Copyright 1993, Portia Nelson from the book, *There's a Hole in My Sidewalk*, Beyond Words Publishing, Hillsboro, Oregon. Autobiography in Five Short Chapters.

# 1:

I walk down the street.
There is a deep hole in the sidewalk.
I fall in.
I am lost...
I am helpless.
It is not my fault.
It takes forever to find my way out.

### II:

I walk down the same street.
There is a deep hole in the sidewalk.
I pretend I don't see it.
I fall in.
I can't believe I am in the same place.
But it isn't my fault.
It still takes a long time to get out.

#### III:

I walk down the same street.
There is a deep hole in the sidewalk.
I see it there.
I still fall in...It's a habit.
My eyes are open.
I know where I am.
It is my fault.
I get out immediately.

# IV:

I walk down the same street. There is a deep hole in the sidewalk. I walk around it.

# V:

I walk down another street.