



PRE-ORDER LUNCH MENU

November 28 - December 2

PRE-ORDERING OPENS ONE WEEK IN ADVANCE FOR WEEK LISTED ABOVE. [CLICK HERE FOR PRE-ORDER SCHEDULE.](#) GO TO FAMILY PORTAL -STUDENT/LUNCH EACH WEEK TO PLACE YOUR LUNCH ORDER.

Monday, November 28

PHILLY STEAK & CHEESE SUB \$3.75

Philly style steak topped with provolone cheese and served on 6" sub roll.

CHICKEN PARMESAN SANDWICH \$4.00

Asiago seasoned chicken breast with marinara sauce and shredded mozzarella cheese served on a yummy brioche bun.

HOT DOG WITH TATER TOTS \$4.00

Asiago seasoned chicken breast with marinara sauce and shredded mozzarella cheese served on a yummy brioche bun.

CHEF'S SALAD \$6.25

Fresh bed of tossed lettuce topped with ham and turkey, grape tomatoes, cucumbers, shredded carrots, sliced hard boiled eggs, cheddar cheese, and crunchy croutons. Choice of dressing.

Tuesday, November 29

HUNGRY HOWIES PIZZA DAY

7" CHEESE PIZZA \$4.50

7" PEPPERONI PIZZA \$5.00

10" GLUTEN FREE CHEESE PIZZA \$6.50

CHEF'S SALAD \$6.25

Fresh bed of tossed lettuce topped with ham and turkey, grape tomatoes, cucumbers, shredded carrots, sliced hard boiled eggs, cheddar cheese, and crunchy croutons. Choice of dressing.

Wednesday, November 30

CHICKEN TENDERS \$3.75

Breaded and lightly seasoned chicken tenderloins. Honey mustard dipping sauce included.

BOWL OF CHICKEN NOODLE SOUP AND 1/2 GRILLED CHEESE \$3.00

Flavorful chicken noodle soup made from a blend of well-seasoned broth with herbs, carrots, diced white chicken, celery and twisted noodles and 1/2 grilled sandwich with Artisan style bread with cheddar cheese.

BEEF BURRITO \$4.25

Seasoned ground beef with Mexican fiesta rice and black beans wrapped in a flour tortilla. Includes cheese queso and sour cream.

CHEF'S SALAD \$6.25

Fresh bed of tossed lettuce topped with ham and turkey, grape tomatoes, cucumbers, shredded carrots, sliced hard boiled eggs, cheddar cheese, and crunchy croutons. Choice of dressing.

Thursday, December 1

CHICK-FIL-A DAY

CHICKEN SANDWICH \$4.85

SPICY CHICKEN SANDWICH \$5.10

5 PACK CHICKEN NUGGETS \$3.60

8 PACK CHICKEN NUGGETS \$4.85

METRO STATION FRENCH FRIES

SMALL FRIES \$2.00

LARGE FRIES \$3.00

CHEF'S SALAD \$6.25

Fresh bed of tossed lettuce topped with ham and turkey, grape tomatoes, cucumbers, shredded carrots, sliced hard boiled eggs, cheddar cheese, and crunchy croutons. Choice of dressing.

Friday, December 2

SAUSAGE BISCUIT \$2.00

Pork sausage patty served on a flaky southern style biscuit.

CHICKEN BISCUIT \$2.50

Lightly breaded chicken breast fillet served on flaky southern style biscuit.

BACON, EGG AND CHEESE BISCUIT \$3.00

Enjoy delicious crispy strips of bacon with a scrambled egg style patty and a slice of mild cheddar cheese served on a flaky biscuit.

6 CT. FRENCH TOAST STICKS \$3.00

Enjoy this breakfast favorite of egg battered bread sticks (6 count). Syrup included.

HASHBROWN PATTY \$1.00

CHEF'S SALAD \$6.25

Fresh bed of tossed lettuce topped with ham and turkey, grape tomatoes, cucumbers, shredded carrots, sliced hard boiled eggs, cheddar cheese, and crunchy croutons. Choice of dressing.

Daily Pre-Order Offerings

*Available to pre-order any day of the week

GARDEN HOUSE SALAD \$5.00

Fresh bed of mixed greens with choice of grilled chicken or chicken tenders, grape tomatoes, cucumbers, shredded carrots, and a blend of Monterey Jack & Cheddar cheeses. Choice of dressing.

GARDEN SIDE SALAD \$3.00

Mixed greens topped w/ blend of shredded Monterey Jack & Cheddar cheeses, grape tomatoes, shredded carrots, and cucumbers. Choice of dressing.

FRESH FRUIT CUP \$2.50

YOGURT W/ FRUIT & GRANOLA \$2.50

TURKEY & CHEESE BOX W/ APPLE SLICES \$3.75

CARROTS & CUCUMBERS W/ RANCH DRESSING \$2.50

VARIETY OF CHIPS \$1.25

RICE KRISPY TREAT \$0.75

FRESH BAKED COOKIES \$1.00

BROWNIE \$1.50

FRUIT ROLL UP \$0.75

MILK (PLAIN OR CHOCOLATE) \$0.60

WATER (16.9OZ) \$1.50

SOFT DRINKS* \$2.00

POWERADE* \$2.00

(9TH-12TH GRADES ONLY)



PRE-ORDER LUNCH MENU

December 5 - December 9

PRE-ORDERING OPENS ONE WEEK IN ADVANCE FOR WEEK LISTED ABOVE. [CLICK HERE FOR PRE-ORDER SCHEDULE.](#)
GO TO FAMILY PORTAL -STUDENT/LUNCH EACH WEEK TO PLACE YOUR LUNCH ORDER.

