

THE PAUL PHILLIPPE

RESOURCE CENTER

OCTOBER 2022 /ISSUE 2



ALL ABOUT PPRC

The Paul Phillippe Resource Center (PPRC) provides a wide variety of services and programs for Frankfort's Senior citizens aged 55 and up. Some services we offer include encouragement, peer interaction, social activities, recreation, meals at the center and meals delivered to residents (see back page for details) who are unable to come to the center. The Paul Phillippe Resource Center is a center made up of patrons, staff, community sponsors, and other volunteers who care about each other. Please come and visit with us!

CONTACT US

The Paul Phillippe Resource Center

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CORN TOSS

Come show us your skills!

Look at these wonderful people on the cover of this edition! They have been getting together on Wednesdays from 1 PM-3 PM at the east end of the dining room for a little fun competition. Meet new friends or connect with old ones and have some old fashioned fun!

WHAT IS POETRY?

October 21st at 2:00 PM

We will be having a workshop titled "What is Poetry?"

conducted by John Hinton

Please sign up for this workshop and enjoy learning about poetry.

See a sample of John's poetry on Page 6.

COMMUNITY NEWS UPDATES

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NEED A RIDE? WE PROVIDE!

Paul Phillippe Resource Center has been a public transportation provider since 2005. We take anyone of any age anywhere in Clinton County. We operate Monday-Friday 7 AM-5 PM. We can take you to the doctor, work, Pharmacy, grocery shopping, or anywhere else you need to go in Clinton County. We prefer 24 hour advance notice but will try to accommodate same day transportation. Call a dispatcher at 765-659-4060 to set up your public transportation ride today! We are here to get you where you need to go!



ANNUAL STRAWBERRY FESTIVAL

Well we did it! We decided to have a smaller version of our Strawberry Festival in August. It had been three years since our last festival because of all of the aftermath of the pandemic. We had quite a nice crowd and it was so nice to see people from the general public come out and support our programs. Thank you so much to our sponsors: Genda Funeral Home and Halleluiah way. The Genda Funeral Home has been sponsoring our hotdogs for the festival since 2005. Hot diggity dog, that is amazing! We would also like to thank everyone in the community who served on the food line including our local United Way Agency. Also, a big shout out to our Board Members and staff who make this day possible. Albanese Candy donated candy for us to pass out and we appreciated this so much and it made all the kids smile. The last thank you goes out to Exie Pence and Betty Watkins who organize our puzzle sales every year. These ladies love the Senior Center and work hard to keep our programs and funding as a top priority. We will have our Strawberry Festival at our normal date and time next year. It will be June 2nd, 2023. Please mark your calendars and we will see ya next then!

There comes a time in a mother's life when the greatest of joys comes full circle. Joy initially starts on the day your child is born and then you have these amazing milestones. First walk, first words, they learn how to tie their shoes, they get their first homerun, they graduate from high school, then college, buy a house, get a real job and then it happens.....the day arrives when you get a bonus child.

In less than 11 days I will be honored to welcome a new daughter in my life. Its such a blessing to see your child find the perfect person to spend the rest of their lives with. I tell all of my children time and time again to look for a life partner that doesn't complete you but compliments you. My soon to be daughter -in-law Madi does just that for my son. She brings out the best in him and not only loves him without conditions, she compliments every aspect of who he is.

I will tell you that I'm not sure there will be enough Kleenex for me on their wedding day. It is not from sadness but rather a feeling of such pride of the man that my son has become. He has always been one of my closest friends but I think what I love the most about him is that he is the kind of friend that any person would be blessed to have.

The two of them together are just adorable and I can't wait for all of friends and family to gather and share in their special day. If there is one thing I have learned from working at the Center is that love comes in many shapes and forms. I have met people who have been married for 60+ years and I have seen patrons find love while playing a round of euchre. One thing I know for sure is that Love is a very special gift and we are all blessed when it is present in our lives.



