

P-EBT 3.0 Is Coming to Eligible Families!

These no-risk *additional* benefits will arrive in the mail soon.

Here's What You Need to Know

School-Aged Children

November
2022

Cards Mailed 

For benefit months: August–December 2021

School-Aged Children

December
2022

Existing Cardholders

Cards Reloaded

For benefit months: January–August 2022

New Cardholders

(school-aged children not eligible August–December 2021)

Cards Mailed

For benefit months: January–August 2022

Young Children

October
2022

Cards Mailed 

For benefit months: August–December 2021

Young Children

November
2022

Existing Cardholders

Cards Reloaded

For benefit months: January–August 2022

New Cardholders

(young children not eligible August–December 2021)

Cards Mailed

For benefit months: January–August 2022

All cards will be mailed in alphabetical order by the eligible child's first name. Each eligible child will get their own card.



Questions? Call the P-EBT Helpline at **1-877-328-9677** (M-F, 6:00 a.m. to 8:00 p.m.), or use the **Live Chat** feature at ca.p-ebt.org.



P-EBT 3.0 Is Coming to Eligible Families!

More breakfasts. More lunches. P-EBT 3.0 provides **more** food support to eligible families that have been impacted by COVID-19.

Here's What You Need to Know:

These benefits:

- Do NOT affect immigration, do not make you a public charge, and do not impact other benefits.
- Do NOT count as income and won't affect your taxes.
- Do NOT require an application. Families with eligible children will automatically get benefits.
- DO expire, so make sure you use them at least once every year.

Who Gets a P-EBT 3.0 Card:

Young children are eligible if they:

- were under age 6 as of August 1, 2021;
- AND were part of a household getting CalFresh Food benefits from August 2021 through August 2022.

School-aged children are eligible if, during the 2021–2022 school year, they:

- were eligible for free or reduced-price meals;
- AND were enrolled in a school participating in the National School Lunch Program (NSLP)/ School Breakfast Program (SBP) or a Provision school;
- AND did not attend school in person or had five or more excused absences in any month due to COVID-19 (this includes students enrolled in virtual learning).

School-aged children who attended school in person during the 2021–2022 school year also may be eligible if, as of May 2022, they were eligible for free or reduced-price meals and enrolled in a school participating in the NSLP/SBP or a Provision school.

How to Use Your Card:

When your P-EBT 3.0 card arrives in the mail, you will need to create a PIN (instructions will be sent with the card). Then use your card just like a debit card at the same places that take CalFresh Food benefits:

1. Pay by selecting "EBT" at checkout.
2. Swipe the card.
3. Enter the private PIN.

CALIFORNIA

P-EBT 3.0

1234 5678 0000 0000

Cardholder Name
123456789000

Use the QR code to learn
what foods are covered.



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Fact Sheet

P-EBT 3.0 Is on the Way!

Hard times don't have to be hungry. If your child qualifies for P-EBT benefits, you will automatically receive a card in the mail. Here's what you need to know about P-EBT 3.0.

Get More Money for Groceries With P-EBT 3.0

P-EBT (also known as "Pandemic EBT") 3.0 is a federal program that provides food benefits to families with eligible children who could not attend school or childcare because of COVID-19.

Healthy Meals for All Eligible Children

Young children are eligible if they:

- were under age 6 as of August 1, 2021;
- AND were part of a household getting CalFresh Food benefits from August 2021 through August 2022.

School-aged children are eligible if, during the 2021–2022 school year, they:

- were eligible for free or reduced-price meals;
- AND were enrolled in a school participating in the National School Lunch Program (NSLP)/School Breakfast Program (SBP) or a Provision school;
- AND did not attend school in person or had five or more excused absences in any month due to COVID-19 (this includes students enrolled in virtual learning).

School-aged children who attended school *in person* during the 2021–2022 school year also may be eligible if, as of May 2022, they were eligible for free or reduced-price meals and enrolled in a school participating in the NSLP/SBP or a Provision school.

P-EBT 3.0 Benefit Amounts

Young children will get an average of \$45 per month for each month they received CalFresh Food benefits during the 2021–2022 school year. Actual monthly amounts may vary.

Benefit Month(s)	P-EBT Allotment
August 2021	\$ 39
September 2021	\$ 43
October 2021	\$ 52
November 2021	\$ 37
December 2021	\$37
January 2022	\$59
February 2022	\$44
March 2022	\$32
April 2022	\$43
May 2022	\$44
June – August 2022	\$391

School-aged children will get \$7.10 for each day they didn't attend school in person because of COVID-19 during the 2021–2022 school year. Both groups of children will also get \$391 if they are eligible for summer 2022 P-EBT benefits.

You Don't Need to Apply for P-EBT 3.0

Families with eligible children don't need to apply or do anything else to get their benefits. They will automatically be mailed a new P-EBT 3.0 card with benefits already loaded. Each eligible child will get their own card.

P-EBT 3.0 Card Mailing

Cards for children eligible for benefits in August 2021–December 2021 will be mailed starting in:	Cards for children eligible only for benefits in January–August 2022 will be mailed in:
October 2022 for young children	November 2022 for young children
November 2022 for school-aged children	December 2022 for school-aged children

All cards will be mailed in alphabetical order by the eligible child's first name. It may take a few months for all cards to arrive as we are mailing out 5 million cards statewide.

How to Use the Card

When your P-EBT 3.0 card arrives in the mail, you will need to create a PIN (instructions will be sent with the card). Then use your card just like a debit card at the same places that take CalFresh Food benefits:

- Pay by selecting "EBT" at checkout.
- Swipe the card.
- Enter the private PIN.

Payment Accepted In Store and Online

Use P-EBT 3.0 cards to buy food in most grocery stores and many farmers markets where CalFresh Food benefits are accepted and online at participating retailers. Just like with CalFresh, P-EBT 3.0 benefits can't be used at restaurants or to buy foods that are served hot or already prepared (like takeout or food bars).

Cards Are Automatically Reloaded

P-EBT 3.0 cards will be reloaded in November 2022 for young children and December 2022 for school-aged children to cover benefits in January–August 2022. Don't throw away your P-EBT 3.0 card.

Using P-EBT Won't Affect Immigration, Public Charge Status, or Other Benefits

Using P-EBT will not affect immigration or make you a public charge. The program does NOT report your information to immigration services. P-EBT also doesn't count as income, and it doesn't affect your eligibility for school meals or other benefit programs.



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