needs, using expert instructors in each subject area. Tutoring sessions generally start 4-6 weeks prior to the exam date.

There are four options for registration:

- 1 Subject: 4 one-hour sessions - \$400
- 2 Subjects: 8 one-hour sessions - \$800
- 3 Subjects: 12 one-hour sessions - \$1200
- 4 Subjects: 16 one-hour sessions - \$1600

Please see comprehensive details online.

#### February 11, 2023 Exam:

**Sundays-Thursdays, 4:00-9:00pm**

Sessions vary

**Jan 2-Feb 9**

102-253

#### April 15, 2023 Exam

**Sundays-Thursdays, 4:00-9:00pm**

Sessions Vary

**Feb 13-Apr 13**

213-254

#### June 10, 2023 Exam:

**Sundays-Thursdays, 4:00-9:00pm**

Sessions vary

*No class 6/1*

**May 1-Jun 8**

501-255



## High School Opportunities:

### High School Volunteer Program

High School students regularly volunteer throughout Edina Public Schools. These students offer individual attention to younger students, act as role models, and increase self-esteem and motivation to learn. During the school year, opportunities exist in the Early Learning Center, KIDS Club/WISE Guys program, and Middle School Clubs. During summer, students support Youth Enrichment camps, KIDS Club/WISE Guys, Success and more. Summer 2023 opportunities will be in our February catalog!

Interested? Visit [edinaschools.org/volunteer](https://edinaschools.org/volunteer)

### Community Service Letter Program

Edina High School students in grades 9–12 can earn a letter in Community Service. The Letter is earned by students who go above and beyond when it comes to serving others. There are several steps required to earn a Community Service Letter:

- Complete an orientation and applications
- Complete 120 hours of service, including half in a targeted area of community need
- Secure two letters of recommendation from supervisors
- Share a creative reflection on the experiences with peers



Scan here  
for more info on  
Community Service

## In Person:

### Driver’s Education: Classroom Instruction & Behind the Wheel: Gr. 9-12

*Taught by Safeway Driving School at Edina High School*

This course covers 30 hours of classroom training, and 6 hours of behind-the-wheel lessons. Miss a class? No problem. Each lesson is independent and can be taken in any order. If a lesson is missed, a student can make it up when it is convenient for them and finish at their own pace. The behind-the-wheel training will be scheduled with Safeway after the student has completed the classroom training and passed the permit test. Please review full information online.

<b>Monday-Thursdays, 3:30-6:30pm</b> 10 sessions: \$430 <i>No class 1/16</i>	<b>Jan 9-Jan 25</b> 109-264
<b>Monday-Thursday, 3:30-6:30pm</b> 10 sessions: \$430	<b>Feb 1-16</b> 201-265
<b>Monday-Thursday, 3:30-6:30pm</b> 10 sessions: \$430	<b>Feb 27-Mar 14</b> 227-266
<b>Monday-Thursday, 3:30-6:30pm</b> 10 sessions: \$430	<b>Apr 3-18</b> 403-267
<b>Monday-Thursday, 3:30-6:30pm</b> 10 sessions: \$430	<b>May 1-May 16</b> 501-268

## Online:

### Driver’s Education: Classroom Instruction & Behind the Wheel: Gr. 9-12 (Apr-May)

*Taught by Safeway Driving School*

This course covers 30 hours of classroom training, and 6 hours of behind-the-wheel lessons. Miss a class? No problem. Each lesson is independent and can be taken in any order. If a lesson is missed, a student can make it up when it is convenient for them and finish at their own pace. The behind-the-wheel training will be scheduled with Safeway after the student has completed the classroom training and passed the permit test. Please review full information online.

<b>Monday-Thursday, 4:00-7:00pm</b> 10 sessions: \$430	<b>Jan 17-Feb 1</b> 117-269
<b>Monday-Thursday, 4:00-7:00pm</b> 10 sessions: \$430 <i>No class February 20</i>	<b>Feb 13-Mar 1</b> 213-270
<b>Monday-Thursday, 4:00-7:00pm</b> 10 sessions: \$430	<b>Apr 17-May 2</b> 417-271
<b>Monday-Thursday, 4:00-7:00pm</b> 10 sessions: \$430 <i>No class May 29</i>	<b>May 15-31</b> 515-272

Registration Opens December 6th

# Early Childhood Family Education (ECFE)

Our hallmark program for infants, toddlers and their parents is “Early Childhood Family Education” or “ECFE.” Unique to Minnesota, ECFE has been supporting families since 1973.

## Here’s a preview of what you and your child will experience in ECFE

- You and your child enjoy time together with developmentally-appropriate activities.
- Join other parents and a licensed Parent Educator for discussion.
- In separating classes children play and learn together with licensed teachers

## Separating/Non-Separating

Most classes for the youngest children have the parent component within the classroom, so babies and caregivers stay together. These are our “non-separating” classes. As children get more independent, they remain in their space with parents in a separate room for discussion. These are our “separating” classes.

## Sibling Care

Sibling care is available for children ages 6 weeks through pre-K while you are attending an ECFE class with your infant/toddler. Sibling care is available for all ECFE classes offered between 8:30am and 3:30pm, Monday through Friday. Register for sibling care when you register for your family education class.

## Sliding Fee Scale

For classes with a parent education (ECFE) component, tuition is charged on a sliding fee scale based on family household income. The price shown in the catalog is the most a family will pay. Please see our website for full details.



## “All Caregivers are Welcome!”

While we use the word “parent”, we recognize that not all family structures look the same. Any and all adults parenting and/or caregiving are welcome in our classes.

## Age Specifications

Keep in mind to explore classes based on your child’s age as of 9/1/2022.



Scan here for more info on Early Childhood Family Education

# Babies & Toddlers



## Non-Separating

### Baby & Me Sampler: Birth–6 months

A FREE introduction to Early Childhood Family Education. Offered September - May on the second Monday of the month from 11:45am - 12:45 pm. See our website for registration specifics.

### Baby & Me: Birth–6 months

Congratulations on the beautiful addition to your family! This relaxing class is designed to be educational, yet allow you to slow down long enough to have some focused, uninterrupted time to enjoy your infant. Meet other parents, sharing questions on sleep, schedules, feeding and development.

<b>Mondays, 9:15 - 10:15am</b>	<b>Ongoing-6/1</b>
\$83.00/month	0006-1
<b>Fridays, 10:30 - 11:30am</b>	<b>Ongoing-5/26</b>
\$83.00/month	0006-2

### Busy Babies: 7–11 months

Enjoy time with your baby/toddler exploring the classroom as you listen to music, create art activities, read books and play to learn. A licensed Parent Educator will lead the class as you interact with your child and discuss your child’s social, emotional and physical development.

<b>Fridays, 9:15 - 10:15am</b>	<b>Ongoing-5/26</b>
\$83.00/month	0711-2

### Baby/Toddler Playtime: 6–18 months

Join other parents and their children in an atmosphere created just for babies and toddlers. No registration is required. You can pay as you go (\$7 at the door) or purchase a pass online. Sibling care is not offered for this class.

<b>Tuesdays, 3:30-4:30pm</b>	<b>1/3-5/30</b>
20 Sessions: \$50.00	PlayPass-Tue-WinSpr
<b>Thursdays, 12:15-1:15pm</b>	<b>1/5-5/25</b>
20 Sessions: \$50.00	PlayPass-Thu-WinSpr

### Stay and Play with Grandparents: 12–36 months

Join other grandparents and their children in an atmosphere created just for babies and toddlers. No registration is required. You can pay as you go (\$57 at the door) or purchase a pass online. Sibling care is not offered for this class.

<b>Tuesdays, 11:45am-12:45pm</b>	<b>1/3-5/30</b>
20 Sessions: \$50.00	Grpts-Tue-WinSpr
<b>Thursdays, 11:45am-12:45pm</b>	<b>1/5-5/25</b>
20 Sessions: \$50.00	Grpts-Thu-WinSpr

## Multi-Age Class!

### Saturday Songs and Stories: Birth - 5 years

Enjoy special time as a family. Learn and play in one of our preschool classrooms. Teachers will lead the group in songs and stories.

<b>Saturdays, 10:30 - 11:30am</b>	<b>1/28-3/4</b>
6 Sessions - \$155.00	SFamily-3
<b>Saturdays, 10:30 - 11:30am</b>	<b>4/1-5/13</b>
6 Sessions - \$155.00	SFamily-4

### No Class Days:

January 2, 16, 20  
February 20-21  
March 10, 20-24  
April 21  
May 29



# Separating

## Toddlin’ Tykes: 12–17 months

Your toddler will delight in songs, story time, and puppet shows all the while learning social skills by taking turns, exploring together and interacting with others. Parents separate for a portion of the class with a licensed Parent Educator to discuss their child’s social, emotional and physical development while the children stay to play in the classroom.

### 12–17 months

<b>Tuesdays, 9:15-10:30am</b> \$99.00/month	<b>Ongoing-5/30</b> 1217-2
<b>Wednesdays, 9:15-10:30am</b> \$99.00/month	<b>Ongoing-5/31</b> 1217-3
<b>Thursdays, 10:45am-12:00pm</b> \$99.00/month	<b>Ongoing-6/1</b> 1217-4

### 12–24 months

<b>Saturdays, 9:00-10:00am</b> \$155.00/month	<b>1/28-3/4</b> S1224-3
<b>Saturdays, 9:00-10:00am</b> \$155.00/month	<b>4/1-5/13</b> S1224-4

## Tender Tots: 18-24 months

Enjoy time with your baby/toddler exploring the classroom and playing to learn. Parents separate for a portion of the class into another classroom with a licensed Parent Educator to discuss their child’s social, emotional and physical development while the children play with their teachers and classmates.