**"IF YOU ARE WITH
THE RIGHT PERSON,
IT BRINGS OUT THE
BEST VERSION OF
YOU."**

BEYONCE KNOWLES

EVENTS CALENDAR

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OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10:00 Exercise 11:30 Lunch 12:30 Bingo	4 11:30 Lunch 12:00 Low Impact Zumba 1:00 Snack "N Learn - Twine Bottles	5 10:00 Exercise 10:30 All Fired Up and lunch in West Lafayette 11:30 Lunch 1:00-3:00 Corn Toss	6 9:00 Watercolor 11:30 Lunch	7 11:30 Lunch 12:00 Low Impact Zumba 1:00 Game Room Fellowship
10 10:00 Exercise 11:30 Health Checks 11:30 Lunch 12:30 Bingo	11 11:30 Lunch 12:00 Low Impact Zumba 12:30 Bingo-Sponsored by Goodwin Funeral Home	12 10:00 Exercise 11:30 Lunch 12:30 Book Club 1:00-3:00 Corn Toss	13 9:00 Watercolor	14 11:30 Lunch 12:00 Low Impact Zumba 1:00 Game Room Fellowship
17 10:00 Exercise 11:30 Lunch 12:30 Bingo 1:30 Price is Right-Humana	18 11:30 Lunch 12:00 Low Impact Zumba	19 10:00 Exercise 1:00-3:00 Corn Toss	20 8:30 Leave for Movie** 9:00 Watercolor 11:30 Lunch	21 11:30 Lunch 12:00 Low Impact Zumba 1:00 Craft Class 1:00 Game Room Fellowship 2:00 Poetry
24 10:00 Exercise 10:30 Pat's Cooking Class 11:30 Lunch 12:30 Bingo	25 11:30 Lunch 12:00 Low Impact Zumba	26 11:30 Lunch 12:30 Book Club 1:00-3:00 Corn Toss	27 9:00 Watercolor 11:30 Lunch	28 11:30 Lunch 12:00 Low Impact Zumba 12:30-3:00 Halloween Party Hosted by Excel
31 10:00 Exercise 11:30 Lunch 12:30 Bingo			**Movie \$1- Olympic Dreams Lunch at Chipotle- on your own Bus donation welcome	Programs sponsored in part by: 

OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pork Roast 2 oz Gravy 1/4 C Potatoes & Carrots 1/2C Cauliflower 1/2 C Peach Cobbler Bread/ Margarine Milk	4 Salisbury Steak Mashed Potatoes 1/2 C Country Blend 1/2 C Juice Moon Pie Milk	5 Loaded Tots Peas & Carrots 1/2 C Blueberry Pear Crisp Milk	6 Meatloaf Baby Bakers Green Beans 1/2 C Bread/Margarine Mandarin Oranges 1/2 C Milk	7 Macaroni & Cheese 1 C Ham Broccoli 1/2 C Glazed Carrots 1/2 C Pineapple 1/2 C Milk
10 Pizza Corn 1/2 C Cherry Crisp Milk	11 Chicken Patty Scalloped Potatoes 1/2 C Green Beans 1/2 C Bun Cookie Milk	12 Ham & Beans 1 C Spinach 1/2 C Apple Cobbler Corn Muffin/Margarine Milk	13 Smoky Links (5) Potato Pancakes (4) Country Blend 1/2 C HD Bun Sherbet Milk	14 Beef Stew 3/4 C Biscuit 1/2 Cauliflower 1/2 C Hot Fruit Salad 1/2 C Milk
17 Ribette w/ BBQ Sauce Mac N Cheese 1/2 C Brussel Sprouts 1/2 C HD Bun Flavored Applesauce 1/2 C Milk	18 Beef & Noodles 3/4 C Mashed Potatoes 1/2 C Green Beans 1/2 C Peaches 1/2 C Cupcake Milk	19 Chicken Fried Chicken Mashed Swt Pot. 1/2 C Beets 1/2 C Bread/Margarine Mixed Fruit 1/2 C Milk	20 Hot Dog Cauliflower 1/2 C Country Blend 1/2 C HD Bun Sherbet Milk	21 Johnny Marzetti 2/3 C Glazed Carrots 1/2 C Berry Pear Crisp Milk
24 Hamburger Tater Tots Pickled Beets 1/2 C HB Bun Pineapple 1/2 C Milk	25 Chicken & Gravy Corn 1/2 C Broccoli 1/2 C Bread/ Margarine Mixed Fruit 1/2 C Milk	26 Sloppy Joe 1/2 C Potato Skin Mixed Vegetables 1/2 C Hot Fruit Salad 1/2 C Bread/ Margarine Milk	27 Pork Manhattan Gravy 2 oz. Mashed Potatoes 1/2 C Peas & Carrots 1/2 C Cherry Crisp Bread Milk	28 BBQ Pork 1/3 C Potato Soup 1 C California Blend 1/2 C HB Bun Pears 1/2 C Milk
31 Chili 1 C Baby Bakers Peach Crisp Crackers- 2-2 packs Milk				



THEATER THURSDAY

October 20th

We will be leaving the center at 8:30 am to watch "Olympic Dreams" at the Lebanon Movie Theater. After the movie, we will eat lunch at Culvers. The movie costs \$1 and you are responsible for your own lunch. Bus Donations are welcome!



