



SCHOOL NEWSLETTER

QUARTER I - 2022

BE IN THE KNOW

School Calendar

Check out our updated school calendar by clicking on this [link](#).

Winter Sports There will be an Open House on Monday, November 21st at 6pm in the Gymnasium & the season officially starts the week of 28th. Please reach out to our Athletic Director, Derek at dciprshs@buusd.org for further information.

Thanksgiving Break
Week of November 21st

French Poinsettia Sale
For those interested in supporting the French Club and would like to purchase a *Claussen's* poinsettia, please reach out to Madame Marineau by November 25th at kmarishs@buusd.org

Holiday & New Year Break
December 22nd - January 1st

Progress Reports
Last Progress Report for Semester 1 January 2nd

MESSAGE FROM ADMINISTRATION

We are very excited to let you know about a renovation project taking place over the next two years. As always, student safety and the well-being of those in our building is our priority and we are pleased that we will be able to use a combination of ESSR and local Facilities funds to improve air quality and humidification levels for the top two floors of the school building and the cafeteria.

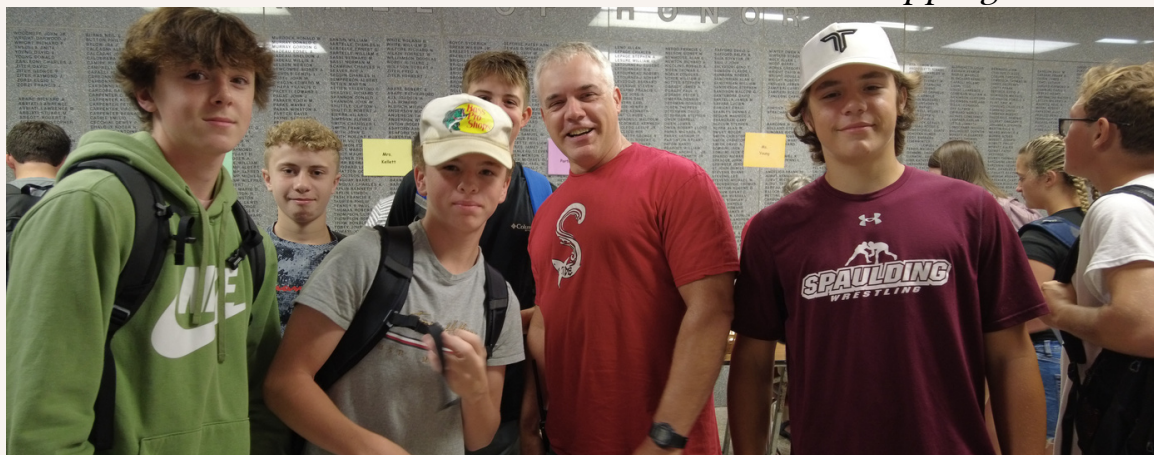
This is a major undertaking with the work being completed in five phases over the course of two years beginning on January 2nd, 2023. In addition to the HVAC upgrade, which will provide us with air filters with a MERV rating of 13, we will also be upgrading our lighting and adding building-wide sprinklers for fire suppression. Vermont is the first state to prohibit tube fluorescent lights (2024) so in an effort to get ahead of that change and take advantage of the HVAC upgrade, we are doing lighting at the same time. *Spaulding* had been grandfathered in for a sprinkler system, but by taking advantage of this planned renovation, we can make sure that our building is completely covered.

Hearing all of this, the next question you're probably asking is about how this is going to impact your student's education, and your family. The school calendar will be slightly modified to accommodate the shifting of classrooms as the different phases begin.

The initial calendar change families should be aware of is moving graduation from June 24th to June 17th, with June 20th as the last possible student day for underclassmen. An updated school calendar is available to help you with planning. Keeping safety in mind, all of the areas where work is being completed during the school day will be cordoned off from students. Temporary walls and doors will be constructed for the various crew members to have access to the building without having contact with our students.

We know that this is a lot to process, and that you probably have many more questions. Please refer to this [FAQ sheet](#) which will be updated as more questions/information occur(s). We are really excited about this opportunity to make our school a safer and healthier place to learn.

Stepping into Fall



Members of the *Class of 2026* are greeted with a warm welcome from *Spaulding Alum*, Mr. LaPerle fondly referenced by students as PJ.



SPOTLIGHT ON OUR COMMUNITY MEMBERS



Mr. Luke Aither is well known to all of us and he has served *Spaulding High School* for the past 13 years as a former Special Educator and previously as the Assistant Principal. His Vermont roots are strong, hailing from *Lamoille Union High School*.

He stated he enjoys the seasons within New England and understands the importance of being connected to one's community whether it be trekking outdoors and embracing adventures in the woods with friends, playing a Varsity sport like baseball for his alma mater, the *Landers*, or even doing a bit of woodworking on the side.

As he transitions to being Co Principal, he's learning about other ways in which we as a community can help students be successful post pandemic not only academically, but socially.