<b>Tuesdays, 10:45am-12:00pm</b> \$99.00/month	<b>Ongoing-5/30</b> 1823-2
<b>Wednesdays, 10:45am-12:00 pm</b> \$99.00/month	<b>Ongoing-5/31</b> 1823-3

## Family Education Afterschool: Birth - 2 years

Come find your community when it’s convenient for you. Parents and child will attend together to play, learn and explore. The first half of the class will be parent and child learning time together. Parents will leave for the second half of the class to attend parent education facilitated by a licensed Parent Educator.

<b>Tuesdays, 4:00-5:30pm</b> \$90.00/month	<b>Ongoing-5/30</b> Afterschool
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# ECFE Classes for Two and Up

## Two Year-Olds

### A Taste of Preschool

Two year olds love to explore and our classrooms allow them to gain confidence, trust, and independence. Parents separate with a Licensed Parent Educator.

### One Day per Week

<b>Mondays, 8:45-10:45am</b> \$160.00/month	<b>Ongoing-5/22</b> 0002-1
<b>Mondays, 11:15am - 1:15pm</b> \$160.00/month	<b>Ongoing-5/22</b> 0002-4
<b>Tuesdays, 3:30-5:30pm</b> \$160.00/month	<b>Ongoing-5/30</b> 0002-5

### Two Days per Week

<b>Tue/Thu, 9:30-11:30am</b> \$320.00/month <i>Parenting Day is Tuesday</i>	<b>Ongoing-5/30</b> 0002-2
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## 3-5 Year-Olds

### ECFE for Preschoolers: 3-5 years

Focusing on children who may be new to preschool, this class covers a variety of topics to offer you and your child a wonderful time. Children’s activities encourage personal, social, and physical development, pre-reading, pre-writing skills and language development. Parents stay with their child for the first hour. The second hour, parents separate to connect and learn together while facilitated by a licensed Parent Educator. Sibling care is available.

<b>Fridays, 12:30-2:30pm</b> \$160.00/month	<b>Ongoing-5/26</b> 0035-1
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### Next Up - Kindergarten!: 4-5 years

This class focuses on making sure your child is ready for kindergarten. This class is intended for 4 and 5 year old children starting kindergarten in Fall 2023.

<b>Thursdays, 3:30-5:00pm</b> \$90/month	<b>Ongoing-6/1</b> Kindergarten-1
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# Preschool for 3-5 Year Olds



The Edina Early Learning Center’s preschool program for 3-5 year olds help young learners develop their emergent literacy and math skills through a play-based learning model. Using The Creative Curriculum®, we also provide opportunities to help them develop healthy social skills and learn to advocate appropriately for their needs.

## Available Classes

Preschool registration happens in late January, but a few spots remain for school year 2022-23. Call our office at 952-848-3908 for more information.

## Childcare for Preschoolers

If you need a little extra care for your child before or after preschool we’ve created a flexible option just for you! Your child will be escorted by classroom staff to/from the childcare space when you add this option to your weekly schedule.

Children must be registered for an Early Learning Center preschool class to be eligible

Childcare follows the Early Learning calendar, so when school is not in session, childcare is closed.

Childcare is offered on a space-available basis

## Childcare Blocks - Monday - Friday

Block 1	7:30-8:30am	\$9.00/day
Block 2	11:30am-3:00pm	\$31.50/day
Block 3	3:00-5:30pm	\$22.50/day

## Enrichment Classes

Enrichment classes provide children the opportunity to explore their natural gifts, talents and interests. Students extend classroom learning, build additional skills, and make new social connections. See offerings on next two pages!

## NEW! Afternoon Preschool for Threes Two Days/Week

*for students 3 years old as of Sept 1, 2022*

Classrooms encourage curiosity and exploratory play for this independent stage of development. Expanding on this social and emotional maturation allows for students to make their first real friendships while discovering an excitement for their own intellectual curiosity.

**Tu/Thu, 12:30-3:00pm**  
\$215/month

**Ongoing-6/1**  
0003-7



**Scan here for more  
info on Preschool  
Classes**

# Enrichment Offerings: Winter/Spring 2023

Whether it's after morning preschool, or a stand-alone class, join the fun of our afternoon classes. Your child does not need to be enrolled in preschool to register. Students will bring their lunch from home and enjoy some outdoor time before transitioning to their enrichment class.

## Science, Technology, Engineering and Mathematics: Ages 3-5

Students will learn about the four parts of STEM. Activities will focus on science, technology, engineering and mathematics.

**Mondays, 11:30 am - 2:00 pm**      **Sep 12 - Oct 31**  
7 Sessions: \$171.50      STEM001

**Mondays, 11:30 am - 2:00 pm**      **Nov 7 - Dec 19**  
7 Sessions: \$171.50      STEM002

## Book Buddies for Preschool

Activities will focus on themes from different books. Students will develop love of literacy through fun songs, activities and stories.

**Tuesdays, 11:30am-2:00pm**      **Jan 3-Mar 14**  
10 sessions: \$245      BookBuddies003

**Tuesdays, 11:30am-2:00pm**      **Mar 28-May 30**  
10 sessions: \$245      BookBuddies004

## Crafternoons for Preschool

Students will have an opportunity to complete different craft activities such as weaving, paper crafts, painting, and a whole lot more. Each class kids will have a craft to bring home.

**Wednesdays, 11:30am-2:00pm**      **Jan 4-Mar 15**  
11 sessions: \$269.50      Crafternoons003

**Wednesdays, 11:30am-2:00pm**      **Mar 29-May 31**  
10 sessions: \$245      Crafternoons004

## Little Chefs for Preschool

Students will learn some simple, no bake recipes. Focus will be on nutrition and making healthy food choices.

**Thursdays, 11:30am-2:00pm**      **Jan 5-Mar 16**  
11 sessions: \$269.50      LittleChefs003

**Thursdays, 11:30am-2:00pm**      **Mar 30-Jun 1**  
10 sessions: \$245      LittleChefs004

## Nature Exploration for Preschool

Students will explore nature around the ELC. They will take short walking field trips to explore the environment around us.

**Fridays, 11:30am-2:00pm**      **Jan 6-Mar 17**  
9 sessions: \$220.50      Nature003

**Fridays, 11:30am-2:00pm**      **Mar 31-May 26**  
8 sessions: \$196      Nature004

## STEM for Preschool

Students will learn about the four parts of STEM. Activities will focus on science, technology, engineering and mathematics.

**Mondays, 11:30am-2:00pm**      **Jan 9-Mar 13**  
8 sessions: \$196      STEM003  
*No class 1/16, 2/20*

**Mondays, 11:30am-2:00pm**      **Mar 27-May 22**  
9 sessions: \$220.50      STEM004

## Taste of French for Preschool

*Taught by Language Sprout*

Students will begin to get a “taste” of the French language and culture. Simple vocabulary will be introduced as well as some at home activities for the whole family.

**Tuesdays/Thursdays, 11:30am-2:00pm**      **Jan 3-Mar 16**  
21 sessions: \$514.50      French003

**Tuesdays/Thursdays, 11:30am-2:00pm**      **Mar 28-Jun 1**  
20 sessions: \$490      French004

## Taste of Spanish for Preschool

*Taught by Language Sprout*

Students will begin to get a “taste” of the Spanish language and culture. Simple vocabulary will be introduced as well as some at home activities for the whole family.

**Mon/Wed, 11:30am-2:00pm**      **Jan 4-Mar 15**  
19 sessions: \$465.50      Spanish003

**Mon/Wed, 11:30am-2:00pm**      **Mar 27-May 31**  
19 sessions: \$465.50      Spanish004





# Super Saturdays for Preschoolers and Parents

These hands-on 4-week sessions let your 3-5 year old explore and learn through fun projects and activities. Parents should attend with their child.

## Super Saturday- Kid’s Crafts

Make new friends and new crafts! Students will practice weaving, jewelry making, painting, and other crafts. After each session, students will have creative and special projects to take home.

**Saturdays, 9:00-10:00am**  
4 Sessions: \$65.00

**2/11-3/4**  
SCrafts

## Super Saturday- Little Woodworkers

Does your child like to build with wood? This class is perfect for kids that want to learn some of the basics of woodworking. Students will have an opportunity to express their creativity in a 3-dimensional way. They’ll also get a tour of our community woodshop, located right on the ELC campus!

**Saturdays, 9:00-10:00am**  
4 Sessions:- \$65.00

**4/1-4/29**  
SWoodworkers

## Super Saturday- Gardening

Children learn some gardening basics and create their own mini garden. Gardeners will get their hands dirty and learn about what it takes to make plants grow. How does food begin as a plant? How do I grow a pretty flower? What makes a good gardener? Students are sure to leave this class with a green (or dirty) thumb.

**Saturdays, 9:00-10:00am**  
4 Sessions: \$65.00

**5/6-5/27**  
SGarden

## Other Fun Opportunities for Younger Ones on Pages 18-23:

- Parent Toddler Swim: Ages 1-4
- Ballet Fundamentals: Ages 3-5.5
- T-Ball Tykes: Ages 2-5
- Basketball Tykes: Ages 2-5
- Flag Football Tykes: Ages 2-5
- Soccer Tykes: Ages 2-5



# Parent Education

Parent Education’s goal is to enhance the ability of all parents to provide the best possible environment for their child’s learning and growth. It is a place where all families have people who will walk beside them on their parenting journey. Join us for an ongoing class or one of our stand-alone events!

## In Person Classes

### Welcome to the Community: Parenting Education for Families New to the U.S.

This is a parent only class for families new to living in the United States.

**Thursdays, 6:00–7:00pm** **1/26–6/1**  
17 Sessions: \$175.00 NewUSParents–2

### Parenting– Been There Done That

This class is for experienced parents who may have taken an ECFE class before. Class content will be tailored to the needs of the group – honoring their knowledge and experiences.

**First Tuesday, 1:00–2:00pm** **Ongoing–May**  
9 Sessions: \$95.00 BeenThere1

### Parenting: Birth–2 Years & 3–5 Years

A licensed Parent Educator facilitates parents who will gather to support and discuss topics key to child development. This class will look at developmental growth through play and the joys and challenges that this age can exhibit. Under the guidance of the Parent Educator, participants may help select topics. Children up to 4 months are welcome to attend with their parent.

