

DECEMBER 2022 CENTRAL YORK HS/MS

LUNCH MENU

LUNCH PRICES

Students - \$2.80
 Reduced - \$.40
 Adults - \$4.10
 Milk - \$.80

Milk is included with each meal:
 1% Low Fat Chocolate, 1% Low Fat Vanilla, 1% Low Fat Strawberry, 1% Low Fat White or Fat Free White Milk. Alternative Milk Choice: Soy, Lactaid, and Plant Base.

****Choice of Fruit Includes: Canned Fruit, Fresh Fruit, Fruit Cup, Fruit Juices**
**** Alternate Line Available Everyday. Menu will change Daily**
****NO PEANUT BUTTER OR PEANUT PRODUCTS WILL BE SERVED IN THE CAFETERIA**
****Fresh Vegetables offered weekly**
***Contains Pork/Ham**

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheese Pizza Sticks
 w/ Marinara Sauce
 Broc. & Cauliflower
 Fruit
 Milk

5

Hard Shell Taco's
 w/Meat & Cheese
 Lettuce/Tomato Cup
 Mexican Rice, Tex Mex Veg
 Fruit
 Milk

6

Toasted Cheese
 Sandwich
 Tomato Soup
 Gold Fish Crackers
 Fruit, Milk

7

Chicken Nuggets
 Scalloped Potatoes
 Mixed Vegetables
 Fruit
 Milk

8

EARLY DISMISSAL
 Lunch Kit
 Paradise Punch
 Fruit
 Milk

9

Deep Dish Pizza
 Baked Beans
 Fruit
 Milk

12

Chicken Tenders
 Seasoned Rotini
 Chef Blend
 Fruit
 Milk

13

French Toast Sticks
 *Sausage Links
 Hash Brown
 Juice Cup
 Milk

14

Cheese Steak Sandwich
 Pierogies
 Glazed Carrots
 Fruit
 Milk

15

Breaded Mozz Cheese Stick
 & Breaded Ravioli
 Steamed Broccoli
 Fruit
 Milk

16

Big Daddy's Pizza
 Green Beans
 Fruit
 Milk

19

Rotini w/ Meat Sauce
 Cheese Bread Stick
 Garden Salad
 Fruit
 Milk

20

Corn Dog
 Smile Potatoes/FF
 Baked Beans
 Fruit
 Milk

21

BBQ Chicken Sandwich
 Creamy Mac & Cheese
 California Blend
 Fruit
 Milk

22

NO SCHOOL

23

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

28

NO SCHOOL

29

NO SCHOOL

30