

PULASKI COUNTY SCHOOLS

MIDDLE SCHOOL

LUNCH MENU

NOVEMBER 2022 — FEBRUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheeseburger or Sloppy Joe on WG Bun Curly Fries, Baked Beans Lettuce & Tomato Fresh Fruits, Chilled Fruit Milk	Walking Taco or Chicken Fajita Whole Kernel Corn Refried Beans Cheese, Lettuce & Tomato Fresh Fruits, Chilled Fruit Milk	Lasagna or WG Pizza WG Bread Stick Romaine Salad, Green Peas Fresh Fruit, Chilled Fruits Milk	Chicken Strips or Meat Loaf WG Rolls Scalloped Potatoes Broccoli & Cheese Fresh Fruits, Chilled Fruit Milk	Chicken Noodle Soup or Chili Crackers, Grilled Cheese Grape Tomato, Baby Carrots Fresh Fruit, Chilled Fruit, Milk Cinnamon Rolls
Chili Dog or Grilled Cheese Cheese Stick, Baked Beans Curly Fries Fresh Fruit, Chilled Fruit Milk	WG Big Daddy's Cheese Pizza or Spaghetti with Meat Sauce WG Bread Sticks Romaine Salad, Mixed Vegetables Fresh Fruits, Chilled Fruit Assorted Milk	Smoke BBQ Chicken or Ham & Cheese on WG Bun Cavendish Fries Celery Sticks & Grape Tomato Fresh Fruit, Chilled Fruit Assorted Milk	WG Fish Nuggets or WG Chicken Nuggets., WG Rolls Green Peas, Glazed Carrots Fresh Fruits, Chilled Fruit Assorted Milk	Pulled Pork Barbeque on WG Bun or WG Mini Corn Dog Creamy Cole Slaw Broccoli & Cheese Fresh Fruits, Chilled Fruit Assorted Milk
Cheeseburger or Sloppy Joe on WG Bun Curly Fries, Baked Beans Lettuce & Tomato Fresh Fruits, Chilled Fruit Milk	Walking Taco or Chicken Fajita Whole Kernel Corn Refried Beans Cheese, Lettuce & Tomato Fresh Fruits, Chilled Fruit Milk	Lasagna or WG Pizza WG Bread Stick Romaine Salad, Green Peas Fresh Fruit, Chilled Fruits Milk	Oven Roasted Chicken or Meat Loaf WG Rolls Scalloped Potatoes Broccoli & Cheese Fresh Fruits, Chilled Fruit Milk	Chicken Noodle Soup or Chili Crackers, Grilled Cheese Grape Tomato, Baby Carrots Fresh Fruit, Chilled Fruit, Milk Cinnamon Rolls
Chili Dog or Grilled Cheese Cheese Stick, Baked Beans Green Beans Fresh Fruit, Chilled Fruit Milk	WG Big Daddy's Cheese Pizza or Spaghetti with Meat Sauce WG Bread Sticks Romaine Salad, Mixed Vegetables Fresh Fruits, Chilled Fruit Assorted Milk	Smoke BBQ Chicken or Meat Balls Sub Cavendish Fries Celery Sticks & Grape Tomato Fresh Fruit, Chilled Fruit Assorted Milk	WG Fish Nuggets or WG Chicken Nuggets., WG Rolls Green Peas, Glazed Carrots Fresh Fruits, Chilled Fruit Assorted Milk	Pulled Pork Barbeque on WG Bun or WG Mini Corn Dog Creamy Cole Slaw Broccoli & Cheese Fresh Fruits, Chilled Fruit Assorted Milk

NOVEMBER 2022					DECEMBER 2022					JANUARY 2023					FEBRUARY 2023				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
	1	2	3	4				1	2	2	3	4	5	6			1	2	3
7	8	9	10	11	5	6	7	8	9	9	10	11	12	13	6	7	8	9	10
14	15	16	17	18	12	13	14	15	16	16	17	18	19	20	13	14	15	16	17
21	22	23	24	25	19	20	21	22	23	23	24	25	26	27	20	21	22	23	24
28	29	30			26	27	28	29	30	30	31				27	28			

Middle School Lunch: Fluid Milk 1% or Fat Free 1/2 pint (1c)

Meat/Meat Alternate: 9 ounces per week

Fruit—1/2 cup, Vegetable 3/4 cup

This institution is an equal opportunity provider.

Menu is subject to change without notice due to availability.