#### Birth–2 years

**Second Tuesday, 8:45–9:45am** **Ongoing–May**  
8 Sessions: \$95.00 ParBirthtoTwo–1

**Second Tuesday, 1:00–2:00pm** **Ongoing–May**  
8 Sessions: \$95.00 ParBirthtoTwo–2

#### 3–5 years

**Third Tuesday, 8:45–9:45am** **Ongoing–May**  
9 Sessions: \$95.00 Par3to5–1

**Third Tuesday, 1:00–2:00pm** **Ongoing–May**  
9 Sessions: \$95.00 Par3to5–2

## Sibling Care

Sibling care is available while you are attending Parent Education. In sibling care, children ages 6 weeks through 5 years spend time in age-appropriate exploration, play and activities under the supervision of our highly-trained, dedicated staff. Sibling care is available for all Parent Education classes offered between 8:30am and 3:30pm, Monday through Friday. Sibling care is not available for evening or weekend classes. Register for sibling care when you register for your parent education class.

## Sliding Fee Scale

For classes with a parent education (ECFE) component, tuition is charged on a sliding fee scale based on family household income. The price shown in the catalog is the most a family will pay.



### No Class Days:

January 2, 16, 20  
February 20–21  
March 10, 20–24  
April 21  
May 29

# Discover the wonders of kindergarten at Edina Public Schools

*If your child will be five years old on or before Sept. 1, 2023,  
it's time to learn about kindergarten!*

Our kindergarten program exposes our littlest Hornets to a robust kindergarten curriculum while learning through play, fostering social-emotional development, and sparking curiosity that sets the foundation for being a life-long learner.

We offer several kindergarten format options: English, French or dual language Spanish Immersion. We also offer a multi-age classroom experience through our Continuous Progress program (CP).

Learn about these programs at our upcoming Kindergarten Information Nights. These are a great opportunity for parents to tour the building, meet the principal, learn about the schools and get questions answered.

***Use this QR code to visit the kindergarten  
webpage for dates and times.***



# Adult **Enrichment**

Great neighborhoods and communities don't just happen. They are created and sustained by people who show up. Who get involved. Who care. People like you. Our adult enrichment is back for another season with a full slate of offerings from art, fitness, aquatics, yoga, and lifelong learning. We partnered with local community members to bring you a variety of fun and collaborative experiences.

## Get Involved!

Be a part of our evolution. Watch for more information on how you can get involved in projects that we're developing.

Imagine:

- Walking tours of Edina led by the chair of the Heritage Preservation Commision
- Crafting classes led by community members with years of experience
- Parent education classes focused on learning skills and behaviors
- Woodshop classes in our fully remodeled space with all the tools needed

And more!



**Scan here for more  
information and to  
register**

# Fitness Programs

All sessions held in person and at Edina Community Center unless otherwise indicated



## Water Wellness

*Taught by Kay Zuccaro at Edinborough Park*

Enjoy the benefits of working out in the water! The buoyancy of the water protects muscles and joints against injury. The sessions consist of stretching, toning, water walking and light aerobics. All ages are welcome. Water shoes recommended. Questions? Call Kay Zuccaro at 952-451-3694.

**Mondays, 9:15-10:15am** **Jan 9-Mar 13**  
8 sessions: \$80 110-222

*No class 1/16, 2/20*

**Mondays, 9:15-10:15am** **Apr 3-May 22**  
8 sessions: \$80 403-203

**Tuesdays, 9:15-10:15am** **Jan 10-Mar 14**  
9 sessions: \$90 110-223

*No class 2/21*

**Tuesdays, 9:15-10:15am** **Apr 4-May 23**  
8 sessions: \$80 404-204

**Thursdays, 8:30-9:30am** **Jan 12-Mar 16**  
9 sessions: \$90 112-224

*No class 2/23*

**Thursdays, 8:30-9:30am** **Apr 6-May 25**  
8 sessions: \$80 406-205

**Thursdays, 9:30-10:30am** **Jan 12-Mar 16**  
9 sessions: \$90 112-225

*No class 2/23*

**Thursdays, 9:30-10:30am** **Apr 6-May 25**  
8 sessions: \$80 406-206

## Basketball

### Casual Indoor Basketball

*Taught by Zeebo Karouso*

Come join us for a fun night playing basketball. This is for all those people who enjoy playing basketball and who want to get a good, fun run in without the competitive attitudes that leagues can have. We'll put teams together on the night and then play 2s and 3s first to 21. Teams will rotate through, winner stays on. Come and join us to let the Monday steam off.

**Mondays, 6:00-7:30pm** **Jan 9-Mar 20**  
9 sessions: \$85 109-213

*No class 1/16, 2/20*

## Aquatics

### Water Aerobics

*Taught by Kay Zuccaro at Valley View Middle School*

In Water Aerobics, we will work through a warm-up, strengthening and toning exercises, 20-25 minutes of aerobics and a cool down. You don't have to be a swimmer or even get your hair wet!

**Mondays, 7:15-8:15pm** **Jan 9-Mar 13**  
8 sessions: \$80 109-226

*No class 1/16, 2/20*

**Mondays, 7:15-8:15pm** **Apr 3-May 22**  
8 sessions: \$80 403-201

**Wednesdays, 7:15-8:15pm** **Jan 11-Mar 15**  
9 sessions: \$90 111-227

*No class 2/22*

**Wednesdays, 7:15-8:15pm** **Apr 5-May 24**  
8 sessions: \$80 405-202



# Cardio and Strength

## A Walk in the Park-Spring

Taught by Kay Zuccaro at Centennial Lakes Park

Meet new friends as you Walk for Fitness around Centennial Lakes Park!

**Tuesdays, 5:00-6:00pm** **Apr 4-May 23**  
8 sessions: \$57 404-200

## Lean Out

Taught by Katherine McGraw

Enjoy a simple, traditional fitness class structured with about half cardio aerobics and half muscle sculpting. Develop those long lean muscles while torching calories!

**Wednesdays, 9:00-10:00am** **Jan 11-Mar 15**  
10 sessions: \$120 111-239

**Wednesdays, 9:00-10:00am** **Mar 22-May 17**  
9 sessions: \$108 322-240

## Hybrid: Body Shape: Adult 55+

Taught by Catherine Earley

This is a group strength training class for all levels. We work with weights, bands, balls, and body weight. You will see gains in metabolism, muscle and balance. Strong bodies are found here! This class will be offered hybrid (both in person and online)

**Mondays, 12:00-12:50pm** **Jan 9-Mar 27**  
10 sessions: \$95 109-254  
*Class will be online only 2/6-3/13 No class 1/16, 2/20*

**Mondays, 12:00-12:50pm** **Apr 3-May 22**  
8 sessions: \$76 403-257

**Wednesdays, 12:00-12:50pm** **Jan 4-Mar 29**  
13 sessions: \$124 104-255  
*Class will be online only 2/8-3/15*

**Wednesdays, 12:00-12:50pm** **Apr 5-May 31**  
9 sessions: \$86 405-258

**Fridays, 12:00-12:50pm** **Jan 6-Mar 31**  
13 sessions: \$124 106-256  
*Class will be online only 2/10-3/17*

**Fridays, 12:00-12:50pm** **Apr 7-Jun 2**  
9 sessions: \$86 407-259

## Hybrid: Barre Strength

Taught by Catherine Earley

The precision and balance of Barre (or chair at home) meets the load and power of strength training. You will be able to work at your own pace to improve strength and balance. Have fun getting stronger. This class will be offered hybrid (both in person and online)

**Fridays, 9:30-10:20am** **Jan 6-Mar 31**  
13 sessions: \$124 106-260  
*Classes will be online only 2/10-3/17*

**Fridays, 9:30-10:20am** **Apr 7-Jun 2**  
9 sessions: \$86 407-261

## Hybrid: Interval Stations: Adult

Taught by Catherine Earley

You will move between Cardio and Strength stations set up around the room (and get instructions on how to set up in your own home) for a fast-paced yet personally customized all body workout! It's Fast, Fun and Effective!! This class will be offered hybrid (both in person and online)

**Thursdays, 9:30-10:20am** **Jan 5-Mar 30**  
13 sessions: \$124 105-262

*All classes will be online only 2/2-3/16*

**Thursdays, 9:30-10:20am** **Apr 6-Jun 1**  
9 sessions: \$86 406-263

# Fitness Dance

## Decades of Dance

Taught by Katherine McGraw

Simple dance moves set to great hit songs from the 50s, 60s, 70s and today! This is truly a fun lively format and you will surely be singing along to all of the nostalgic music! (no prior dance experience necessary)

**Tuesdays, 9:00-10:00am** **Jan 10-Mar 14**  
9 sessions: \$108 110-237  
*No class 1/17*

**Tuesdays, 9:00-10:00am** **Mar 21-May 23**  
10 sessions: \$120 321-238

**Thursdays, 9:00-10:00am** **Jan 26-Mar 16**  
8 sessions: \$96 126-241

**Thursdays, 9:00-10:00am** **Mar 23-May 18**  
9 sessions: \$108 323-242





### Zumba

*Taught by Katherine McGraw*

An energizing dance fitness class combining Latin and International rhythms. It's exercise in disguise! This is a "feel happy" workout that is great for both the mind and the body.

<b>Fridays, 9:00-10:00am</b>	<b>Jan 27-Mar 17</b>
8 sessions: \$96	127-243
<b>Fridays, 9:00-10:00am</b>	<b>Mar 24-May 19</b>
9 sessions: \$108	324-244

### Zumba Triple Fusion

*Taught by Katherine McGraw*

This is Zumba with 3 specialties: Zumba + Zumba Toning + Zumba Core! This class will give you the most comprehensive Zumba focused workout EVER and leave you energized and sweaty.

