

# Experience **TOTAL EYE CARE**

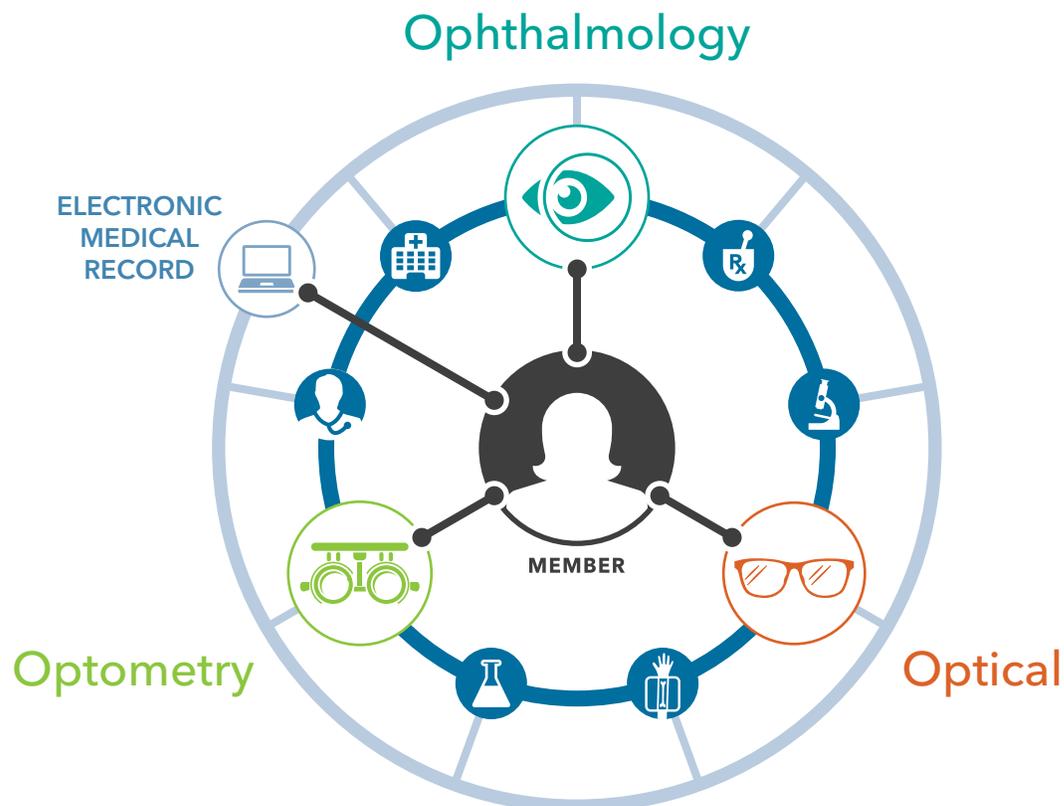
at Kaiser Permanente



## Experience the Kaiser Permanente difference

Because our optometrists, ophthalmologists, and opticians **work together within our integrated care delivery system**, they're able to connect to our larger team of medical professionals and services.

- ▶ Care under one roof
- ▶ Your eye health is part of your total medical record
- ▶ An extensive collection of eyewear, from top designers to high-quality, affordable options





# The Member Journey

## How to use our unique eye care services



### Appointment



Sign on to **kp.org** or the Kaiser Permanente app, then select "Appointments."



Call Member Services Monday through Friday, 8 a.m. to 6 p.m.

- **1-800-813-2000** (English) Press 3
- **1-800-324-8010** (interpretation services)
- TTY 711



Telehealth and advice nurses are available for **immediate care of serious eye conditions.**



### Optometry



**163,000 members were screened for comprehensive eye and systemic conditions in 2017,<sup>1</sup> including:**

- Glaucoma
- Macular degeneration
- Diabetic retinopathy
- Dry eye
- Low vision



**40,000 care gaps were discovered in 2017 during routine eye exams.<sup>1</sup>**

▶ If an ongoing eye condition is detected

▶ If a medical condition is detected



After your comprehensive eye exam, a prescription will be given for eyeglasses and contact lenses.



### Optical



**Experienced opticians will help you select and fit the perfect pair of eyeglasses.**

- Frames: Choose from over 850.
- Lenses: Our opticians help you choose the best lenses and coatings for your lifestyle.



**Contact lenses:** We teach you how to insert and remove your new contact lenses.



**Safety glasses:** Kaiser Permanente works with employer groups to set up safety eyewear programs that fit their needs and that help keep members safe on the job.



### Ophthalmology



**Ophthalmology provides medical and surgical eye care.** They treat ongoing eye diseases such as:

- Glaucoma
- Macular degeneration
- Diabetic retinopathy
- Cataracts
- Retinal and vitreoretinal diseases
- Pediatric developmental eye disorders

▶ If a medical condition is detected



Ophthalmologists perform surgery at the **Eye Surgery Care Center.**



### Integrated care



**If a medical condition is detected during your eye exam:**

Your optometrist or ophthalmologist will work directly with your personal doctor and specialty providers to order tests and coordinate care plans.

**Your vision care at Kaiser Permanente is connected to:**

- Primary care
- Specialty care
- Lab
- CT/MRI imaging services
- Pharmacy



### Did you know?

Blindness is the number 2 health concern in the United States after cancer.<sup>2</sup>

**Blindness can be prevented.** This is why Kaiser Permanente recommends all members schedule an eye exam every 2 years.

<sup>1</sup>COGNOS Kaiser Foundation Health Plan of the NW, March 2018 Health Plan PST use for Optometry Care Delivery, Dime, accessed March 2018.

<sup>2</sup>"National Alliance for Eye and Vision Research (NAEVR) Fact Sheet," National Eye Institute research, www.eyersearch.org/resources/NEI\_factsheet.html.

# Quality, Service, and Affordability for Every Member

## Experience **TOTAL EYE CARE** at Kaiser Permanente

### Everyday values

- 2 pairs of single vision glasses for \$129 (exclusions apply).<sup>1</sup>
- 30% off second pair of complete glasses.<sup>1</sup>
- Kids lenses always 50% off.
- Upgrade to polycarbonate lenses at no additional charge.
- Complimentary adjustments and repairs.
- Your lenses are manufactured locally in our Kaiser Permanente lab.
- 50/50 Protection Plan: one-year protection plan that covers 50% of the original price paid for your glasses at no additional cost.<sup>2</sup>
- Single vision glasses and contact lenses direct-ship at no additional cost.

<sup>1</sup>Discounts and promotions cannot be used in conjunction with an optical benefit.

<sup>2</sup>The damaged product must be purchased from and returned to a NW Kaiser Permanente Vision Essentials Location.

### We have you covered

#### 11 Kaiser Permanente locations in Oregon and Southwest Washington

- Open weekdays, 8 a.m. to 6 p.m.
- Saturday hours are available at Beaverton Medical Office, Clackamas Eye Care Center, and Cascade Park Medical Office.

#### Experienced health care professionals to meet your eye care needs

- Ophthalmologists: general, subspecialty, and surgeons
- Optometrists: general, medical, and subspecialty
- Opticians to help you select the right pair of glasses or contact lenses
- Eye care advice nurses

#### Make an appointment

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