In the words of Ann Landers that Mr. Aither quoted, "One trouble with trouble is that it usually starts out like fun," but it can sometimes cross the line leading into mischief. For Mr. Aither, he wants to equip students with the tools of knowing when that line should not be crossed and how to navigate their way in order to be a responsible member within our community.



According to our new Assistant Principal, **Mrs. Mari Miller** she's happy to be at *Spaulding High School* after being an English Teacher and the Athletic Director at *Rice Memorial* for over 26 years.

Like Mr. Aither, she values not only the landscape and seasons within Vermont, but also the people because she grew up in the Burlington area and attended *Burlington High School*. "I enjoyed my years in high school and just got involved; from playing soccer and softball, to singing in Chorus and joining the school's drama productions.

She credited her former teacher, Miss Margaret O'Brien as being an influential person in her life because she felt valued and supported.

Thus Mrs. Miller tries to emulate that same feeling within her own profession as an educator, administrator, and colleague. Her responsibilities will be primarily on student management, athletics and activities, and school climate.

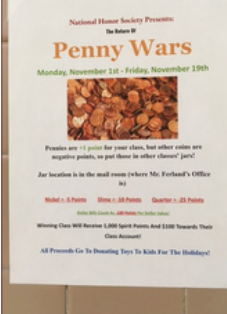
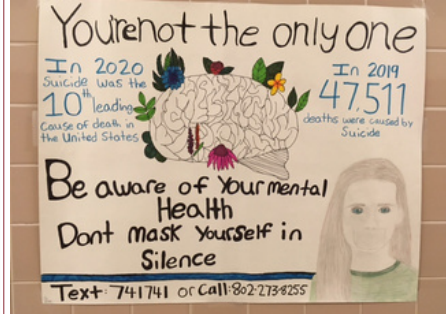
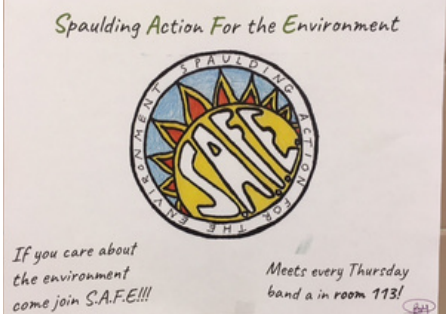


For **Mr. Marlon Maylor**, our new Co Principal, he has experience navigating the waters whether it be Florida, China, or California where he held previous positions as a Social Studies teacher.

"I am gaining an appreciation of that small town feel." He cited an example of walking on the streets in Essex village and a passerby engaged in a warm conversation with his former Essex High School colleague. For him, having those connections and being a part of a community are important.

And now that he's been in Vermont for a few years, he also loves the Fall and the brilliant colors that dance across the Green Mountains because one of his passions is photography combined with sports, especially football where he was a linebacker for his alma mater, *Hillsborough High School* in Florida.

Mr. Maylor understands the value of an education, especially earning a diploma and being involved. Like his Administrative colleagues, he wants to form relationships, he wants to be supportive of student athletes and helping them succeed whether it be on the field, the court, ice, and/or in the classroom because he wants to advocate for their success.



SPREADING TIDE PRIDE



Doing what I love, what I am interested in, and what I want to do are important to members of Spaulding High School.

Returning to normal programming whether it be sponsoring a service project, attending a sports game, or planning for Homecoming, student engagement is at the forefront of **Gracie Martin** and **Jaquan Johnson**, Class of 2024 as seen to the left.



For these two Juniors, they understand too well what it is like to be isolated from others, especially as they navigate the waters of a post pandemic like a surfer riding a new wave.

"I found myself playing a lot of Madden video games with my friends" stated Jaquam, while attending *John I Burton High School* in Norton, Virginia, but "missing the daily interaction with my peers that energized me each day."

However, when Jaquan found himself at *Spaulding High School* during his Sophomore year, he wanted to contribute to Tide Nation... and let's just say he is literally 'splitting' his time between sports, Student Council, and being a positive role model for others.



Like Jaquan, Gracie values the work of others and "I too am a social person; very extroverted and dearly missed being at school."

She reflects fondly upon what was and what can be as President of her class. She attributes her love for adventures and traveling to places like Aruba or going to Disney with her mother, but more importantly, making a difference in the halls of *Spaulding High School*.

She is keenly aware of student disengagement and she hopes to provide opportunities for her peers to feel valued and want to come to school.



"I want to instill Tide Pride, I want my peers to be supportive of events while having fun," as she references the musical chairs challenge from the Pep Rally. Jaquan is in agreement and noted, "I am humbled by Mr. Leene entrusting me to be an emcee, but the chemistry between Gracie and I hosting the Pep Rally; we locked it down, but there is more work to be done."

Let it be known that Gracie is the calm before the storm of Jaquan as they ride the waves of the tide, states Jaquan.

IN THE SPOTLIGHT

Miss Saint Raymond continues to challenge her students, especially within the *History & Social Studies Department*.

Her AP United States Government & Politics students examine politically significant concepts and themes of the past and present. She hopes her students will apply disciplinary reasoning to assess causes and consequences of political events, and interpret data to develop evidence-based arguments.