<b>Mondays, 9:00-10:00am</b>	<b>Jan 9-Mar 13</b>
8 sessions: \$96	102-235
<i>No class 1/16, 2/20</i>	
<b>Mondays, 9:00-10:00am</b>	<b>Mar 20-May 22</b>
10 sessions: \$120	320-236

## Pilates, Barre and Ballet

### Beginning II/Intermediate Ballet

*Taught by Midwest School of Ballet - Eileen Kamp*

Remembering the basics and refreshing previously learned ballet vocabulary alongside other adults. Ballet classes are a great way to gain strength and flexibility, improve posture and balance, and reduce stress in a noncompetitive atmosphere.

<b>Saturdays, 10:00-11:30am</b>	<b>Jan 14-Mar 4</b>
8 sessions: \$180	114-216
<b>Saturdays, 10:00-11:30am</b>	<b>Mar 11-May 13</b>
10 sessions: \$225	311-217

### Pilates Barre: Adult

*Taught by Joan Mielke Nimerfroh*

Class design is based on Reformer & Cadillac training. a focus is on fascial movement, standing functional training, balance and strength. Challenging for all levels.

<b>Tuesdays, 9:15-10:15am</b>	<b>Jan 3-Mar 21</b>
12 sessions: \$205	103-245
<b>Tuesdays, 9:15-10:15am</b>	<b>Apr 11-May 30</b>
8 sessions: \$137	411-247

### Pilates Plus: Adult

*Taught by Joan Mielke Nimerfroh*

Pilates with a NEW look. Myofascial movements incorporated, strengthening phase. Variety sizes of balls, rollers, bands, circles and barre equipment are used to bring intensity to your Pilates workout

<b>Thursdays, 9:00-10:00am</b>	<b>Jan 5-Mar 23</b>
12 sessions: \$205	105-246
<b>Thursdays, 9:00-10:00am</b>	<b>Apr 13-Jun 1</b>
8 sessions: \$137	413-248

### Hybrid: Fundamentals of Ballet/Beginning I

*Taught by Midwest School of Ballet - Eileen Kamp*

Learn the basics of ballet vocabulary and movement alongside other adults. Ballet is a great way to gain strength, flexibility, improve posture, balance, and reduce stress in a non-competitive atmosphere. This class is also perfect for the Teen or Adult who would like to move at a slower pace and/or returning to ballet.

<b>Tuesdays, 7:00-8:30pm</b>	<b>Jan 10-Feb 28</b>
8 sessions: \$180	110-214
<b>Tuesdays, 7:00-8:30pm</b>	<b>Mar 7-May 9</b>
10 sessions: \$225	307-215

### Hybrid: Intermediate Ballet I

*Taught by Kaethe Birkner*

This class is designed for people with knowledge of basic ballet steps, positions, and ballet technique. The focus of the class is to improve students' knowledge of proper ballet technique and intermediate ballet steps while getting a good ballet-based workout.

<b>Thursdays, 7:30-9:00pm</b>	<b>Jan 5-May 25</b>
21 sessions: \$315	105-232
Single day: \$18	105-232b

### Hybrid: Mat Pilates

*Taught by Kaethe Birkner*

An all-level Mat Pilates class that is a full-body workout that will make your muscles long and lean. This class focuses on injury prevention, pain reduction, and working smart, while teaching the how and why, body awareness, body mechanics, and efficiency in motion. This is mainly a strength-building class with some stretching.

<b>Thursdays, 6:15-7:15pm</b>	<b>Jan 5-May 25</b>
21 sessions: \$330	105-233
Single day: \$18	105-233b

# Yoga and Tai Chi

## Hybrid: Hatha Yoga For Life

*Taught by Wendy Anderson*

Beginners welcome! Enjoy in-depth instruction as you practice a wide variety of yoga poses, plus meditation and relaxation. Improve flexibility, balance, and range of motion while reducing tension. Work at your own level in this supportive class. This is a relaxed style that works for most regardless of age or physical condition. Attend in person or online. Bring a mat.

<b>Tuesdays, 6:00-7:25pm</b>	<b>Jan 3-Mar 21</b>
12 sessions: \$168	103-207
<b>Thursdays, 10:15-11:40am</b>	<b>Jan 5-Mar 23</b>
12 sessions: \$168	105-208

## Tai Chi Ruler and Qigong Combination Class

*Taught by Christine T. Morgan*

Qigong and Tai Chi Ruler are unique methods of cultivating internal energy, and are used for improving flexibility, focus, calming the mind, and moving energy throughout the body. Both require very little space and no special skills. Can be done sitting or standing and is appropriate for all levels of fitness.

<b>Tuesdays, 10:30-11:30am</b>	<b>Jan 10-Feb 14</b>
6 sessions: \$60	110-209
<b>Tuesdays, 10:30-11:30am</b>	<b>Mar 28-May 2</b>
6 sessions: \$60	328-211



## Tai Chi for Arthritis, Chronic Pain, and Balance

*Taught by Christine T. Morgan*

This practice improves mental and physical capacity as well as relaxation, balance and vitality! Tai Chi has proven through numerous scientific studies to relieve pain, increase range of motion and improve quality of life. This form is suitable for most physical conditions and can be done sitting or standing.

<b>Thursdays, 6:30-7:30pm</b>	<b>Jan 12-Feb 16</b>
6 sessions: \$60	112-210
<b>Thursdays, 6:30-7:30pm</b>	<b>Mar 30-May 4</b>
6 sessions: \$60	330-212

DAVID A. COOK, DDS, PA

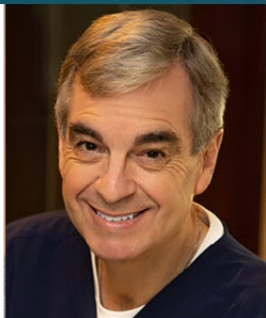


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# Lifelong Learning

All sessions held in person and at Edina Community Center unless otherwise indicated

## Cooking: In-Person

### Indian Food Cooking: Adult

*Taught by Darshana Mathur*

Do you love Indian food? Have you always wanted to learn to cook it? Now is your chance. Learn Indian home food cooking from a native chef. Your taste buds are ready for an adventure!

**Fridays, 5:00-7:30pm**  
2 sessions: \$110

**Jan 27-Feb 10**  
127-475

## Cooking: Online

### Online: Breakfast Meal Prep

*Taught by Kirsten Madaus*

Set yourself up for a successful start to the day by preparing healthy breakfasts ahead of time. In this class we'll use an Instant Pot electric multicooker to make (and sample!) Meat and Potato Lover's Breakfast Bowls, Steel Cut Oats Five Ways, and two flavors of Egg Bite. Additional make ahead recipes included in the handout.

**Thursday, 6:30-8:00pm**  
1 session: \$29

**Jan 26**  
126-408

### Online: Cook Along Instant Pot Noodle Soups

*Taught by Kirsten Madaus*

In this class Kirsten will walk you thru making Italian Sausage Tortellini Soup while you follow along in your kitchen. She will also demonstrate Chicken Wonton Soup and a vegan Minestrone soup while our meals are cooking. Participants will receive an extensive recipe handout and a link to the recording afterwards.

**Friday, 6:30-8:00pm**  
1 session: \$29

**Mar 2**  
302-410

### Online: Air Fryer Veggies

*Taught by Kirsten Madaus*

Cooking vegetables with an Air Fryer is quick—and the healthy results are delicious! Learn a variety of recipes using in-season and/or commonly available vegetables including Lemon Pepper Broccoli, Miso Sesame Kale Chips, and Roasted Sweet Potatoes. Participants will receive a link to the recording afterwards.

**Thursday, 6:30am-8:00pm**  
1 session: \$40

**Apr 13**  
413-411

## Great Decisions Series

*Held at the Edina Community Center*

The Great Decisions program was created by the Foreign Policy Association. The mission of the Foreign Policy Association today, as it has been for over 100 years, is to serve as a catalyst for developing awareness, understanding, and informed opinion on U.S. foreign policy and global issues. Through its balanced, nonpartisan programs and publications, the FPA encourages citizens to participate in the foreign policy process.

*This program is brought to the community through a partnership with the Edina Senior Center, the Edina Library and Edina Community Ed. The Friends of the Edina Library and Global Minnesota have graciously co-sponsored this program.*

### Great Decisions: 2022 in Review

**Monday, 4:00-5:30pm** **Jan 23**  
1 session: \$0 123-040

### Great Decisions: Energy Geopolitics

**Monday, 4:00-5:30pm** **Feb 27**  
1 session: \$0 227-041

### Great Decisions: War Crimes

**Monday, 4:00-5:30pm** **Mar 27**  
1 session: \$0 327-042

### Great Decisions: China and the U.S

**Monday, 4:00-5:30pm** **Apr 24**  
1 session: \$0 424-043

### Great Decisions: Economic Warfare

**Monday, 4:00-5:30pm** **May 22**  
1 session: \$0 522-044

**Registration Opens December 6th**



# Skills for Life

## Retirement Without Regrets

*Taught by John Hagerman*

A great retirement requires more than money in the bank, it requires careful thought and planning. This class will examine the foundations of creating a great retirement and turning these years into the best of your life.

Tuesday, 7:00-8:30pm

1 session: \$45

Jan 17

117-616

## Becoming Your Own Boss After Age 50

*Taught by John Hagerman*

You're finally ready to pursue your dream of becoming your own boss, now what? This class will help you examine the foundations of successfully planning and launching your own business.

Monday, 7:00-8:30pm

1 session: \$45

Jan 23

123-617

## Estate Planning During and After Divorce or Remarrying

*Taught by Lori Paul Townsend*

Learn what you should do to protect assets and interest during and following divorce proceedings or remarrying. Find out how to designate new personal representatives for emergency purposes.

Wednesday, 5:30-6:30pm

1 session: Free

Feb 15

215-623

Wednesday, 5:30-6:30pm

1 session: Free

Apr 19

419-624

## Estate Planning – Assessing Your Wishes, Assets, and Goals

*Taught by Lori Paul Townsend*

Determine what estate planning documents you need based on your wishes, assets, and goals. Learn about how a basic Will may be a good fit or a potential headache for survivors and loved ones.

