

PULASKI COUNTY SCHOOLS

HIGH SCHOOL

LUNCH MENU

NOVEMBER 2022 — FEBRUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bacon Cheeseburger or Sloppy Joe on WG Bun Curly Fries, Baked Beans Lettuce & Tomato, Creamy Cole Slaw Fresh Fruits, Chilled Fruit Assorted Milk	Walking Taco or Chicken Fajita Whole Kernel Corn Cheese, Lettuce & Tomato Spanish Rice Fresh Fruits, Chilled Fruit Assorted Milk	Lasagna or WG Pizza WG Bread Stick Romaine Salad, Green Peas Red Peppers Fresh Fruit, Chilled Fruits Milk Banana Pudding	Chicken Strips or Meat Loaf WG Rolls Mashed Potatoes, Broccoli & Cheese Fresh Fruits, Chilled Fruit Assorted Milk Chocolate Chips	Chicken Noodle Soup or Chili Crackers, Grilled Cheese Grape Tomato, Baby Carrots Baked Potato Fresh Fruit, Chilled Fruit, Milk Cinnamon Rolls Sour Cream, Butter
Chili Dog or Grilled Cheese Cheese Stick, Cavendish Fries Baked Beans, Red Peppers Creamy Cole Slaw Fresh Fruit, Chilled Fruit Milk	WG Big Daddy's Cheese Pizza or Spaghetti with Meat Sauce WG Bread Sticks Romaine Salad, Green Beans Fresh Fruits, Chilled Fruit Assorted Milk	Smoke BBQ Chicken or Ham & Cheese on WG Bun Curly Fries, Romaine Salad Grape Tomato Fresh Fruit, Chilled Fruit Assorted Milk	WG Fish Strips or WG Chicken Nuggets., WG Rolls Scalloped Potatoes, Glazed Carrots Fresh Fruits, Chilled Fruit Assorted Milk Chocolate Pudding	Pulled Pork Barbeque on WG Bun or WG Calzone Mashed Potatoes, Broccoli & Cheese Fresh Fruits, Chilled Fruit Assorted Milk Jell-O
Oven Roasted Chicken or Meat Loaf WG Rolls Mashed Potatoes, Green Beans Fresh Fruits, Chilled Fruit Assorted Milk Chocolate Chips	Walking Taco or Chicken Fajita Whole Kernel Corn Cheese, Lettuce & Tomato Spanish Rice Fresh Fruits, Chilled Fruit Assorted Milk	Lasagna or WG Cheesy Bread Stick Romaine Salad, Green Peas Red Peppers, Broccoli & Cheese Fresh Fruit, Chilled Fruits Milk Banana Pudding	Bacon Cheeseburger or Sloppy Joe on WG Bun Curly Fries, Baked Beans Lettuce & Tomato, Creamy Cole Slaw Fresh Fruits, Chilled Fruit Assorted Milk	Chicken Noodle Soup or Chili Crackers, Grilled Cheese Grape Tomato, Baby Carrots Baked Potato Fresh Fruit, Chilled Fruit, Milk Cinnamon Rolls Sour Cream, Butter
Smoke BBQ Chicken or Meat Ball Sub Curly Fries, Romaine Salad Grape Tomato Fresh Fruit, Chilled Fruit Assorted Milk	WG Fish Strips or WG Chicken Nuggets., WG Rolls Mashed Potatoes, Glazed Carrots Fresh Fruits, Chilled Fruit Assorted Milk Chocolate Pudding	Chili Dog or Grilled Cheese Cheese Stick, Cavendish Fries Baked Beans, Red Peppers Creamy Cole Slaw Fresh Fruit, Chilled Fruit Milk	Pulled Pork Barbeque on WG Bun or WG Calzone Mashed Potatoes, Broccoli & Cheese Fresh Fruits, Chilled Fruit Assorted Milk Jell-O	WG Big Daddy's Cheese Pizza or Spaghetti with Meat Sauce WG Bread Sticks Romaine Salad, Mixed Vegetables Fresh Fruits, Chilled Fruit Assorted Milk

NOVEMBER 2022					DECEMBER 2022					JANUARY 2023					FEBRUARY 2023				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
	1	2	3	4				1	2	2	3	4	5	6			1	2	3
7	8	9	10	11	5	6	7	8	9	9	10	11	12	13	6	7	8	9	10
14	15	16	17	18	12	13	14	15	16	16	17	18	19	20	13	14	15	16	17
21	22	23	24	25	19	20	21	22	23	23	24	25	26	27	20	21	22	23	24
28	29	30			26	27	28	29	30	30	31				27	28			

High School Lunch: Fluid Milk 1% or Fat Free 1/2 pint (1c)

Meat/Meat Alternate: 10 ounces per week

Fruit—1 cup, Vegetable 1 cup

This institution is an equal opportunity provider.

Menu is subject to change without notice due to availability.