Monday, December 5

- TURKEY WRAP** \$4.25
Flour tortilla with oven roasted turkey breast, shredded lettuce, diced tomatoes, mix of Monterey Jack & Cheddar cheeses and a side of ranch dressing.
- LASAGNA WITH BREAD** \$4.50
Pasta layered with tomato sauce, meat sauce and a blend of ricotta, mozzarella and Parmesan cheeses. Yeast dinner roll included.
- BEEFY CHEESE NACHOS** \$4.25
Tortilla chips served with spicy ground beef and queso cheese.
- COBB SALAD** \$6.50
Fresh bed of mixed greens topped with diced chicken breast, blend of shredded Monterey Jack & Cheddar cheeses, crumbled bacon, sliced hard boiled egg, grape tomatoes and avocado. Choice of dressing.

Tuesday, December 6

- HUNGRY HOWIES PIZZA DAY**
- 7" CHEESE PIZZA** \$4.50
- 7" PEPPERONI PIZZA** \$5.00
- 10" GLUTEN FREE CHEESE PIZZA** \$6.50
- COBB SALAD** \$6.50
Fresh bed of mixed greens topped with diced chicken breast, blend of shredded Monterey Jack & Cheddar cheeses, crumbled bacon, sliced hard boiled egg, grape tomatoes and avocado. Choice of dressing.

Wednesday, December 7

- MEATBALL PARMESAN SUB** \$4.00
Italian style meatballs topped with marinara sauce, grated parmesan cheese and served on a 6" sub roll.
- SPAGHETTI & MEATBALLS** \$3.75
Spaghetti pasta with Italian style meatballs and marinara sauce. Yeast dinner roll included.
- HOT DOG W/ TATER TOTS** \$3.75
All beef hot dog with baked tater tots.
- COBB SALAD** \$6.50
Fresh bed of mixed greens topped with diced chicken breast, blend of shredded Monterey Jack & Cheddar cheeses, crumbled bacon, sliced hard boiled egg, grape tomatoes and avocado. Choice of dressing.

Thursday, December 8

- CHICK-FIL-A DAY**
- CHICKEN SANDWICH** \$4.85
- SPICY CHICKEN SANDWICH** \$5.10
- 5 PACK CHICKEN NUGGETS** \$3.60
- 8 PACK CHICKEN NUGGETS** \$4.85
- METRO STATION FRENCH FRIES**
- SMALL FRIES** \$2.00
- LARGE FRIES** \$3.00
- COBB SALAD** \$6.50
Fresh bed of mixed greens topped with diced chicken breast, blend of shredded Monterey Jack & Cheddar cheeses, crumbled bacon, sliced hard boiled egg, grape tomatoes and avocado. Choice of dressing.

Friday, December 9

- CHEESEBURGER** \$3.75
100% beef burger, topped with cheddar cheese and served with lettuce and tomato on the side.
- HAM & CHEESE BOX** \$3.75
Slices of smoked ham, mozzarella cheese, apple slices and captain wafer crackers.
- CHICKEN, BACON & CHEESE SANDWICH** \$4.50
Breaded chicken breast served with crispy bacon and Colby Jack cheese on a brioche bun.
- SWEET POTATO FRIES**
- SMALL FRIES** \$2.00
- LARGE FRIES** \$3.00
- COBB SALAD** \$6.50
Fresh bed of mixed greens topped with diced chicken breast, blend of shredded Monterey Jack & Cheddar cheeses, crumbled bacon, sliced hard boiled egg, grape tomatoes and avocado. Choice of dressing.

Daily Pre-Order Offerings

*Available to pre-order any day of the week

- GARDEN HOUSE SALAD** \$5.00
Fresh bed of mixed greens with choice of grilled chicken or chicken tenders, grape tomatoes, cucumbers, shredded carrots, and a blend of Monterey Jack & Cheddar cheeses. Choice of dressing.
- GARDEN SIDE SALAD** \$3.00
Mixed greens topped w/ blend of shredded Monterey Jack & Cheddar cheeses, grape tomatoes, shredded carrots, and cucumbers. Choice of dressing.
- FRESH FRUIT CUP** \$2.50
- YOGURT W/ FRUIT & GRANOLA** \$2.50
- TURKEY & CHEESE BOX W/ APPLE SLICES** \$3.75
- CARROTS & CUCUMBERS W/ RANCH DRESSING** \$2.50
- VARIETY OF CHIPS** \$1.25
- RICE KRISPY TREAT** \$0.75
- FRESH BAKED COOKIES** \$1.00
- BROWNIE** \$1.50
- FRUIT ROLL UP** \$0.75
- MILK (PLAIN OR CHOCOLATE)** \$0.60
- WATER (16.9OZ)** \$1.50
- SOFT DRINKS*** \$2.00
- POWERADE*** \$2.00

(9TH-12TH GRADES ONLY)