Wednesday, 5:30-6:30pm

1 session: Free

Jan 18

118-620

Wednesday, 5:30-6:30pm

1 session: Free

Mar 15

315-621

Wednesday, 5:30-6:30pm

1 session: Free

May 17

517-622

## Revocable Trusts, Wills And Other Estate Planning Tools: Adult

*Taught by Elizabeth E. Michaelis*

This class will review the key planning tools available to you, including Revocable Trusts, Wills, Powers of Attorney and Health Care Directives. Information will also be provided on probate avoidance and recent shifts in the laws that may impact your planning options and strategies.

Tuesdays, 6:30-8:00pm

1 session: Free

Mar 14

314-061

## The Baby Boomer’s Guide to Medicare Planning - Learn the Medicare Basics

*Taught by John Mazzara*

Are you turning sixty-five and wondering about Medicare? Learn when you can enroll and where you can make some comparisons so you can select the right option for you. Optional one on one meeting provided free of charge to attendees to discuss specific options and available plans if so desired.

Thursday, 7:00-9:00pm

1 session: \$0

Jan 12

112-631

## Downsizing in the Current Housing Market

*Taught by John Mazzara*

Have you been thinking that now might be the time to downsize but aren't sure where to start, how to do it or what your options are? Bonus-all attendees receive the Downsizing Made easy guide PDF - A \$24.95 value.

Thursday, 7:00-9:00pm

1 session: \$0

Feb 16

216-627

## 10 Secrets & Tips for Successfully Buying or Selling a Home or Investment Property

*Taught by John Mazzara*

Learn how to be successful when acquiring real estate by understanding the purchase agreement, strategies for getting your offer accepted in multiple offers, and different ways to cover closing costs and mortgage insurance. An opportunity for a no obligation price evaluation of your home by the instructor is included.

Mondays, 7:00-9:00pm

1 session: \$0

Feb 27

227-625

## Introduction to Senior Housing

*Taught by John Mazzara*

Explore alternatives to single family living from cooperatives, subsidized apartments, market rate independent rentals, and housing complexes that offer a continuum of care ranging from independent living to assisted living. Come with your questions to decide what will work best for you and what are your next steps?

Tuesday, 7:00-9:00pm

1 session: \$0

Feb 28

228-630

## Moving Mom & Dad: 5 Common Mistakes Children of Aging Parents Make and How to Avoid Them

*Taught by John Mazzara*

Many baby boomers today are facing the tough decision of finding appropriate housing options for their parents. In this class we will discuss and given an overview of the housing market in general for those considering buying or selling a home. We also provide a guide called Moving Mom & Dad, a \$24.95 value.

Tuesday, 7:00-9:00pm

1 session: \$0

Mar 14

314-628



### Buying New Construction

*Taught by John Mazzara*

Thinking about moving and considering new construction because you want an open floor plan and larger closets? Explore what is available, where to find it, and what to expect, including timelines, hidden costs, risks and the coordination selling your existing home or giving appropriate notice on your lease.

**Thursday, 7:00-9:00pm**

1 session: \$0

**Apr 13**

413-629

### How to Win with Investment Properties

*Taught by John Mazzara*

Ever considered becoming a landlord or investing in real estate but needed more information? Learn about opportunities in today's Twin Cities marketplace, how to analyze a property, tax considerations, and things to put in a lease. We review all aspects of becoming a landlord from buying, selling, and renting.

**Tuesday, 7:00-9:00pm**

1 session: \$0 516-626

**May 16**

## Wellbeing and Personal Care: In Person

### Makeup Bootcamp for Women 40 and Better

*Taught by Julie Sherman*

When was the last time you updated your makeup and beauty regimen? Has your skin changed over time? Join this "boot camp" to update your look with tips and techniques for ageless beauty. This class is essential for busy, beautiful women who could use a little updating!

**Thursday, 7:00-9:00pm**

1 session: \$36

**Jan 19**

119-615

### Weight Loss Beyond Diet and Exercise

*Taught by DiAnna Vetinska*

In this workshop we will look beyond eating right and exercising and will explore how other pillars of health like sleep, stress, what we eat and when we eat it, environmental toxins, etc. can impact weight loss and overall health.

**Wednesday, 6:15-7:45pm**

1 session: \$45

**Apr 12**

412-618

### Deconstructing Cravings

*Taught by Dianna Vetinska*

Cravings are one of the most natural ways your body speaks to you about what you need. In this workshop, we will discuss the primary types of cravings and their causes, learn the concept of Crowding Out, and create a cravings inventory to start understanding messages behind your own cravings.

**Wednesday, 6:15-7:45pm**

1 session: \$36

**May 3**

503-619

## Wellbeing and Personal Care: Online

### Online: Posture, Get It Straight: Look 10 Years Younger, 10 Pounds Thinner & Feel Better Than Ever

*Taught by Janice Novak MS*

Ever caught your reflection to see your shoulders are too rounded, or you slump too much? You'll learn a variety of exercises to correct common posture problems, and will learn an 'Instant Alignment Technique' that will have you standing straighter immediately. You'll need a resistance band for some exercises.

**Thursday, 6:00-7:30pm**

1 session: \$29

**Feb 2**

202-604

**Online: Avoid The Pitfalls of Perimenopause & Menopause**

*Taught by Janice Novak MS*

Perimenopause/menopause can be filled a variety of troublesome symptoms. We'll discuss what to do for specific symptoms; hormones; blood test vs. saliva test; traditional HRT vs. bio-identical; acupressure points and nutritional musts. You'll leave with multiple tools and techniques for restoring health and well-being.

**Wednesday, 6:00-7:30pm** **Feb 8**  
1 session: \$29 208-609

**Online: Thyroid Things You Need To Know**

*Taught by Janice Novak MS*

If you currently take thyroid medication but are gaining weight and having symptoms, there's more you need to know. Learn what needs to be measured to determine the best prescription for you. We'll discuss the role of food; common misconceptions of medications; environmental triggers and other information.

**Thursday, 6:00-7:30pm** **Feb 16**  
1 session: \$29 216-607

**Online: Just Breathe!**

*Taught by Janice Novak MS*

In this workshop, you will learn ancient breathing exercises that will neutralize stress by reprogramming your nervous system; increase energy and vitality; increase brain function; improve immune response; decrease depression and anxiety; and help strengthen your back and abs from the inside out.

**Tuesday, 6:00-7:30pm** **Feb 21**  
1 session: \$29 221-608

**Online: MUDRAS: THE ANCIENT ART OF HAND YOGA**

*Taught by Janice Novak MS*

Hand Yoga is a simple yet effective healing tool and regular practice of it can rejuvenate the body and mind. The hand positions are easy to do and can be done anywhere at any time. Mudras can help with anxiety, stress, digestive issues, weight loss, bloating, insomnia and more.

**Tuesday, 6:00-7:30pm** **Mar 7**  
1 session: \$29 307-606

**Online: De-Age Your Brain**

*Taught by Janice Novak MS*

Lifestyle and diet have a big effect on HOW the brain ages. There are things you can do today to improve how effectively brain cells communicate with each other. 'Superfoods' can reduce the damaging effects of toxins and inflammation on the brain. Learn simple strategies to help improve brain function.

**Tuesday, 6:00-7:30pm** **Apr 11**  
1 session: \$29 411-605

**Online: Posture & Osteoporosis: Building Better Bones**

*Taught by Janice Novak MS*

Learn simple techniques to improve posture and stand straighter. We'll do exercises to help flatten the upper back, un-round shoulders and flatten your midsection. We'll talk about how to reduce the risk of osteoporosis and how to re-gain bone mass; the latest research on nutrition; minerals and trace minerals for bone health; foods that help and/or harm

**Tuesday, 6:00-7:30pm** **Apr 25**  
1 session: \$29 425-612

**Online: Soothe Those Achy Joints**

*Taught by Janice Novak MS*

Whether you have arthritis, bursitis or just creaky joints, this workshop is for you. Joint lubrication exercises are quite simple and easy to do yet produce rather remarkable results by helping to free your joints of pain. We'll also discuss which nutrients are needed to help keep your joints healthy.

**Thursday, 6:00-7:30pm** **Apr 27**  
1 session: \$29 427-614

**Online: Women, Weight & Hormones**

*Taught by Janice Novak MS*

Are you finding no matter how well you diet and exercise that weight is not budging? Learn the role of hormones; solutions for controlling appetite; how to boost metabolism; sources of hormone mimicking chemicals; HRT or birth control pills; how to break the cycle of hormone-related weight gain; and how to begin to lose weight again.

**Thursday, 6:00-7:30pm** **May 4**  
1 session: \$29 504-611

**Online: Is Your Waistband Too Tight Today? Strategies For Beating Belly Bloat**

*Taught by Janice Novak MS*

Have you ever found that in the morning your pants fit fine but by mid-afternoon, the waistband squeezes you like a tourniquet? Learn the causes and 6 strategies for getting rid of belly bloat. We will also learn exercises designed to strengthen the deepest layer of abdominal muscle.

**Wednesday, 6:00-7:30pm** **May 17**  
1 session: \$29 517-610

**Online: Acupressure To Reduce Stress, Anxiety, Insomnia & More**

*Taught by Janice Novak MS*

Acupressure is an ancient healing art and self-help tool that can offer great relief with no side effects. Along with specific points to help relieve stress, insomnia, anxiety, and even weight gain, learn the Nine Master Pressure Points which are the most helpful and most frequently prescribed to help and assist every system in your body.

**Thursday, 6:00-7:30pm** **Jun 8**  
1 session: \$29 608-613



## Coming Soon: Family and School Partnership Series

Edina Public Schools is offering a Family and School Partnership Series starting in the winter of 2023 to culturally and linguistically speakers of Somali and Spanish. Families with children enrolled at Edina High School are welcome to attend. Content featured in this series will cover:

- How to raise a teenager in the United States? Technology and social media use.
- College and career, scholarship information, financial aid application process, course credits, and Grade Point Average (GPA).
- Navigating student conferences.
- Building student-family-school belongingness.

