

Woodburn School District

PreK/November 2022 Menu

Daily Breakfast

1% white milk will be served with Breakfast daily.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cold Cereal, 1oz & Gram Crackers, 1 ct pkg Applesauce Cup, 4.5oz	Mini French Toast, 2.64oz Raisins, 1.5oz	Breakfast Round, 2.2oz Banana, 1 ct	Waffles, 2.47oz Fruit Cup, 4oz	Cold Cereal, 1oz & Gram Crackers, 1 ct pkg Craisins, 1.16oz

Lunch

	1 Pizza*, 4.51oz Red Peppers, ¼ cup Pineapple, ½ cup	2 Cheeseburger, 1 ct Sliced Tomatoes, 4ct Orange Wedges, 4ct	3 Turkey Gravy & Mashed Potatoes & WW Roll, 2oz Salad Mix, ¼ cup Tropical Fruit, ½ cup	
7 Chicken Patty Sandwich, 1ct Carrots, ¼ cup Sliced Pears, ½ cup	8 Fish Sticks, 1oz-4ct & WW Roll, 1oz Broccoli Ckd, ¼ cup Pineapple, ½ cup	9 Grilled Chicken Ranch Wrap, ½ Cucumber, ¼ cup Orange Wedges, 4ct	10 Corn Dog, 4oz Corn, ¼ cup Tropical Fruit, ½ cup	11
14 BBQ Pork Sandwich, 1ct Kidney Beans, ¼ cup Sliced Pears, ½ cup	15 Pizza, 4.51oz Red Bell Pep, ¼ cup Pineapple, ½ cup	16 PB&J, 2.6oz & String Cheese, 1oz Celery sticks, ¼ cup Sliced Peaches, ½ cup	17 Turkey Gravy & Mashed Potatoes & WW Roll, 2oz Corn, ¼ cup Tropical Fruit, ½ cup	18 Pozole, 8oz Tortilla Chips, 1oz Salad Mix, ½ cup Sliced Apples, ½ cup
21	22	23	24	25
28 Bean & Cheese Burrito, 1ct Carrots, ¼ cup Sliced Pears, ½ cup	29 Fish Sticks, 1oz-4ct & WW Roll, 1oz Salad Mix, ½ cup Pineapple, ½ cup	30 Cheeseburger, 1 ct Sliced Tomatoes, 4ct Orange Wedges, 4ct		

Snacks

ZeeZee Grahamz, 1.2oz String Cheese, 1 oz	Cool Ranch Doritos, 1oz Fresh Tangerine, 1ct	Peanut Butter, 1ct Apple Slices, 2oz	Goldfish Pretzels, .75oz Celery Sticks, ½ cup	Nature Valley Bar, 1.5oz Applesauce, 4oz
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This Institute is an equal opportunity provider.
 This menu is subject to change without notice. All grain items are whole grain.
 Items marked with an asterisk* may contain Pork.