

Tomball ISD School Health Advisory Council Minutes
Thursday, July 21, 2022

Ms. Karen Graves, Director of Administrative Services, opened the School Health Advisory Council (SHAC) meeting at 9:00 am in the TISD Board Room at the TISD Administration Building. She welcomed everyone attending, as follows:

Bob Thompson, Dean of Student Advancement

Whitney Johnson, Director of Child Nutrition

Dr. Webb, Chief Academic Officer

Rebecca Masciola, Parent

Jennifer Kratky, Parent

Marina Montemayor, Community

Stacey Gautreaux, Guest

Handouts: SHAC Agenda, HIV & Texas Law, Health I and Your Heal in the Real World, Health I and Your Health in the Real World Cross-Walk, Health I and Your Health in the Real World, Cognitive Expectations Comparison

Karen Graves welcomed everyone and introduced Bob Thompson, Dean of Student Advancement

Dr. Michael Webb greeted everyone present and indicated that their review and consideration of the textbooks and memo draft was appreciated and he indicated that the committee's perspective is valued.

Bob Thompson, greeted everyone and indicated that the new health courses adopted by the state are as follows:

- Health 1
- Health 2 and
- Your Health and the Real World
 - Discussion was had regarding the benefits of this new course to help student understand health and financial literacy
 - Navigating the healthcare system
 - Further supports student as they navigate their own personal health
 - Insurance and Health Care is complicated, course helps them understand
 - Will help support students with the financial literacy
 - Student will be better to identify their patient rights
- All 3 courses - Centrality of abstinence.

Regarding Handouts

- Health I and Your Health in the Real World handout, Strand Comparisons
 - Bob Thompson indicated that it is like the chapter of a book. Focus of course is more on health literacy, healthcare occupations, public health, resources to access if no insurance. Rigor of course on the back – knowledge and understanding what course is all about. Course prepare for them for meeting with doctors. Course is tied to information awareness exposure to healthcare industry and content expectations. TEKS have introduction to all courses.
- Cognitive Expectations Comparison handout
 - Bob Thompson indicated that the last bullet under Content Expectations should be first... Students should first seek guidance in the area of health from a parent or legal guardian. Kids need to hear this message! Further advises that family history is

important for student to know and should be first. This will help students get this information from parents.

Dr. Webb asked if the group had any questions.

Concerns were brought up regarding drug abuse and sex education that are left out of the curriculum in the new course.

Parent 1 – Asked how will student get the information if not in health class? Because certain topics such as condoms, contraceptives, etc. kids won't go to parents for this information.

Dr. Webb – indicated that this information is restricted content and parents need to be notified first. Reproduction & sexual health do not appear in new course. And further, porn, sexting, etc. does not appear in TEKS.

Parents asked if these topics these topics to be supplemented into the new course?

- The group discussed that they are not required in TEKS and the members would have to give their feedback on producing this content. Student/parents would have to opt in to this supplemented day or topic.
- High School TEKS do not include this area but it was mentioned that it is in TEKS in lower grade levels include anatomy and health.

Bob Thompson indicated that there is talk from TEA about removing health all together as a course.

Dr. Webb – indicated not to require health for graduation requirements. Half credit for speech, - substitutes, Health – free's up a full credit. CTE Pathways – this opens up room for these pathways. Other districts have relaxed the credit for health – elective.

Discussion was had on the benefits of freeing up a full credit (health & speech) to open up room for the CTE pathways. Other districts have relaxed credit for health, it is an elective course not required.

Bob Thompson indicated that some districts never adopted these requirements. State does not feel like it is important to require. Other states do not require. We continue to get these students from other states and they have to find room in their schedules to make up these courses for graduation requirements.

Dr. Webb indicated that many student op to take these course online or during summer to free up room in their schedules.

Parent 1 asked could a time be carved out in this course for those who opt in to sex ed (4 days)? To offer those who want to opt into this topic.

Dr Webb's answer was yes, but then we would have to decide what instructional material to use? Existing material?

Karen Graves, again indicated that it is not in the TEKS for the new course and opting into these topics makes it complicated regarding the resources to use.

Parent 2 brought up the point that you would have to train staff on adding the material. This opens up lots of questions from students and parents.

Dr. Webb asked about what the overall consensus of committee?

Parent 3 indicated that there is a lot of "wasted" time in Health Class and adding to the curriculum is reasonable.

Parent 1 Indicated that four days of sex education for those who opt into it would be enough time to cover topic. She mentioned a Drug prevention program that was in Conroe that can be reviewed.

- Committee agrees that a drug presentation can be approved and sex education can be approved
- Karen Graves indicated that SHAC members could recommend resources but would need to give them to Curriculum and Instruction to review with Health teachers and then it would come back to SHAC for approval
- The committee indicated that there would have to be a separate opt in for each topic
 - Sex Education
 - Human Sexual Violence/Violence Prevention and drug abuse

Dr. Webb indicated that SHAC would provide preventative material and indicated that half of students being sent to alternative school are there because of alcohol and drugs. Anything to support this problem is welcomed.

If health is removed from graduation requirement SHAC will need to find another way to have student opt in to supplemental topics. It was mentioned that a CPR Module is a requirement for Graduation. Modules could be required as well for these additional topics.

Graduating class of 2027 – are required to take Speech & Health. – if phased health out, classes after this will/can be exempt.

One parent indicated that they are encouraging students to take health and speech in JH because they indicated that the courses can be more difficult in HS and it calculates into your GPA in HS. Whereas HS courses taken in JH do not count in over GPS for class rank in HS.

Committee agrees – Substitute the course *Your Health in the Real World* for this year. Some content for sexual content, dating violence, alcohol & drug abuse needs to be supplemented in some way and when/if health is not required (for graduation) these topics need to be added as modules for students to opt in for. Any content we can obtain from outside sources is welcomed for the committee to review once the Curriculum team has indicated the material is appropriate. Email material to Karen Graves for review and she will have C&I review with staff and then bring back to SHAC for approval.

Dr. Martha Salazar-Zamora (TISD Superintendent) introduced herself and thanked all members for being here. She indicated that the School Board values the opinions of the committee. The time, efforts and intellect is appreciated here. After thanking everyone she indicated that they enjoy the rest of their summer.

She indicated how important it was to have this committee.

ByLaws

Karen Graves indicated that SHAC needs to have bylaws in place, She indicated that creating the By-laws is a function of the Board. Things to consider:

- Membership Slots
- Returning Members – time limited
- Need to be present to vote
- Required attendance

New Year:

The first meeting of the year will be in October, more info will be sent out and possibly the new Bylaws on how we will move forward. Karen thanked everyone for his or her interest in being a member of SHAC this year. She indicated that she hopes each member will join the committee next year.