Cultural liaisons, community members, and administrators will be there to facilitate discussion and answer questions. Invitations to participate in this series will be communicated to you in December 2022 and January 2023.

Thank you and we are looking forward to working together!

## Family: In Person

### Jigsaw Puzzle Competition and Swap

Assemble a team of up to four players to compete in a jigsaw puzzle competition. First team to complete the puzzle wins a prize! Bring in your old puzzles that are still in good condition to swap with other puzzlers! This offering is brought to you through a partnership with Edina Community Ed and the Edina Senior Center.

**Wednesday, 6:00-8:00pm**

1 session: \$15

**Mar 1**

301-001

### Walt Disney World Planning Tips & Tricks

*Taught by Jonathan Buckley*

Are you thinking about taking a trip to Florida's Walt Disney World but feeling overwhelmed? Jonathan "Buck" Buckley, an Edina High School English teacher is also a travel planner who specializes in Disney destinations for The Magic For Less Travel team. Let Buck guide you as you create magic for your family.

**Tuesday, 6:30-8:00pm**

1 session: \$20

**Jan 17**

117-060

## Family: Online

### The Great Edina Baking Show: Adults and Families

On your mark. Get set. BAKE! Welcome to the ultimate baking battle where passionate amateur baking fans compete to be crowned Edina's Best Amateur Baker. Enter as an individual or as a family team. Contestants will make their way through 3 themed at-home challenges. The contest culminates on Valentine's Day with an in-person judged event. Get your aprons ready and join your community for so much fun. This offering is brought to you through a partnership with Edina Community Ed and the Edina Senior Center.

**Tuesdays, 6:00-8:00pm**

5 sessions: \$25

**Jan 17-Feb 14**

214-002

**Registration Opens December 6th**



# Online

## Cooking with a Young Child

Taught by Nadiya Rapp

Is your 2-6 year old asking for attention or wanting to help every time you are cooking in the kitchen? Why not involve them! Your kitchen presents an amazing opportunity for young children to develop a variety of skills from fine motor tuning to creativity and critical thinking. In this class, you will learn how to make this experience joyful and safe for both you and your child. You will get step-by-step instructions on how to get started with ready to use resources for activities, recipes, and food prep. Sign up for this class and see what is possible for your child in the kitchen!

**Thursdays, 6:00-7:30pm** **Jan 26**  
1 session: \$40 126-251

## Fostering Child Independence at Home

Taught by Nadiya Rapp

For parents with children ages 2-5 Do you want to help your child develop independence and build self-confidence from an early age? If so, then this class is for you! During just one session you will learn everything you need to set up your home with basic activities that promote independence in toddlers and preschoolers. The information you will learn is based on the principles of the Montessori education that have helped millions of families all over the world. At the end of the class, you will receive resources that will help you implement the new knowledge in your family life.

**Thursdays, 6:00-7:30pm** **Jan 12**  
1 session: \$40 112-249

## Montessori in Your Home: Adult

Taught by Nadiya Rapp

Have you heard of the Montessori Method and wondered what it is all about? Perhaps your child already attends a Montessori school and you want to create more consistency between home and school? Whether you are new to Montessori or not, this class will help you build a strong understanding of its principles and practical ways of implementing it at home with your 2-6 year old child. After completing this series of five interactive sessions, you will be equipped with practical and easy-to-implement strategies to help your child build independence, a love of learning, and curiosity at home.

**Fridays, 6:00-7:30pm** **Feb 10-Mar 10**  
5 sessions: \$100 210-252

## Montessori Activities at Home

Taught by Nadiya Rapp

If you have taken the Montessori In Your Home class, this is an opportunity to dive deeper into activities you can offer at home. This engaging series of five sessions will focus on a variety of activities you can offer your 2-6 year old to develop important skills, build their concentration, and foster independence. You will receive step-by-step instructions and resources that will help you get started with these activities and more!

**Thursdays, 6:00-7:30pm** **Apr 13-May 11**  
5 sessions: \$100 413-253

## Online: Toilet Learning

Taught by Nadiya Rapp

This class is for parents who are already thinking about the next stage of their child's development and for parents whose children are already in the process of toilet learning. During the class, you will learn how to recognize the signs of readiness in your child, how to set up your home for the process of toilet learning, and how to support your child in this new learning. The class centers its approach on the Montessori method of education which promotes following the natural path of the child's development along with respect for the child. At the end of the class, you will receive resources that will help you implement the new knowledge in your family life.

**Thursdays, 6:00-7:30pm** **Jan 19**  
1 session: \$40 119-250



# Calling All Makers

## Community Woodshop

The Edina Community Woodshop is back for another year! With improved equipment and tools, our space is ready for you to reconnect with your craft and with the community. The only thing that hasn't changed is the camaraderie and the new friends to make.

### Women's Woodworking Workshop

*Taught by Edina Woodcrafters*

Develop your woodworking skills in a supportive, learning-oriented environment. The woodshop is equipped with major power equipment and hand tools as well as a paint room. Plus, you'll have access to ideas for projects as well as advice and support from an experienced woodworker. Please read all Community Woodshop policies online.

#### For Beginners

**Mondays, 6:00-9:00pm** **Jan 23-Mar 27**  
9 sessions: \$107 123-054  
*No class 2/20*

#### Open for All

**Wednesdays, 6:00-9:00pm** **Jan 25-Mar 29**  
10 sessions: \$107 125-053

### Woodshop Orientation

*Taught by Edina Woodcrafters*

Your first step in woodworking is this workshop, where you will become familiar with the safe operation of all of the power equipment and tools, learn basic elements of woodworking, and review and shop procedures. Create a wooden bread board and leave prepared to do your own woodworking projects. Note: This orientation is required for all new members of the Open Wood Shop.

**Mon/Wed/Fri, 6:00-9:00pm** **Jan 9-Jan 13**  
3 sessions: \$95 109-052

### Open Woodshop

*Taught by Edina Woodcrafters*

Join a lively and supportive community of men and women committed to the craft of woodworking, and always available to lend advice and support. Our woodshop is equipped with major power equipment and hand tools as well as a paint room. Please read all Community Woodshop policies online.

**Mondays-Fridays, 8:00am-12:00pm** **Jan 3-May 26**  
102 sessions: \$95 103-050  
*No class 1/16, 2/20*

**Tues/Thur/Sat, 8:00am-9:00pm** **Jan 3-Jun 24**  
64 sessions: \$95 103-051  
*No class 4/29, 5/27, 5/30, 6/1, 6/3, 6/6, 6/8, 6/13, 6/15, 6/20, 6/22*

## Maker Series

### Jewelry Making with Polymer Xlax

*Taught by Emily Gagnon*

Come design and create your own pair of earrings from polymer clay! Wear them out of the classroom or bring them home as a gift for a loved one! All materials and instructions will be provided. Just bring your creativity and style!

**Tuesday, 5:00-7:00pm** **Feb 7**  
1 session: \$29 207-407

### Floral Designs

*Taught by Anna Underdahl*

Floral designs for Valentine's Day and spring bouquets

**Thursday, 6:00-7:00pm** **Feb 23**  
1 session: \$65 223-400

### Fresh Citrus, Floral and Fruity Spring Soaps

*Taught by Raulla Mitchell*

Make beautiful, moisturizing sulfate-free soaps with nutrient rich oils to gently cleanse and protect your skin. Blend luscious clean fresh phthalate-free fragrance oils you'll love for spring. Join us for a very special night out - especially perfect for the gardeners in your life and of course Mom! Take home soaps in 4 fragrance blends!

**Tuesday, 6:00-9:00pm** **May 9**  
1 session: \$65 509-413



Registration Opens December 6th

**The Natural Way to Draw**

*Taught by Jeanne Aaron*

This beginner-oriented class incorporates right brain drawing exercises, including contour gesture and modeled drawing. We will ease into the process of drawing in a fun, creative and effortless way. We will draw from figures, nature, still-life, and photographs. You will need to purchase materials before the first class.

**Mondays, 7:00-9:00pm** **Jan 23-Mar 6**  
6 sessions: \$125 123-414  
*No class 2/20*

**The Natural Way to Draw with Color**

*Taught by Jeanne Aaron*

This beginner-oriented drawing class will focus on drawing with colored pencil, oil pastels, chalk pastels, sketch crayons, and watercolors.

**Mondays, 7:00-9:00pm** **Apr 3-May 15**  
7 sessions: \$125 403-415

**Maker Mondays: DIY Cleaning Products**

*Taught by Jan Hagerman*

It's a new year! Start fresh with these earth friendly cleaning products that you can make for yourself using easy to find ingredients. Mix up some good times with good friends and get a jump on your New Year's cleaning goals. (Registered children are welcome to attend with a registered adult.)

**Mondays, 6:00-8:00pm** **Jan 9**  
1 session: \$25 109-055

**Maker Mondays: Embroidered Felt Bookmark**

*Taught by Jan Hagerman*

Learn new embroidery skills while creating something useful. Attend class and leave with this charming felt embroidered bookmark. Make one for yourself or someone you love. Take some time for yourself and create! (Registered children are welcome to attend with a registered adult.)

**Monday, 6:00-8:00pm** **Feb 6**  
1 session: \$35 206-022

**Maker Mondays: Mini Cross Stitch Masterpiece**

*Taught by Priscilla Hagerman*

Create this darling mini cross-stitch version of "Starry Night". Who knows... this could be the start of your own mini masterpiece gallery! (Registered children are welcome to attend with a registered adult.)

**Mondays, 6:00-8:00pm** **Feb 13**  
1 session: \$25 213-026



**Maker Mondays: Felt Flower Wreath**

*Taught by Jan Hagerman*

Gather to create this lovely Spring felt wreath. It is the perfect splash of color to welcome Spring. (Registered children over 12 are welcome to attend with a registered adult.)

