

Public Involvement

1. Reviewer Information

Campus Name

Reviewer Name

Grades on Campus

Today's Date

2. We encourage the following to participate in the development, implementation, and evaluation of our wellness policy (check all that apply):

- Administrators
- School Food Service Staff
- P.E. Teachers
- Parents
- School Board Members
- School Health Professionals Students
- Public

3. Who is your designee in charge of Wellness Plan compliance?

4. Our district has a wellness page (SHAC) on its website to document information and activity related to the school wellness policy.

- Yes
- No

5. The wellness page on the district website (SHAC) includes the following (check all that apply):

- A copy of the wellness policy
- A copy of the wellness plan
- Notice of Board revisions to policy FFA(LOCAL)
- Notice of SHAC meetings
- The SHAC's annual report on the District's wellness policy

6. We measure the implementation of our policy goals and communicate results to the public by (check all that apply):

- A district-developed self-assessment
- Interviews with campus principals or designees
- Fitness Gram results
- Feedback from community, parents, staff, and students

7. Does your district review the wellness policy at least annually?

- Yes
- No

## Wellness Policy Assessment Tool

### Nutrition Guidelines

8. Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.

- Yes
- No

9. We operate the School Breakfast program.

- Yes
- No

10. We follow all nutrition regulations for the National School Lunch Program (NSLP).

Yes

No

11. Child Nutrition employees have completed all required Professional Standard Trainings.

Yes

No

12. We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including a la carte offerings and vending machines.

Yes

No

## Wellness Policy Assessment Tool

### Nutrition Promotion

13. Our district's written wellness policy includes measurable goals for nutrition promotion.

Yes

No

14. We promote healthy eating and nutrition education by ensuring that all food and beverage advertisements accessible to students during the school day depict only products that meet the federal guidelines for meals and competitive foods.

Yes

No

15. We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

Yes

No

16. We ensure students have access to hand-washing facilities prior to meals.

Yes

No

17. We annually evaluate how to market and promote our school meal program(s) and share menu information with students and parents.

Yes

No

18. We regularly share school meal nutrition, calorie, and sodium content information with students and families.

Yes

No

19. We offer taste testing opportunities to our students.

Yes

No

20. Our district has developed a brochure regarding school food programs.

Yes

No

21. Cafeteria managers meet annually to keep campus menus evolving with regulations and customer expectations.

Yes

No

Wellness Policy Assessment Tool

Nutrition Education

22. The district's written wellness policy includes measurable goals for nutrition education?

Yes

No

23. We offer standards-based nutrition education.

Yes

No

24. One-hundred percent of high school students in each four-year cohort complete one-half credit of health education.

Yes

No

25. One-hundred percent of students have access to drinking water at all times during the school day.

Yes

No

26. Child nutrition job descriptions are updated to require at least the minimum qualifications as required by federal law.

Yes

No

27. Other types of nutrition education

## Wellness Policy Assessment Tool

### Physical Activity

28. Our district's written wellness policy includes measurable goals for physical activity.

Yes

No

29. We provide physical education for elementary students on a weekly basis.

Yes

No

30. We provide physical education for middle school during a term or semester.

Yes

No

31. We require physical education classes for graduation (high schools only).

Yes

No

32. We provide recess for elementary students on a daily basis.

Yes

No

33. We provide opportunities for physical activity integrated throughout the day (such as brain breaks or class changes).

Yes

No

34. We offer before or after school physical activity for students:

Competitive Sports

Non-competitive Sports

Other Clubs

35. The district offers a free or low-cost health assessment to employees through its benefits package.

Yes

No

36. My campus offered at least one event this year either during or outside of normal school hours that involved physical activity and included both parents and students in the event.

Yes

No

Other School Based Wellness Activity

37. Our district's written wellness policy includes measurable goals for other school-based activities that promote wellness.

Yes

No

38. We have a staff wellness program.

Yes

No

39. We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff) .

Yes

No

40. My campus has at least ten minutes built into the master schedule for students to eat breakfast and ten minutes to eat lunch, from the time the student receives his or her meal and is seated.

Yes

No

41. At least one food and one beverage meeting Smart Snacks standards is sold at each athletic event sponsored by the District.

Yes

No

42. During the annual open enrollment period, the district encourages wellness by communicating preventative services covered at 100 percent by its health insurance provider.

Yes

No

43. Indicate any additional wellness practices and/or future goals and describe progress made in attaining the goals of the local wellness policy.