

# Mustang High School

## Menus for December 2022

This institution is an equal opportunity provider.  
Menus are subject to change.

### Available Daily

#### BREAKFAST

You may choose cereal & graham crackers  
or mini donuts in place of main item.

#### LUNCH

- Line #1 & 2 Down Home Cookin
- Line #3 Pizza & Stuffed Sticks
- Line #4 Salads and Such
- Line #5 Buns on the Run
- Line #6 Bronco Favorites
- Line #7 International

You may apply for Free and Reduced Meals  
online by going to the school website at  
[www.mustangps.org](http://www.mustangps.org)



Kimberly Walker, Café Manager, MHS

### Featured Specials of the Day

#### Thursday, December 1

Breakfast Mini Maple Pancakes  
Bananas/Juice/Milk

Lunch  
Line 1 & 2 Chicken w/ Donut Hole  
Line 3 Bosco Sticks w/Marinara Sauce  
Line 4 Turkey Bacon Wrap  
Line 5 Bacon Ranch Chicken Sandwich  
Line 6 Hot & Spicy Chicken Sandwich  
Line 7 Crispy Chicken w/Donut Holes

#### Friday, December 2

Breakfast Breakfast Sausage Pizza  
Apple Slices/Juice/Milk

Lunch  
Line 1 & 2 Steak Fingers  
Line 3 BBQ Chicken Pizza  
Line 4 Ham & Cheese Bento Box  
Line 5 Bronco Burger  
Line 6 Bronco Burger  
Line 7 Cheese Nachos

### Featured Specials of the Day

#### Monday, December 5

Breakfast Banana Bread  
Applesauce Cup/Juice/Milk

Lunch  
Line 1 & 2 Chicken Nuggets  
Line 3 Four Cheese Pizza  
Line 4 Turkey & Cheese Bento  
Line 5 Hot & Spicy Chicken Sandwich  
Line 6 Bronco Burger  
Line 7 Wild Mike's Jalapeno Cheese Bites

#### Tuesday, December 6

Breakfast Scrambled Eggs & Bacon  
Banana/Juice/Milk

Lunch  
Line 1 & 2 Mac & Cheese w/Lil Smokies  
Line 3 3 Meat Calzone  
Line 4 Spicy Chicken Wrap  
Line 5 Bacon Jalapeno Cheeseburger  
Line 6 Hot & Spicy Chicken Sandwich  
Line 7 Potstickers

#### Wednesday, December 7

Breakfast French Toast Sticks  
Peaches/Juice/Milk

Lunch  
Line 1 & 2 Steak Fingers  
Line 3 Pepperoni Pizza  
Line 4 PB&J Bento  
Line 5 Chicken Sandwich  
Line 6 Bronco Burger  
Line 7 Fiestada Mexican Pizza

#### Thursday, December 8

Breakfast Berry Parfait  
Graham Cracker/Juice/Milk

Lunch  
Line 1 & 2 Chicken w/ Donut Hole  
Line 3 Tony's Stuffed Sticks w/Marinara Sauce  
Line 4 Turkey Bacon Wrap  
Line 5 Bacon Ranch Chicken Sandwich  
Line 6 Hot & Spicy Chicken Sandwich  
Line 7 Crispy Chicken w/Donut Holes

#### Friday, December 9

Breakfast Breakfast Sausage Pizza  
Apple Slices/Juice/Milk

Lunch  
Line 1 & 2 Popcorn Chicken  
Line 3 Cheeseburger Pizza  
Line 4 Ham & Cheese Bento Box  
Line 5 Bronco Burger  
Line 6 Bronco Burger  
Line 7 Beef & Cheese Nachos



## Featured Specials of the Day

### Monday, December 12

Breakfast Cinnamon Roll  
Orange Smiles/Juice/Milk

#### Lunch

Line 1 & 2 Steak Fingers  
Line 3 Four Cheese Pizza  
Line 4 Turkey & Cheese Bento Box  
Line 5 Hot & Spicy Chicken  
Line 6 Bronco Burger  
Line 7 Potstickers

### Tuesday, December 13

Breakfast Sausage Croissants  
Bananas/Juice/Milk

#### Lunch

Line 1 & 2 Corn Dog  
Line 3 Chorizo Calzone  
Line 4 Spicy Chicken Wrap  
Line 5 Bacon Jalapeno Cheeseburger  
Line 6 Hot & Spicy Chicken Sandwich  
Line 7 Beef Tacos

### Wednesday, December 14

Breakfast French Toast Sticks  
Peaches/Juice/Milk

#### Lunch

Line 1 & 2 Chicken Nuggets  
Line 3 Pepperoni Pizza  
Line 4 PB&J Bento  
Line 5 Chicken Sandwich  
Line 6 Bronco Burger  
Line 7 Chili and Cheese

### Thursday, December 15

Breakfast Mini Maple Pancakes  
Bananas/Juice/Milk

#### Lunch

Line 1 & 2 Christmas Turkey Dinner  
Line 3 Bosco Sticks w/Marinara Sauce  
Line 4 Turkey Bacon Wrap  
Line 5 Bacon Ranch Chicken Sandwich  
Line 6 Hot & Spicy Chicken Sandwich  
Line 7 Grilled Cheese & Tomato Soup

### Friday, December 16

Breakfast Breakfast Sausage Pizza  
Apple Slices/Juice/Milk

#### Lunch

Line 1 & 2 Chicken w/ Donut Hole  
Line 3 Chicken Alfredo Pizza  
Line 4 Ham & Cheese Bento Box  
Line 5 Bronco Burger  
Line 6 Bronco Burger  
Line 7 Cheese Nachos

Please see reverse for  
items available daily



## EAT WITH YOUR HANDS.

Just how big is a "serving"? It's hard to tell. And that means we sometimes eat WAY more than we think we do. So look at it this way: a cup is about the size of a fist, an ounce of cheese is as big as a thumb, and a 3 oz. serving of meat, fish, or chicken fills up your palm.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**



## Time to turn the page!

Winter Holiday begins  
at the end of classes

**Friday, December 16**

Classes resume:

**Wednesday, January 4**

We look forward to serving you in 2023!