**Mondays, 6:00-8:00pm** **Mar 13**  
1 session: \$45 313-028

**Maker Mondays: Mini Cross Stitch Masterpiece**

*Taught by Priscilla Hagerman*

Create this darling mini cross-stitch version of "Mona Lisa". The instructor will lead you through tracing the pattern, getting started and some tips and tricks. (Registered children are welcome to attend with a registered adult.)

**Mondays, 6:00-8:00pm** **May 15**  
1 session: \$25 515-027

**Maker Mondays: Mandala Rock Painting**

*Taught by Jan Hagerman*

Take some time for yourself. The practice of mandala rock painting is an opportunity to slow down, to focus and to act with intention. Bring a friend or come to meet another kindred soul. (Registered children are welcome to attend with a registered adult.)

**Monday, 6:00-8:00pm** **Jan 23**  
1 session: \$25 123-021

**Monday, 1:00-3:00pm** **Apr 10**  
1 session: \$25 410-022

**Monday, 1:00-3:00pm** **May 1**  
1 session: \$35 501-023

Maker Mondays: Small Group Sewing Lessons

Taught by Jan Hagerman

Sewing is a dying art... Learning to sew is like learning a magic trick. You will have skills that not very many people have anymore! Start at the beginning and then level up as you gain skills and confidence using the sewing machine. Level 1: Absolute Beginner: Learn sewing machine basics and gain confidence with your stitches Level 2: Beginning Project: Tackle a finished project putting to use your newly-learned sewing basics Level 3: Intermediate Project: Take your skills to the next level by taking on a more in depth project

Level 1:

Monday, 6:00-7:30pm Apr 3  
1 session: \$55 403-019

Level 2:

Monday, 6:00-7:30pm Apr 10  
1 session: \$55 410-020

Level 3:

Mondays, 6:00-7:30pm Apr 17  
1 session: \$55 417-021

Maker Studio: 3D Greeting Cards

Taught by Betsy Madson

Do you ever find yourself with a last minute need for a card? We can help with that! Join other crafty people in our Maker’s Space to create a stash of cards you can send out to let your loved ones know that you are thinking of them. Makers will leave with a variety of completed cards (Registered children over 12 are welcome to attend with a registered adult.)

Tuesday, 6:00-7:30pm Jan 17  
1 session: \$30 117-055

Tuesday, 6:00-7:30pm Mar 28  
1 session: \$30 328-045

Tuesday, 6:00-7:30pm Apr 25  
1 session: \$30 425-045

Hobbies and Interests

Home, Family & Community

Bicycle Repair and Maintenance 3 Hour Class

Taught by Erik Bloom

Major focus will be on identification of bicycle parts, trailside repair, shifting adjustments, brake adjustments, chain maintenance, how to repair/replace a tube (flat tire), how to safety check your bike. We will also learn basic wheel truing, replacing a chain, how to replace brake and shifting cables

Saturday, 12:30-3:30pm Jan 21  
1 session: \$100 107-048

Saturday, 12:30-3:30pm Mar 4  
1 session: \$100 304-043

Saturday, 12:30-3:30pm May 6  
1 session: \$100 506-044

Bicycle Repair and Maintenance Beginner Class

Taught by Erik Bloom

Basic bike set up, identification, shifting adjustments, brake adjustments, how to safety check your bike, preparing a bike for selling, as well as many other helpful tips & tricks. If you take another class you can start where you left off and move to the next level of learning.

Friday, 6:30-8:00pm Jan 20  
1 session: \$59 120-035

Friday, 6:30-8:00pm May 19  
1 session: \$59 519-036

Bicycle Repair and Maintenance Intermediate Class

Taught by Erik Bloom

Basic bike set up, identification, shifting adjustments, brake adjustments, how to safety check your bike, preparing a bike for selling, as well as many other helpful tips & tricks. If you take another class you can start where you left off and move to the next level of learning.

Fridays, 6:30-8:00pm Apr 21  
1 session: \$59 421-039

Dungeons and Dragons for Beginners

Taught by Amelia Splinter

A fun, simple introduction to the world’s most popular Tabletop Roleplaying Game! We will provide a relaxed, inclusive environment for interested players to try out their very first adventure campaign with an experienced Dungeon Master.

Thursdays, 7:00-9:00pm Jan 5-Mar 9  
10 sessions: \$165 105-098



### Mah Jongg Club

Taught by Abbe Blacker

This introductory course to American MahJongg will show you everything we've learned to love about the wonderful world of "MAHJ" - the snacks, the chat, and of course the game! In this four-part series you will learn the basics, be able to ask questions, and get plenty of practice. Soon you will master this exciting and challenging game of skill, strategy, and luck.

<b>Wednesdays, 6:30-9:00pm</b> 4 sessions: \$120 <b>Wednesdays, 6:30-9:00pm</b> 4 sessions: \$120 <i>No class 4/5</i> <b>Wednesdays, 6:30-9:00pm</b> 4 sessions: \$120	<b>Jan 11-Feb 1</b> 111-600 <b>Mar 29-Apr 26</b> 329-601 <b>May 3-May 24</b> 503-602
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### Mah Jongg Extra Play Night

Taught by Abbe Blacker

Come join the gang for an extra night of play! We are gathering experienced players together for some fun play time. MahJongg is an excellent way to bond with family and friends, create community, and keep you quick on your toes! Join us!

<b>Wednesday, 6:30-9:00pm</b> 1 session: \$25	<b>Feb 8</b> 208-603
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### Photo Organization - Print & Digital

Taught by Kathy Povolny

Organized photos give you peace of mind. Develop a system to get every printed photo, digital photo and all of your memorabilia organized, once and for all. Learn about scanning for slides, movies, prints, backing up, cloud storage and scanners. Leave with a plan for a system to access every photo you own in seconds!

<b>Thursday, 6:30-8:30pm</b> 1 session: \$25	<b>Feb 16</b> 216-404
<b>Monday, 6:30-8:30pm</b> 1 session: \$25	<b>May 8</b> 508-405

### Music

#### Online: Instant Guitar for Hopelessly Busy People: 13+

Taught by Craig Coffman

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This course will teach you some basic chords and get you playing along with your favorite songs right away. Class is held online using zoom and is partly direct instruction and partly lecture/demonstration.

<b>Monday, 6:30-9:30pm</b> 1 session: \$65	<b>Feb 13</b> 213-401
<b>Wednesday, 6:30-9:00pm</b> 1 session: \$65	<b>Feb 15</b> 215-402

### Online: Instant Piano for Hopelessly Busy People

Taught by Craig Coffman

Learn to play piano the way the pros do-using chords. This method is LOTS of fun and much easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online and is part instruction and part lecture demonstration.

<b>Monday, 6:30-9:30pm</b> 1 session: \$65	<b>Feb 13</b> 213-401
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### Social Dance

#### Ballroom Dance

Taught by Monica Mohn

Start the New Year dancing with this fun 3-week sampler of the classic dances: waltz, foxtrot, rumba and tango. By the end of the night you won't want to let go. For couples, only.

<b>Tuesdays, 6:00-7:20pm</b> 3 sessions: \$59	<b>Jan 17-Jan 31</b> 117-218
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#### Swing Dance

Taught by Monica Mohn

One dance...a lifetime of fun! In this 3-week sampler an "Arch" and a "Loop" are just two of the patterns that can take you from the sidelines onto the dance floor. Couples only, please.

<b>Tuesdays, 7:20-8:40pm</b> 3 sessions: \$59	<b>Jan 17-31</b> 117-219
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### Easy Partner Dancing

*Taught by Deanna Constantine*

No matter the occasion, you'll be prepared to dance! Taking steps from classic ballroom dances, you'll learn easy to remember mini-routines, danceable to all your favorite songs including pop, blues, rock, country and more! If you think you have no rhythm and 2 left feet, this is the perfect course for you! Couples stay dancing together & singles rotate with other singles. Casual dress.

**Fridays, 7:00-8:30pm**

4 sessions: \$65

**Jan 27-Feb 17**

127-234

**Fridays, 7:00-8:30pm**

4 sessions: \$65

**Mar 31-Apr 21**

331-235

### Line Dance: Grease - "You're the One that I Want"

*Taught by Monica Mohn*

A tribute to Olivia Newton John! Spend the night moving and grooving to this iconic song; a great tune and fun moves! Be prepared for a fabulous night! No partner required.

**Monday, 6:00-7:00pm**

1 session: \$15

**Jan 30**

130-220

### Romance for Two Dance Workshop

*Taught by Monica Mohn*

Valentine's Day is just around the corner so why not start the romance early? Spice up your old "Swing and Sway" with simple, easy romantic moves. You'll be spinning; turning and twirling together before you know it and you'll feel comfortable in any setting! Couples only please.

**Monday, 7:00-9:00pm**

1 session: \$39

**Jan 30**

130-221

### Two Left Feet Dance Workshop

*Taught by Monica Mohn*

Convinced that you have 2-left feet and that dancing is not you? Or, someone you know? But still... it would be helpful to know a few steps. This class is for you! Geared to beginners, you'll learn fun moves to have you out on the dance floor in no time! Perfect for weddings, special events or just plain fun! Couples only please!

**Monday, 7:00-9:00pm**

1 session: \$39

**Mar 13**

313-228

### Swing Dance Workshop

*Taught by Monica Mohn*

One night. One dance. A lifetime of fun! Basic patterns plus fun spins that will take you from the sidelines onto the dance floor. Couples only, please.

**Fridays, 7:00-9:00pm**

1 session: \$39

**May 5**

505-229

### Party Line Dance

*Taught by Monica Mohn*

Step into the party with this workshop of the popular line dances: Electric Slide, Cha Cha Slide, and the Cupid Shuffle. No partner needed for an entire evening of fun!

