

# THE NEST LOCATIONS

## HOLY SPIRIT CATHOLIC SCHOOL

Holy Spirit Catholic School is located in the northwest quadrant of the city and serves early preschool (age 2) through grade five.

**5455 50th Avenue NW | 507.288.8818**

**Extended Day AM & PM Available**

## ST. FRANCIS OF ASSISI SCHOOL

St. Francis of Assisi School is located in the southeast quadrant of the city and serves students in preschool through grade eight.

**318 11th Avenue SE | 507.288.4816**

## ST. PIUS X SCHOOL

St. Pius X School is located near downtown and serves students in preschool through grade five.

**1205 12th Avenue NW | 507.282.5161**

**Extended Day AM & PM Available**

## LOURDES HIGH SCHOOL

The Nature Birds Environmental Pre-Kindergarten program is located on our Lourdes High School campus.

**2800 19th Street NW | 507.289.3991**

**Extended Day AM & PM Available**

**Summer Care Available for Preschool - Grade 5  
at Holy Spirit Catholic School**



**Excellence. Character. Community.**

Learn about our program offerings and  
**how to enroll at [rccsmn.org/thenest](https://rccsmn.org/thenest)**



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**THE NEST**  
at Rochester Catholic Schools

**FAITH-BASED PRESCHOOL PROGRAMS FOR AGES 2-5**



# The Nest Learning Experience

The Nest is the early childhood, preschool, and pre-kindergarten program offered by Rochester Catholic Schools. A collaborative approach, located at four of our campuses, the Nest is designed to inspire creative play and develop age-appropriate learning opportunities.

During each school day, there is a balance of academic activities designed to foster the social, emotional, physical, and spiritual development of young children. Students of all faiths are welcomed and will receive a values-based education in an environment that ensures that each child is safe, happy, and successful everyday.



## FAITH foundation

Prayer, church life, scripture, and the liturgical calendar all serve to guide the faith life for our preschoolers. Whether making the Blessed Trinity with the Sign of the Cross, participating in acts of service, “practicing to wait” during Advent, or listening to favorite bible stories, children will grow in awareness, joy, and appreciation for our sacred life.



## READINESS skills

In language and math, we capitalize on the child’s natural love of order (detect, sort, classify, match, compare, etc.). With a strong set of pre-reading skills and solid number sense, we set the stage for our preschoolers to grow into confident readers and challenge-seeking mathematicians!



## SENSORY exploration

By use of organized studies, integrating all subject areas, we invite the children to wonder, investigate, and explore. In thanksgiving for one of God’s greatest gifts, we are thoughtful to reach the mind through the power of the senses with real-life, hands-on experiences.



## ARTISTIC expression

As contributing members of a Christian preschool community, the children are invited to “shine” with all that makes them feel special and valued. Opportunities in art and music invite self-expression and creativity. Through a variety of mediums, the children discover firsthand the importance of process, patience, and presentation - complete with FUN and a personal touch!



## STRENGTH & refinement

Refinement of movement, both fine and large motor skills, are overtly (and sometimes discreetly!) incorporated into the individual and collaborative activities of the children. Opportunities to develop strength and control of writing muscles, balancing techniques, and hand-eye coordination exist within both our classroom and outdoor spaces.

We believe that your child’s **first school experience** should be of **discovery and adventure, building confidence** that helps students **grow to love learning.**