



Hello Boys, Girls and Parents/Caregivers!

My name is Tinsel and I am an Elf on the Shelf. Please let me tell you a little about myself:

**Favorite Food:** Sugar Plums and Marshmallows

**Favorite School Lunch:** Roasted Turkey with Gravy

**Favorite School Breakfast:** Anything with Maple Syrup

**Favorite Color:** Glitter Green

**Favorite Holiday Song:** Frosty the Snow Man

**Favorite Reindeer:** Dancer



I am being sent to your school cafeteria from the North Pole to make sure all the students are behaving, enjoying their breakfast and lunch, and remembering to make healthy choices by taking a fruit with their breakfast and a fruit or a vegetable with their lunch meal. I will be by the breakfast lines the week of December 5th through the 9th, so keep an eye out for me while I get into all sorts of elfish mischief. Each day that I am here, one special girl or boy from each grade who chooses a healthy school breakfast with a fruit will win a prize straight from the North Pole. Cafeteria staff will make the announcement from that day's breakfast during lunch.

Since Roasted Turkey is my favorite school lunch; they let me switch the Holiday Meal from Roasted Pork with Gravy to Roasted Turkey with Gravy, along with a bread stick, mashed potatoes, corn, strawberry cup, and fat free milk. And don't forget, a surprise holiday treat with lunch too!

I can't wait to see you all at Lunch time.

*Tinsel - The Elf on the Shelf*