**Monday, 6:00-7:00pm**

1 session: \$39

**May 15**

515-230

### Wedding Dance - It's Not too Late to Look Great

*Taught by Monica Mohn*

In this two-hour workshop, learn fun moves and simple tips to have you feeling comfortable and looking great on that special day! With the expert guidance of 3-time Ballroom Dance champion, Monica Mohn, you'll be dancing before you know it!

**Monday, 7:00-9:00pm**

1 session: \$39

**May 15**

515-231

# Building Community

Being a part of a community can add meaning and great satisfaction to our lives. In addition to connecting with your friends and neighbors, we invite you to connect with us through volunteering, community outreach and involvement.

## Edina Resource Center

The Edina Resource Center is committed to making local resources, services and information easily accessible to our community. Services are free and confidential for anyone who lives, works or goes to school in Edina.

We work directly with families, individuals and organizations to help connect them to the appropriate provider(s) to meet their specific needs and questions such as:

- Where can I go if I need help with food or rent?
- How do I find local childcare providers?
- What kind of financial assistance is available?
- Where can I get health insurance? Are there no-cost clinics available?
- I'd like a tutor for my child.
- Who can help me get rides to medical appointments?
- What supports are available for seniors?

### Connect with us!

- Call: 952-848-3936
- Email: [contact@EdinaResourceCenter.com](mailto:contact@EdinaResourceCenter.com)
- Visit: [www.EdinaResourceCenter.com](http://www.EdinaResourceCenter.com)
- Stop by: Edina Community Center Welcome Center



## Volunteer Opportunities

*"If our hopes of building a better and safer world are to become more than wishful thinking, we will need the engagement of volunteers more than ever."*

- Kofi Annan,  
Nobel Peace Prize Recipient

Volunteers promote and strengthen partnerships between our schools and community. They help personalize instruction with individualized attention for learners, enrich curriculum, and can offer unique, multi-generational learning perspectives.

In turn, our community volunteers gain a sense of personal satisfaction and accomplishment, plus a greater knowledge and understanding of the school system. It's a win-win!

Volunteer opportunities might include:

- Classroom assistance (art, reading, math and more)
- Before or after school tutoring support
- Help in school media centers

### Interested in volunteering in Edina Public Schools?

Visit [www.edinaschools.org/volunteer](http://www.edinaschools.org/volunteer)





# Facilities Rental

Need a place for your group to meet? You're welcome in Edina public schools. Our school district is committed to making our district facilities available to our wider community. We believe that the use of our public-school facilities as community gathering centers for educational, recreational, cultural and civic activities promotes success, health and well-being across all ages.

## Your group here!

When they are not in use for school-related activities, our meeting rooms, gathering spaces and activity areas are available to rent for a variety of activities:

- Concerts and cultural events
- Dance competitions
- Swim meets
- Field events
- Basketball tournaments
- And more...

## For more information

Visit [communityed.edinaschools.org/facilities](http://communityed.edinaschools.org/facilities) or call 952-848-3963

With great  
generosity comes  
great reward.

Your time donation makes a difference in the  
lives of others; in return, they enrich yours.

952-681-6109  
METROSOUTH.ORG

Metro South | Adult Basic Education  
ESL • ADULT DIPLOMA • GED

This program is partially funded with a grant from the Minnesota Department of Education using state and/or federal funding, Minnesota Statute Section 124D.522 and/or CFDA 84.002, Adult Basic Education-Grants to States. A proud partner of the American Job Center network.



HELP WITH ADULT DIPLOMA • GED • COLLEGE PREP • CAREER PATHWAYS



# Learning Exchange

Customized Community Education Classes Serving Adults with Disabilities as part of AR&LE

Learning Exchange offers a wide variety of classes for adults ages 18 and older with disabilities through the Bloomington, Eden Prairie, Edina, and Richfield school districts. Classes include cooking, crafts, fitness, personal development, and more fun activities.

## Schedule

In person and online classes through early June will be posted at [ARLEmn.org](http://ARLEmn.org).

## Web Page

For our web page, go to [www.ARLEMN.org](http://www.ARLEMN.org), and scroll to the bottom of the page for Learning Exchange links.

## Registration Site

Log in or create an account to register for programs at <https://bloomington.ce.eleyo.com>

## For more information

Leave a message at 952-681-6121 or email [jclarke@isd271.org](mailto:jclarke@isd271.org)

## Healthy Body Awareness

Co-sponsored with Minnesota Independence College and Community (MICC)

Do you know the best ways to use your muscles to not cause long-term health issues? Join our fitness professional for an interactive evening of information and movement. We'll look at sitting posture, how to safely lift and how to do everyday movement tasks with less stress. This class is great for all adults, whether in your 20's, retired or in between!

Tuesday, 6:30 pm - 7:45 pm

April 4

Free - registration required, space limited  
Woodlake Lutheran Church; 2120 W. 76th St., Richfield


### Register online:

<https://tinyurl.com/2023BodyAware>

### Register by phone:

952-681-6132

# YES. Life CAN be better.



Call for FREE Adult  
ESL (English) Classes

- ADULT DIPLOMA • GED
- COLLEGE PREP
- CAREER PATHWAYS

952-681-6170  
METROSOUTH.ORG

Metro South | Adult Basic Education  
ESL • ADULT DIPLOMA • GED

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A D U L T B A S I C E D U C A T I O N

# Community Ed **for All**

We’re committed to connecting all members of the community with our programming, and to helping them get the most out of it.



## **Disability Accommodations**

We aim to provide support for learners with special needs who want to participate in our programs.

### **For EPS students**

Edina Community Ed can provide some additional support for learners with special needs who participate in our programs. Support for care and enrichment programs beyond the school day differs from support written into IEP and 504 plans. We rely on strong communication and partnership with parents/guardians to plan ahead and help us ensure that all students can grow and thrive in our programs! If your child will need additional support in our youth programs, please connect with our team at least two weeks before the program start date.

Tim Faklis, Community Ed Manager for Inclusion:  
Tim.Faklis@edinaschools.org

### **For adults with disabilities**

For accommodations, call Learning Exchange at 952-681-6121 or email jclarke@isd271.org at least 10 business days before your class.

## **Financial Assistance**

We are committed to ensuring that all learners have access to our classes and programs. We regularly offer financial assistance and partner with Edina Give & Go for additional resources.

For more information, call 952-848-3952 or go to [communityed.edinaschools.org/register](https://communityed.edinaschools.org/register) and select “financial assistance” from top menu.

## **Non-Discrimination Policy**

Edina Public Schools District 273 has a nondiscrimination policy on the basis of race, color, creed, religion, national origin, sex, age, disability, marital status or status with regard to public assistance in its educational programs, activities and employment practices.

# Registration Information



**Register online!**  
[edina.ce.eleyo.com](http://edina.ce.eleyo.com)

Registration opens 8 am December 6th

**Have questions?**  
**We're here to help!**



**Email:**  
[communityed@edinaschools.org](mailto:communityed@edinaschools.org)



**Phone:**  
(952) 848-3952



**In Person: M-F, 8am - 4pm**  
at the Edina Community Center

## Edina Community Ed Policies and Procedures

### Cancellation and Refund Policy

We hate to do it, but sometimes Edina Community Ed has to cancel a class due to weather, low enrollment, or other evolving situations. And sometimes you need to cancel a class. We understand. Schedules and priorities change.

Please visit our website at [edinacommunityed.com](http://edinacommunityed.com) and click on "Register" to learn more about cancellation timelines, refunds, credit slips and fees for all of our programs, in addition to information about weather-related cancellations, late pick-up fees and more.

### Photo Consent

Unless you notify Edina Community Ed, photos taken within Community Ed classes/programs/activities may be included in Community Ed publications

### Data Privacy

Your privacy is important to us. The registration information you provide to Edina Community Ed is considered private data under state and federal law. We use the information you provide for the purposes of administering the activity and to contact you about upcoming activities. While you may choose to withhold this information, there may be consequences that could limit the distribution of information to the participant (e.g., no team roster or class confirmation). Access to contact information is limited to individuals involved in the activity.

### Satisfaction Guaranteed

If for any reason you are not happy with the quality of one of our community education programs, classes or activities, we want to know about it. We work hard to offer high-quality programming that meets the needs of learners of all ages, stages, abilities and interests and to recruit dynamic, enthusiastic teachers who care about learning for life and connecting community. Please call us at (952) 848-3952 to offer your constructive feedback, and we will be glad to work with you to make things right.



## Edina Community Center

5701 Normandale Road, Edina, MN 55424

The Edina Community Center is home to Community Ed, the Early Learning Center, Normandale Elementary School, the District Office, and the District Enrollment Office.

### Entrance and parking information:

#### Main Community Entrance: Door 3

Parking is available in the Red Lot.

#### Early Learning Center Entrance: Door 5

Park in the Green Lot.

#### Normandale Elementary: Door 10

Park in the Gold Lot.

#### Gym Entrances: Doors 7/8

Park in the Green Lot.

# Connect with us all year!

Use this calendar of important dates so you don't miss a thing!

## Adult Programs

Lifelong Learning • Fitness •  
Volunteering • Parenting

DECEMBER 6  
Registration for Winter/Spring  
Classes & Programs

APRIL-MAY  
Applications open for Summer  
Volunteer Programs

MAY  
Registration for Summer Classes  
& Programs

## Youth Programs

Elementary Schools • Middle  
Schools • Edina High School

DECEMBER 6  
Registration for Winter/Spring  
Enrichment Classes & Middle  
School Programs

FEBRUARY 14  
Registration for Summer  
Enrichment Classes/KidsClub

APRIL-MAY  
Application Period for Summer  
Volunteer Programs

SPRING  
Registration for School Year  
2023-24 KidsClub

## Early Learning Center

Early Childhood Family Education  
(ECFE) • Preschool

DECEMBER 6  
Registration for Winter/Spring  
Classes & Programs

JANUARY 24  
Registration for School Year  
2023-24 ECFE & Preschool

FEBRUARY 14  
Registration for Summer Preschool,  
ECFE, & Enrichment Classes



Scan Here to  
Register

