

# Mustang Alt Ed

## Menus for December 2022

This institution is an equal opportunity provider.  
Menus are subject to change.

### Available Daily

#### LUNCH

- Line #1 & 2 Down Home Cookin
- Line #3 Pizza & Stuffed Sticks
- Line #4 Salads and Such
- Line #5 Buns on the Run
- Line #6 Bronco Favorites
- Line #7 International

*Make the healthy,  
economical choice!*

#### Lunch

**\$3.50**



Kimberly Walker, Café Manager, MHS

### Featured Specials of the Day

#### Thursday, December 1

##### Lunch

- Line 1 & 2 Chicken w/ Donut Hole
- Line 3 Bosco Sticks w/Marinara Sauce
- Line 4 Turkey Bacon Wrap
- Line 5 Bacon Ranch Chicken Sandwich
- Line 6 Hot & Spicy Chicken Sandwich
- Line 7 Crispy Chicken w/Donut Holes

#### Friday, December 2

##### Lunch

- Line 1 & 2 Steak Fingers
- Line 3 BBQ Chicken Pizza
- Line 4 Ham & Cheese Bento Box
- Line 5 Bronco Burger
- Line 6 Bronco Burger
- Line 7 Cheese Nachos

### Featured Specials of the Day

#### Monday, December 5

##### Lunch

- Line 1 & 2 Chicken Nuggets
- Line 3 Four Cheese Pizza
- Line 4 Turkey & Cheese Bento
- Line 5 Hot & Spicy Chicken Sandwich
- Line 6 Bronco Burger
- Line 7 Wild Mike's Jalapeno Cheese Bites

#### Tuesday, December 6

##### Lunch

- Line 1 & 2 Mac & Cheese w/Lil Smokies
- Line 3 3 Meat Calzone
- Line 4 Spicy Chicken Wrap
- Line 5 Bacon Jalapeno Cheeseburger
- Line 6 Hot & Spicy Chicken Sandwich
- Line 7 Potstickers

#### Wednesday, December 7

##### Lunch

- Line 1 & 2 Steak Fingers
- Line 3 Pepperoni Pizza
- Line 4 PB&J Bento
- Line 5 Chicken Sandwich
- Line 6 Bronco Burger
- Line 7 Fiestada Mexican Pizza

#### Thursday, December 8

##### Lunch

- Line 1 & 2 Chicken w/ Donut Hole
- Line 3 Tony's Stuffed Sticks w/Marinara Sauce
- Line 4 Turkey Bacon Wrap
- Line 5 Bacon Ranch Chicken Sandwich
- Line 6 Hot & Spicy Chicken Sandwich
- Line 7 Crispy Chicken w/Donut Holes

#### Friday, December 9

##### Lunch

- Line 1 & 2 Popcorn Chicken
- Line 3 Cheeseburger Pizza
- Line 4 Ham & Cheese Bento Box
- Line 5 Bronco Burger
- Line 6 Bronco Burger
- Line 7 Beef & Cheese Nachos



## Featured Specials of the Day

### Monday, December 12

#### Lunch

- Line 1 & 2 Steak Fingers
- Line 3 Four Cheese Pizza
- Line 4 Turkey & Cheese Bento Box
- Line 5 Hot & Spicy Chicken
- Line 6 Bronco Burger
- Line 7 Potstickers

### Tuesday, December 13

#### Lunch

- Line 1 & 2 Corn Dog
- Line 3 Chorizo Calzone
- Line 4 Spicy Chicken Wrap
- Line 5 Bacon Jalapeno Cheeseburger
- Line 6 Hot & Spicy Chicken Sandwich
- Line 7 Beef Tacos

### Wednesday, December 14

#### Lunch

- Line 1 & 2 Chicken Nuggets
- Line 3 Pepperoni Pizza
- Line 4 PB&J Bento
- Line 5 Chicken Sandwich
- Line 6 Bronco Burger
- Line 7 Chili and Cheese

### Thursday, December 15

#### Lunch

- Line 1 & 2 Christmas Turkey Dinner
- Line 3 Bosco Sticks w/Marinara Sauce
- Line 4 Turkey Bacon Wrap
- Line 5 Bacon Ranch Chicken Sandwich
- Line 6 Hot & Spicy Chicken Sandwich
- Line 7 Grilled Cheese & Tomato Soup

### Friday, December 16

#### Lunch

- Line 1 & 2 Chicken w/ Donut Hole
- Line 3 Chicken Alfredo Pizza
- Line 4 Ham & Cheese Bento Box
- Line 5 Bronco Burger
- Line 6 Bronco Burger
- Line 7 Cheese Nachos

Please see reverse for  
items available daily



## EAT WITH YOUR HANDS.

Just how big is a "serving"? It's hard to tell. And that means we sometimes eat WAY more than we think we do. So look at it this way: a cup is about the size of a fist, an ounce of cheese is as big as a thumb, and a 3 oz. serving of meat, fish, or chicken fills up your palm.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**



## Time to turn the page!

Winter Holiday begins  
at the end of classes

**Friday, December 16**

Classes resume:

**Wednesday, January 4**

**We look forward to serving you in 2023!**