ALL FIRED UP AND WOLFIE'S GRILL

October 5th

We will start the trip out with lunch and then you can create your own pottery at All Fired Up. Price point ranging from \$10-\$100 for pottery and you are



SNACK "N" LEARN

October 4th at 1:00 PM

Wesley Manor will be hosting a snack "n learn. We will be making a scarecrow twine bottle. Stop in or call to sign up for this free activity.



when I was a child I asked
 how do I become beautiful
 someone said to me eat beautiful things
 I started with lightening bugs and butterflies
 they didn't taste very good
 I saw no changes
 I swallowed diamonds & pearls
 they didn't make me pretty
 I moved on to stained-glass meals, so difficult to chew
 And still I was not what I wanted to be
 I decided that perhaps truth came in the reverse
 maybe to be beautiful I'd have to consume ugly things
 so I began consuming my pain
 feasting on every agony, asking others for their seconds
 ironically, the taste was sweeter than the lovelier things
 little by little I noticed transformation
 through this diet of woe
 digesting the nutrients of suffering
 I became.....
 Glorious

John Hinton



BOOK CLUB

October 12th and 26th
Book to be announced at the
October Meeting.



CORN TOSS

Wednesdays from 1 pm -3 pm

Come join us for corn hole in the dining room every Wednesday. This is a new activity and is super popular. Come join us for some fun and competition.



HALLOWEEN PARTY

We will be having a Halloween party sponsored by Brenda Fisher of Excel . We will have snack and apple cider and a good old fashioned costume contest. So dust off your outfits and come in for some spooky treats and activities.



SPECIAL BINGO

Tuesday October 11th at
12:30 PM

Burgen Hall

GOODWIN FUNERAL HOME is sponsoring an Extra Bingo for us this month. Come take advantage of this added event to our calendar. Thanks Goodwin for supporting our programs and activities!



COOKING CLASS

October 14th

Come cook with Pat Burkhalter from Purdue Extension. Pat always teaches our participants great meal prep ideas for single meals or large gatherings.

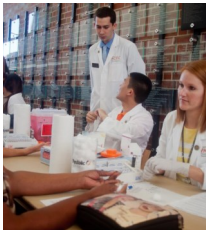
PAUL PHILLIPPE
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Stamp
Goes Here



THE PRICE IS RIGHT **OCTOBER 17TH 1:30 PM**

Come on Down! We will be having Price is Right sponsored by Dave Pearson with Humana. Come join us for fun and prizes and we will also celebrate the birthdays for the month!



HEALTH CHECKS

Healthy Communities of Clinton County does health checks once a month. Check your blood pressure, weight, blood sugar, and gives you a health awareness pamphlet.



PPRC **PROVIDING** **PEOPLE** **RIDES** **COUNTY-WIDE**



MIDLAND MEALS

Come eat with us

Did you know that we serve lunch Monday-Friday at the Senior Center? The Midland meals program is available to persons 60+ years of age or disabled and meets income guidelines. Call Brenda Hettinger, between 9 am-1 pm at the Center to see if you qualify.

BUILDING RENTAL:

Are you looking for a place to hold an event? Did you know we rent out our building? Call Jacque

DO YOU WANT TO DONTATE TO THE CENTER:

WE ARE ALWAYS IN NEED OF BINGO PRIZES. THINGS THAT GO OVER WELL ARE NON-PERISHABLE FOOD ITEMS, PERSONAL HYGIENE ITEMS, PAPER TOWELS, TOLIET PAPER, AND SEASONAL DECORATIONS TO CHEER UP SOMEONE'S HOME. BRING ITEMS TO THE OFFICE IF YOU WANT TO HELP OUT OUR PATRONS.