However, Miss Saint Raymond wants more for her students by having them engage in civic discourse within the walls of the *Edward M. Kennedy Institute* in Boston, Massachusetts.



Yes, Boston and let's just say, every student regardless of what course is overjoyed with the return of field trips.

As noted by a few students on the bus, "Going to Boston; absolutely if it's a chance to go off campus" versus "I have never been to Faneuil Hall" or "...done something like this before."

Regardless of the reason, Miss Saint Raymond values enriching her students academic experience whether it be in the classrooms of *Spaulding*, engaging in civic discourse with fellow Student Council members, or going to vote, she wants her students to be aware of issues that challenges our democracy.



ACADEMIC HIGHLIGHTS



Seniors, **Jude Wilson & Mateo Sulpizio** are stepping into the footsteps of Environmental Scientists whereas **Jalona Mundo**, Class of 2024 examines different species of phytoplankton & zooplankton from class samples.



Igniting, Inspiring, and Improving are at the forefront of many teachers, especially for those teachers who have passion in science, marine biology, and environmental studies.

For **Mr. Crawford Stempel** who teaches Marine Biology, he encourages his students to problem solve creatively while having hands-on experiences in and out of the classroom. So much so, he loves taking his students to the shores of Portsmouth, New Hampshire and into the tropical environments of Costa Rica.

But he is cognizant of the challenges of costs and traveling in a post pandemic world, but as an optimist, he is happy to take a deep dive in the aquatic world of Lake Champlain too.

This is also echoed by **Ms. Fredriksen** who wants her students to focus upon the future and understand their role as stewards.

Like Mrs. Brennan, Ms. Duane, and a few others, Ms. Fredriksen has embraced the role as a Concurrent Teacher by being approved to teach a *Community College of Vermont* course on *Spaulding High School's* campus.

Thus giving students access to enrolling in a college course at no financial cost by using their Dual Enrollment voucher and reducing certain barriers.

As stated by one student who attended a recent trip to the *Rubenstein Ecosystems Science Laboratory* on the shores of Lake Champlain, "Having this course on campus gives me the chance to be here rather than online or going to Montpelier."

CELEBRATING OUR COMMUNITY



A majority of athletes persevered and continued to play with heart during the Fall season. According to **Tyler Whitcomb**, *Class of 2023*, "I appreciated the support of my teammates, my coaches, my parents, and of course, my friends," which is echoed by his fellow Senior athletes. Tyler credits the incoming Freshmen for stepping up and learning how to quickly play football at the Varsity level whereas **Paige Allen**, *Class of 2023* chimes in and states, "It has been an honor to represent *Spaulding High School*, but it's time to move on." In the words of **Andre Pelletier**, *Class of 2023* "Varsity Soccer experienced the best season in 10 years by ending with 5 wins for the Fall." But Varsity Captain, **RJ Saldi** states, "I am proud of my teammates because we all got along and worked hard as a team." For the rising Fall athletes like **Garret Cameron**, *Class of 2024*, he has enjoyed team chemistry, especially when he is on the fairway, using his 8 iron to transport his golf ball into the hole. Congratulations to the Fall Sports teams, especially Varsity Girls Soccer & Field Hockey, along with Garret making his debut at the *New England Golf Championships* this past October.

We are constantly amazed and proud of our community.

After a year's hiatus, *Sugarbush Ski Resort* is bringing back their Student Achievement Program for the 2022/2023 season & the following students are recipients of this program based upon the 2021/2022 Academic Year:

Class of 2023 Seanna Amell, Madison Ashford, Isabella Bevins, Aliyah Elliott, Ellison Fortin, Abigail Geno, Kathryn Harding, Logan Kelley, Meredith Kerin, Daniel Kiniry, Abigail Lindhiem, Ian Longfellow, Ian Macdonald, Angelique Macie, Timothy McHugh, Rebecca McKelvey, Alaina Rueda, Ronald Saldi, & Charlotte Young

Class of 2024 Heidi Abbott, Brady Aldrich, Lily Asselin, Kacie Audet, Avery Bellavance, Madelyn Hull, Charlotte Kellett, Gracie Martin, Clara Murray, Lucy Norris, James Parker, & Caitlin Peacock

Class of 2025 Brendan Blaisdell, Isabella Cecchinelli, Adam Coburn, Aden Cushman, Benjamin Dzano, Erin Everett, Evelyn LaCroix, Meadow Lafaille, Camille Marineau, Jordan Parker-Martin, Abigail Viens, & Eden White





On behalf of
Spaulding High School

May your
**Thanks
Giving**
be filled with
gratitude, love and laughter.



A holiday tip for families The holiday season can be hard for students. It is important to remember that high school students need a break, a true break with sleeping in and accessing some social interaction with their peers. It is important to remember that the holidays provide an opportunity for students to have some down time and a chance to let go of the daily grind and stress for a bit.

For tips, go to <https://childmind.org/article/how-to-take-the-stress-out-of-the-holidays/>