



JANUARY | 2023

Jr Sr High Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 No School Christmas Break	3 No School Christmas Break	4 Pop Tarts Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk	5 Benefit Bar Or Pop Tarts Assorted Fruit 100% Fruit Juice Ice Cold Milk	6 Breakfast Pizza Bagel Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk
9 Pancake Bowl Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk	10 Bagel w/ Nutella Or Pop Tarts Assorted Fruit 100% Fruit Juice Ice Cold Milk	11 French Toast w/ Syrup Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk	12 Egg, Sausage, Cheese on English Muffin Or Pop Tarts Assorted Fruit 100% Fruit Juice Ice Cold Milk	13 Mini Breakfast Bites Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk
16 No School Martin Luther King Day	17 Breakfast Bread Or Pop Tarts Assorted Fruit 100% Fruit Juice Ice Cold Milk	18 Breakfast Burrito Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk	19 Waffles w/ Syrup Or Pop Tarts Assorted Fruit 100% Fruit Juice Ice Cold Milk	20 Cinn Pretzel Stix & Yogurt Or Pop Tarts Assorted Fruit 100% Fruit Juice Ice Cold Milk
23 Benefit Bar Or Pop Tarts Assorted Fruit 100% Fruit Juice Ice Cold Milk	24 Breakfast Pizza Bagel Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk	25 Pancakes w/ Syrup Or Pop Tarts Assorted Fruit 100% Fruit Juice Ice Cold Milk	26 Pop Tarts Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk	27 Sausage Gravy on Biscuit Or Pop Tarts Assorted Fruit 100% Fruit Juice Ice Cold Milk
30 Pancake Bowl Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk	31 Bagel w/ Nutella Or Pop Tarts Assorted Fruit 100% Fruit Juice Ice Cold Milk	1	2	3

News

This institution is an equal opportunity provider.

Due to Delays, Cancellations and Delivery Issues the menu is subject to change. Sorry for any inconvenience this may cause. Thank You

**Breakfast Served
Northfield High 7:50-8:10
Southwood High 7:50-8:10**

**Breakfast Prices
Free to all Students**

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

***Visit Our New
Facebook Site:
MSDFoodService***